



**2017 Men's & Women's Indoor Track & Field Championships**  
**George Mason University Field House**  
**February 18-19, 2017**

**Saturday, February 18, 2017**

<u>Time</u>	<u>Gender</u>	<u>Event</u>
<b><u>Multi Events/Field Events</u></b>		
<b># ESTIMATED TIME</b>		
9:00 a.m.	Men	Hept. 60m
9:20 a.m.	Women	Pent. 60 Hurdles
#9:40 a.m.	Men	Hept. Long Jump
#10:00 a.m.	Women	Pent. High Jump
10:30 a.m.	Men	Long Jump Trials/Final
#10:40 a.m.	Men	Hept. Shot Put
#11:30 a.m.	Women	Pent. Shot Put
#11:40 a.m.	Men	Hept. High Jump
#12:30 p.m.	Women	Pent. Long Jump
1:00 p.m.	Women	Pole Vault Finals
1:00 p.m.	Men	Weight Throw Trials/Final
#1:30 p.m.	Women	Pent. 800m
3:30 p.m.	Men	Pole Vault Final
3:30 p.m.	Women	Weight Throw Trials/Final
5:15 p.m.	Women	Long Jump Trials/Final

**Running Events**

2:00 p.m.	Women	60 Hurdle Trials
2:15 p.m.	Men	60 Hurdle Trials
2:30 p.m.	Women	400m Trials
2:45 p.m.	Men	400m Trials
3:00 p.m.	Women	500m Trials
3:15 p.m.	Men	500m Trials
3:30 p.m.	Women	60m Trials
3:40 p.m.	Men	60m Trials
3:50 p.m.	Women	800m Trials
4:00 p.m.	Men	800m Trials
4:10 p.m.	Women	1000m Trials
4:20 p.m.	Men	1000m Trials
4:30 p.m.	Women	200m Trials
4:45 p.m.	Men	200m Trials
5:00 p.m.	Women	5000m Final (2 Heats)
5:45 p.m.	Men	5000m Final (1 Heat)
<b>6:05 p.m.</b>	Women	DMR Final
6:25 p.m.	Women	DMR Final (IF (2 Heats) Men's 5000m)
<b>6:20 p.m.</b>	Men	DMR Final
6:40 p.m.	Men	DMR Final (IF (2 Heats) Men's 5000m)

**Sunday, February 19, 2017**

<u>Time</u>	<u>Gender</u>	<u>Event</u>
<b><u>Multi Events/Field Events</u></b>		
<b># ESTIMATED TIME</b>		
9:00 a.m.	Men	Triple Jump Trials/Final
10:00 a.m.	Women	Shot Put Trials/Final
To follow men	Women	Triple Jump Trials/Final
10:45 a.m.	Men	Hept. 60 Hurdles
11:00 a.m.	Men	High Jump Final
12:15 p.m.	Men	Hept. Pole Vault
^TBD	Men	Hept. 1000m
12:30 p.m.	Men	Shot Put Trials/Final
1:00 p.m.	Women	High Jump Final

**Running Events**

11:45 a.m.	Men	Mile Final
12:00 p.m.	Women	Mile Final
12:15 p.m.	Men	60 Hurdle Final
12:25 p.m.	Women	60 Hurdle Final
12:35 p.m.	Men	400m Final
12:45 p.m.	Women	400m Final
12:55 p.m.	Men	500m Final
1:05 p.m.	Women	500m Final
1:15 p.m.	Men	60m Final
1:20 p.m.	Women	60m Final
1:25 p.m.	Men	800m Final
1:30 p.m.	Women	800m Final
1:35 p.m.	Men	1000m Final
1:40 p.m.	Women	1000m Final
1:45 p.m.	Men	200m Final
1:55 p.m.	Women	200m Final
2:05 p.m.	Men	3000m Final
2:30 p.m.	Women	3000m Final
2:55 p.m.	Men	4 x 800m Final
3:10 p.m.	Women	4 x 800m Final
3:25 p.m.	Men	4 x 400m Final
3:40 p.m.	Women	4 x 400m Final
4:15 p.m.		Awards Ceremony