



WOMEN'S OUTDOOR TRACK & FIELD RECORD BOOK THROUGH 2017-18 SEASON

Champions

Year	Team Champion	Score
2018	VCU	159
2017	George Mason	118.0
2016	VCU	131.0
2015	George Mason	176.0
2014	George Mason	164.0
2013	Charlotte	120.5
2012	Charlotte	167.6
2011	Charlotte	169.5
2010	Temple	143.5
2009	Charlotte	174.0
2008	Charlotte	193.0
2007	Charlotte	195.0
2006	Charlotte	210.0
2005	Rhode Island	150.0
2004	Rhode Island	187.5
2003	Rhode Island	207.5
2002	Rhode Island	135.5
2001	Massachusetts	191.0
2000	Virginia Tech	194.0
1999	Massachusetts	208.0
1998	Virginia Tech	252.0
1997	Virginia Tech	181.0

Most Outstanding Track Performers

2018	Heather MacLean (UM)
2017	Nathaniela Bourdeau (SJU)
2016	Kia Carson (VCU)
2015	Erin Osment (DAV)
2014	Kiara Porter (VCU)
2013	Kiara Porter (VCU)
2012	Nicol Traynor (UR)
2011	Amy Val Alstine (UR)
2010	Amanda Goetschius (CHA)
2009	Aja Jackson (CHA)/ Christa Plummer (LAS)
2008	Lamarra Currie (CHA)
2007	Shareese Woods (CHA)
2006	Rachel Papin (LAS)
2005	Melissa Mastrangelo (LAS)
2004	Khaleelah Sneed (UD)
2003	Aderonke Adeniyi (TU)
2002	Samantha Porter (TU)
2001	ToniAnn Razzi (LAS)

Most Outstanding Performers

2000	Christine Kane (SJU)
1999	Christine Kane (SJU)
1998	Theresa Carroll (LAS)
1997	Michelle Fournier (URI)

Most Outstanding Field Performers

Jenni Rossi (UD)
Erin Reese (UD)
Jenni Rossi (UD)
Amanda Denger (MASON)
Jaleesa Williams (VCU)
Brittney Edwards (DUQ)
Brittney Cloudy (SLU)
Mallory Barnes (UD)
Mallory Barnes (UD)
Shayna Daugherty (URI)
Sarah Thornton (URI)
Kerstin Greene (FOR)
Beth Crocus (UR)
Kristen Micsky (DUQ)
Diane Schreiber (UR)
Pascale Delaunay (URI)
Shea McMillan (DUQ)
Gina Bundy (SJU)

Most Outstanding Rookie Performers

Isaac Elliott (DUQ)
Jada Harris (UM)
Taylor Vernot (UD)
Erin Reese (UD)
Heather MacLean (UM)
Olivia Pratt (BU)
Margo Britton (TU)
Briauna Jones (CHA)
Victoria Gocht (TU)
Kalen Sheehen (URI)
Ebonie Cunningham (CHA)
Heather Roush (UR)
Amy Kremer (UD)
Amy Ruffolo (DUQ)
Candace McKinley (UD)
Jamie Sweeney (URI)
Aderonke Adeniyi (TU)
Heidi Westerling (URI)

Most Outstanding Rookie Performers

Tara Storage (UD)
Jodi Borges (UD)
Alison Tostevin (UM)
Melanie Burgess (VT)

Coaches of the Year

Jon Riley (VCU)
Andrew Gerard (MASON)
Jon Riley (VCU)
Andrew Gerard (MASON)
Andrew Gerard (MASON)
Robert Olesen (CHA)
Robert Olesen (CHA)
Robert Olesen (CHA)
Eric Mobley (TU)
Robert Olesen (CHA)
Robert Olesen (CHA)
Robert Olesen (CHA)
Robert Olesen (CHA)
Robert Olesen (CHA)
Robert Olesen (CHA)
Bryan Delsite (DUQ)
Laurie Feit-Melnick (URI)
Laurie Feit-Melnick (URI)
Bryan Delsite (DUQ)
Julie LaFreniere (UM)

