



WOMEN'S CROSS COUNTRY RECORD BOOK

THROUGH 2018-19 SEASON

Champions

Year	Team Champion	Score	Individual Champion	Time
2018	Richmond	41	Taylor Vernot (UD)	17:14.0
2017	Dayton	42	Heather MacLean (UM)	17:22.2
2016	Richmond	77	Heather MacLean (UM)	17:06.8
2015	Richmond	87	Morgan Szekely (LAS)	17:09.4
2014	Duquesne	58	Morgan Szekely (LAS)	17:31.2
2013	Duquesne	53	Bethany Sachtleben (MASON)	16:54.6
2012	Butler	37	Katie Clark (BU)	16:55.9
2011	La Salle	69	Jill Prentice (UR)	17:13.7
2010	Richmond	43	Megan Hogan (GW)	16:56
2009	Dayton	72	Megan Hogan (GW)	18:37.8
2008	Richmond	48	Amanda Goetschius (CHA)	17:37.7
2007	La Salle	52	Christina DeRosa (UM)	18:27
2006	La Salle	26	Rachel Papin (LAS)	17:41.25
2005	La Salle	40	Rachel Papin (LAS)	17:43.0
2004	La Salle	35	Rachel Papin (LAS)	17:48
2003	Richmond	29	Sheila Klick (LAS)	18:00.2
2002	La Salle	52	Sheila Klick (LAS)	17:39
2001	La Salle	55	Kerry Hills (XU)	17:56.7
2000	Saint Joseph's	55	Christine Kane (SJU)	17:23
1999	Massachusetts	44	Christine Kane (SJU)	17:59.7
1998	Massachusetts	35	Kristin Cisowski (UM)	18:24
1997	Massachusetts	28	Rebecca Donaghue (UM)	18:32.5
1996	Massachusetts	35	Rebecca Donaghue (UM)	18:04.5
1995	Massachusetts	46	Sue Yagielski (SJU)	17:29.42
1994	West Virginia	35	Melissa Langevin (UM)	18:06
1993	Saint Joseph's	41	Vicki Boyer (SJU)	18:56.71
1992	Massachusetts	38	Alicia Giuliano (RU)	17:43.20
1991	Massachusetts	59	Vicki Stum (WVU)	18:38.48
1990	Penn State	29	Wendy Nelson (PSU)	17:55.85
1989	Penn State	32	Wendy Nelson (PSU)	18:15

Individual Champion

2018	Taylor Vernot (UD)
2017	Heather MacLean (UM)
2016	Heather MacLean (UM)
2015	Morgan Szekely (LAS)
2014	Morgan Szekely (LAS)
2013	Bethany Sachtleben (MASON)
2012	Katie Clark (BU)
2011	Jill Prentice (UR)
2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Amanda Goetschius (CHA)
2007	Christina DeRosa (UM)
2006	Rachel Papin (LAS)
2005	Rachel Papin (LAS)
2004	Rachel Papin (LAS)
2003	Sheila Klick (LAS)
2002	Sheila Klick (LAS)
2001	Kerry Hills (XU)
2000	Christine Kane (SJU)
1999	Christine Kane (SJU)
1998	Kristin Cisowski (UM)

Most Outstanding Rookie

Elizabeth Mancini (LAS)
Caroline Clark (UM)
Chloe Flora (UD)
Caroline Yarbrough (DAV)
Morgan Szekely (LAS)
Valerie Palermo (DUQ)
Olivia Pratt (BU)
Danica Snyder (DUQ)
Margo Richardson (SLU)
Courtney Baldwin (UM)
Katrina Spratford (UR)
Christina Schneider (XU)
Amy Van Alstine (UR)
Aja Jackson (CHA)
Christa Plummer (LAS)
Caitlin Smyth (UR)
Kristen Coon (URI)
Katie Limbach (SJU)
Sarah Como (DUQ)
Tara Storage (UD)
Kristin Cisowski (UM)

Coaches of the Year

Lori Taylor (UR)
Jason Ordway (UD)
Lori Taylor (UR)
Lori Taylor (UR)
Caitlin Cotter (DUQ)
Tom Slosky (DUQ)
Matt Roe (BU)
Dan Ireland (LAS)
Lori Taylor (UR)
Ann Alyanak (UD)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Kevin Quinn (SJU)
Julie LaFreniere (UM)
Laurie Feit-Melnick (URI)

1997	Rebecca Donaghue (UM)	Heather Whitmore (URI)	Julie LaFreniere (UM)
1996	Rebecca Donaghue (UM)	Bridget Quenzer (GW)	Matt Colton (DUQ)
			Julie LaFreniere (UM)
			Julie LaFreniere (UM)
1995	Sue Yagielski (SJU)	Jessica McGarty (URI)	
1994	Melissa Langevin (UM)	Charity Wachera (WVU)	
1993	Vicki Boyer (SJU)	Heather Bury (WVU)	Kevin Quinn (SJU)
1992	Alicia Giuliano (RU)	Jessica O'Connor (URI)	Julie LaFreniere (UM)
1991	Vicki Stum (WVU)	Wendy Beaver (DUQ)	Julie LaFreniere (UM)
1990	Wendy Nelson (PSU)		
1989	Wendy Nelson (PSU)		

Student-Athletes of the Year

2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Shiyi Zan (UM)
2007	Christina DeRosa (UM)
2006	Jane Daniels (CHA)
2005	Emily Anderson (URI)
2004	Cindy Smith (URI)
2003	Kristen Coon (URI)
2002	Kara Storage (UD)
2001	Erin Silvering (URI)
2000	Anne Granger (DUQ)
1999	Anne Granger (DUQ)

Academic All-Conference Teams

2018	Caroline Yarbrough(DAV); Emily Borchers (UD); Taylor Vernot (UD); Elizabeth Morris (DUQ); Angelina Grebe (FOR); Colleen Carney (UR)
2017	Sarah Sears (DAV); Laurel Sheffield (DAV); Taylor Vernot (UD); Jenny DelSigniore (DUQ); Heather MacLean (UM); Kylie Regan (UR)
2016	Taylor Vernot (UD); Autumn Greba (DUQ); Valerie Palermo (DUQ); Kaitlin Poiesz (LAS); Heather MacLean (UM); Kylie Regan (UR)
2015	Jenna Gigliotti (DUQ); Autumn Greba (DUQ); Bailey Kolonich (MASON); Morgan Szekely (LAS); Heather MacLean (UM); Tara Hanley (UR); Isabel Leibfried (SLU)
2014	Autumn Greba (DUQ); Danica Snyder (DUQ); Jennifer Nakamura (MASON); Rachel Hilliard (UM); Alexa Pelletier (URI); Kerry Caher (SBU)
2013	Haley Pisarcik (DUQ); Amber Valimont (DUQ); Anisa Arsenault (FOR); Rachel Hilliard (UM); Jillian Prentice (UR); Jessica Hoefert (SLU)
2012	Katie Clark (BU); Mara Olson (BU); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Jill Prentice (UR); Emma Slattery (SJU)
2011	Stephanie Bearish (LAS); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Elissa Mason (UD); Jill Prentice (UR); Emily Zimmerman (UD)
2010	Maureen Bulgrin (UD); Liz Coorey (UD); Megan Hogan (GW); Laura McCary (CHA); Julie Rechel (UR); Nicol Traynor (UR);
2009	Maureen Bulgrin (UD); Liz Coorey (UD); Meg Ecker (DUQ); Megan Hogan (GW); Brigid Moriarity (FOR); Shiyi Zan (UM)
2008	Liana Blue (CHA); Becky Clark (XU); Diana Filtz (UR); Mary Moloney (SLU); Christina Schneider (XU); Nicol Traynor (UR); Shiyi Zan (UM)
2007	Emily Beahan (DUQ); Christina DeRosa (UM); Andrea Florida (SJU); Samantha Howard (DUQ); Carolyn Lipovsky (LAS); Shiyi Zan (UM)
2006	Jane Daniels (CHA); Christina DeRosa (UM); Katherine Guilfoyle (URI); Courtney Klenk (URI); Audrey Noonan (GW); Rachel Papin (LAS); Amanda Russell (UR)
2005	Emily Anderson (URI); Amanda Brown (XU); Cassie Ficken (CHA); Katherine Guilfoyle (URI); Rachel Papin (LAS); Cindy Smith (URI)
2004	Emily Anderson (URI); Trina Bolton (GW); Michelle Griffin (UD); Amanda Russell (UR); Cindy Smith (URI); Heidi Westerling (URI)
2003	Kristen Coon (URI); Jenna Darcy (LAS); Elizabeth Graham (DUQ); Ruth Hinde (UD); Jennie Illig (XU); Courtney Klenk (URI); Amy Tucker (DUQ)
2002	Carrie Hucko (DUQ); Jennie Illig (XU); Anne Rettig (UR); Kara Storage (UD); Tara Storage (UD); Sarah Taylor (UR); Heidi Westerling (URI)
2001	Tanya Brown (DUQ); Kristin Cisowski (UM); Ndidi Obichere (LAS); Erin Silvering (URI); Kara Storage (UD); Tara Storage (UD)

