



# WOMEN'S CROSS COUNTRY RECORD BOOK

## THROUGH 2015-16 SEASON

### Champions

Year	Team Champion	Score	Individual Champion	Time
2015	Richmond	87	Morgan Szekely (LAS)	17:09.4
2014	Duquesne	58	Morgan Szekely (LAS)	17:31.2
2013	Duquesne	53	Bethany Sachtleben (MASON)	16:54.6
2012	Butler	37	Katie Clark (BU)	16:55.9
2011	La Salle	69	Jill Prentice (UR)	17:13.7
2010	Richmond	43	Megan Hogan (GW)	16:56
2009	Dayton	72	Megan Hogan (GW)	18:37.8
2008	Richmond	48	Amanda Goetschius (CHA)	17:37.7
2007	La Salle	52	Christina DeRosa (UM)	18:27
2006	La Salle	26	Rachel Papin (LAS)	17:41.25
2005	La Salle	40	Rachel Papin (LAS)	17:43.0
2004	La Salle	35	Rachel Papin (LAS)	17:48
2003	Richmond	29	Sheila Klick (LAS)	18:00.2
2002	La Salle	52	Sheila Klick (LAS)	17:39
2001	La Salle	55	Kerry Hills (XU)	17:56.7
2000	St. Joseph's	55	Christine Kane (SJU)	17:23
1999	Massachusetts	44	Christine Kane (SJU)	17:59.7
1998	Massachusetts	35	Kristin Cisowski (UM)	18:24
1997	Massachusetts	28	Rebecca Donaghue (UM)	18:32.5
1996	Massachusetts	35	Rebecca Donaghue (UM)	18:04.5
1995	Massachusetts	46	Sue Yagielski (SJU)	17:29.42
1994	West Virginia	35	Melissa Langevin (UM)	18:06
1993	St. Joseph's	41	Vicki Boyer (SJU)	18:56.71
1992	Massachusetts	38	Alicia Giuliano (RU)	17:43.20
1991	Massachusetts	59	Vicki Stum (WVU)	18:38.48
1990	Penn State	29	Wendy Nelson (PSU)	17:55.85
1989	Penn State	32	Wendy Nelson (PSU)	18:15

### Individual Champion

2015	Morgan Szekely (LAS)
2014	Morgan Szekely (LAS)
2013	Bethany Sachtleben (MASON)
2012	Katie Clark (BU)
2011	Jill Prentice (UR)
2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Amanda Goetschius (CHA)
2007	Christina DeRosa (UM)
2006	Rachel Papin (LAS)
2005	Rachel Papin (LAS)
2004	Rachel Papin (LAS)
2003	Sheila Klick (LAS)
2002	Sheila Klick (LAS)
2001	Kerry Hills (XU)
2000	Christine Kane (SJU)
1999	Christine Kane (SJU)
1998	Kristin Cisowski (UM)
1997	Rebecca Donaghue (UM)
1996	Rebecca Donaghue (UM)
1995	Sue Yagielski (SJU)
1994	Melissa Langevin (UM)
1993	Vicki Boyer (SJU)

### Most Outstanding Rookie

Caroline Yarbrough (DAV)
Morgan Szekely (LAS)
Valerie Palermo (DUQ)
Olivia Pratt (BU)
Danica Snyder (DUQ)
Margo Richardson (SLU)
Courtney Baldwin (UM)
Katrina Spratford (UR)
Christina Schneider (XU)
Amy Van Alstine (UR)
Aja Jackson (CHA)
Christa Plummer (LAS)
Caitlin Smyth (UR)
Kristen Coon (URI)
Katie Limbach (SJU)
Sarah Como (DUQ)
Tara Storage (UD)
Kristin Cisowski (UM)
Heather Whitmore (URI)
Bridget Quenzer (GW)
Jessica McGarty (URI)
Charity Wachera (WVU)
Heather Bury (WVU)

### Coaches of the Year

Lori Taylor (UR)
Caitlin Cotter (DUQ)
Tom Slosky (DUQ)
Matt Roe (BU)
Dan Ireland (LAS)
Lori Taylor (UR)
Ann Alyanak (UD)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Kevin Quinn (SJU)
Julie LaFreniere (UM)
Laurie Feit-Melnick (URI)
Julie LaFreniere (UM)
Matt Colton (DUQ)
Julie LaFreniere (UM)
Julie LaFreniere (UM)
Kevin Quinn (SJU)

1992	Alicia Giuliano (RU)	Jessica O'Connor (URI)	Julie LaFreniere (UM)
1991	Vicki Stum (WVU)	Wendy Beaver (DUQ)	Julie LaFreniere (UM)
1990	Wendy Nelson (PSU)		
1989	Wendy Nelson (PSU)		

### **Student-Athletes of the Year**

2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Shiyi Zan (UM)
2007	Christina DeRosa (UM)
2006	Jane Daniels (CHA)
2005	Emily Anderson (URI)
2004	Cindy Smith (URI)
2003	Kristen Coon (URI)
2002	Kara Storage (UD)
2001	Erin Silvering (URI)
2000	Anne Granger (DUQ)
1999	Anne Granger (DUQ)

### **Academic All-Conference Teams**

<b>2015</b>	Jenna Gigliotti (DUQ); Autumn Greba (DUQ); Bailey Kolonich (MASON); Morgan Szekely (LAS); Heather MacLean (UM); Tara Hanley (UR); Isabel Leibfried (SLU)
<b>2014</b>	Autumn Greba (DUQ); Danica Snyder (DUQ); Jennifer Nakamura (MASON); Rachel Hilliard (UM); Alexa Pelletier (URI); Kerry Caher (SBU)
<b>2013</b>	Haley Pisarcik (DUQ); Amber Valimont (DUQ); Anisa Arsenault (FOR); Rachel Hilliard (UM); Jillian Prentice (UR); Jessica Hoefert (SLU)
<b>2012</b>	Katie Clark (BU); Mara Olson (BU); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Jill Prentice (UR); Emma Slattery (SJU)
<b>2011</b>	Stephanie Bearish (LAS); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Elissa Mason (UD); Jill Prentice (UR); Emily Zimmerman (UD)
<b>2010</b>	Maureen Bulgrin (UD); Liz Coorey (UD); Megan Hogan (GW); Laura McCary (CHA); Julie Rechel (UR); Nicol Traynor (UR);
<b>2009</b>	Maureen Bulgrin (UD); Liz Coorey (UD); Meg Ecker (DUQ); Megan Hogan (GW); Brigid Moriarity (FOR); Shiyi Zan (UM)
<b>2008</b>	Liana Blue (CHA); Becky Clark (XU); Diana Filtz (UR); Mary Moloney (SLU); Christina Schneider (XU); Nicol Traynor (UR); Shiyi Zan (UM)
<b>2007</b>	Emily Beahan (DUQ); Christina DeRosa (UM); Andrea Florida (SJU); Samantha Howard (DUQ); Carolyn Lipovsky (LAS); Shiyi Zan (UM)
<b>2006</b>	Jane Daniels (CHA); Christina DeRosa (UM); Katherine Guilfoyle (URI); Courtney Klenk (URI); Audrey Noonan (GW); Rachel Papin (LAS); Amanda Russell (UR)
<b>2005</b>	Emily Anderson (URI); Amanda Brown (XU); Cassie Ficken (CHA); Katherine Guilfoyle (URI); Rachel Papin (LAS); Cindy Smith (URI)
<b>2004</b>	Emily Anderson (URI); Trina Bolton (GW); Michelle Griffin (UD); Amanda Russell (UR); Cindy Smith (URI); Heidi Westerling (URI)
<b>2003</b>	Kristen Coon (URI); Jenna Darcy (LAS); Elizabeth Graham (DUQ); Ruth Hinde (UD); Jennie Illig (XU); Courtney Klenk (URI); Amy Tucker (DUQ)
<b>2002</b>	Carrie Hucko (DUQ); Jennie Illig (XU); Anne Rettig (UR); Kara Storage (UD); Tara Storage (UD); Sarah Taylor (UR); Heidi Westerling (URI)

