



WOMEN'S CROSS COUNTRY RECORD BOOK

THROUGH 2016-17 SEASON

Champions

Year	Team Champion	Score	Individual Champion	Time
2016	Richmond	77	Heather MacLean (UM)	17:06.8
2015	Richmond	87	Morgan Szekely (LAS)	17:09.4
2014	Duquesne	58	Morgan Szekely (LAS)	17:31.2
2013	Duquesne	53	Bethany Sachtleben (MASON)	16:54.6
2012	Butler	37	Katie Clark (BU)	16:55.9
2011	La Salle	69	Jill Prentice (UR)	17:13.7
2010	Richmond	43	Megan Hogan (GW)	16:56
2009	Dayton	72	Megan Hogan (GW)	18:37.8
2008	Richmond	48	Amanda Goetschius (CHA)	17:37.7
2007	La Salle	52	Christina DeRosa (UM)	18:27
2006	La Salle	26	Rachel Papin (LAS)	17:41.25
2005	La Salle	40	Rachel Papin (LAS)	17:43.0
2004	La Salle	35	Rachel Papin (LAS)	17:48
2003	Richmond	29	Sheila Klick (LAS)	18:00.2
2002	La Salle	52	Sheila Klick (LAS)	17:39
2001	La Salle	55	Kerry Hills (XU)	17:56.7
2000	St. Joseph's	55	Christine Kane (SJU)	17:23
1999	Massachusetts	44	Christine Kane (SJU)	17:59.7
1998	Massachusetts	35	Kristin Cisowski (UM)	18:24
1997	Massachusetts	28	Rebecca Donaghue (UM)	18:32.5
1996	Massachusetts	35	Rebecca Donaghue (UM)	18:04.5
1995	Massachusetts	46	Sue Yagielski (SJU)	17:29.42
1994	West Virginia	35	Melissa Langevin (UM)	18:06
1993	St. Joseph's	41	Vicki Boyer (SJU)	18:56.71
1992	Massachusetts	38	Alicia Giuliano (RU)	17:43.20
1991	Massachusetts	59	Vicki Stum (WVU)	18:38.48
1990	Penn State	29	Wendy Nelson (PSU)	17:55.85
1989	Penn State	32	Wendy Nelson (PSU)	18:15

Individual Champion

2016	Heather MacLean (UM)
2015	Morgan Szekely (LAS)
2014	Morgan Szekely (LAS)
2013	Bethany Sachtleben (MASON)
2012	Katie Clark (BU)
2011	Jill Prentice (UR)
2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Amanda Goetschius (CHA)
2007	Christina DeRosa (UM)
2006	Rachel Papin (LAS)
2005	Rachel Papin (LAS)
2004	Rachel Papin (LAS)
2003	Sheila Klick (LAS)
2002	Sheila Klick (LAS)
2001	Kerry Hills (XU)
2000	Christine Kane (SJU)
1999	Christine Kane (SJU)
1998	Kristin Cisowski (UM)
1997	Rebecca Donaghue (UM)
1996	Rebecca Donaghue (UM)
1995	Sue Yagielski (SJU)

Most Outstanding Rookie

Chloe Flora (UD)
Caroline Yarbrough (DAV)
Morgan Szekely (LAS)
Valerie Palermo (DUQ)
Olivia Pratt (BU)
Danica Snyder (DUQ)
Margo Richardson (SLU)
Courtney Baldwin (UM)
Katrina Spratford (UR)
Christina Schneider (XU)
Amy Van Alstine (UR)
Aja Jackson (CHA)
Christa Plummer (LAS)
Caitlin Smyth (UR)
Kristen Coon (URI)
Katie Limbach (SJU)
Sarah Como (DUQ)
Tara Storage (UD)
Kristin Cisowski (UM)
Heather Whitmore (URI)
Bridget Quenzer (GW)
Jessica McGarty (URI)

Coaches of the Year

Lori Taylor (UR)
Lori Taylor (UR)
Caitlin Cotter (DUQ)
Tom Slosky (DUQ)
Matt Roe (BU)
Dan Ireland (LAS)
Lori Taylor (UR)
Ann Alyanak (UD)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Charles Torpey (LAS)
Lori Taylor (UR)
Charles Torpey (LAS)
Charles Torpey (LAS)
Kevin Quinn (SJU)
Julie LaFreniere (UM)
Laurie Feit-Melnick (URI)
Julie LaFreniere (UM)
Matt Colton (DUQ)
Julie LaFreniere (UM)
Julie LaFreniere (UM)

1994	Melissa Langevin (UM)	Charity Wachera (WVU)	
1993	Vicki Boyer (SJU)	Heather Bury (WVU)	Kevin Quinn (SJU)
1992	Alicia Giuliano (RU)	Jessica O'Connor (URI)	Julie LaFreniere (UM)
1991	Vicki Stum (WVU)	Wendy Beaver (DUQ)	Julie LaFreniere (UM)
1990	Wendy Nelson (PSU)		
1989	Wendy Nelson (PSU)		

Student-Athletes of the Year

2010	Megan Hogan (GW)
2009	Megan Hogan (GW)
2008	Shiyi Zan (UM)
2007	Christina DeRosa (UM)
2006	Jane Daniels (CHA)
2005	Emily Anderson (URI)
2004	Cindy Smith (URI)
2003	Kristen Coon (URI)
2002	Kara Storage (UD)
2001	Erin Silvering (URI)
2000	Anne Granger (DUQ)
1999	Anne Granger (DUQ)