- 2000** Kristen Cisowski (UM); Maggie Dunn (XU); Anne Granger (DUQ); Christine Kane (SJU); ToniAnn Razzi (LAS); Erin Silvering (URI)
- 1999** Kristin Cisowski (UM); Katie Connell (DUQ); Anne Granger (DUQ); Melissa Henderson (UM); Sally Hirsch (UM); Nicole Way (UM)
- 1998** Elena Gomez (LAS); Anne Granger (DUQ); Kathy Heabel (LAS); Melissa Henderson (UM); Sally Hirsch (UM); Maggie Keane (UD)
- 1997** Katie Arrigan (DUQ); Jenna Bartolomeo (DUQ); Rebecca Donaghue (UM); Sally Hirsch (UM); Karen Labbadia (URI); Nicole Way (UM)
- 1996** Katie Arrigan (DUQ); Trish Coffin (DUQ); Rebecca Donaghue (UM); Katie Greenia (UM); Kelsie Hess (DUQ); Karen Labbadia (URI)

Academic All-Conference Teams (cont)

- 1995** Rebecca Donaghue (UM); Lauren Edwards (GW); Claudine Kelly (FOR); Tracey Shea (VT); Sue Yagielski (SJU)
- 1994** Elise Hegre (URI); Kelsie Hess (DUQ); Jen Leshner (DUQ); Mary Ann Myer (WVU); Sue Yagielski (SJU)
- 1993** Wendy Beaver (DUQ); Vicki Boyer (SJU); Siobhan Flynn (SJU); Stacey LaFleur (GW); Kim Liljeblad (UM)
- 1992** Vicki Boyer (SJU); Siobhan Flynn (SJU); Kara Elise Hegre (URI); Rebecca Johnson (UM); Stacey LaFleur (GW); Eileen Samolsky (RU)
- 1991** Vicki Boyer (SJU); Lori Heywood (SJU); Rebecca Johnson (UM); Stacey LaFleur (GW); Mercedes Zak (RU)
- 1990** Rebecca Johnson (UM); Wendy Nelson (PSU); Theresa Papa (WVU); Karen Peterson (URI); Mercedes Zak (RU)

Academic All-Conference (selected from among all student-athletes)

- 1989** Honorable Mention: Maureen Barr (RU); Michele Butterworth (SJU); Lisa Ceptelli (SJU); Meridith George (SJU); Lisa Gold (PSU); Lori Heywood (SJU); Margaret Kelly (SJU); Kendra Mathias (PSU); Laurie Morrow (PSU); Mercedes Zak (RU)

Top 20 Championship Performances

	Runner	Year	Site	Time
1.	Bethany Sachtleben (MASON)	2013	Pole Green Park (Mechanicsville, Va.)	16:54.6
2.	Katie Clark (BU)	2012	Belmont Plateau (Philadelphia, Pa.)	16:55.9
3.	Megan Hogan (GW)	2010	Schenley Park (Pittsburgh, Pa.)	16:56.0
4.	Jill Prentice (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:02.7
5.	Heather MacLean (UM)	2016	Pole Green Park (Mechanicsville, Va.)	17:06.8
6.	Morgan Szekely (LAS)	2015	Pole Green Park (Mechanicsville, Va.)	17:09.4
7.	Margo Richardson (SLU)	2013	Pole Green Park (Mechanicsville, Va.)	17:10.4
8.	Amber Valimont (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:11.1
9.	Jill Prentice (UR)	2011	Frank Liske Park (Concord, N.C.)	17:13.7
10.	Taylor Vernot (UD)	2018	Pole Green Park (Mechanicsville, Va.)	17:14.0
11.	Tara Hanley (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:15.0
12.	Nicol Traynor (UR)	2010	Schenley Park (Pittsburgh, Pa.)	17:17.0
13.	Haley Pisarcik (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:18.7
14.	Michelle Capozzi (LAS)	2013	Pole Green Park (Mechanicsville, Va.)	17:19.7
15.	Kaitlin Poiesz (LAS)	2016	Pole Green Park (Mechanicsville, Va.)	17:19.8
16.	Valerie Palermo (DUQ)	2016	Pole Green Park (Mechanicsville, Va.)	17:20.4
17.	Heather MacLean (UM)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.7
18.	Caroline Yarbrough (DAV)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
19.	Tara Hanely (UR)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
20.	Hilary Orf (SLU)	2011	Frank Liske Park (Concord, N.C.)	17:21.6

2018 Championship - Oct. 27

Site: Pole Green Park, Mechanicsville, Va.

Team Standings

	Score
1. Richmond	41
2. Dayton	94
3. Fordham	150
4. La Salle	153
5. Saint Louis	158
6. George Mason	162
7. George Washington	174
8. Duquesne	185
9. Davidson	192
10. St. Joseph's	209
11. VCU	223
12. Rhode Island	322
13. UMass	352
14. St. Bonaventure	434

Top 15 Individuals*

1. Taylor VERNOT (UD)	17:14.0
2. Emily BORCHERS (UD)	17:21.0
3. Emily MULHERN (VCU)	17:22.4
4. Amanda CORBOSIERO (UR)	17:24.2
5. Colleen CARNEY (UR)	17:29.6
6. Grace MANCINI (LAS)	17:35.6
7. Caroline YARBROUGH (DAV)	17:37.0
8. Suzanne DANNHEIM (GW)	17:38.4
9. Ave GROSENHEIDER (UR)	17:38.8
10. Courtney THOMPSON (UR)	17:39.4
11. Angelina GREBE (FOR)	17:39.5
12. Lizzie MORRIS (DUQ)	17:44.2
13. Claire BROWN (UR)	17:45.7
14. Elizabeth MANCINI (LAS)	17:47.3
15. Siobhra O'FLAHERTY (MASON)	17:50.4

*All-Conference

2017 Championship - Oct. 28

Site: Otlands Plantation, Leesburg, Va.

Team Standings

	Score
1. Dayton	42
2. Richmond	61
3. Davidson	67
4. Massachusetts	143
5. Duquesne	159
6. George Washington	200
7. Fordham	200
8. La Salle	210
9. George Mason	223
10. Saint Joseph's	237
11. Saint Louis	246
12. Rhode Island	302
13. VCU	367
14. St. Bonaventure	440

Top 15 Individuals*

1. Heather MacLean (UM)	17:22.2
2. Sarah Sears (DAV)	17:50.6
3. Taylor Vernot (UD)	17:53.9

4. Emily Leonard (UD)	17:56.9
5. Colleen Carney (UR)	18:00.2
6. Chloe Flora (UD)	18:04.2
7. Jenny Delsignore (DUQ)	18:10.1
8. Kylie Regan (UR)	18:13.2
9. Emily Borchers (UD)	18:14.9
10. Caroline Yarbrough (DAV)	18:15.4
11. Grace Mancini (LAS)	18:17.7
12. Laurel Sheffield (DAV)	18:18.2
13. Amanda Corbosiero (UR)	18:18.4
14. Madison Yerke (GW)	18:19.1
15. Maddie Hunter (DAV)	18:19.7

*All-Conference

2016 Championship - Oct. 29

Site: Pole Green Park, Mechanicsville, Va.