- 2001** Tanya Brown (DUQ); Kristin Cisowski (UM); Ndidi Obichere (LAS); Erin Silvering (URI); Kara Storage (UD); Tara Storage (UD)
- 2000** Kristen Cisowski (UM); Maggie Dunn (XU); Anne Granger (DUQ); Christine Kane (SJU); ToniAnn Razzi (LAS); Erin Silvering (URI)
- 1999** Kristin Cisowski (UM); Katie Connell (DUQ); Anne Granger (DUQ); Melissa Henderson (UM); Sally Hirsch (UM); Nicole Way (UM)
- 1998** Elena Gomez (LAS); Anne Granger (DUQ); Kathy Heabel (LAS); Melissa Henderson (UM); Sally Hirsch (UM); Maggie Keane (UD)
- 1997** Katie Arrigan (DUQ); Jenna Bartolomeo (DUQ); Rebecca Donaghue (UM); Sally Hirsch (UM); Karen Labbadia (URI); Nicole Way (UM)
- 1996** Katie Arrigan (DUQ); Trish Coffin (DUQ); Rebecca Donaghue (UM); Katie Greenia (UM); Kelsie Hess (DUQ); Karen Labbadia (URI)

### **Academic All-Conference Teams** (cont)

- 1995** Rebecca Donaghue (UM); Lauren Edwards (GW); Claudine Kelly (FOR); Tracey Shea (VT); Sue Yagielski (SJU)
- 1994** Elise Hegre (URI); Kelsie Hess (DUQ); Jen Leshner (DUQ); Mary Ann Myer (WVU); Sue Yagielski (SJU)
- 1993** Wendy Beaver (DUQ); Vicki Boyer (SJU); Siobhan Flynn (SJU); Stacey LaFleur (GW); Kim Liljeblad (UM)
- 1992** Vicki Boyer (SJU); Siobhan Flynn (SJU); Kara Elise Hegre (URI); Rebecca Johnson (UM); Stacey LaFleur (GW); Eileen Samolsky (RU)
- 1991** Vicki Boyer (SJU); Lori Heywood (SJU); Rebecca Johnson (UM); Stacey LaFleur (GW); Mercedes Zak (RU)
- 1990** Rebecca Johnson (UM); Wendy Nelson (PSU); Theresa Papa (WVU); Karen Peterson (URI); Mercedes Zak (RU)

### **Academic All-Conference** (selected from among all student-athletes)

- 1989** Honorable Mention: Maureen Barr (RU); Michele Butterworth (SJU); Lisa Ceptelli (SJU); Meridith George (SJU); Lisa Gold (PSU); Lori Heywood (SJU); Margaret Kelly (SJU); Kendra Mathias (PSU); Laurie Morrow (PSU); Mercedes Zak (RU)

### **Top 20 Championship Performances**

	<b>Runner</b>	<b>Year</b>	<b>Site</b>	<b>Time</b>
1.	Bethany Sachtleben (MASON)	2013	Pole Green Park (Mechanicsville, Va)	16:54.6
2.	Katie Clark (BU)	2012	Belmont Plateau (Philadelphia, Pa.)	16:55.9
3.	Megan Hogan (GW)	2010	Schenley Park (Pittsburgh, Pa.)	16:56.0
4.	Jill Prentice (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:02.7
5.	Morgan Szekely (LAS)	2015	Pole Green Park (Mechanicsville, Va.)	17:09.4
6.	Margo Richardson (SLU)	2013	Pole Green Park (Mechanicsville, Va.)	17:10.4
7.	Amber Valimont (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:11.1
8.	Jill Prentice (UR)	2011	Frank Liske Park (Concord, N.C.)	17:13.7
9.	Tara Hanley (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:15.0
10.	Nicol Traynor (UR)	2010	Schenley Park (Pittsburgh, Pa.)	17:17.0
11.	Haley Pisarcik (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:18.7
12.	Michelle Capozzi (LAS)	2013	Pole Green Park (Mechanicsville, Va.)	17:19.7
13.	Heather MacLean (UM)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.7
14.	Caroline Yarbrough (DAV)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
15.	Tara Hanley (UR)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
16.	Hilary Orf (SLU)	2011	Frank Liske Park (Concord, N.C.)	17:21.6
17.	Christine Kane (SJU)	2000	Schenley Park (Pittsburgh, Pa.)	17:23.0
18.	Marisa Ruskan (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:24.2
19.	Jessica Hoefert (SLU)	2013	Pole Green Park (Mechanicsville, Va.)	17:25.0
20.	Isabel Leibfried (SLU)	2015	Pole Green Park (Mechanicsville, Va.)	17:26.2

## 2015 Championship - Oct. 31

Site: Pole Green Park, Mechanicsville, Va.

### Team Standings

	Score
1. Richmond .....	87
2. Duquesne .....	88
3. La Salle .....	111
4. Massachusetts.....	111
5. George Washington .....	136
6. Saint Louis .....	153
7. Saint Joseph's .....	156
8. Davidson .....	179
9. Dayton .....	187
10. Fordham .....	214
11. George Mason.....	237
12. Rhode Island .....	307
13. VCU.....	330
14. St. Bonaventure .....	440

### Top 15 Individuals\*

1. Morgan Szekely (LAS) .....	17:09.4
2. Heather MacLean (UM) .....	17:20.7
3. Caroline Yarbrough (DAV).....	17:20.9
4. Tara Hanley (UR) .....	17:20.9
5. Isabel Leibfried (SLU) .....	17:26.2
6. Jenny Delsignore (DUQ).....	17:30.6
7. Kaitlin Poesz (LAS) .....	17:31.1
8. Emily Leonard (UD).....	17:34.2
9. Valerie Palermo (DUQ).....	17:38.2
10. Taylor Vernot (UD).....	17:38.7
11. Courtney Thompson (UR) .....	17:39.4
12. Ariana North (GW) .....	17:41.4
13. Jenna Gigliotti (DUQ).....	17:42.2
14. Miranda DiBiaso (GW) .....	17:43.2
15. Carly Zinner (UM) .....	17:44.8

\*All-Conference

## 2014 Championship - Nov. 1

Site: Schenley Park, Pittsburgh, Pa.

### Team Standings

	Score
1. Duquesne .....	58
2. La Salle .....	111
3. Richmond .....	112
4. Saint Louis .....	131
5. Davidson .....	133
6. Massachusetts.....	134
7. George Mason.....	203
8. Rhode Island .....	225
9. Dayton .....	242
10. George Washington .....	254
11. Fordham .....	272
12. St. Bonaventure .....	287
13. Saint Joseph's .....	321
14. VCU.....	352

### Top 15 Individuals\*

1. Morgan Szekely (LAS) .....	17:31.2
2. Alexa Pelletier (URI) .....	17:41.6
3. Valerie Palermo (SBU) .....	17:46.3
4. Kerry Caher (SBU).....	17:53.9

5. Bethany Sachtleben (MASON).....	17:56.0
6. Marisa Ruskan (UR).....	17:58.2
7. Rachel Hilliard (UM).....	18:01.6
8. Danica Snyder (DUQ).....	18:02.2
9. Erin Osment (DAV).....	18:03.8
10. Jenny Delsignore (DUQ) .....	18:08.4
11. Courtney Thompson (UR) .....	18:08.4
12. Megan Connell (LAS) .....	18:08.8
13. Annika Gomell (SLU) .....	18:11.2
14. Elise Farris (DUQ) .....	18:12.3
15. Macaulay Porter (GW) .....	18:16.3

\*All-Conference

## 2013 Championship - Nov. 2

Site: Pole Green Park, Mechanicsville, Va.