Academic All-Conference Teams

2016	Taylor Vernot (UD); Autumn Greba (DUQ); Valerie Palermo (DUQ); Kaitlin Poiesz (LAS); Heather MacLean (UM); Kylie Regan (UR)
2015	Jenna Gigliotti (DUQ); Autumn Greba (DUQ); Bailey Kolonich (MASON); Morgan Szekely (LAS); Heather MacLean (UM); Tara Hanley (UR); Isabel Leibfried (SLU)
2014	Autumn Greba (DUQ); Danica Snyder (DUQ); Jennifer Nakamura (MASON); Rachel Hilliard (UM); Alexa Pelletier (URI); Kerry Caher (SBU)
2013	Haley Pisarcik (DUQ); Amber Valimont (DUQ); Anisa Arsenault (FOR); Rachel Hilliard (UM); Jillian Prentice (UR); Jessica Hoefert (SLU)
2012	Katie Clark (BU); Mara Olson (BU); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Jill Prentice (UR); Emma Slattery (SJU)
2011	Stephanie Bearish (LAS); Lizzie Gleason (UD); Wendy Hutchinson (LAS); Elissa Mason (UD); Jill Prentice (UR); Emily Zimmerman (UD)
2010	Maureen Bulgrin (UD); Liz Coorey (UD); Megan Hogan (GW); Laura McCary (CHA); Julie Rechel (UR); Nicol Traynor (UR);
2009	Maureen Bulgrin (UD); Liz Coorey (UD); Meg Ecker (DUQ); Megan Hogan (GW); Brigid Moriarity (FOR); Shiyi Zan (UM)
2008	Liana Blue (CHA); Becky Clark (XU); Diana Filtz (UR); Mary Moloney (SLU); Christina Schneider (XU); Nicol Traynor (UR); Shiyi Zan (UM)
2007	Emily Beahan (DUQ); Christina DeRosa (UM); Andrea Florida (SJU); Samantha Howard (DUQ); Carolyn Lipovsky (LAS); Shiyi Zan (UM)
2006	Jane Daniels (CHA); Christina DeRosa (UM); Katherine Guilfoyle (URI); Courtney Klenk (URI); Audrey Noonan (GW); Rachel Papin (LAS); Amanda Russell (UR)
2005	Emily Anderson (URI); Amanda Brown (XU); Cassie Ficken (CHA); Katherine Guilfoyle (URI); Rachel Papin (LAS); Cindy Smith (URI)
2004	Emily Anderson (URI); Trina Bolton (GW); Michelle Griffin (UD); Amanda Russell (UR); Cindy Smith (URI); Heidi Westerling (URI)
2003	Kristen Coon (URI); Jenna Darcy (LAS); Elizabeth Graham (DUQ); Ruth Hinde (UD); Jennie Illig (XU); Courtney Klenk (URI); Amy Tucker (DUQ)
2002	Carrie Hucko (DUQ); Jennie Illig (XU); Anne Rettig (UR); Kara Storage (UD); Tara Storage (UD); Sarah Taylor (UR); Heidi Westerling (URI)
2001	Tanya Brown (DUQ); Kristin Cisowski (UM); Ndidi Obichere (LAS); Erin Silvering (URI); Kara Storage (UD); Tara Storage (UD)
2000	Kristin Cisowski (UM); Maggie Dunn (XU); Anne Granger (DUQ); Christine Kane (SJU); ToniAnn Razzi (LAS); Erin Silvering (URI)
1999	Kristin Cisowski (UM); Katie Connell (DUQ); Anne Granger (DUQ); Melissa Henderson (UM); Sally Hirsch (UM); Nicole Way (UM)
1998	Elena Gomez (LAS); Anne Granger (DUQ); Kathy Heabel (LAS); Melissa Henderson (UM); Sally Hirsch (UM); Maggie Keane (UD)
1997	Katie Arrigan (DUQ); Jenna Bartolomeo (DUQ); Rebecca Donaghue (UM); Sally Hirsch (UM); Karen Labbadia (URI); Nicole Way (UM)

1996 Katie Arrigan (DUQ); Trish Coffin (DUQ); Rebecca Donaghue (UM); Katie Greenia (UM); Kelsie Hess (DUQ); Karen Labbadia (URI)

Academic All-Conference Teams (cont)

1995 Rebecca Donaghue (UM); Lauren Edwards (GW); Claudine Kelly (FOR); Tracey Shea (VT); Sue Yagielski (SJU)

1994 Elise Hegre (URI); Kelsie Hess (DUQ); Jen Leshner (DUQ); Mary Ann Myer (WVU); Sue Yagielski (SJU)

1993 Wendy Beaver (DUQ); Vicki Boyer (SJU); Siobhan Flynn (SJU); Stacey LaFleur (GW); Kim Liljeblad (UM)

1992 Vicki Boyer (SJU); Siobhan Flynn (SJU); Kara Elise Hegre (URI); Rebecca Johnson (UM); Stacey LaFleur (GW); Eileen Samolsky (RU)

1991 Vicki Boyer (SJU); Lori Heywood (SJU); Rebecca Johnson (UM); Stacey LaFleur (GW); Mercedes Zak (RU)

1990 Rebecca Johnson (UM); Wendy Nelson (PSU); Theresa Papa (WVU); Karen Peterson (URI); Mercedes Zak (RU)

Academic All-Conference (selected from among all student-athletes)

1989 Honorable Mention: Maureen Barr (RU); Michele Butterworth (SJU); Lisa Ceptelli (SJU); Meridith George (SJU);

Lisa Gold (PSU); Lori Heywood (SJU); Margaret Kelly (SJU); Kendra Mathias (PSU); Laurie Morrow (PSU); Mercedes Zak (RU)

Top 20 Championship Performances

	Runner	Year	Site	Time
1.	Bethany Sachtleben (MASON)	2013	Pole Green Park (Mechanicsville, Va.)	16:54.6
2.	Katie Clark (BU)	2012	Belmont Plateau (Philadelphia, Pa.)	16:55.9
3.	Megan Hogan (GW)	2010	Schenley Park (Pittsburgh, Pa.)	16:56.0
4.	Jill Prentice (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:02.7
5.	Heather MacLean (UM)	2016	Pole Green Park (Mechanicsville, Va.)	17:06.8
6.	Morgan Szekely (LAS)	2015	Pole Green Park (Mechanicsville, Va.)	17:09.4
7.	Margo Richardson (SLU)	2013	Pole Green Park (Mechanicsville, Va.)	17:10.4
8.	Amber Valimont (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:11.1
9.	Jill Prentice (UR)	2011	Frank Liske Park (Concord, N.C.)	17:13.7
10.	Tara Hanley (UR)	2013	Pole Green Park (Mechanicsville, Va.)	17:15.0
11.	Nicol Traynor (UR)	2010	Schenley Park (Pittsburgh, Pa.)	17:17.0
12.	Haley Pisarcik (DUQ)	2013	Pole Green Park (Mechanicsville, Va.)	17:18.7
13.	Michelle Capozzi (LAS)	2013	Pole Green Park (Mechanicsville, Va.)	17:19.7
14.	Kaitlin Poiesz (LAS)	2016	Pole Green Park (Mechanicsville, Va.)	17:19.8
15.	Valerie Palermo (DUQ)	2016	Pole Green Park (Mechanicsville, Va.)	17:20.4
16.	Heather MacLean (UM)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.7
17.	Caroline Yarbrough (DAV)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
18.	Tara Hanely (BU)	2015	Pole Green Park (Mechanicsville, Va.)	17:20.9
19.	Hilary Orf (SLU)	2011	Frank Liske Park (Concord, N.C.)	17:21.6
20.	Christine Kane (SJU)	2000	Schenley Park (Pittsburgh, Pa.)	17:23.0

2016 Championship - Oct. 29

Site: Pole Green Park, Mechanicsville, Va.