Team Standings

	Score
1. Richmond	77
2. Dayton	88
3. Duquesne	88
4. Davidson	109
5. Massachusetts	150
6. George Washington	160
7. Saint Joseph's	178
8. Fordham	234
9. Saint Louis	235
10. VCU	245
11. George Mason	260
12. La Salle	297
13. Rhode Island	322
14. St. Bonaventure	466

Top 15 Individuals*

1. Heather MacLean (UM)	17:06.8
2. Kaitlin Poiesz (LAS)	17:19.8
3. Valerie Palermo (DUQ)	17:20.4
4. Taylor Vernot (UD)	17:24.5
5. Chloe Flora (UD)	17:26.7
6. Autumn Greba (DUQ)	17:29.2
7. Jenny Delsignore (DUQ)	17:30.4
8. Ciara Donohue (MASON)	17:36.9
9. Caroline Yarbrough (DAV)	17:36.9
10. Macaulay Porter (GW)	17:38.4
11. Lindsey Oremus (SJU)	17:42.7
12. Cassidy Weimer (SJU)	17:47.6
13. Kylie Regan (UR)	17:52.7
14. Ave Grosenheider (UR)	17:54.2
15. Claire Brown (UR)	17:55.3

*All-Conference

2015 Championship - Oct. 31

Site: Pole Green Park, Mechanicsville, Va.

Team Standings

	Score
1. Richmond	87
2. Duquesne	88
3. La Salle	111
4. Massachusetts	111
5. George Washington	136
6. Saint Louis	153

7.	Saint Joseph's	156
8.	Davidson	179
9.	Dayton	187
10.	Fordham	214
11.	George Mason	237
12.	Rhode Island	307
13.	VCU.....	330
14.	St. Bonaventure	440

Top 15 Individuals*

1.	Morgan Szekely (LAS)	17:09.4
2.	Heather MacLean (UM)	17:20.7
3.	Caroline Yarbrough (DAV)	17:20.9
4.	Tara Hanley (UR)	17:20.9
5.	Isabel Leibfried (SLU)	17:26.2
6.	Jenny Delsignore (DUQ)	17:30.6
7.	Kaitlin Poiesz (LAS)	17:31.1
8.	Emily Leonard (UD).....	17:34.2
9.	Valerie Palermo (DUQ).....	17:38.2
10.	Taylor Vernot (UD).....	17:38.7
11.	Courtney Thompson (UR)	17:39.4
12.	Ariana North (GW)	17:41.4
13.	Jenna Gigliotti (DUQ).....	17:42.2
14.	Miranda DiBiaso (GW)	17:43.2
15.	Carly Zinner (UM)	17:44.8

*All-Conference

2014 Championship - Nov. 1

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	Duquesne	58
2.	La Salle	111
3.	Richmond	112
4.	Saint Louis	131
5.	Davidson	133
6.	Massachusetts.....	134
7.	George Mason.....	203
8.	Rhode Island	225
9.	Dayton	242
10.	George Washington	254
11.	Fordham	272
12.	St. Bonaventure	287
13.	Saint Joseph's	321
14.	VCU.....	352

Top 15 Individuals*

1.	Morgan Szekely (LAS)	17:31.2
2.	Alexa Pelletier (URI)	17:41.6
3.	Valerie Palermo (SBU)	17:46.3
4.	Kerry Caher (SBU).....	17:53.9
5.	Bethany Sachtleben (MASON).....	17:56.0
6.	Marisa Ruskan (UR)	17:58.2
7.	Rachel Hilliard (UM).....	18:01.6
8.	Danica Snyder (DUQ).....	18:02.2
9.	Erin Osment (DAV)	18:03.8
10.	Jenny Delsignore (DUQ)	18:08.4
11.	Courtney Thompson (UR)	18:08.4
12.	Megan Connell (LAS)	18:08.8
13.	Annika Gomell (SLU)	18:11.2
14.	Elise Farris (DUQ)	18:12.3

15.	Macaulay Porter (GW)	18:16.3
-----	----------------------------	---------

*All-Conference

2013 Championship - Nov. 2

Site: Pole Green Park, Mechanicsville, Va.

Team Standings	Score	
1.	Duquesne	53
2.	Richmond	73
3.	La Salle	118
4.	Saint Louis	119
5.	Massachusetts.....	152
6.	Saint Joseph's	154
7.	Dayton	163
8.	George Mason.....	200
9.	Fordham	219
10.	Rhode Island	252
11.	St. Bonaventure	288
12.	VCU.....	336
13.	George Washington	NTS

Top 15 Individuals*

1.	Bethany Sachtleben (MASON).....	16:54.6
2.	Jillian Prentice (UR)	17:02.7
3.	Margo Richardson (SLU)	17:10.4
4.	Amber Valimont (DUQ)	17:11.1
5.	Tara Hanley (UR)	17:15.0
6.	Haley Pisarcik (DUQ)	17:18.7
7.	Michelle Capozzi (LAS).....	17:19.7
8.	Marisa Ruskan (UR)	17:24.2
9.	Jessica Hoefert (SLU).....	17:25.0
10.	Valerie Palermo (DUQ).....	17:26.8
11.	Nicole Cargill (UD).....	17:28.8
12.	Elizabeth Barrett (SBU).....	17:32.5
13.	Kerry Caher (SBU).....	17:35.0
14.	Paige Ethier (URI).....	17:39.1
15.	Annika Gomell (SLU)	17:41.3

*All-Conference

2012 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Butler	37
2.	La Salle	70
3.	Richmond	125
4.	Saint Louis	134
5.	Xavier.....	150
6.	Dayton	154
7.	Duquesne	183
8.	Saint Joseph's	196
9.	Charlotte	235
10.	George Washington	282
11.	Rhode Island	299
12.	Massachusetts.....	305
13.	Fordham	310
14.	Temple	347
15.	St. Bonaventure	430
16.	VCU.....	523

Top 15 Individuals*

1.	Katie Clark (BU)	16:55.9
2.	Meghan McGlinchey (LAS)	17:03.3
3.	Jillian Prentice (UR)	17:42.2
4.	Margo Richardson (SLU)	17:50.5
5.	Mara Olson (BU)	17:55.4
6.	Kristy Legg (BU)	17:58.8
7.	Lizzie Gleason (UD)	17:59.7
8.	Emma Slattery (SJU)	18:03.3
9.	Clare Fischer (XU)	18:05.4
10.	Stephanie Bearish (LAS)	18:08.0
11.	Olivia Pratt (BU)	18:08.3
12.	Wendy Hutchinson (LAS)	18:18.6
13.	Jessica Hoefert (SLU)	18:20.4
14.	Lauren McKillop (BU)	18:20.4
15.	Heather Stevens (GW)	18:21.2

*All-Conference

2011 Championship - Oct. 29

Site: Frank Liske Park, Concord, N.C.