### Team Standings

	Score
1. Duquesne .....	53
2. Richmond .....	73
3. La Salle .....	118
4. Saint Louis .....	119
5. Massachusetts.....	152
6. Saint Joseph's .....	154
7. Dayton .....	163
8. George Mason.....	200
9. Fordham .....	219
10. Rhode Island .....	252
11. St. Bonaventure .....	288
12. VCU.....	336
13. George Washington .....	NTS

### Top 15 Individuals\*

1. Bethany Sachtleben (MASON).....	16:54.6
2. Jillian Prentice (UR).....	17:02.7
3. Margo Richardson (SLU).....	17:10.4
4. Amber Valimont (DUQ) .....	17:11.1
5. Tara Hanley (UR) .....	17:15.0
6. Haley Pisarcik (DUQ) .....	17:18.7
7. Michelle Capozzi (LAS).....	17:19.7
8. Marisa Ruskan (UR).....	17:24.2
9. Jessica Hoefert (SLU).....	17:25.0
10. Valerie Palermo (DUQ).....	17:26.8
11. Nicole Cargill (UD).....	17:28.8
12. Elizabeth Barrett (SBU).....	17:32.5
13. Kerry Caher (SBU).....	17:35.0
14. Paige Ethier (URI).....	17:39.1
15. Annika Gomell (SLU) .....	17:41.3

\*All-Conference

## 2012 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

### Team Standings

	Score
1. Butler .....	37
2. La Salle .....	70
3. Richmond .....	125
4. Saint Louis .....	134
5. Xavier.....	150
6. Dayton .....	154
7. Duquesne .....	183
8. Saint Joseph's .....	196

9.	Charlotte	235
10.	George Washington	282
11.	Rhode Island	299
12.	Massachusetts	305
13.	Fordham	310
14.	Temple	347
15.	St. Bonaventure	430
16.	VCU	523

**Top 15 Individuals\***

1.	Katie Clark (BU)	16:55.9
2.	Meghan McGlinchey (LAS)	17:03.3
3.	Jillian Prentice (UR)	17:42.2
4.	Margo Richardson (SLU)	17:50.5
5.	Mara Olson (BU)	17:55.4
6.	Kristy Legg (BU)	17:58.8
7.	Lizzie Gleason (UD)	17:59.7
8.	Emma Slattery (SJU)	18:03.3
9.	Clare Fischer (XU)	18:05.4
10.	Stephanie Bearish (LAS)	18:08.0
11.	Olivia Pratt (BU)	18:08.3
12.	Wendy Hutchinson (LAS)	18:18.6
13.	Jessica Hoefert (SLU)	18:20.4
14.	Lauren McKillop (BU)	18:20.4
15.	Heather Stevens (GW)	18:21.2

\*All-Conference

**2011 Championship - Oct. 29**

**Site: Frank Liske Park, Concord, N.C.**

	<b>Team Standings</b>	<b>Score</b>
1.	La Salle	69
2.	Dayton	84
3.	Charlotte	92
4.	Richmond	99
5.	Saint Joseph's	132
6.	Duquesne	144
7.	Xavier	178
8.	Saint Louis	188
9.	Rhode Island	224
10.	Massachusetts	231
11.	Fordham	301
12.	Temple	357
13.	George Washington	413
14.	St. Bonaventure	443

**Top 15 Individuals\***

1	Jill Prentice (UR)	17:13.7
2	Hilary Orf (SLU)	17:21.6
3	Amanda Goetschius (CHA)	17:29.4
4	Elissa Mason (UD)	17:31.0
5	Karen Roa (UM)	17:37.7
6	Caitlin Storbeck (LAS)	17:41.3
7	Megahn McGlinchey (LAS)	17:47.0
8	Stephanie Bearish (LAS)	17:47.5
9	Meg Ecker (DUQ)	17:48.7
10	Margo Richardson (SLU)	17:49.3
11	Lizzie Gleason (UD)	17:49.9
12	Wendy Hutchinson (LAS)	17:50.4
13	Stephanie Paradis (UR)	17:55.1

14	Hana Sutchar (CHA)	17:55.5
15	Hannah Fuller (SJU)	17:55.5

\*All-Conference

**2010 Championship - Oct. 30**

**Site: Schenley Park, Pittsburgh, Pa.**

	<b>Team Standings</b>	<b>Score</b>
1.	Richmond	43
2.	La Salle	68
3.	Dayton	75
4.	Saint Louis	170
5.	Charlotte	189
5.	Duquesne	189
7.	Rhode Island	196
8.	Massachusetts	200
9.	Saint Joseph's	214
10.	Xavier University	216
11.	George Washington	276
12.	Fordham	293
13.	Temple	405
14.	St. Bonaventure	470

**Top 15 Individuals\***

1	Megan Hogan (GW)	16:56
2	Nicol Traynor (UR)	17:17
3	Maura Bulgrin (UD)	17:28
4	Amy Van Alstine (UR)	17:33
5	Stephanie Bearish (LAS)	17:35
6	Liz Coorey (UD)	17:42
7	Hilary Orf (SLU)	17:48
8	Laura McCary (CHA)	17:49
9	Margo Richardson (SLU)	17:51
10	Caitlin Storbeck (LAS)	17:52
11	Julie Rechel (UR)	17:52
12	Jill Prentice (UR)	17:58
13	Brittany Pelsue (URI)	17:59
14	Jenn Ennis (UR)	18:01
15	Elilssa Mason (UD)	18:05

\*All-Conference

**2009 Championship - Oct. 31**

**Site: Forest Park, St. Louis, Mo.**

	<b>Team Standings</b>	<b>Score</b>
1.	Dayton	72
2.	Charlotte	98
3.	Massachusetts	109
4.	Duquesne	114
5.	La Salle	153
6.	Richmond	157
7.	Saint Joseph's	184
8.	George Washington	185
9.	Xavier	207
10.	Fordham	226
11.	Saint Louis	247
12.	Rhode Island	284
13.	Temple	335
14.	St. Bonaventure	465

**Top 15 Individuals\***

1.	Megan Hogan (GW)	18:37.8
2.	Amanda Goetschius (CHA)	19:33.3
3.	Maureen Bulgrin (UD)	19:47.8
4.	Katie Kelly (DUQ)	19:49.1
5.	Caitlin Thomas (XU)	20:01.3
6.	Brigid Moriarity (FOR)	20:01.9
7.	Nicol Traynor (UR)	20:06.3
8.	Jessica Stern (GW)	20:07.6
9.	Courtney Baldwin (UM)	20:09.6
10.	Elissa Mason (UD)	20:10.0
11.	Liz Coorey (UD)	20:16.0
12.	Meg Ecker (DUQ)	20:24.3
13.	Hilary Orf (SLU)	20:28.5
14.	Caitlin Storbeck (LAS)	20:32.3
15.	Samantha Gallagher (LAS)	20:34.1

\*All-Conference

### 2008 Championship - Nov. 1

Site: Charlotte Campus Course, Charlotte, N.C.