Team Standings	Score
1. Richmond	77
2. Dayton	88
3. Duquesne	88
4. Davidson	109
5. Massachusetts.....	150
6. George Washington	160
7. Saint Joseph's	178
8. Fordham	234
9. Saint Louis	235
10. VCU.....	245
11. George Mason.....	260
12. La Salle	297
13. Rhode Island	322
14. St. Bonaventure	466

Top 15 Individuals*

1. Heather MacLean (UM)	17:06.8
2. Kaitlin Poiesz (LAS)	17:19.8
3. Valerie Palermo (DUQ).....	17:20.4
4. Taylor Vernot (UD).....	17:24.5
5. Chloe Flora (UD)	17:26.7
6. Autumn Greba (DUQ)	17:29.2
7. Jenny Delsignore (DUQ)	17:30.4
8. Ciara Donohue (GM)	17:36.9
9. Caroline Yarbrough (DAV).....	17:36.9
10. Macaulay Porter (GW)	17:38.4
11. Lindsey Oremus (SJU).....	17:42.7
12. Cassidy Weimer (SJU).....	17:47.6
13. Kylie Regan (UR)	17:52.7
14. Ave Grosenheider (UR).....	17:54.2
15. Claire Brown (UR)	17:55.3

*All-Conference

2015 Championship - Oct. 31

Site: Pole Green Park, Mechanicsville, Va.

Team Standings	Score
1. Richmond	87
2. Duquesne	88
3. La Salle	111
4. Massachusetts.....	111
5. George Washington	136
6. Saint Louis	153
7. Saint Joseph's	156
8. Davidson	179
9. Dayton	187
10. Fordham	214
11. George Mason.....	237
12. Rhode Island	307
13. VCU.....	330
14. St. Bonaventure	440

Top 15 Individuals*

1. Morgan Szekely (LAS).....	17:09.4
2. Heather MacLean (UM).....	17:20.7
3. Caroline Yarbrough (DAV).....	17:20.9
4. Tara Hanley (UR)	17:20.9

5. Isabel Leibfried (SLU)	17:26.2
6. Jenny Delsignore (DUQ)	17:30.6
7. Kaitlin Poiesz (LAS)	17:31.1
8. Emily Leonard (UD).....	17:34.2
9. Valerie Palermo (DUQ).....	17:38.2
10. Taylor Vernot (UD).....	17:38.7
11. Courtney Thompson (UR)	17:39.4
12. Ariana North (GW)	17:41.4
13. Jenna Gigliotti (DUQ).....	17:42.2
14. Miranda DiBiaso (GW)	17:43.2
15. Carly Zinner (UM)	17:44.8

*All-Conference

2014 Championship - Nov. 1

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score
1. Duquesne	58
2. La Salle	111
3. Richmond	112
4. Saint Louis	131
5. Davidson	133
6. Massachusetts.....	134
7. George Mason.....	203
8. Rhode Island	225
9. Dayton	242
10. George Washington	254
11. Fordham	272
12. St. Bonaventure	287
13. Saint Joseph's	321
14. VCU.....	352

Top 15 Individuals*

1. Morgan Szekely (LAS)	17:31.2
2. Alexa Pelletier (URI)	17:41.6
3. Valerie Palermo (SBU)	17:46.3
4. Kerry Caher (SBU).....	17:53.9
5. Bethany Sachtleben (MASON).....	17:56.0
6. Marisa Ruskan (UR)	17:58.2
7. Rachel Hilliard (UM).....	18:01.6
8. Danica Snyder (DUQ).....	18:02.2
9. Erin Osment (DAV)	18:03.8
10. Jenny Delsignore (DUQ)	18:08.4
11. Courtney Thompson (UR)	18:08.4
12. Megan Connell (LAS)	18:08.8
13. Annika Gomell (SLU)	18:11.2
14. Elise Farris (DUQ)	18:12.3
15. Macaulay Porter (GW)	18:16.3

*All-Conference

2013 Championship - Nov. 2

Site: Pole Green Park, Mechanicsville, Va.

Team Standings	Score
1. Duquesne	53
2. Richmond	73
3. La Salle	118
4. Saint Louis	119
5. Massachusetts.....	152
6. Saint Joseph's	154
7. Dayton	163

8.	George Mason	200
9.	Fordham	219
10.	Rhode Island	252
11.	St. Bonaventure	288
12.	VCU	336
13.	George Washington	NTS

Top 15 Individuals*

1.	Bethany Sachtleben (MASON)	16:54.6
2.	Jillian Prentice (UR)	17:02.7
3.	Margo Richardson (SLU)	17:10.4
4.	Amber Valimont (DUQ)	17:11.1
5.	Tara Hanley (UR)	17:15.0
6.	Haley Pisarcik (DUQ)	17:18.7
7.	Michelle Capozzi (LAS)	17:19.7
8.	Marisa Ruskan (UR)	17:24.2
9.	Jessica Hoefert (SLU)	17:25.0
10.	Valerie Palermo (DUQ)	17:26.8
11.	Nicole Cargill (UD)	17:28.8
12.	Elizabeth Barrett (SJU)	17:32.5
13.	Kerry Caher (SBU)	17:35.0
14.	Paige Ethier (URI)	17:39.1
15.	Annika Gomell (SLU)	17:41.3

*All-Conference

2012 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings		Score
1.	Butler	37
2.	La Salle	70
3.	Richmond	125
4.	Saint Louis	134
5.	Xavier	150
6.	Dayton	154
7.	Duquesne	183
8.	Saint Joseph's	196
9.	Charlotte	235
10.	George Washington	282
11.	Rhode Island	299
12.	Massachusetts	305
13.	Fordham	310
14.	Temple	347
15.	St. Bonaventure	430
16.	VCU	523

Top 15 Individuals*

1.	Katie Clark (BU)	16:55.9
2.	Meghan McGlinchey (LAS)	17:03.3
3.	Jillian Prentice (UR)	17:42.2
4.	Margo Richardson (SLU)	17:50.5
5.	Mara Olson (BU)	17:55.4
6.	Kristy Legg (BU)	17:58.8
7.	Lizzie Gleason (UD)	17:59.7
8.	Emma Slattery (SJU)	18:03.3
9.	Clare Fischer (XU)	18:05.4
10.	Stephanie Bearish (LAS)	18:08.0
11.	Olivia Pratt (BU)	18:08.3
12.	Wendy Hutchinson (LAS)	18:18.6
13.	Jessica Hoefert (SLU)	18:20.4
14.	Lauren McKillop (BU)	18:20.4

15.	Heather Stevens (GW)	18:21.2
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*All-Conference

2011 Championship - Oct. 29

Site: Frank Liske Park, Concord, N.C.