Team Standings	Score	
1.	La Salle	69
2.	Dayton	84
3.	Charlotte	92
4.	Richmond	99
5.	Saint Joseph's	132
6.	Duquesne	144
7.	Xavier	178
8.	Saint Louis	188
9.	Rhode Island	224
10.	Massachusetts	231
11.	Fordham	301
12.	Temple	357
13.	George Washington	413
14.	St. Bonaventure	443

Top 15 Individuals*

1	Jill Prentice (UR)	17:13.7
2	Hilary Orf (SLU)	17:21.6
3	Amanda Goetschius (CHA)	17:29.4
4	Elissa Mason (UD)	17:31.0
5	Karen Roa (UM)	17:37.7
6	Caitlin Storbeck (LAS)	17:41.3
7	Megahn McGlinchey (LAS)	17:47.0
8	Stephanie Bearish (LAS)	17:47.5
9	Meg Ecker (DUQ)	17:48.7
10	Margo Richardson (SLU)	17:49.3
11	Lizzie Gleason (UD)	17:49.9
12	Wendy Hutchinson (LAS)	17:50.4
13	Stephanie Paradis (UR)	17:55.1
14	Hana Sutchar (CHA)	17:55.5
15	Hannah Fuller (SJU)	17:55.5

*All-Conference

2010 Championship - Oct. 30

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	Richmond	43
2.	La Salle	68
3.	Dayton	75

4.	Saint Louis	170
5.	Charlotte	189
5.	Duquesne	189
7.	Rhode Island	196
8.	Massachusetts	200
9.	Saint Joseph's	214
10.	Xavier University	216
11.	George Washington	276
12.	Fordham	293
13.	Temple	405
14.	St. Bonaventure	470

Top 15 Individuals*

1	Megan Hogan (GW)	16:56
2	Nicol Traynor (UR)	17:17
3	Maura Bulgrin (UD)	17:28
4	Amy Van Alstine (UR)	17:33
5	Stephanie Bearish (LAS)	17:35
6	Liz Coorey (UD)	17:42
7	Hilary Orf (SLU)	17:48
8	Laura McCary (CHA)	17:49
9	Margo Richardson (SLU)	17:51
10	Caitlin Storbeck (LAS)	17:52
11	Julie Rechel (UR)	17:52
12	Jill Prentice (UR)	17:58
13	Brittany Pelsue (URI)	17:59
14	Jenn Ennis (UR)	18:01
15	Elilssa Mason (UD)	18:05

*All-Conference

2009 Championship - Oct. 31

Site: Forest Park, St. Louis, Mo.

Team Standings	Score	
1.	Dayton	72
2.	Charlotte	98
3.	Massachusetts	109
4.	Duquesne	114
5.	La Salle	153
6.	Richmond	157
7.	Saint Joseph's	184
8.	George Washington	185
9.	Xavier	207
10.	Fordham	226
11.	Saint Louis	247
12.	Rhode Island	284
13.	Temple	335
14.	St. Bonaventure	465

Top 15 Individuals*

1.	Megan Hogan (GW)	18:37.8
2.	Amanda Goetschius (CHA)	19:33.3
3.	Maureen Bulgrin (UD)	19:47.8
4.	Katie Kelly (DUQ)	19:49.1
5.	Caitlin Thomas (XU)	20:01.3
6.	Brigid Moriarity (FOR)	20:01.9
7.	Nicol Traynor (UR)	20:06.3
8.	Jessica Stern (GW)	20:07.6
9.	Courtney Baldwin (UM)	20:09.6
10.	Elissa Mason (UD)	20:10.0
11.	Liz Coorey (UD)	20:16.0

12.	Meg Ecker (DUQ).....	20:24.3
13.	Hilary Orf (SLU).....	20:28.5
14.	Caitlin Storbeck (LAS).....	20:32.3
15.	Samantha Gallagher (LAS).....	20:34.1

*All-Conference

2008 Championship - Nov. 1

Site: Charlotte Campus Course, Charlotte, N.C.

Team Standings	Score	
1.	Richmond	48
2.	Charlotte	67
3.	Dayton	103
4.	Xavier.....	108
5.	Duquesne	151
6.	Saint Louis	154
7.	Massachusetts.....	186
8.	Saint Joseph's	225
9.	George Washington	232
10.	Fordham	263
11.	La Salle	290
12.	Rhode Island	314
13.	Temple	406
14.	St. Bonaventure	457

Top 15 Individuals*

1.	Amanda Goetschius (CHA).....	17:37.7
2.	Megan Hogan (GW)	17:39.4
3.	Nicol Traynor (UR)	17:48.1
4.	Keara Thomas (CHA).....	18:06.7
5.	Amy Vanalstine (UR).....	18:12.1
6.	Katrina Spratford (UR)	18:15.4
7.	Becky Clark (XU)	18:17.0
8.	Shiyi Zan (UM)	18:18.3
9.	Aja Jackson (CHA)	18:20.5
10.	Maura Bulgrin (UD).....	18:31.3
11.	Mary Bertram(UR).....	18:34.1
12.	Hannah Ringo (DUQ).....	18:35.4
13.	Liz Coorey (UD)	18:37.3
14.	Katie Kelly (DUQ).....	18:39.3
15.	Karen Roa (UM)	18:43.7

*All-Conference

2007 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	La Salle	52
2.	Richmond	82
3.	Xavier.....	119
4.	Charlotte	123
5.	Duquesne	132
6.	Massachusetts.....	167
7.	Saint Louis	178
8.	Saint Joseph's	189
9.	George Washington	194
10.	Dayton	266
11.	Fordham	274
12.	Rhode Island	317
13.	Temple	379
14.	St. Bonaventure	464

Top 15 Individuals*

1.	Christina DeRosa (UM)	18:27
2.	Rachel Papin (LAS)	18:34
3.	Emily Beahan (DUQ).....	18:38
4.	Christa Plummer (LAS)	18:39
5.	Carolyn Lipovsky (LAS).....	18:45
6.	Christina Schneider (XU)	18:46
7.	Amanda Goetschius (CHA)	18:52
8.	Kylee Schuler (UR).....	18:53
9.	Audrey Noonan (GW)	19:01
10.	Samantha Howard (DUQ)	19:07
11.	Nicol Traynor (UR)	19:13
12.	Andrea Florida (SJU).....	19:14
13.	Shiyi Zan (UM)	19:16
14.	Becky Clark (XU)	19:18
15.	Aja Jackson (CHA)	19:20

*All-Conference

2006 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	26
2.	Richmond	81
3.	Charlotte	91
4.	Xavier.....	122
5.	Duquesne	155
6.	Massachusetts.....	163
7.	Saint Joseph's	167
8.	Saint Louis	193
9.	Dayton	214
10.	George Washington	235
11.	Rhode Island	281
12.	Fordham	386
13.	Temple	425
14.	St. Bonaventure	449

Top 15 Individuals*

1.	Rachel Papin (LAS)	17:41.25
2.	Tsehaye Dagnachew (CHA)	17:51.55
3.	Christa Plummer (LAS)	17:56.60
4.	Amy Vanalstine (UR).....	18:02.35
5.	Carolyn Lipovsky (LAS).....	18:06.25
6.	Danielle Schopf (LAS)	18:16.60
7.	Audrey Noonan (GW)	18:19.20
8.	Jane Daniels (CHA).....	18:21.25
9.	Amanda Russell (UR).....	18:28.80
10.	Christina DeRosa (UM)	18:29.65
11.	Adriana Boyle (LAS).....	18:31.00
12.	Aja Jackson (CHA)	18:32.25
13.	Andrea Florida (SJU).....	18:32.60
14.	Becky Clark (XU)	18:32.75
15.	Elisabeth Mayer (LAS)	18:35.95

*All-Conference

2005 Championship - Oct. 29, Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	La Salle	40

2.	Charlotte	103
3.	Richmond	104
4.	Rhode Island	109
5.	Xavier	143
6.	Duquesne	170
7.	Saint Joseph's	173
8.	Dayton	195
9.	Massachusetts	220
10.	Fordham	238
11.	George Washington	299
12.	Saint Louis	310
13.	Temple	413
14.	St. Bonaventure	454

Top 15 Individuals*

1.	Rachel Papin (LAS)	17:43.0
2.	Amanda Brown (XU)	18:02.5
3.	Cassie Ficken (CHA)	18:11.0
4.	Christa Plummer (LAS)	18:15.4
5.	Tsehaye Dagnachew (CHA)	18:19.4
6.	Christina De Rosa (UM)	18:21.1
7.	Aja Jackson (CHA)	18:24.2
8.	Katie Van Horn (UR)	18:26.5
9.	Kylee Schuler (UR)	18:26.7
10.	Carolyn Lipovsky (LAS)	18:27.6
11.	Cynthia Smith (URI)	18:38.4
12.	Karen Proulx (LAS)	18:39.9
13.	Danielle Schopf (LAS)	18:41.3
14.	Andrea Florida (SJU)	18:43.0
15.	Nicole O'Dea (LAS)	18:44.5