Team Standings	Score	
1.	Richmond	48
2.	Charlotte	67
3.	Dayton	103
4.	Xavier	108
5.	Duquesne	151
6.	Saint Louis	154
7.	Massachusetts	186
8.	Saint Joseph's	225
9.	George Washington	232
10.	Fordham	263
11.	La Salle	290
12.	Rhode Island	314
13.	Temple	406
14.	St. Bonaventure	457

#### Top 15 Individuals\*

1.	Amanda Goetschius (CHA)	17:37.7
2.	Megan Hogan (GW)	17:39.4
3.	Nicol Traynor (UR)	17:48.1
4.	Keara Thomas (CHA)	18:06.7
5.	Amy Vanalstine (UR)	18:12.1
6.	Katrina Spratford (UR)	18:15.4
7.	Becky Clark (XU)	18:17.0
8.	Shiyi Zan (UM)	18:18.3
9.	Aja Jackson (CHA)	18:20.5
10.	Maura Bulgrin (UD)	18:31.3
11.	Mary Bertram(UR)	18:34.1
12.	Hannah Ringo (DUQ)	18:35.4
13.	Liz Coorey (UD)	18:37.3
14.	Katie Kelly (DUQ)	18:39.3
15.	Karen Roa (UM)	18:43.7

\*All-Conference

### 2007 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	La Salle	52
2.	Richmond	82
3.	Xavier	119

4.	Charlotte	123
5.	Duquesne	132
6.	Massachusetts	167
7.	Saint Louis	178
8.	Saint Joseph's	189
9.	George Washington	194
10.	Dayton	266
11.	Fordham	274
12.	Rhode Island	317
13.	Temple	379
14.	St. Bonaventure	464

#### Top 15 Individuals\*

1.	Christina DeRosa (UM)	18:27
2.	Rachel Papin (LAS)	18:34
3.	Emily Beahan (DUQ)	18:38
4.	Christa Plummer (LAS)	18:39
5.	Carolyn Lipovsky (LAS)	18:45
6.	Christina Schneider (XU)	18:46
7.	Amanda Goetschius (CHA)	18:52
8.	Kylee Schuler (UR)	18:53
9.	Audrey Noonan (GW)	19:01
10.	Samantha Howard (DUQ)	19:07
11.	Nicol Traynor (UR)	19:13
12.	Andrea Florida (SJU)	19:14
13.	Shiyi Zan (UM)	19:16
14.	Becky Clark (XU)	19:18
15.	Aja Jackson (CHA)	19:20

\*All-Conference

### 2006 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	26
2.	Richmond	81
3.	Charlotte	91
4.	Xavier	122
5.	Duquesne	155
6.	Massachusetts	163
7.	Saint Joseph's	167
8.	Saint Louis	193
9.	Dayton	214
10.	George Washington	235
11.	Rhode Island	281
12.	Fordham	386
13.	Temple	425
14.	St. Bonaventure	449

#### Top 15 Individuals\*

1.	Rachel Papin (LAS)	17:41.25
2.	Tsehaye Dagnachew (CHA)	17:51.55
3.	Christa Plummer (LAS)	17:56.60
4.	Amy Vanalstine (UR)	18:02.35
5.	Carolyn Lipovsky (LAS)	18:06.25
6.	Danielle Schopf (LAS)	18:16.60
7.	Audrey Noonan (GW)	18:19.20
8.	Jane Daniels (CHA)	18:21.25
9.	Amanda Russell (UR)	18:28.80
10.	Christina DeRosa (UM)	18:29.65
11.	Adriana Boyle (LAS)	18:31.00

12.	Aja Jackson (CHA)	18:32.25
13.	Andrea Florida (SJU)	18:32.60
14.	Becky Clark (XU)	18:32.75
15.	Elisabeth Mayer (LAS)	18:35.95

\*All-Conference

**2005 Championship - Oct. 29, Belmont Plateau, Philadelphia, Pa.**

<b>Team Standings</b>		<b>Score</b>
1.	La Salle	40
2.	Charlotte	103
3.	Richmond	104
4.	Rhode Island	109
5.	Xavier	143
6.	Duquesne	170
7.	Saint Joseph's	173
8.	Dayton	195
9.	Massachusetts	220
10.	Fordham	238
11.	George Washington	299
12.	Saint Louis	310
13.	Temple	413
14.	St. Bonaventure	454

**Top 15 Individuals\***

1.	Rachel Papin (LAS)	17:43.0
2.	Amanda Brown (XU)	18:02.5
3.	Cassie Ficken (CHA)	18:11.0
4.	Christa Plummer (LAS)	18:15.4
5.	Tsehaye Dagnachew (CHA)	18:19.4
6.	Christina De Rosa (UM)	18:21.1
7.	Aja Jackson (CHA)	18:24.2
8.	Katie Van Horn (UR)	18:26.5
9.	Kylee Schuler (UR)	18:26.7
10.	Carolyn Lipovsky (LAS)	18:27.6
11.	Cynthia Smith (URI)	18:38.4
12.	Karen Proulx (LAS)	18:39.9
13.	Danielle Schopf (LAS)	18:41.3
14.	Andrea Florida (SJU)	18:43.0
15.	Nicole O'Dea (LAS)	18:44.5

\*All-Conference

**2004 Championship - Oct. 30**

**Site: Schenley Park, Pittsburgh, Pa.**

<b>Team Standings</b>		<b>Score</b>
1.	La Salle	35
2.	Richmond	61
3.	Rhode Island	89
4.	Duquesne	125
5.	Massachusetts	161
6.	Saint Joseph's	168
7.	Xavier	172
8.	George Washington	186
9.	Dayton	212
10.	Fordham	250
11.	St. Bonaventure	351

**Top 10 Individuals\***

1.	Rachel Papin (LAS)	17:48
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2.	Heidi Westerling (URI)	17:52
3.	Amanda Russell (UR)	17:56
4.	Cindy Smith (URI)	18:01
5.	Jenna Darcy (LAS)	18:06
6.	Christa Plummer (LAS)	18:12
7.	Kate Merrill (UR)	18:15
8.	Nicole Kurtain (UR)	18:23
9.	Erin Geiger (LAS)	18:26
10.	Amy Ruffolo (DUQ)	18:28

\*All-Conference

**2003 Championship - Nov. 1**

**Site: Belmont Plateau, Philadelphia, Pa.**

<b>Team Standings</b>		<b>Score</b>
1.	Richmond	29
2.	Rhode Island	64
3.	La Salle	97
4.	Duquesne	108
5.	Saint Joseph's	122
6.	George Washington	184
7.	Dayton	189
8.	Fordham	204
	Massachusetts	204
10.	Xavier	227
11.	St. Bonaventure	319

**Top 10 Individuals\***

1.	Sheila Klick (LAS)	18:00.2
2.	Kristen Coon (URI)	18:07.8
3.	Lyndsey Webber (UR)	18:22.9
4.	Nicole Kurtain (UR)	18:25.8
5.	Caitlin Smyth (UR)	18:31.4
6.	Jenna Darcy (LAS)	18:32.1
7.	Elizabeth Graham (DUQ)	18:32.7
8.	Amanda Russell (UR)	18:43.3
9.	Danielle Binns (UR)	18:46.2
10.	Colleen Flanagan (SJU)	18:52.3

\*All-Conference

**2002 Championship - Nov. 2**

**Site: Schenley Park, Pittsburgh, Pa.**

<b>Team Standings</b>		<b>Score</b>
1.	La Salle	52
2.	Richmond	69
3.	Rhode Island	86
4.	Saint Joseph's	107
5.	Duquesne	145
6.	Dayton	165
7.	Fordham	176
8.	Massachusetts	198
9.	George Washington	200
10.	Xavier	241
11.	St. Bonaventure	365