Team Standings		Score
1.	La Salle	69
2.	Dayton	84
3.	Charlotte	92
4.	Richmond	99
5.	Saint Joseph's	132
6.	Duquesne	144
7.	Xavier	178
8.	Saint Louis	188
9.	Rhode Island	224
10.	Massachusetts	231
11.	Fordham	301
12.	Temple	357
13.	George Washington	413
14.	St. Bonaventure	443

Top 15 Individuals*

1	Jill Prentice (UR)	17:13.7
2	Hilary Orf (SLU)	17:21.6
3	Amanda Goetschius (CHA)	17:29.4
4	Elissa Mason (UD)	17:31.0
5	Karen Roa (UM)	17:37.7
6	Caitlin Storbeck (LAS)	17:41.3
7	Megahn McGlinchey (LAS)	17:47.0
8	Stephanie Bearish (LAS)	17:47.5
9	Meg Ecker (DUQ)	17:48.7
10	Margo Richardson (SLU)	17:49.3
11	Lizzie Gleason (UD)	17:49.9
12	Wendy Hutchinson (LAS)	17:50.4
13	Stephanie Paradis (UR)	17:55.1
14	Hana Sutchar (CHA)	17:55.5
15	Hannah Fuller (SJU)	17:55.5

*All-Conference

2010 Championship - Oct. 30

Site: Schenley Park, Pittsburgh, Pa.

Team Standings		Score
1.	Richmond	43
2.	La Salle	68
3.	Dayton	75
4.	Saint Louis	170
5.	Charlotte	189
5.	Duquesne	189
7.	Rhode Island	196
8.	Massachusetts	200
9.	Saint Joseph's	214
10.	Xavier University	216
11.	George Washington	276
12.	Fordham	293
13.	Temple	405
14.	St. Bonaventure	470

Top 15 Individuals*

1	Megan Hogan (GW)	16:56
2	Nicol Traynor (UR)	17:17
3	Maura Bulgrin (UD)	17:28
4	Amy Van Alstine (UR)	17:33
5	Stephanie Bearish (LAS)	17:35
6	Liz Coorey (UD)	17:42
7	Hilary Orf (SLU)	17:48
8	Laura McCary (CHA)	17:49
9	Margo Richardson (SLU)	17:51
10	Caitlin Storbeck (LAS)	17:52
11	Julie Rechel (UR)	17:52
12	Jill Prentice (UR)	17:58
13	Brittany Pelsue (URI)	17:59
14	Jenn Ennis (UR)	18:01
15	Elilssa Mason (UD)	18:05

*All-Conference

2009 Championship - Oct. 31**Site: Forest Park, St. Louis, Mo.****Team Standings****Score**

1.	Dayton	72
2.	Charlotte	98
3.	Massachusetts.....	109
4.	Duquesne	114
5.	La Salle	153
6.	Richmond	157
7.	Saint Joseph's	184
8.	George Washington	185
9.	Xavier.....	207
10.	Fordham	226
11.	Saint Louis	247
12.	Rhode Island	284
13.	Temple	335
14.	St. Bonaventure	465

Top 15 Individuals*

1.	Megan Hogan (GW)	18:37.8
2.	Amanda Goetschius (CHA)	19:33.3
3.	Maureen Bulgrin (UD).....	19:47.8
4.	Katie Kelly (DUQ).....	19:49.1
5.	Caitlin Thomas (XU).....	20:01.3
6.	Brigid Moriarity (FOR).....	20:01.9
7.	Nicol Traynor (UR)	20:06.3
8.	Jessica Stern (GW).....	20:07.6
9.	Courtney Baldwin (UM)	20:09.6
10.	Elissa Mason (UD).....	20:10.0
11.	Liz Coorey (UD)	20:16.0
12.	Meg Ecker (DUQ).....	20:24.3
13.	Hilary Orf (SLU).....	20:28.5
14.	Caitlin Storbeck (LAS)	20:32.3
15.	Samantha Gallagher (LAS).....	20:34.1

*All-Conference

2008 Championship - Nov. 1**Site: Charlotte Campus Course, Charlotte, N.C.****Team Standings****Score**

1.	Richmond	48
2.	Charlotte	67

3.	Dayton	103
4.	Xavier.....	108
5.	Duquesne	151
6.	Saint Louis	154
7.	Massachusetts.....	186
8.	Saint Joseph's	225
9.	George Washington	232
10.	Fordham	263
11.	La Salle	290
12.	Rhode Island	314
13.	Temple	406
14.	St. Bonaventure	457

Top 15 Individuals*

1.	Amanda Goetschius (CHA)	17:37.7
2.	Megan Hogan (GW)	17:39.4
3.	Nicol Traynor (UR)	17:48.1
4.	Keara Thomas (CHA).....	18:06.7
5.	Amy Vanalstine (UR).....	18:12.1
6.	Katrina Spratford (UR)	18:15.4
7.	Becky Clark (XU)	18:17.0
8.	Shiyi Zan (UM)	18:18.3
9.	Aja Jackson (CHA)	18:20.5
10.	Maura Bulgrin (UD).....	18:31.3
11.	Mary Bertram(UR)	18:34.1
12.	Hannah Ringo (DUQ).....	18:35.4
13.	Liz Coorey (UD)	18:37.3
14.	Katie Kelly (DUQ).....	18:39.3
15.	Karen Roa (UM)	18:43.7

*All-Conference

2007 Championship - Oct. 27**Site: Belmont Plateau, Philadelphia, Pa.****Team Standings****Score**

1.	La Salle	52
2.	Richmond	82
3.	Xavier.....	119
4.	Charlotte	123
5.	Duquesne	132
6.	Massachusetts.....	167
7.	Saint Louis	178
8.	Saint Joseph's	189
9.	George Washington	194
10.	Dayton	266
11.	Fordham	274
12.	Rhode Island	317
13.	Temple	379
14.	St. Bonaventure	464

Top 15 Individuals*

1.	Christina DeRosa (UM)	18:27
2.	Rachel Papin (LAS)	18:34
3.	Emily Beahan (DUQ).....	18:38
4.	Christa Plummer (LAS)	18:39
5.	Carolyn Lipovsky (LAS).....	18:45
6.	Christina Schneider (XU)	18:46
7.	Amanda Goetschius (CHA)	18:52
8.	Kylee Schuler (UR).....	18:53
9.	Audrey Noonan (GW)	19:01
10.	Samantha Howard (DUQ)	19:07