*All-Conference

2004 Championship - Oct. 30

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	35
2.	Richmond	61
3.	Rhode Island	89
4.	Duquesne	125
5.	Massachusetts	161
6.	Saint Joseph's	168
7.	Xavier	172
8.	George Washington	186
9.	Dayton	212
10.	Fordham	250
11.	St. Bonaventure	351

Top 10 Individuals*

1.	Rachel Papin (LAS)	17:48
2.	Heidi Westerling (URI)	17:52
3.	Amanda Russell (UR)	17:56
4.	Cindy Smith (URI)	18:01
5.	Jenna Darcy (LAS)	18:06
6.	Christa Plummer (LAS)	18:12
7.	Kate Merrill (UR)	18:15
8.	Nicole Kurtain (UR)	18:23
9.	Erin Geiger (LAS)	18:26
10.	Amy Ruffolo (DUQ)	18:28

*All-Conference

2003 Championship - Nov. 1

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Richmond	29
2.	Rhode Island	64
3.	La Salle	97
4.	Duquesne	108
5.	Saint Joseph's	122
6.	George Washington	184
7.	Dayton	189
8.	Fordham	204
	Massachusetts	204
10.	Xavier	227
11.	St. Bonaventure	319

Top 10 Individuals*

1.	Sheila Klick (LAS)	18:00.2
2.	Kristen Coon (URI)	18:07.8
3.	Lyndsey Webber (UR)	18:22.9
4.	Nicole Kurtain (UR)	18:25.8
5.	Caitlin Smyth (UR)	18:31.4
6.	Jenna Darcy (LAS)	18:32.1
7.	Elizabeth Graham (DUQ)	18:32.7
8.	Amanda Russell (UR)	18:43.3
9.	Danielle Binns (UR)	18:46.2
10.	Colleen Flanagan (SJU)	18:52.3

*All-Conference

2002 Championship - Nov. 2

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	52
2.	Richmond	69
3.	Rhode Island	86
4.	Saint Joseph's	107
5.	Duquesne	145
6.	Dayton	165
7.	Fordham	176
8.	Massachusetts	198
9.	George Washington	200
10.	Xavier	241
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Sheila Klick (LAS)	17:39
2.	Kara Storage (UD)	17:41
3.	Carrie Hucko (DUQ)	17:55
4.	Solomiya Login (LAS)	17:56
5.	Kristen Coon (URI)	17:58
6.	Tara Storage (UD)	18:05
7.	Ruth Chege (UR)	18:06
8.	Leyna Williams (LAS)	18:07
9.	Ann Marie Regan (SJU)	18:09
10.	Ndidi Obichere (LAS)	18:11

*All-Conference

2001 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	La Salle	55

2.	Rhode Island	65
3.	Richmond	72
4.	Massachusetts.....	122
5.	Saint Joseph's	125
6.	Dayton	129
7.	Xavier.....	130
8.	Duquesne	182
9.	Fordham	260
10.	George Washington	290
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Kerry Hills (XU)	17:56.7
2.	Erin Silvering (URI)	17:58.8
3.	Kristin Cisowski (UM)	18:13.3
4.	Ndidi Obichere (LAS)	18:15.4
5.	Heather Whitmore (URI)	18:25.8
6.	Kara Storage (UD).....	18:26.6
7.	Ruth Chase (UR)	18:30.1
8.	Jenna Darcy (LAS)	18:32.0
9.	Sheila Klick (LAS)	18:34.5
10.	Leyna Williams (LAS)	18:35.3

*All-Conference

2000 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	Saint Joseph's	55
2.	Massachusetts.....	74
3.	La Salle	82
4.	Duquesne	91
5.	Rhode Island	92
6.	Dayton	111
7.	Xavier.....	194
8.	Fordham	221
9.	George Washington	284
10.	St. Bonaventure	329

Top 10 Individuals*

1.	Christine Kane (SJU)	17:23
2.	Kristin Cisowski (UM)	17:44
3.	Sarah Como (DUQ)	17:50
4.	Melissa Henderson (UM)	17:55
5.	Erin Silvering (URI)	17:57
6.	Kara Storage (UD).....	18:02
7.	Amy Taylor (URI)	18:03
8.	Tara Storage (UD)	18:03
9.	Gabby Quezada (SJU)	18:08
10.	Tanya Brown (DUQ)	18:10

*All-Conference

1999 Championship - Oct. 30

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Massachusetts.....	44
2.	La Salle	70
3.	Virginia Tech.....	76
4.	Saint Joseph's	124
5.	Dayton	160

6.	Rhode Island	161
7.	Duquesne	167
8.	Fordham	169
9.	Xavier.....	229
10.	George Washington	267
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Christine Kane (SJU)	17:59.7
2.	Tara Storage (UD)	18:35.0
3.	Nicole Way (UM)	18:40.7
4.	Kristin Cisowski (UM)	18:42.3
5.	Amy Taylor (URI)	18:44.3
6.	Maura Calahan (LAS).....	18:45.8
7.	Sharon Tillotson (UM)	18:47.0
8.	Melissa Henderson (UM)	18:48.2
9.	Stacey Vidt (VT).....	18:49.7
10.	Toniann Razzi (LAS)	18:51.2

*All-Conference

1998 Championship - Oct. 31

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Massachusetts.....	35
2.	Rhode Island	67
3.	Virginia Tech.....	79
4.	La Salle	87
5.	Saint Joseph's	132
6.	Fordham	163
7.	Dayton	182
8.	Duquesne	186
9.	George Washington	284
10.	Xavier.....	314
11.	St. Bonaventure	345

Top 10 Individuals*

	Time	
1.	Kristin Cisowski (UM)	18:24
2.	Kathy Heable (LAS)	18:26
3.	Sarah Hirsch (UM)	18:27
4.	Christine Kane (SJU)	18:34
5.	Heather Whitmore (URI)	18:37
6.	Melissa Henderson (UM)	18:39
7.	Jessica McGarty (URI).....	18:48
8.	Erin Silvering (URI)	18:49
9.	Johanna Stumpf (VT).....	18:50
10.	Stephanie Ingersoll (VT).....	18:56

*All-Conference

1997 Championship - Nov. 1

Site: Bull Run Park, Centreville, Va.

Team Standings	Score	
1.	Massachusetts.....	28
2.	Saint Joseph's	48
3.	Virginia Tech.....	66
4.	Rhode Island	118
5.	George Washington	167
6.	Fordham	175
7.	La Salle	180
8.	Duquesne	190

9.	Dayton	222
10.	Xavier.....	331
11.	St. Bonaventure	337

Top 10 Individuals*		Time
1.	Rebecca Donaghue (UM)	18:32.5
2.	Jen Rafferty (SJU)	18:35.4
3.	Jennifer Conner (VT).....	18:43.3
4.	Christy Martin (UM).....	18:50.4
5.	Heather Whitmore (URI)	18:58.7
6.	Melissa Henderson (UM)	19:04.0
7.	Lauren Carr (VT)	19:07.6
8.	Nicole Way (UM)	19:11.2
9.	Sarah Hirsch (UM)	19:12.1
10.	Liz Sweeney (SJU).....	19:13.5

*All-Conference

1996 Championship - Nov. 2

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings		Score
1.	Massachusetts.....	35
2.	Saint Joseph's	74
3.	La Salle	78
4.	Duquesne	104
5.	Virginia Tech.....	115
6.	Rhode Island	162
7.	George Washington	164
8.	Dayton	202
9.	Fordham	243
10.	Xavier.....	299
	St. Bonaventure	299