**Top 10 Individuals\***

1.	Sheila Klick (LAS)	17:39
2.	Kara Storage (UD)	17:41
3.	Carrie Hucko (DUQ)	17:55
4.	Solomiya Login (LAS)	17:56

5.	Kristen Coon (URI).....	17:58
6.	Tara Storage (UD).....	18:05
7.	Ruth Chege (UR).....	18:06
8.	Leyna Williams (LAS).....	18:07
9.	Ann Marie Regan (SJU).....	18:09
10.	Ndidi Obichere (LAS).....	18:11

\*All-Conference

**2001 Championship - Oct. 27**

**Site: Belmont Plateau, Philadelphia, Pa.**

<b>Team Standings</b>	<b>Score</b>	
1.	La Salle.....	55
2.	Rhode Island.....	65
3.	Richmond.....	72
4.	Massachusetts.....	122
5.	St. Joseph's.....	125
6.	Dayton.....	129
7.	Xavier.....	130
8.	Duquesne.....	182
9.	Fordham.....	260
10.	George Washington.....	290
11.	St. Bonaventure.....	365

**Top 10 Individuals\***

1.	Kerry Hills (XU).....	17:56.7
2.	Erin Silvering (URI).....	17:58.8
3.	Kristin Cisowski (UM).....	18:13.3
4.	Ndidi Obichere (LAS).....	18:15.4
5.	Heather Whitmore (URI).....	18:25.8
6.	Kara Storage (UD).....	18:26.6
7.	Ruth Chase (UR).....	18:30.1
8.	Jenna Darcy (LAS).....	18:32.0
9.	Sheila Klick (LAS).....	18:34.5
10.	Leyna Williams (LAS).....	18:35.3

\*All-Conference

**2000 Championship - Oct. 28**

**Site: Schenley Park, Pittsburgh, Pa.**

<b>Team Standings</b>	<b>Score</b>	
1.	St. Joseph's.....	55
2.	Massachusetts.....	74
3.	La Salle.....	82
4.	Duquesne.....	91
5.	Rhode Island.....	92
6.	Dayton.....	111
7.	Xavier.....	194
8.	Fordham.....	221
9.	George Washington.....	284
10.	St. Bonaventure.....	329

**Top 10 Individuals\***

1.	Christine Kane (SJU).....	17:23
2.	Kristin Cisowski (UM).....	17:44
3.	Sarah Como (DUQ).....	17:50
4.	Melissa Henderson (UM).....	17:55
5.	Erin Silvering (URI).....	17:57
6.	Kara Storage (UD).....	18:02
7.	Amy Taylor (URI).....	18:03
8.	Tara Storage (UD).....	18:03
9.	Gabby Quezada (SJU).....	18:08

10.	Tanya Brown (DUQ).....	18:10
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\*All-Conference

**1999 Championship - Oct. 30**

**Site: Belmont Plateau, Philadelphia, Pa.**

<b>Team Standings</b>	<b>Score</b>	
1.	Massachusetts.....	44
2.	La Salle.....	70
3.	Virginia Tech.....	76
4.	St. Joseph's.....	124
5.	Dayton.....	160
6.	Rhode Island.....	161
7.	Duquesne.....	167
8.	Fordham.....	169
9.	Xavier.....	229
10.	George Washington.....	267
11.	St. Bonaventure.....	365

**Top 10 Individuals\***

1.	Christine Kane (SJU).....	17:59.7
2.	Tara Storage (UD).....	18:35.0
3.	Nicole Way (UM).....	18:40.7
4.	Kristin Cisowski (UM).....	18:42.3
5.	Amy Taylor (URI).....	18:44.3
6.	Maura Calahan (LAS).....	18:45.8
7.	Sharon Tillotson (UM).....	18:47.0
8.	Melissa Henderson (UM).....	18:48.2
9.	Stacey Vidt (VT).....	18:49.7
10.	Toniann Razzi (LAS).....	18:51.2

\*All-Conference

**1998 Championship - Oct. 31**

**Site: Belmont Plateau, Philadelphia, Pa.**

<b>Team Standings</b>	<b>Score</b>	
1.	Massachusetts.....	35
2.	Rhode Island.....	67
3.	Virginia Tech.....	79
4.	La Salle.....	87
5.	St. Joseph's.....	132
6.	Fordham.....	163
7.	Dayton.....	182
8.	Duquesne.....	186
9.	George Washington.....	284
10.	Xavier.....	314
11.	St. Bonaventure.....	345

**Top 10 Individuals\***

	<b>Time</b>	
1.	Kristin Cisowski (UM).....	18:24
2.	Kathy Heable (LAS).....	18:26
3.	Sarah Hirsch (UM).....	18:27
4.	Christine Kane (SJU).....	18:34
5.	Heather Whitmore (URI).....	18:37
6.	Melissa Henderson (UM).....	18:39
7.	Jessica McGarty (URI).....	18:48
8.	Erin Silvering (URI).....	18:49
9.	Johanna Stumpf (VT).....	18:50
10.	Stephanie Ingersoll (VT).....	18:56

\*All-Conference



### 1997 Championship - Nov. 1

Site: Bull Run Park, Centreville, Va.

Team Standings	Score
1. Massachusetts.....	28
2. St. Joseph's.....	48
3. Virginia Tech.....	66
4. Rhode Island.....	118
5. George Washington.....	167
6. Fordham.....	175
7. La Salle.....	180
8. Duquesne.....	190
9. Dayton.....	222
10. Xavier.....	331
11. St. Bonaventure.....	337

Top 10 Individuals*	Time
1. Rebecca Donaghue (UM).....	18:32.5
2. Jen Rafferty (SJU).....	18:35.4
3. Jennifer Conner (VT).....	18:43.3
4. Christy Martin (UM).....	18:50.4
5. Heather Whitmore (URI).....	18:58.7
6. Melissa Henderson (UM).....	19:04.0
7. Lauren Carr (VT).....	19:07.6
8. Nicole Way (UM).....	19:11.2
9. Sarah Hirsch (UM).....	19:12.1
10. Liz Sweeney (SJU).....	19:13.5

\*All-Conference

### 1996 Championship - Nov. 2

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score
1. Massachusetts.....	35
2. St. Joseph's.....	74
3. La Salle.....	78
4. Duquesne.....	104
5. Virginia Tech.....	115
6. Rhode Island.....	162
7. George Washington.....	164
8. Dayton.....	202
9. Fordham.....	243
10. Xavier.....	299
St. Bonaventure.....	299

Top 10 Individuals*	Time
1. Rebecca Donaghue (UM).....	18:04.5
2. Bridget Quenzer (GW).....	18:31.5
3. Terry Carroll (LAS).....	18:33.3
4. Meghan Busse (SJU).....	18:41.9
5. Christy Martin (UM).....	18:47.0
6. Katie Greenia (UM).....	18:51.0
7. Stephanie Ingersoll (VT).....	18:55.1
8. Johanna Grochowalski (LAS).....	18:58.3
9. Julie Hotard (SJU).....	19:00.0
10. Liz Reeser (SJU).....	19:00.7

\*All-Conference

### 1995 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score
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1. Massachusetts.....	46
2. St. Joseph's.....	49
3. La Salle.....	113
4. Virginia Tech.....	118
5. Rhode Island.....	126
6. Fordham.....	140
7. Duquesne.....	164
8. George Washington.....	195
9. Dayton.....	227
10. Xavier.....	297
11. St. Bonaventure.....	332

Top 10 Individuals*	Time
1. Sue Yagielski (SJU).....	17:29.42
2. Rebecca Donaghue (UM).....	17:38.34
3. Claudine Kelly (FOR).....	18:12.21
4. Jen Waeger (UM).....	18:13.15
5. Jen Rafferty (SJU).....	18:19.26
6. Lauren Edwards (GW).....	18:25.33
7. Patrice Gallagher (SJU).....	18:30.37
8. Tracey Shea (VT).....	18:32.45
9. Theresa Carroll (LAS).....	18:40.52
10. Katherine Greenia (UM).....	18:45.70

\*All-Conference

### 1994 Championship - Oct. 29

Site: Agronomy Farm, Morgantown, W. Va.