11.	Nicol Traynor (UR)	19:13
12.	Andrea Florida (SJU)	19:14
13.	Shiyi Zan (UM)	19:16
14.	Becky Clark (XU)	19:18
15.	Aja Jackson (CHA)	19:20

*All-Conference

2006 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	26
2.	Richmond	81
3.	Charlotte	91
4.	Xavier	122
5.	Duquesne	155
6.	Massachusetts	163
7.	Saint Joseph's	167
8.	Saint Louis	193
9.	Dayton	214
10.	George Washington	235
11.	Rhode Island	281
12.	Fordham	386
13.	Temple	425
14.	St. Bonaventure	449

Top 15 Individuals*

1.	Rachel Papin (LAS)	17:41.25
2.	Tsehaye Dagnachew (CHA)	17:51.55
3.	Christa Plummer (LAS)	17:56.60
4.	Amy Vanalstine (UR)	18:02.35
5.	Carolyn Lipovsky (LAS)	18:06.25
6.	Danielle Schopf (LAS)	18:16.60
7.	Audrey Noonan (GW)	18:19.20
8.	Jane Daniels (CHA)	18:21.25
9.	Amanda Russell (UR)	18:28.80
10.	Christina DeRosa (UM)	18:29.65
11.	Adriana Boyle (LAS)	18:31.00
12.	Aja Jackson (CHA)	18:32.25
13.	Andrea Florida (SJU)	18:32.60
14.	Becky Clark (XU)	18:32.75
15.	Elisabeth Mayer (LAS)	18:35.95

*All-Conference

2005 Championship - Oct. 29, Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	La Salle	40
2.	Charlotte	103
3.	Richmond	104
4.	Rhode Island	109
5.	Xavier	143
6.	Duquesne	170
7.	Saint Joseph's	173
8.	Dayton	195
9.	Massachusetts	220
10.	Fordham	238
11.	George Washington	299
12.	Saint Louis	310
13.	Temple	413

14.	St. Bonaventure	454
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Top 15 Individuals*

1.	Rachel Papin (LAS)	17:43.0
2.	Amanda Brown (XU)	18:02.5
3.	Cassie Ficken (CHA)	18:11.0
4.	Christa Plummer (LAS)	18:15.4
5.	Tsehaye Dagnachew (CHA)	18:19.4
6.	Christina De Rosa (UM)	18:21.1
7.	Aja Jackson (CHA)	18:24.2
8.	Katie Van Horn (UR)	18:26.5
9.	Kylee Schuler (UR)	18:26.7
10.	Carolyn Lipovsky (LAS)	18:27.6
11.	Cynthia Smith (URI)	18:38.4
12.	Karen Proulx (LAS)	18:39.9
13.	Danielle Schopf (LAS)	18:41.3
14.	Andrea Florida (SJU)	18:43.0
15.	Nicole O'Dea (LAS)	18:44.5

*All-Conference

2004 Championship - Oct. 30

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	La Salle	35
2.	Richmond	61
3.	Rhode Island	89
4.	Duquesne	125
5.	Massachusetts	161
6.	Saint Joseph's	168
7.	Xavier	172
8.	George Washington	186
9.	Dayton	212
10.	Fordham	250
11.	St. Bonaventure	351

Top 10 Individuals*

1.	Rachel Papin (LAS)	17:48
2.	Heidi Westerling (URI)	17:52
3.	Amanda Russell (UR)	17:56
4.	Cindy Smith (URI)	18:01
5.	Jenna Darcy (LAS)	18:06
6.	Christa Plummer (LAS)	18:12
7.	Kate Merrill (UR)	18:15
8.	Nicole Kurtain (UR)	18:23
9.	Erin Geiger (LAS)	18:26
10.	Amy Ruffolo (DUQ)	18:28

*All-Conference

2003 Championship - Nov. 1

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Richmond	29
2.	Rhode Island	64
3.	La Salle	97
4.	Duquesne	108
5.	Saint Joseph's	122
6.	George Washington	184
7.	Dayton	189
8.	Fordham	204

	Massachusetts.....	204
10.	Xavier.....	227
11.	St. Bonaventure	319

Top 10 Individuals*

1.	Sheila Klick (LAS)	18:00.2
2.	Kristen Coon (URI).....	18:07.8
3.	Lyndsey Webber (UR).....	18:22.9
4.	Nicole Kurtain (UR)	18:25.8
5.	Caitlin Smyth (UR).....	18:31.4
6.	Jenna Darcy (LAS)	18:32.1
7.	Elizabeth Graham (DUQ)	18:32.7
8.	Amanda Russell (UR).....	18:43.3
9.	Danielle Binns (UR)	18:46.2
10.	Colleen Flanagan (SJU)	18:52.3

*All-Conference

2002 Championship - Nov. 2

Site: Schenley Park, Pittsburgh, Pa.

	Team Standings	Score
1.	La Salle	52
2.	Richmond	69
3.	Rhode Island	86
4.	Saint Joseph's	107
5.	Duquesne	145
6.	Dayton	165
7.	Fordham	176
8.	Massachusetts.....	198
9.	George Washington	200
10.	Xavier.....	241
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Sheila Klick (LAS)	17:39
2.	Kara Storage (UD).....	17:41
3.	Carrie Hucko (DUQ).....	17:55
4.	Solomiya Login (LAS).....	17:56
5.	Kristen Coon (URI).....	17:58
6.	Tara Storage (UD)	18:05
7.	Ruth Chege (UR)	18:06
8.	Leyna Williams (LAS)	18:07
9.	Ann Marie Regan (SJU).....	18:09
10.	Ndidi Obichere (LAS)	18:11

*All-Conference

2001 Championship - Oct. 27

Site: Belmont Plateau, Philadelphia, Pa.