Top 10 Individuals*		Time
1.	Rebecca Donaghue (UM)	18:04.5
2.	Bridget Quenzer (GW)	18:31.5
3.	Terry Carroll (LAS).....	18:33.3
4.	Meghan Busse (SJU).....	18:41.9
5.	Christy Martin (UM).....	18:47.0
6.	Katie Greenia (UM).....	18:51.0
7.	Stephanie Ingersoll (VT).....	18:55.1
8.	Johanna Grochowalski (LAS)	18:58.3
9.	Julie Hotard (SJU).....	19:00.0
10.	Liz Reeser (SJU)	19:00.7

*All-Conference

1995 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings		Score
1.	Massachusetts.....	46
2.	Saint Joseph's	49
3.	La Salle	113
4.	Virginia Tech.....	118
5.	Rhode Island	126
6.	Fordham	140
7.	Duquesne	164
8.	George Washington	195
9.	Dayton	227
10.	Xavier.....	297
11.	St. Bonaventure	332

Top 10 Individuals*		Time
1.	Sue Yagielski (SJU)	17:29.42
2.	Rebecca Donaghue (UM)	17:38.34
3.	Claudine Kelly (FOR).....	18:12.21
4.	Jen Waeger (UM)	18:13.15
5.	Jen Rafferty (SJU)	18:19.26
6.	Lauren Edwards (GW).....	18:25.33
7.	Patrice Gallagher (SJU).....	18:30.37
8.	Tracey Shea (VT).....	18:32.45
9.	Theresa Carroll (LAS).....	18:40.52
10.	Katherine Greenia (UM)	18:45.70

*All-Conference

1994 Championship - Oct. 29

Site: Agronomy Farm, Morgantown, W. Va.

Team Standings		Score
1.	West Virginia	35
2.	Saint Joseph's	58
3.	Massachusetts.....	60
4.	Rutgers.....	111
5.	Rhode Island	117
6.	Duquesne	166
7.	George Washington	177
8.	St. Bonaventure	233

Top 10 Individuals		Time
1.	Melissa Langevin (UM)	18:06
2.	Charity Wachera (WVU)	18:40
3.	Sue Yagielski (SJU)	18:41
4.	Stephanie Hopkins (SJU)	18:52
5.	Carisa Brown (WVU)	18:52
6.	Patrice Gallagher (SJU).....	18:54
7.	Heather Bury (WVU).....	18:58
8.	Rebecca Donaghue (UM)	18:59
9.	Karen Labbadia (URI).....	19:07
10.	Kerryn Davidson (WVU).....	19:09

1993 Championship - Oct. 23

Site: Fort DuPont Park, Washington, D.C.

Team Standings		Score
1.	Saint Joseph's	41
2.	Massachusetts.....	68
3.	West Virginia	72
4.	Rhode Island	73
5.	Rutgers.....	108
6.	Duquesne	151
7.	George Washington	214
8.	St. Bonaventure	237

Top 10 Individuals*		Time
1.	Vicki Boyer (SJU)	18:56.71
2.	Stephanie Ulicny (URI).....	19:05.16
3.	Kerryn Davidson (WVU).....	19:26.84
4.	Stephanie Hopkins (SJU)	19:27.89
5.	Heather Bury (WVU).....	19:29.96
6.	Jennifer Heggie (RU)	19:35.01
7.	Melissa Langevin (UM)	19:37.21
8.	Cheryl Keating (RU).....	19:37.81

9.	Sarita Pfahl (URI).....	19:38.49
10.	Jen Waeger (UM).....	19:40.55

*All-Conference

1992 Championship - Oct. 24

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings		Score
1.	Massachusetts.....	38
2.	Rhode Island.....	51
3.	Rutgers.....	71
4.	Saint Joseph's.....	77
5.	West Virginia.....	131
6.	George Washington.....	177
7.	St. Bonaventure.....	204

Top 10 Individuals*		Time
1.	Alicia Giuliano (RU).....	17:43.20
2.	Kelly Liljebblad (UM).....	18:01.70
3.	Vicki Boyer (SJU).....	18:10.45
4.	Tiffany Coulombe (URI).....	18:18.50
5.	Kim Liljebblad (UM).....	18:52.46
6.	Jessica O'Connor (URI).....	18:58.68
7.	Rebecca Johnson (UM).....	19:06.41
8.	Bonnie Flynn (SJU).....	19:09.63
9.	Kerryn Davidson (WVU).....	19:13.29
10.	Cheryl Keating (RU).....	19:16.49

*All-Conference

1991 Championship - Oct. 26

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings		Score
1.	Massachusetts.....	59
2.	Rutgers.....	65
3.	Rhode Island.....	68
4.	West Virginia.....	79
5.	Saint Joseph's.....	87
6.	Duquesne.....	153
7.	George Washington.....	203
8.	St. Bonaventure.....	248

Top 10 Individuals*		Time
1.	Vicki Stum (WVU).....	18:38.48
2.	Vicki Boyer (SJU).....	18:47.83
3.	Erin O'Reilly (WVU).....	18:50.62
4.	Stephanie Ulicny (URI).....	18:52.82
5.	Kristen Jarman (RU).....	19:01.90
6.	Tiffany Coulombe (URI).....	19:17.18
7.	Mercedes Zak (RU).....	19:17.79
8.	Michelle St. Laurent (UM).....	19:21.55
9.	Kim Liljebblad (UM).....	19:25.35
10.	Rebecca Johnson (UM).....	19:28.81

*All-Conference

1990 Championship - Oct. 20

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings		Score
1.	Penn State.....	29
2.	West Virginia.....	74
3.	Massachusetts.....	91

4.	Saint Joseph's.....	108
5.	Rhode Island.....	111
6.	Rutgers.....	115
7.	Duquesne.....	220
8.	St. Bonaventure.....	245

Top 10 Individuals*		Time
1.	Wendy Nelson (PSU).....	17:55.85
2.	Lisa Syvertson (SJU).....	18:07.06
3.	Vicki Stum (WVU).....	18:27.73
4.	Leslee Martin (PSU).....	18:31.63
5.	Stephanie Ulicny (URI).....	18:32.85
6.	Jenny Weaver (PSU).....	18:34.05
7.	Kelly Liljebblad (UM).....	18:34.79
8.	Amanda Dudley (PSU).....	18:37.15
9.	Karen Peterson (URI).....	18:39.15
10.	Carol Davis (PSU).....	18:39.93

*All-Conference

1989 Championship - Oct. 24

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings		Score
1.	Penn State.....	32
2.	West Virginia.....	60
3.	Massachusetts.....	71
4.	Saint Joseph's.....	85
5.	Rhode Island.....	105
6.	Rutgers.....	139
7.	Duquesne.....	222
8.	St. Bonaventure.....	236

Top 10 Individuals*		Time
1.	Wendy Nelson (PSU).....	18.15
2.	Shana Smith (UM).....	18:31
3.	Lisa Syvertson (SJU).....	18:32
4.	Laurie Morrow (PSU).....	18:33
5.	Vicki Stum (WVU).....	18:45
6.	Amy Aston (PSU).....	18:50
7.	Charlene Burstrom (WVU).....	18:52
8.	Kelli O'Donnell (SJU).....	18:53
9.	Stephanie Ulicny (URI).....	18:54
10.	Becky Williams (PSU).....	18:55

*All-Conference

Weekly Award Winners

2018 Performer of the Week

9/4 Taylor Vernot (UD)
Colleen Carney (UR)

9/11 Caroline Clark (UM)
Lindsey Oremus (SJU)

9/18 Taylor Vernot (UD)

9/25 Katie McNulty (URI)

10/02 Emily Borchers (UD)

10/16 Caroline Yarbrough (DAV)

2017 Performer of the Week

9/6 Emily Leonard (UD)

9/12 Courtney Link (SLU)

9/19 Sarah Sears (DAV)

9/26 Heather MacLean (UM)

10/3 Colleen Carney (UR)

10/10 Heather MacLean (UM)

10/17 Sarah Sears (DAV)

Taylor Vernot (UD)

2016 Performer of the Week

9/6 Heather MaLean (UM)

9/13 Miranda DiBiasio (GW)

9/20 Jenny Delsignore (DUQ)

9/27 Alyssa Brehler (DUQ)