Coaches of the Year

Roosevelt Lofton (VT)
Julie LaFreniere (UM)
Lori Taylor (VT)
Lori Taylor (VT)



WOMEN'S OUTDOOR TRACK & FIELD RECORD BOOK THROUGH 2017-18 SEASON

Student-Athletes of the Year

2011	Emily Zimmerman (UD)
2010	Ashley Cattran (UD)
2009	Lamarra Currie (CHA)
2008	Lamarra Currie (CHA)
2007	Jane Daniels (CHA) Sharonda Johnson (CHA)
2006	Cassie Ficken (CHA)
2005	Heidi Westerling (URI)
2004	Shea McMillan (DUQ)
2003	Aderonke Adeniyi (TU)
2002	Kathleen McCabe (DUQ)
2001	Gina Bundy (SJU)
2000	Elena Gomez (LAS)

Academic All-Conference Teams

2018	Sarah Sears (DAV); Caroline Yarbrough(DAV); Sarah Sepanski(UD); Rachel Fyalkowski (DUQ); Lizzie Morris (DUQ); Sharon Dorsey (MASON); Shelby Garnand (MASON); Bridget Deveau (UM); Heather MacLean(UM); Haley Preschutti (UR); Taylor McCormick (VCU)
2017	Caroline Yarbrough (DAV); Leah Frischmann (UD); Sarah Sepanski (UD); Autumn Greba (DUQ); Calerie Palermo (DUQ); Sharon Dorsey (MASON); Miranda DiBiasio (GW); Heather MacLean (UM); Kylie Regan (UR); Taylor McCormick (VCU)
2016	Jennifer Czerapowicz (URI); Miranda DiBiasio (GW); Sharon Dorsey (MASON); Julia Franzoa (DUQ); Leah Frischmann (UD); Autumn Greba (DUQ); Jennifer Nakamura (MASON); Valerie Palermo (DUQ); Nichelle Scott (VCU); Morgan Szekely (LAS)
2015	Amanda Denger (MASON); Annika Gomell (SLU); Rachel Hilliard (UM); Sherie Key (DUQ); Mary List (UD); Rebecca Maj (UD); Valerie Palermo (DUQ); Kiara Porter (VCU); Heather Selheimer (MASON); Chelsea VanHook (UD)
2014	Shannon Abraham (DUQ); Ashley Adams (DUQ); Amanda Denger (MASON); Lizzie Gleason (UD); Sherie Key (DUQ); Hannah Kuenzel (SLU); Jennifer Nakamura (MASON); Haley Pisarcik (DUQ); Kiara Porter (VCU); Allison Walter (SLU)
2013	Ashley Adams (DUQ); Shannon Abraham (DUQ); Nicole Cherok (DUQ); Katie Clark (BU); Elizabeth Gleason (UD); Jessica Hoefert (SLU); Wendy Hutchinson (LAS); Hannah Kuenzel (SLU); Kiara Porter (VCU); Amber Valimont (DUQ); Allison Walter (SLU)
2012	Erin Baldinger (UD); Rachel Clark (XU); Brittney Cloudy (SLU); Lizzie Gleason (UD); Elissa Mason (UD); Meghan McGlinchey (LAS); Meaghan McGovern (UR); Marissa Norman (URI); Emily Tyler (XU); Allison Walter (SLU)
2011	Ashley Adams (DUQ); Maureen Bulgrin (UD); Ashley Cattran (UD); Sara Fraley (SLU); Anada Fraser (URI); Kerri Gallagher (FOR); Laura McCary (CHA); Lydia Morton (UR); Courtney Siebenaller (UD); Emily Tyler (XU)
2010	Sarah Allen (UD); Shayne Daugherty (URI); Ananda Fraser (URI); Kerri Gallagher (FOR); Melissa Miller (DUQ); Brigid Moriarty (FOR); Megan Ney (UR); Julie Rechel (UR); Shiyi Zan (UM)
2009	Kristen Bakanowski (UM); Ashley Cattran (UD); Lamarra Currie (CHA); Shayna Daugherty (URI); Ananda Fraser (URI); Samantha Howard (DUQ); Mary Moloney (SLU); Christa Plummer (LAS); Melissa Salerno (FOR); Nicol Traynor (UR)
2008	Sarah Allen (UD); Laura Coyer (SJU); Lamarra Currie (CHA); Jesselle Cruz (TU); Christina DeRosa (UM); Carolyn Lipovsky (LAS); Noelle McKenzie (TU); Rachel Papin (LAS); Amy Rhein (SJU); Shiyi Zan (UM)
2007	Emily Anderson (URI); Emily Beahan (DUQ); Lamarra Currie (CHA); Jenna Daggett (DUQ); Jane Daniels (CHA); Christina DeRosa (UM); Liz Forster (UD); Katherine Guilfoyle (URI); Samantha Howard (DUQ); Sharonda Johnson (CHA); Erin Kelly (SJU); Courtney Klenk (URI); Carolyn Lipovsky (LAS); Lajarsha Moses (CHA); Rachel Papin (LAS); Melissa Stewart (DUQ)
2006	Emily Anderson (URI); Cassie Ficken (CHA); Sharonda Johnson (CHA); Diana Nordquist (FOR); Rachel Papin (LAS); Kelly Pohlman (UD); Cindy Smith (URI); Andria Smythe (SJU); Melissa Stewart (DUQ); Maureen Zivic (FOR)
2005	Amanda Dahlberg (UM); Jenna Darcy (LAS); Sarah Fetterman (DUQ); Courtney Klenk (URI); Kristen Micsky (DUQ); Kelly Pohlman (UD) Andria Smythe (SJU); Jennifer Stryko (URI); Heidi Westerling (URI); Maureen Zivic (FOR)
2004	Alison Belicose (UR); Jawaia Campbell (TU); Rachel Clinton (TU); Mary Crossin (SJU); Pascale Delaunay (URI); Sarah Fetterman (DUQ);