Team Standings	Score
1. West Virginia.....	35
2. St. Joseph's.....	58
3. Massachusetts.....	60
4. Rutgers.....	111
5. Rhode Island.....	117
6. Duquesne.....	166
7. George Washington.....	177
8. St. Bonaventure.....	233

Top 10 Individuals	Time
1. Melissa Langevin (UM).....	18:06
2. Charity Wachera (WVU).....	18:40
3. Sue Yagielski (SJU).....	18:41
4. Stephanie Hopkins (SJU).....	18:52
5. Carisa Brown (WVU).....	18:52
6. Patrice Gallagher (SJU).....	18:54
7. Heather Bury (WVU).....	18:58
8. Rebecca Donaghue (UM).....	18:59
9. Karen Labbadia (URI).....	19:07
10. Kerryn Davidson (WVU).....	19:09

### 1993 Championship - Oct. 23

Site: Fort DuPont Park, Washington, D.C.

Team Standings	Score
1. St. Joseph's.....	41
2. Massachusetts.....	68
3. West Virginia.....	72
4. Rhode Island.....	73
5. Rutgers.....	108
6. Duquesne.....	151
7. George Washington.....	214

8. St. Bonaventure .....237

**Top 10 Individuals\* Time**

- 1. Vicki Boyer (SJU) ..... 18:56.71
- 2. Stephanie Ulicny (URI)..... 19:05.16
- 3. Kerryn Davidson (WVU)..... 19:26.84
- 4. Stephanie Hopkins (SJU) ..... 19:27.89
- 5. Heather Bury (WVU)..... 19:29.96
- 6. Jennifer Heggie (RU) ..... 19:35.01
- 7. Melissa Langevin (UM) ..... 19:37.21
- 8. Cheryl Keating (RU) ..... 19:37.81
- 9. Sarita Pfahl (URI) ..... 19:38.49
- 10. Jen Waeger (UM) ..... 19:40.55

\*All-Conference

**1992 Championship - Oct. 24**

**Site: Van Cortlandt Park, Bronx, N.Y.**

**Team Standings Score**

- 1. Massachusetts ..... 38
- 2. Rhode Island ..... 51
- 3. Rutgers..... 71
- 4. St. Joseph's..... 77
- 5. West Virginia ..... 131
- 6. George Washington ..... 177
- 7. St. Bonaventure ..... 204

**Top 10 Individuals\* Time**

- 1. Alicia Giuliano (RU) ..... 17:43.20
- 2. Kelly Liljeblad (UM)..... 18:01.70
- 3. Vicki Boyer (SJU) ..... 18:10.45
- 4. Tiffany Coulombe (URI) ..... 18:18.50
- 5. Kim Liljeblad (UM) ..... 18:52.46
- 6. Jessica O'Connor (URI)..... 18:58.68
- 7. Rebecca Johnson (UM) ..... 19:06.41
- 8. Bonnie Flynn (SJU)..... 19:09.63
- 9. Kerryn Davidson (WVU)..... 19:13.29
- 10. Cheryl Keating (RU) ..... 19:16.49

\*All-Conference

**1991 Championship - Oct. 26**

**Site: Van Cortlandt Park, Bronx, N.Y.**

**Team Standings Score**

- 1. Massachusetts..... 59
- 2. Rutgers..... 65
- 3. Rhode Island ..... 68
- 4. West Virginia ..... 79
- 5. St. Joseph's..... 87
- 6. Duquesne ..... 153
- 7. George Washington ..... 203
- 8. St. Bonaventure ..... 248

**Top 10 Individuals\* Time**

- 1. Vicki Stum (WVU) ..... 18:38.48
- 2. Vicki Boyer (SJU) ..... 18:47.83
- 3. Erin O'Reilly (WVU) ..... 18:50.62
- 4. Stephanie Ulicny (URI)..... 18:52.82
- 5. Kristen Jarman (RU)..... 19:01.90
- 6. Tiffany Coulombe (URI) ..... 19:17.18
- 7. Mercedes Zak (RU) ..... 19:17.79

8. Michelle St. Laurent (UM)..... 19:21.55

9. Kim Liljeblad (UM) ..... 19:25.35

10. Rebecca Johnson (UM) ..... 19:28.81

\*All-Conference

**1990 Championship - Oct. 20**

**Site: Van Cortlandt Park, Bronx, N.Y.**

**Team Standings Score**

- 1. Penn State..... 29
- 2. West Virginia ..... 74
- 3. Massachusetts..... 91
- 4. St. Joseph's..... 108
- 5. Rhode Island ..... 111
- 6. Rutgers..... 115
- 7. Duquesne ..... 220
- 8. St. Bonaventure ..... 245

**Top 10 Individuals\* Time**

- 1. Wendy Nelson (PSU) ..... 17:55.85
- 2. Lisa Syvertson (SJU)..... 18:07.06
- 3. Vicki Stum (WVU) ..... 18:27.73
- 4. Leslee Martin (PSU) ..... 18:31.63
- 5. Stephanie Ulicny (URI)..... 18:32.85
- 6. Jenny Weaver (PSU)..... 18:34.05
- 7. Kelly Liljeblad (UM)..... 18:34.79
- 8. Amanda Dudley (PSU)..... 18:37.15
- 9. Karen Peterson (URI) ..... 18:39.15
- 10. Carol Davis (PSU) ..... 18:39.93

\*All-Conference

**1989 Championship - Oct. 24**

**Site: Van Cortlandt Park, Bronx, N.Y.**

**Team Standings Score**

- 1. Penn State..... 32
- 2. West Virginia ..... 60
- 3. Massachusetts..... 71
- 4. St. Joseph's..... 85
- 5. Rhode Island ..... 105
- 6. Rutgers..... 139
- 7. Duquesne ..... 222
- 8. St. Bonaventure ..... 236

**Top 10 Individuals\* Time**

- 1. Wendy Nelson (PSU) ..... 18:15
- 2. Shana Smith (UM) ..... 18:31
- 3. Lisa Syvertson (SJU)..... 18:32
- 4. Laurie Morrow (PSU) ..... 18:33
- 5. Vicki Stum (WVU) ..... 18:45
- 6. Amy Aston (PSU) ..... 18:50
- 7. Charlene Burstrom (WVU) ..... 18:52
- 8. Kelli O'Donnell (SJU) ..... 18:53
- 9. Stephanie Ulicny (URI)..... 18:54
- 10. Becky Williams (PSU)..... 18:55

\*All-Conference

## Weekly Award Winners

### **2015 Performer of the Week**

9/8 Emily Leonard (UD)  
Morgan Szekely (LAS)  
9/15 Miranda DiBiasio (GW)  
9/22 Emily Leonard (UD)  
9/29 Alyssa Brehler (URI)  
10/6 Macualay Porter (GW)  
Isabel Leibfried (SLU)  
10/13 Caroline Yarbrough (DAV)  
10/20 Emily Leonard (UD)