	Team Standings	Score
1.	La Salle	55
2.	Rhode Island	65
3.	Richmond	72
4.	Massachusetts.....	122
5.	St. Joseph's.....	125
6.	Dayton	129
7.	Xavier.....	130
8.	Duquesne	182
9.	Fordham	260
10.	George Washington	290
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Kerry Hills (XU)	17:56.7
2.	Erin Silvering (URI)	17:58.8
3.	Kristin Cisowski (UM)	18:13.3
4.	Ndidi Obichere (LAS)	18:15.4
5.	Heather Whitmore (URI)	18:25.8
6.	Kara Storage (UD).....	18:26.6
7.	Ruth Chase (UR)	18:30.1
8.	Jenna Darcy (LAS)	18:32.0
9.	Sheila Klick (LAS)	18:34.5
10.	Leyna Williams (LAS)	18:35.3

*All-Conference

2000 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

	Team Standings	Score
1.	St. Joseph's.....	55
2.	Massachusetts.....	74
3.	La Salle	82
4.	Duquesne	91
5.	Rhode Island	92
6.	Dayton	111
7.	Xavier.....	194
8.	Fordham	221
9.	George Washington	284
10.	St. Bonaventure	329

Top 10 Individuals*

1.	Christine Kane (SJU).....	17:23
2.	Kristin Cisowski (UM)	17:44
3.	Sarah Como (DUQ)	17:50
4.	Melissa Henderson (UM)	17:55
5.	Erin Silvering (URI)	17:57
6.	Kara Storage (UD).....	18:02
7.	Amy Taylor (URI)	18:03
8.	Tara Storage (UD)	18:03
9.	Gabby Quezada (SJU)	18:08
10.	Tanya Brown (DUQ)	18:10

*All-Conference

1999 Championship - Oct. 30

Site: Belmont Plateau, Philadelphia, Pa.

	Team Standings	Score
1.	Massachusetts.....	44
2.	La Salle	70
3.	Virginia Tech.....	76
4.	St. Joseph's.....	124
5.	Dayton	160
6.	Rhode Island	161
7.	Duquesne	167
8.	Fordham	169
9.	Xavier.....	229
10.	George Washington	267
11.	St. Bonaventure	365

Top 10 Individuals*

1.	Christine Kane (SJU)	17:59.7
2.	Tara Storage (UD)	18:35.0
3.	Nicole Way (UM)	18:40.7

4.	Kristin Cisowski (UM)	18:42.3
5.	Amy Taylor (URI)	18:44.3
6.	Maura Calahan (LAS)	18:45.8
7.	Sharon Tillotson (UM)	18:47.0
8.	Melissa Henderson (UM)	18:48.2
9.	Stacey Vidt (VT)	18:49.7
10.	Toniann Razzi (LAS)	18:51.2

*All-Conference

1998 Championship - Oct. 31

Site: Belmont Plateau, Philadelphia, Pa.

Team Standings	Score	
1.	Massachusetts	35
2.	Rhode Island	67
3.	Virginia Tech	79
4.	La Salle	87
5.	St. Joseph's	132
6.	Fordham	163
7.	Dayton	182
8.	Duquesne	186
9.	George Washington	284
10.	Xavier	314
11.	St. Bonaventure	345

Top 10 Individuals*	Time	
1.	Kristin Cisowski (UM)	18:24
2.	Kathy Heable (LAS)	18:26
3.	Sarah Hirsch (UM)	18:27
4.	Christine Kane (SJU)	18:34
5.	Heather Whitmore (URI)	18:37
6.	Melissa Henderson (UM)	18:39
7.	Jessica McGarty (URI)	18:48
8.	Erin Silvering (URI)	18:49
9.	Johanna Stumpf (VT)	18:50
10.	Stephanie Ingersoll (VT)	18:56

*All-Conference

1997 Championship - Nov. 1

Site: Bull Run Park, Centreville, Va.

Team Standings	Score	
1.	Massachusetts	28
2.	St. Joseph's	48
3.	Virginia Tech	66
4.	Rhode Island	118
5.	George Washington	167
6.	Fordham	175
7.	La Salle	180
8.	Duquesne	190
9.	Dayton	222
10.	Xavier	331
11.	St. Bonaventure	337

Top 10 Individuals*	Time	
1.	Rebecca Donaghue (UM)	18:32.5
2.	Jen Rafferty (SJU)	18:35.4
3.	Jennifer Conner (VT)	18:43.3
4.	Christy Martin (UM)	18:50.4
5.	Heather Whitmore (URI)	18:58.7
6.	Melissa Henderson (UM)	19:04.0

7.	Lauren Carr (VT)	19:07.6
8.	Nicole Way (UM)	19:11.2
9.	Sarah Hirsch (UM)	19:12.1
10.	Liz Sweeney (SJU)	19:13.5

*All-Conference

1996 Championship - Nov. 2

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score	
1.	Massachusetts	35
2.	St. Joseph's	74
3.	La Salle	78
4.	Duquesne	104
5.	Virginia Tech	115
6.	Rhode Island	162
7.	George Washington	164
8.	Dayton	202
9.	Fordham	243
10.	Xavier	299
	St. Bonaventure	299

Top 10 Individuals*	Time	
1.	Rebecca Donaghue (UM)	18:04.5
2.	Bridget Quenzer (GW)	18:31.5
3.	Terry Carroll (LAS)	18:33.3
4.	Meghan Busse (SJU)	18:41.9
5.	Christy Martin (UM)	18:47.0
6.	Katie Greenia (UM)	18:51.0
7.	Stephanie Ingersoll (VT)	18:55.1
8.	Johanna Grochowalski (LAS)	18:58.3
9.	Julie Hotard (SJU)	19:00.0
10.	Liz Reeser (SJU)	19:00.7

*All-Conference

1995 Championship - Oct. 28

Site: Schenley Park, Pittsburgh, Pa.

Team Standings	Score	
1.	Massachusetts	46
2.	St. Joseph's	49
3.	La Salle	113
4.	Virginia Tech	118
5.	Rhode Island	126
6.	Fordham	140
7.	Duquesne	164
8.	George Washington	195
9.	Dayton	227
10.	Xavier	297
11.	St. Bonaventure	332

Top 10 Individuals*	Time	
1.	Sue Yagielski (SJU)	17:29.42
2.	Rebecca Donaghue (UM)	17:38.34
3.	Claudine Kelly (FOR)	18:12.21
4.	Jen Waeger (UM)	18:13.15
5.	Jen Rafferty (SJU)	18:19.26
6.	Lauren Edwards (GW)	18:25.33
7.	Patrice Gallagher (SJU)	18:30.37
8.	Tracey Shea (VT)	18:32.45
9.	Theresa Carroll (LAS)	18:40.52

10. Katherine Greenia (UM) 18:45.70
*All-Conference

1994 Championship - Oct. 29

Site: Agronomy Farm, Morgantown, W. Va.

Team Standings	Score
1. West Virginia	35
2. St. Joseph's.....	58
3. Massachusetts.....	60
4. Rutgers.....	111
5. Rhode Island	117
6. Duquesne	166
7. George Washington	177
8. St. Bonaventure	233

Top 10 Individuals	Time
1. Melissa Langevin (UM)	18:06
2. Charity Wachera (WVU)	18:40
3. Sue Yagielski (SJU)	18:41
4. Stephanie Hopkins (SJU)	18:52
5. Carisa Brown (WVU)	18:52
6. Patrice Gallagher (SJU)	18:54
7. Heather Bury (WVU)	18:58
8. Rebecca Donaghue (UM)	18:59
9. Karen Labbadia (URI)	19:07
10. Kerryn Davidson (WVU)	19:09

1993 Championship - Oct. 23

Site: Fort DuPont Park, Washington, D.C.