10/4 Jenny Delsignore (DUQ)

10/11 Caroline Yarbrough (DAV)

10/18 Taylor Vernot (UD)

2015 Performer of the Week

9/8 Emily Leonard (UD)

Morgan Szekely (LAS)

9/15 Miranda DiBiasio (GW)

9/22 Emily Leonard (UD)

9/29 Alyssa Brehler (URI)

10/6 Macualay Porter (GW)

Isabel Leibfried (SLU)

10/13 Caroline Yarbrough (DAV)

10/20 Emily Leonard (UD)

2014 Performer of the Week

9/2 Autumn Greba (DUQ)

Kerry Caher (SBU)

9/9 Kerry Caher (SBU)

9/16 Rachel Hilliard (UM)

9/23 Annika Gomell (SLU)

9/30 Kerry Caher (SBU)

10/7 Annika Gomell (SLU)

10/14 Valerie Palermo (DUQ)

10/21 Kerry Caher (SBU)

2013 Performer of the Week

9/3 Carly Seymour (DUQ)

9/9 Angela Ryck (GW)

9/16 Elizabeth Barrett (SJU)

9/23 Tara Hanley (UR)

Margo Richardson (SLU)

9/30 Bethany Sachtleben (MASON)

Rookie of the Week

Maddie Lougherty (UD)

Alexina Hurley (UM)

Bridget Alexwere (FOR)

Theresa Dristle (SBU)

Siobrah O'Flaherty (MASON)

Siobrah O'Flaherty (MASON)

Rookie of the Week

Caroline Robelen (UR)

Kelly Iocca (URI)

Abigail Silva (SJU)

Kelly Iocca (URI)

Riley Freeland (MASON)

Kelly Iocca (URI)

Allana Powlette (LAS)

Rookie of the Week

Maddie Hunter (DAV)

Lotte Black (URI)

Claire Brown (UR)

Gabi Napoli (URI)

Claire Brown (UR)

Maddie Hunter (DAV)

Judith White (VCU)

Rookie of the Week

Lindsey Oremus (SJU)

Kaitlin Poesz (LAS)

Caroline Yarbrough (DAV)

Caroline Yarbrough (DAV)

Lindsey Oremus (SJU)

Taylor Pletz (DUQ)

Taylor Vernot (UD)

Rookie of the Week

Bailey Kolonich (MASON)

Emily Leonard (UD)

Alyssa Brehler (URI)

Courtney Link (SLU)

Sarah Sears (DAV)

Kaelyn Heinicke (UR)

Alexa Pelletier (URI)

Morgan Szekely (LAS)

Rookie of the Week

Megan Baritot (DUQ)

Megan Baritot (DUQ)

Shanna Heaney (FOR)

Marisa Ruskan (UR)

Meghan Blackstone (MASON)

10/7 Margo Richardson (SLU)

10/14 Anisa Arsenault (FOR)

10/21 Amber Valimont (DUQ)

10/28 Christine Davis (UM)

2012 Performer of the Week

9/4 Amber Valimont (DUQ)

9/11 Hana Sutchar (CHA)

9/18 Amber Valimont (DUQ)

9/25 Katie Clark (BU)

10/2 Meghan McGlinchey (LAS)

10/9 Anisa Arsenault (FOR)

10/16 Katie Clark (BU)

Margo Richardson (SLU)

2011 Performer of the Week

9/6 Elissa Mason (UD)

9/12 Hilary Orf (SLU)

9/19 Hilary Orf (SLU)

9/26 Amanda Goetschius (CHA)

10/3 Amanda Goetschius (CHA)

10/10 Karen Roa (UM)

10/17 Hilary Orf (SLU)

2010 Performer of the Week

9/7 Maureen Bulgrin, UD

9/13 Kerri Gallagher, FOR

9/20 Nicol Traynor, UR

9/27 Caitrin Demchko, URI

10/4 Maureen Bulgrin, UD

10/11 Kerri Gallagher, FOR

10/18 Megan Hogan, GW

2009 Performer of the Week

9/8 Maureen Bulgrin (UD)

9/14 Maureen Bulgrin (UD)

9/21 Jenn Ennis (UR)

9/28 Maureen Bulgrin (UD)

10/5 Amanda Goetschius (CHA)

10/12 Courtney Baldwin (UM)

10/19 Amanda Goetschius (CHA)

10/26 Niamh Ryan (URI)

2008 Performer of the Week

9/2 Diana Filtz (UR)

9/8 Maureen Bulgrin (UD)

9/15 Amanda Goetschius (CHA)

Nicol Traynor (UR)

9/22 Maureen Bulgrin (UD)

Shiyi Zan (UM)

9/29 Keri Gallagher (FOR)

10/6 Nicol Traynor (UR)

10/13 Maureen Bulgrin (UD)

10/20 Nicol Traynor (UR)

10/27 No competition

Marisa Ruskan (UR)

Brianne Roche (FOR)

Valerie Palermo (DUQ)

Courtney Hawkins (URI)

Rookie of the Week

Olivia Pratt (BU)

Paige Ethier (URI)

Hannah Scipio (DUQ)

Olivia Pratt (BU)

Paige Ethier (URI)

Suzy Sikorski (FOR)

Paige Ethier (URI)

Rookie of the Week

Katie Ollier (UD)

Lauren Columbare (URI)

Katie Ollier (UD)

Lauren Columbare (URI)

Jenna Christensen (CHA)

Sarah Glockenmeier (FOR)

Sarah Glockenmeier (FOR)

Rookie of the Week

Margo Richardson, SLU

Anne Areias, LAS

Abby Fischer, XU

Margo Richardson, SLU

Jordan Westcott, URI

Jillian Prentice, UR

Anisa Arsenault, FOR

Margo Richardson, SLU

Rookie of the Week

Maria Ruiz (CHA)

Marisa Slomski (UD)

Rachel Sykes (UR)

Niamh Ryan (URI)

Maria Ruiz (CHA)

Courtney Baldwin (UM)

Courtney Baldwin (UM)

Niamh Ryan (URI)

Rookie of the Week

Hannah Ringo (DUQ)

Emily Zaccardi (URI)

Emily Zaccardi (URI)

Hannah Ringo (DUQ)

Caitlin Storbeck (LAS)

Hannah Ringo (DUQ)

Elissa Mason (UD)

Katie Spratford (UR)

No competition

2007 Performer of the Week

9/4 Aja Jackson (CHA)
 9/10 Aja Jackson (CHA)
 9/17 Kylee Schuler (UR)

 9/24 Becky Clark (XU)
 10/1 Samantha Howard (DUQ)
 10/8 Christina DeRosa (UM)
 10/15 Christina DeRosa (UM)

2006 Performer of the Week

9/5 Samantha Howard (DUQ)
 9/11 Kelly Sraj (XU)
 9/18 Rachel Papin (LAS)

 9/25 Christina DeRosa (UM)
 10/2 Tsehaye Dagnachew (CHA)
 10/9 Christina DeRosa (UM)
 10/16 Rachel Papin (LAS)
 10/23 Andrea Newton (URI)

2005 Performer of the Week

9/6 Samantha Howard (DUQ)

 9/12 Cassie Ficken (CHA)

 9/19 Amanda Brown (XU)
 9/26 Cassie Ficken (CHA)
 10/3 Cassie Ficken (CHA)
 10/10 Cindy Smith (URI)
 10/17 Rachel Papin (LAS)
 10/24 Cindy Smith (URI)

2004 Performer of the Week

9/7 Amanda Russell (UR)
 9/13 Jenna Darcy (LAS)
 9/20 Amanda Russell (UR)
 9/27 Amanda Russell (UR)

 10/4 Amanda Russell (UR)
 10/11 Heidi Westerling (URI)
 10/18 Jenna Darcy (LAS)
 10/25 Heidi Westerling (URI)

2003 Performer of the Week

9/2 Ruth Hinde (UD)
 9/8 Kristen Coon (URI)
 9/15 Sheila Klick (LAS)
 Lyndsey Webber (UR)
 9/22 Alexis Anzelone (UM)
 9/29 Sheila Klick (LAS)
 10/6 Lyndsey Webber (UR)
 10/13 Kristen Coon (URI)
 10/20 Sheila Klick (LAS)