### **Rookie of the Week**

Lindsey Oremus (SJU)  
Kaitlin Poiesz (LAS)  
Caroline Yarbrough (DAV)  
Caroline Yarbrough (DAV)  
Lindsey Oremus (SJU)  
Taylor Pletz (DUQ)  
Taylor Vernot (UD)

### **2014 Performer of the Week**

9/2 Autumn Greba (DUQ)  
Kerry Caher (SBU)  
9/9 Kerry Caher (SBU)  
9/16 Rachel Hilliard (UM)  
9/23 Annika Gomell (SLU)  
9/30 Kerry Caher (SBU)  
10/7 Annika Gomell (SLU)  
10/14 Valerie Palermo (DUQ)  
10/21 Kerry Caher (SBU)

### **Rookie of the Week**

Bailey Kolonich (MASON)  
Emily Leonard (UD)  
Alyssa Brehler (URI)  
Courtney Link (SLU)  
Sarah Sears (DAV)  
Kaelyn Heinicke (UR)  
Alexa Pelletier (URI)  
Morgan Szekely (LAS)

### **2013 Performer of the Week**

9/3 Carly Seymour (DUQ)  
9/9 Angela Ryck (GW)  
9/16 Elizabeth Barrett (SJU)  
9/23 Tara Hanley (UR)  
Margo Richardson (SLU)  
9/30 Bethany Sachtleben (MASON)  
10/7 Margo Richardson (SLU)  
10/14 Anisa Arsenault (FOR)  
10/21 Amber Valimont (DUQ)  
10/28 Christine Davis (UM)

### **Rookie of the Week**

Megan Baritot (DUQ)  
Megan Baritot (DUQ)  
Shanna Heaney (FOR)  
Marisa Ruskan (UR)  
Meghan Blackstone (MASON)  
Marisa Ruskan (UR)  
Brianna Roche (FOR)  
Valerie Palermo (DUQ)  
Courtney Hawkins (URI)

### **2012 Performer of the Week**

9/4 Amber Valimont (DUQ)  
9/11 Hana Sutchar (CHA)  
9/18 Amber Valimont (DUQ)  
9/25 Katie Clark (BU)  
10/2 Meghan McGlinchey (LAS)  
10/9 Anisa Arsenault (FOR)  
10/16 Katie Clark (BU)  
Margo Richardson (SLU)

### **Rookie of the Week**

Olivia Pratt (BU)  
Paige Ethier (URI)  
Hannah Scipio (DUQ)  
Olivia Pratt (BU)  
Paige Ethier (URI)  
Suzy Sikorski (FOR)  
Paige Ethier (URI)

### **2011 Performer of the Week**

9/6 Elissa Mason (UD)  
9/12 Hilary Orf (SLU)  
9/19 Hilary Orf (SLU)  
9/26 Amanda Goetschius (CHA)  
10/3 Amanda Goetschius (CHA)  
10/10 Karen Roa (UM)  
10/17 Hilary Orf (SLU)

### **Rookie of the Week**

Katie Ollier (UD)  
Lauren Columbare (URI)  
Katie Ollier (UD)  
Lauren Columbare (URI)  
Jenna Christensen (CHA)  
Sarah Glockenmeier (FOR)  
Sarah Glockenmeier (FOR)

### **2010 Performer of the Week**

9/7 Maureen Bulgrin, UD  
9/13 Kerri Gallagher, FOR  
9/20 Nicol Traynor, UR  
9/27 Caitrin Demchko, URI

### **Rookie of the Week**

Margo Richardson, SLU  
Anne Areias, LAS  
Abby Fischer, XU  
Margo Richardson, SLU  
Jordan Westcott, URI

10/4 Maureen Bulgrin, UD  
10/11 Kerri Gallagher, FOR  
10/18 Megan Hogan, GW  
Jillian Prentice, UR  
Anisa Arsenault, FOR  
Margo Richardson, SLU

### **2009 Performer of the Week**

9/8 Maureen Bulgrin (UD)  
9/14 Maureen Bulgrin (UD)  
9/21 Jenn Ennis (UR)  
9/28 Maureen Bulgrin (UD)  
10/5 Amanda Goetschius (CHA)  
10/12 Courtney Baldwin (UM)  
10/19 Amanda Goetschius (CHA)  
10/26 Niamh Ryan (URI)

### **Rookie of the Week**

Maria Ruiz (CHA)  
Marisa Slomski (UD)  
Rachel Sykes (UR)  
Niamh Ryan (URI)  
Maria Ruiz (CHA)  
Courtney Baldwin (UM)  
Courtney Baldwin (UM)  
Niamh Ryan (URI)

### **2008 Performer of the Week**

9/2 Diana Filtz (UR)  
9/8 Maureen Bulgrin (UD)  
9/15 Amanda Goetschius (CHA)  
Nicol Traynor (UR)  
9/22 Maureen Bulgrin (UD)  
Shiyi Zan (UM)  
9/29 Keri Gallagher (FOR)  
10/6 Nicol Traynor (UR)  
10/13 Maureen Bulgrin (UD)  
10/20 Nicol Traynor (UR)  
10/27 No competition

### **Rookie of the Week**

Hannah Ringo (DUQ)  
Emily Zaccardi (URI)  
Emily Zaccardi (URI)  
Hannah Ringo (DUQ)  
Caitlin Storbeck (LAS)  
Hannah Ringo (DUQ)  
Elissa Mason (UD)  
Katie Spratford (UR)  
No competition

### **2007 Performer of the Week**

9/4 Aja Jackson (CHA)  
9/10 Aja Jackson (CHA)  
9/17 Kylee Schuler (UR)  
9/24 Becky Clark (XU)  
10/1 Samantha Howard (DUQ)  
10/8 Christina DeRosa (UM)  
10/15 Christina DeRosa (UM)

### **Rookie of the Week**

Amanda Goetschius (CHA)  
Amanda Goetschius (CHA)  
Christina Schneider (XU)  
Shiyi Zan (UM)  
Christina Schneider (XU)  
Maureen Bulgrin (UD)  
Lauren Stocker (UM)  
Aimee Chegwiddden (SJU)

### **2006 Performer of the Week**

9/5 Samantha Howard (DUQ)  
9/11 Kelly Sraj (XU)  
9/18 Rachel Papin (LAS)  
9/25 Christina DeRosa (UM)  
10/2 Tsehaye Dagnachew (CHA)  
10/9 Christina DeRosa (UM)  
10/16 Rachel Papin (LAS)  
10/23 Andrea Newton (URI)

### **Rookie of the Week**

Amy Van Alstine (UR)  
Kathryn Allard (URI)  
Danielle Meiners (XU)  
Amy Van Alstine (UR)  
Lauren Liuzzo (UM)  
Amy Van Alstine (UR)  
Alex Miles (UD)  
Amy Van Alstine (UR)  
Kathryn Allard (URI)

### **2005 Performer of the Week**

9/6 Samantha Howard (DUQ)  
9/12 Cassie Ficken (CHA)  
9/19 Amanda Brown (XU)  
9/26 Cassie Ficken (CHA)  
10/3 Cassie Ficken (CHA)  
10/10 Cindy Smith (URI)  
10/17 Rachel Papin (LAS)  
10/24 Cindy Smith (URI)

### **Rookie of the Week**

Becky Clark (XU)  
Amy Kempf (UD)  
Aja Jackson (CHA)  
Katie Van Horn (UR)  
Becky Clark (XU)  
Becky Clark (XU)  
Katie Van Horn (UR)  
Jacqueline Prevete (FOR)  
Katie Van Horn (UR)  
Kayla Murphy (URI)