Team Standings	Score
1. St. Joseph's.....	41
2. Massachusetts.....	68
3. West Virginia	72
4. Rhode Island	73
5. Rutgers.....	108
6. Duquesne	151
7. George Washington	214
8. St. Bonaventure	237

Top 10 Individuals*	Time
1. Vicki Boyer (SJU)	18:56.71
2. Stephanie Ulicny (URI).....	19:05.16
3. Kerryn Davidson (WVU).....	19:26.84
4. Stephanie Hopkins (SJU)	19:27.89
5. Heather Bury (WVU).....	19:29.96
6. Jennifer Heggie (RU)	19:35.01
7. Melissa Langevin (UM)	19:37.21
8. Cheryl Keating (RU)	19:37.81
9. Sarita Pfahl (URI)	19:38.49
10. Jen Waeger (UM)	19:40.55

*All-Conference

1992 Championship - Oct. 24

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score
1. Massachusetts.....	38
2. Rhode Island	51
3. Rutgers.....	71
4. St. Joseph's.....	77

5. West Virginia 131 |

6. George Washington 177 |

7. St. Bonaventure 204 |

Top 10 Individuals*	Time
1. Alicia Giuliano (RU)	17:43.20
2. Kelly Liljeblad (UM).....	18:01.70
3. Vicki Boyer (SJU)	18:10.45
4. Tiffany Coulombe (URI).....	18:18.50
5. Kim Liljeblad (UM)	18:52.46
6. Jessica O'Connor (URI).....	18:58.68
7. Rebecca Johnson (UM)	19:06.41
8. Bonnie Flynn (SJU).....	19:09.63
9. Kerryn Davidson (WVU).....	19:13.29
10. Cheryl Keating (RU)	19:16.49

*All-Conference

1991 Championship - Oct. 26

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score
1. Massachusetts.....	59
2. Rutgers.....	65
3. Rhode Island	68
4. West Virginia	79
5. St. Joseph's.....	87
6. Duquesne	153
7. George Washington	203
8. St. Bonaventure	248

Top 10 Individuals*	Time
1. Vicki Stum (WVU)	18:38.48
2. Vicki Boyer (SJU)	18:47.83
3. Erin O'Reilly (WVU)	18:50.62
4. Stephanie Ulicny (URI).....	18:52.82
5. Kristen Jarman (RU)	19:01.90
6. Tiffany Coulombe (URI).....	19:17.18
7. Mercedes Zak (RU).....	19:17.79
8. Michelle St. Laurent (UM).....	19:21.55
9. Kim Liljeblad (UM)	19:25.35
10. Rebecca Johnson (UM)	19:28.81

*All-Conference

1990 Championship - Oct. 20

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score
1. Penn State.....	29
2. West Virginia	74
3. Massachusetts.....	91
4. St. Joseph's.....	108
5. Rhode Island	111
6. Rutgers.....	115
7. Duquesne	220
8. St. Bonaventure	245

Top 10 Individuals*	Time
1. Wendy Nelson (PSU)	17:55.85
2. Lisa Syvertson (SJU).....	18:07.06
3. Vicki Stum (WVU)	18:27.73
4. Leslee Martin (PSU)	18:31.63

5.	Stephanie Ulicny (URI).....	18:32.85
6.	Jenny Weaver (PSU).....	18:34.05
7.	Kelly Liljeblad (UM).....	18:34.79
8.	Amanda Dudley (PSU).....	18:37.15
9.	Karen Peterson (URI).....	18:39.15
10.	Carol Davis (PSU).....	18:39.93

*All-Conference

1989 Championship - Oct. 24

Site: Van Cortlandt Park, Bronx, N.Y.

Team Standings	Score	
1.	Penn State.....	32
2.	West Virginia.....	60
3.	Massachusetts.....	71
4.	St. Joseph's.....	85
5.	Rhode Island.....	105
6.	Rutgers.....	139
7.	Duquesne.....	222
8.	St. Bonaventure.....	236

Top 10 Individuals*	Time	
1.	Wendy Nelson (PSU).....	18:15
2.	Shana Smith (UM).....	18:31
3.	Lisa Syvertson (SJU).....	18:32
4.	Laurie Morrow (PSU).....	18:33
5.	Vicki Stum (WVU).....	18:45
6.	Amy Aston (PSU).....	18:50
7.	Charlene Burstrom (WVU).....	18:52
8.	Kelli O'Donnell (SJU).....	18:53
9.	Stephanie Ulicny (URI).....	18:54
10.	Becky Williams (PSU).....	18:55

*All-Conference

Weekly Award Winners

2016 Performer of the Week	Rookie of the Week
9/6 Heather MaLean (UM)	Maddie Hunter (DAV)
9/13 Miranda DiBiasio (GW)	Lotte Black (URI)
9/20 Jenny Delsignore (DUQ)	Claire Brown (UR)
9/27 Alyssa Brehler (DUQ)	Gabi Napoli (URI)
10/4 Jenny Delsignore (DUQ)	Claire Brown (UR)
10/11 Caroline Yarbrough (DAV)	Maddie Hunter (DAV)
10/18 Taylor Vernot (UD)	Judith White (VCU)
2015 Performer of the Week	Rookie of the Week
9/8 Emily Leonard (UD)	Lindsey Oremus (SJU)
Morgan Szekely (LAS)	
9/15 Miranda DiBiasio (GW)	Kaitlin Poiesz (LAS)
9/22 Emily Leonard (UD)	Caroline Yarbrough (DAV)
9/29 Alyssa Brehler (URI)	Caroline Yarbrough (DAV)
10/6 Macualay Porter (GW)	Lindsey Oremus (SJU)
Isabel Leibfried (SLU)	
10/13 Caroline Yarbrough (DAV)	Taylor Pletz (DUQ)
10/20 Emily Leonard (UD)	Taylor Vernot (UD)
2014 Performer of the Week	Rookie of the Week
9/2 Autumn Greba (DUQ)	Bailey Kolonich (MASON)
Kerry Caher (SBU)	
9/9 Kerry Caher (SBU)	Emily Leonard (UD)

9/16 Rachel Hilliard (UM)	Alyssa Brehler (URI)
9/23 Annika Gomell (SLU)	Courtney Link (SLU)
9/30 Kerry Caher (SBU)	Sarah Sears (DAV)
10/7 Annika Gomell (SLU)	Kaelyn Heinicke (UR)
10/14 Valerie Palermo (DUQ)	Alexa Pelletier (URI)
10/21 Kerry Caher (SBU)	Morgan Szekely (LAS)