Rookie of the Week

Amanda Goetschius (CHA)
 Amanda Goetschius (CHA)
 Christina Schneider (XU)
 Shiyi Zan (UM)
 Christina Schneider (XU)
 Maureen Bulgrin (UD)
 Lauren Stocker (UM)
 Aimee Chegwiddden (SJU)

Rookie of the Week

Amy Van Alstine (UR)
 Kathryn Allard (URI)
 Danielle Meiners (XU)
 Amy Van Alstine (UR)
 Lauren Liuzzo (UM)
 Amy Van Alstine (UR)
 Alex Miles (UD)
 Amy Van Alstine (UR)
 Kathryn Allard (URI)

Rookie of the Week

Becky Clark (XU)
 Amy Kempf (UD)
 Aja Jackson (CHA)
 Katie Van Horn (UR)
 Becky Clark (XU)
 Becky Clark (XU)
 Katie Van Horn (UR)
 Jacqueline Prevete (FOR)
 Katie Van Horn (UR)
 Kayla Murphy (URI)

Rookie of the Week

Adriene Beltz (SJU)
 Adriene Beltz (SJU)
 Amanda Brown (XU)
 Amanda Brown (XU)
 Kate Merrill (UR)
 Samantha Howard (DUQ)
 Christina Derosa (UM)
 Christina Derosa (UM)
 Lindsay Post (URI)

Rookie of the Week

Renee Spangler (SJU)
 Bridget Skeuse (GW)
 Amanda Russell (UR)

 Amanda Tucker (UD)
 Amanda Russell (UR)
 Amanda Russell (UR)
 Amanda Russell (UR)
 Bridget Skeuse (GW)

10/27 Kristen Coon (URI)

Katherine Guilfoyle (URI)

2002 Performer of the Week

9/3 Kara Storage (UD)
 Tara Storage (UD)
 9/9 Kristen Coon (URI)
 9/16 Sheila Klick (LAS)
 9/23 Kara Storage (UD)
 9/30 Ruth Chege (UR)
 10/7 Lyndsey Webber (UR)
 10/14 Kristen Coon (URI)
 10/21 Sheila Klick (LAS)
 10/28 None
 11/4 Sheila Klick (LAS)

Rookie of the Week

Ann Regan (SJU)

 Ann Regan (SJU)
 Kristen Coon (URI)
 Ann Regan (SJU)
 Kristen Coon (URI)
 Ann Regan (SJU)
 Kristen Coon (URI)
 Ann Regan (SJU)
 None
 Kristen Coon (URI)

2001 Performer of the Week

9/4 Kara Storage (UD)
 Tara Storage (UD)
 9/10 Carrie Hucko (DUQ)
 9/17 Kerry Hils (XU)
 9/24 Kerry Hils (XU)

 10/1 Kerry Hils (XU)
 10/8 Kerry Hils (XU)
 Erin Silvering (URI)
 10/15 Erin Silvering (URI)
 10/22 Kerry Hils (XU)
 10/28 Kerry Hills (XU)

Rookie of the Week

Ruth Hinde (UD)

 Sheila Klick (LAS)
 Jaime Wyckoff (XU)
 Colleen Flanagan (SJU)
 Megan O'Shea (URI)
 Megan DiSimone (LAS)
 Mary McCullough (GW)

 Natalie Kotula (FOR)
 Jaime Wyckoff (XU)
 Katie Limbach (SJU)

2000 Performer of the Week

9/5 Erin Silvering (URI)
 9/11 Christine Kane (SJU)
 9/18 Christine Kane (SJU)
 9/25 Christine Kane (SJU)
 10/2 Kara Storage (UD)
 10/9 Christine Kane (SJU)
 10/16 Lashawn Scott (FOR)
 10/23 Kara Storage (UD)
 10/30 Christine Kane (SJU)

Rookie of the Week

Heidi Westerling (URI)
 Sarah Como (DUQ)
 Sarah Como (DUQ)
 Karen Weber (SJU)
 Sarah Como (DUQ)
 Sarah Como (DUQ)
 Heidi Westerling (URI)
 Molly Krumpelbeck (XU)
 Sarah Como (DUQ)

1999 Performer of the Week

9/7 Tara Storage (UD)
 9/13 Meghan Callahan (DUQ)
 9/20 Christine Kane (SJU)
 9/27 Christine Kane (SJU)
 10/4 Johanna Stumpf (VT)
 10/11 Christine Kane (SJU)
 10/18 Christine Kane (SJU)
 10/25 Liz Sand (XU)
 11/1 Christine Kane (SJU)

Rookie of the Week

Tara Storage (UD)
 Tara Storage (UD)
 Stacey Vidt (VT)
 Amy Taylor (URI)
 Tara Storage (UD)
 Kara Storage (UD)
 Kara Storage (UD)
 Liz Sand (XU)
 Tara Storage (UD)

1998 Performer of the Week

9/8 Heather Whitmore (URI)
 9/14 Brigid Benner (LAS)
 9/21 Victoria Robinson (FOR)
 9/28 Christine Kane (SJU)

Rookie of the Week

Natalie Lanese (XU)
 Chelsea Alverson (VT)
 Meghan Callahan (DUQ)
 Erin Silvering (URI)

10/5 Brigid Benner (LAS)
10/12 Anne Granger (DUQ)
10/19 Christine Kane (SJU)

Chelsea Alverson (VT)
Meghan Callahan (DUQ)
Erin Silvering (URI)

1994 Performer of the Week

9/11 Melissa Langevin (UM)
9/18 Carissa Brown (WVU)
9/25 Sue Yagielski (SJU)
10/2 Tina Kearchner (GW)
10/9 Melissa Langevin (UM)
10/16 Kelsie Hess (DUQ)
10/23 Melissa Langevin (UM)

Freshman of the Week

Karen Labbadia (URI)
Charity Wachera (WVU)
Rebecca Donaghue (UM)
Lauren Edwards (GW)
Rebecca Donaghue (UM)
Charity Wachera (WVU)
Rebecca Donaghue (UM)

1993 Performer of the Week

9/12 Stephanie Ulicny (URI)
9/19 Stephanie Hopkins (SJU)
9/26 Cheryl Keating (RU)
10/3 Vicki Boyer (SJU)
10/10 Vicki Boyer (SJU)
10/17 Jennifer Heggie (RU)

Freshman of the Week

Melissa Langevin (UM)
Melissa Langevin (UM)
Melissa Langevin (UM)
Heather Bury (WVU)
Melissa Langevin (UM)
Kelsie Hess (DUQ)

1992 Performer of the Week

9/13 Stephanie Ulicny (URI)
9/20 Alicia Giuliano (RU)
9/27 Kelly Liljeblad (UM)
10/4 Vicki Boyer (SJU)
10/11 Kelly Liljeblad (UM)
10/18 Alicia Giuliano (RU)

Freshman of the Week

Jessica O'Connor (URI)
Jessica O'Connor (URI)
Kerryn Davidson (WVU)
Sue Yagielski (SJU)
Jessica O'Connor (URI)
None

1991 Performer of the Week

9/8 Erin O'Reilly (WVU)
9/15 Erin O'Reilly (WVU)
9/22 Vicki Boyer (SJU)
9/29 Erin O'Reilly (WVU)
10/6 Stephanie Ulicny (URI)
10/13 Vicki Boyer (SJU)
10/20 Kristen Jarman (RU)
10/27 Vicki Stum (WVU)
11/3 Vicki Boyer (SJU)

Freshman of the Week

Monica Cross (WVU)
Wendy Beaver (DUQ)
Kara Elise Hegre (URI)
Wendy Beaver (DUQ)
Tina Kearchner (GW)
Wendy Beaver (DUQ)
Cheryl Keating (RU)
Wendy Beaver (DUQ)
Wendy Beaver (DUQ)