<b>2004 Performer of the Week</b>	<b>Rookie of the Week</b>	10/30 Christine Kane (SJU)	Sarah Como (DUQ)
9/7 Amanda Russell (UR)	Adriene Beltz (SJU)		
9/13 Jenna Darcy (LAS)	Adriene Beltz (SJU)	<b>1999 Performer of the Week</b>	<b>Rookie of the Week</b>
9/20 Amanda Russell (UR)	Amanda Brown (XU)	9/7 Tara Storage (UD)	Tara Storage (UD)
9/27 Amanda Russell (UR)	Amanda Brown (XU)	9/13 Meghan Callahan (DUQ)	Tara Storage (UD)
	Kate Merrill (UR)	9/20 Christine Kane (SJU)	Stacey Vidt (VT)
10/4 Amanda Russell (UR)	Samantha Howard (DUQ)	9/27 Christine Kane (SJU)	Amy Taylor (URI)
10/11 Heidi Westerling (URI)	Christina Derosa (UM)	10/4 Johanna Stumpf (VT)	Tara Storage (UD)
10/18 Jenna Darcy (LAS)	Christina Derosa (UM)	10/11 Christine Kane (SJU)	Kara Storage (UD)
10/25 Heidi Westerling (URI)	Lindsay Post (URI)	10/18 Christine Kane (SJU)	Kara Storage (UD)
		10/25 Liz Sand (XU)	Liz Sand (XU)
<b>2003 Performer of the Week</b>	<b>Rookie of the Week</b>	11/1 Christine Kane (SJU)	Tara Storage (UD)
9/2 Ruth Hinde (UD)	Renee Spangler (SJU)		
9/8 Kristen Coon (URI)	Bridget Skeuse (GW)	<b>1998 Performer of the Week</b>	<b>Rookie of the Week</b>
9/15 Sheila Klick (LAS)	Amanda Russell (UR)	9/8 Heather Whitmore (URI)	Natalie Lanese (XU)
		9/14 Brigid Benner (LAS)	Chelsea Alverson (VT)
		9/21 Victoria Robinson (FOR)	Meghan Callahan (DUQ)
9/22 Alexis Anzelone (UM)	Amanda Tucker (UD)	9/28 Christine Kane (SJU)	Erin Silvering (URI)
9/29 Sheila Klick (LAS)	Amanda Russell (UR)	10/5 Brigid Benner (LAS)	Chelsea Alverson (VT)
10/6 Lyndsey Webber (UR)	Amanda Russell (UR)	10/12 Anne Granger (DUQ)	Meghan Callahan (DUQ)
10/13 Kristen Coon (URI)	Amanda Russell (UR)	10/19 Christine Kane (SJU)	Erin Silvering (URI)
10/20 Sheila Klick (LAS)	Bridget Skeuse (GW)		
10/27 Kristen Coon (URI)	Katherine Guilfoyle (URI)	<b>1994 Performer of the Week</b>	<b>Freshman of the Week</b>
		9/11 Melissa Langevin (UM)	Karen Labbadia (URI)
<b>2002 Performer of the Week</b>	<b>Rookie of the Week</b>	9/18 Carissa Brown (WVU)	Charity Wachera (WVU)
9/3 Kara Storage (UD)	Ann Regan (SJU)	9/25 Sue Yagielski (SJU)	Rebecca Donaghue (UM)
		10/2 Tina Kearchner (GW)	Lauren Edwards (GW)
9/9 Kristen Coon (URI)	Ann Regan (SJU)	10/9 Melissa Langevin (UM)	Rebecca Donaghue (UM)
9/16 Sheila Klick (LAS)	Kristen Coon (URI)	10/16 Kelsie Hess (DUQ)	Charity Wachera (WVU)
9/23 Kara Storage (UD)	Ann Regan (SJU)	10/23 Melissa Langevin (UM)	Rebecca Donaghue (UM)
9/30 Ruth Chege (UR)	Kristen Coon (URI)		
10/7 Lyndsey Webber (UR)	Ann Regan (SJU)	<b>1993 Performer of the Week</b>	<b>Freshman of the Week</b>
10/14 Kristen Coon (URI)	Kristen Coon (URI)	9/12 Stephanie Ulicny (URI)	Melissa Langevin (UM)
10/21 Sheila Klick (LAS)	Ann Regan (SJU)	9/19 Stephanie Hopkins (SJU)	Melissa Langevin (UM)
10/28 None	None	9/26 Cheryl Keating (RU)	Melissa Langevin (UM)
11/4 Sheila Klick (LAS)	Kristen Coon (URI)	10/3 Vicki Boyer (SJU)	Heather Bury (WVU)
		10/10 Vicki Boyer (SJU)	Melissa Langevin (UM)
<b>2001 Performer of the Week</b>	<b>Rookie of the Week</b>	10/17 Jennifer Heggie (RU)	Kelsie Hess (DUQ)
9/4 Kara Storage (UD)	Ruth Hinde (UD)		
		<b>1992 Performer of the Week</b>	<b>Freshman of the Week</b>
9/10 Carrie Hucko (DUQ)	Sheila Klick (LAS)	9/13 Stephanie Ulicny (URI)	Jessica O'Connor (URI)
9/17 Kerry Hills (XU)	Jaime Wyckoff (XU)	9/20 Alicia Giuliano (RU)	Jessica O'Connor (URI)
9/24 Kerry Hills (XU)	Colleen Flanagan (SJU)	9/27 Kelly Liljeblad (UM)	Kerryn Davidson (WVU)
	Megan O'Shea (URI)	10/4 Vicki Boyer (SJU)	Sue Yagielski (SJU)
10/1 Kerry Hills (XU)	Megan DiSimone (LAS)	10/11 Kelly Liljeblad (UM)	Jessica O'Connor (URI)
10/8 Kerry Hills (XU)	Mary McCullough (GW)	10/18 Alicia Giuliano (RU)	None
10/15 Erin Silvering (URI)	Natalie Kotula (FOR)	<b>1991 Performer of the Week</b>	<b>Freshman of the Week</b>
10/22 Kerry Hills (XU)	Jaime Wyckoff (XU)	9/8 Erin O'Reilly (WVU)	Monica Cross (WVU)
10/28 Kerry Hills (XU)	Katie Limbach (SJU)	9/15 Erin O'Reilly (WVU)	Wendy Beaver (DUQ)
		9/22 Vicki Boyer (SJU)	Kara Elise Hegre (URI)
<b>2000 Performer of the Week</b>	<b>Rookie of the Week</b>	9/29 Erin O'Reilly (WVU)	Wendy Beaver (DUQ)
9/5 Erin Silvering (URI)	Heidi Westerling (URI)	10/6 Stephanie Ulicny (URI)	Tina Kearchner (GW)
9/11 Christine Kane (SJU)	Sarah Como (DUQ)	10/13 Vicki Boyer (SJU)	Wendy Beaver (DUQ)
9/18 Christine Kane (SJU)	Sarah Como (DUQ)	10/20 Kristen Jarman (RU)	Cheryl Keating (RU)
9/25 Christine Kane (SJU)	Karen Weber (SJU)	10/27 Vicki Stum (WVU)	Wendy Beaver (DUQ)
10/2 Kara Storage (UD)	Sarah Como (DUQ)	11/3 Vicki Boyer (SJU)	Wendy Beaver (DUQ)
10/9 Christine Kane (SJU)	Sarah Como (DUQ)		
10/16 Lashawn Scott (FOR)	Sarah Como (DUQ)		
10/23 Kara Storage (UD)	Heidi Westerling (URI)		
	Molly Krumpelbeck (XU)		