2013 Performer of the Week	Rookie of the Week
9/3 Carly Seymour (DUQ)	Megan Baritot (DUQ)
9/9 Angela Ryck (GW)	Megan Baritot (DUQ)
9/16 Elizabeth Barrett (SJU)	Shanna Heaney (FOR)
9/23 Tara Hanley (UR)	Marisa Ruskan (UR)
Margo Richardson (SLU)	
9/30 Bethany Sachtleben (MASON)	Meghan Blackstone (MASON)
10/7 Margo Richardson (SLU)	Marisa Ruskan (UR)
10/14 Anisa Arsenault (FOR)	Brianne Roche (FOR)
10/21 Amber Valimont (DUQ)	Valerie Palermo (DUQ)
10/28 Christine Davis (UM)	Courtney Hawkins (URI)

2012 Performer of the Week	Rookie of the Week
9/4 Amber Valimont (DUQ)	Olivia Pratt (BU)
9/11 Hana Sutchar (CHA)	Paige Ethier (URI)
9/18 Amber Valimont (DUQ)	Hannah Scipio (DUQ)
9/25 Katie Clark (BU)	Olivia Pratt (BU)
10/2 Meghan McGlinchey (LAS)	Paige Ethier (URI)
10/9 Anisa Arsenault (FOR)	Suzu Sikorski (FOR)
10/16 Katie Clark (BU)	Paige Ethier (URI)
Margo Richardson (SLU)	

2011 Performer of the Week	Rookie of the Week
9/6 Elissa Mason (UD)	Katie Ollier (UD)
9/12 Hilary Orf (SLU)	Lauren Columbare (URI)
9/19 Hilary Orf (SLU)	Katie Ollier (UD)
9/26 Amanda Goetschius (CHA)	Lauren Columbare (URI)
10/3 Amanda Goetschius (CHA)	Jenna Christensen (CHA)
10/10 Karen Roa (UM)	Sarah Glockenmeier (FOR)
10/17 Hilary Orf (SLU)	Sarah Glockenmeier (FOR)

2010 Performer of the Week	Rookie of the Week
9/7 Maureen Bulgrin, UD	Margo Richardson, SLU
9/13 Kerri Gallagher, FOR	Anne Areias, LAS
	Abby Fischer, XU
9/20 Nicol Traynor, UR	Margo Richardson, SLU
9/27 Caitrin Demchko, URI	Jordan Westcott, URI
10/4 Maureen Bulgrin, UD	Jillian Prentice, UR
10/11 Kerri Gallagher, FOR	Anisa Arsenault, FOR
10/18 Megan Hogan, GW	Margo Richardson, SLU

2009 Performer of the Week	Rookie of the Week
9/8 Maureen Bulgrin (UD)	Maria Ruiz (CHA)
9/14 Maureen Bulgrin (UD)	Marisa Slomski (UD)
9/21 Jenn Ennis (UR)	Rachel Sykes (UR)
9/28 Maureen Bulgrin (UD)	Niamh Ryan (URI)
10/5 Amanda Goetschius (CHA)	Maria Ruiz (CHA)
10/12 Courtney Baldwin (UM)	Courtney Baldwin (UM)
10/19 Amanda Goetschius (CHA)	Courtney Baldwin (UM)
10/26 Niamh Ryan (URI)	Niamh Ryan (URI)

2008 Performer of the Week	Rookie of the Week
9/2 Diana Filtz (UR)	Hannah Ringo (DUQ)

1998 Performer of the Week

9/8 Heather Whitmore (URI)
9/14 Brigid Benner (LAS)
9/21 Victoria Robinson (FOR)
9/28 Christine Kane (SJU)
10/5 Brigid Benner (LAS)
10/12 Anne Granger (DUQ)
10/19 Christine Kane (SJU)

1994 Performer of the Week

9/11 Melissa Langevin (UM)
9/18 Carissa Brown (WVU)
9/25 Sue Yagielski (SJU)
10/2 Tina Kearchner (GW)
10/9 Melissa Langevin (UM)
10/16 Kelsie Hess (DUQ)
10/23 Melissa Langevin (UM)

1993 Performer of the Week

9/12 Stephanie Ulicny (URI)
9/19 Stephanie Hopkins (SJU)
9/26 Cheryl Keating (RU)
10/3 Vicki Boyer (SJU)
10/10 Vicki Boyer (SJU)
10/17 Jennifer Heggie (RU)

1992 Performer of the Week

9/13 Stephanie Ulicny (URI)
9/20 Alicia Giuliano (RU)
9/27 Kelly Liljeblad (UM)
10/4 Vicki Boyer (SJU)
10/11 Kelly Liljeblad (UM)
10/18 Alicia Giuliano (RU)

1991 Performer of the Week

9/8 Erin O'Reilly (WVU)
9/15 Erin O'Reilly (WVU)
9/22 Vicki Boyer (SJU)
9/29 Erin O'Reilly (WVU)
10/6 Stephanie Ulicny (URI)
10/13 Vicki Boyer (SJU)
10/20 Kristen Jarman (RU)
10/27 Vicki Stum (WVU)
11/3 Vicki Boyer (SJU)

Rookie of the Week

Natalie Lanese (XU)
Chelsea Alverson (VT)
Meghan Callahan (DUQ)
Erin Silvering (URI)
Chelsea Alverson (VT)
Meghan Callahan (DUQ)
Erin Silvering (URI)

Freshman of the Week

Karen Labbadia (URI)
Charity Wachera (WVU)
Rebecca Donaghue (UM)
Lauren Edwards (GW)
Rebecca Donaghue (UM)
Charity Wachera (WVU)
Rebecca Donaghue (UM)

Freshman of the Week

Melissa Langevin (UM)
Melissa Langevin (UM)
Melissa Langevin (UM)
Heather Bury (WVU)
Melissa Langevin (UM)
Kelsie Hess (DUQ)

Freshman of the Week

Jessica O'Connor (URI)
Jessica O'Connor (URI)
Kerryn Davidson (WVU)
Sue Yagielski (SJU)
Jessica O'Connor (URI)
None

Freshman of the Week

Monica Cross (WVU)
Wendy Beaver (DUQ)
Kara Elise Hegre (URI)
Wendy Beaver (DUQ)
Tina Kearchner (GW)
Wendy Beaver (DUQ)
Cheryl Keating (RU)
Wendy Beaver (DUQ)
Wendy Beaver (DUQ)