WOMEN'S OUTDOOR TRACK & FIELD RECORD BOOK THROUGH 2017-18 SEASON

Shea McMillan (DUQ); Kelly Pohlman (UD); Diane Schreiber (UR); Melissa Stewart (DUQ)

- 2003** Aderonke Adeniyi (TU); Jodi Borges (UD); Alison Buchanan (DUQ); Rachel Clinton (TU); Sarah Conway (SJU); Pascale Delaunay (URI); Shea McMillan (DUQ); Samantha Porter (TU); Erica Prigg (UD); Kara Storage (UD); Tara Storage (UD)
- 2002** Tanya Brown (DUQ); Tara Hutchinson (URI); Mary Korfmacher (SJU); Kathleen McCabe (DUQ); Shea McMillan (DUQ); Heather O'Rourke (FOR); Erica Prigg (UD); Sarah Saunders (DUQ); Bernadette Speer (SJU); Kara Storage (UD); Tara Storage (UD)
- 2001** Gina Bundy (SJU); Christine Kane (SJU); Carole LaPlante (UM); Kathleen McCabe (DUQ); Erin Murphy (FOR); Gabby Quezada (SJU); ToniAnn Razzi (LAS); Erin Silvering (URI); Bernadette Speer (SJU); Jen Wanat (URI)
- 2000** Paula Allan (VT); Liz Bollens (DUQ); Jill Dombrauckas (UD); Elena Gomez (LAS); Anne Granger (DUQ); LynnDee Howell (DUQ); Kathleen McCabe (DUQ); Erin Silvering (URI); Bernadette Speer (SJU); Johanna Stumpf (VT)
- 1999** Meghan Busse (SJU); Kaamilya Davis (UD); Elena Gomez (LAS); Anne Granger (DUQ); Sally Hirsch (UM); Jessica Lincoln (URI); Victoria Robinson (FOR); Tricia Snyder (DUQ); Bernadette Speer (SJU); Nicole Way (UM)
- 1998** Kaamilya Davis (UD); Rebecca Donaghue (UM); Patricia Gohring (URI); Elena Gomez (LAS); Maggie Keane (UD); Karen Labbadia (URI); Amy Martin (SJU); Katie Ollendick (VT); Rachel Ritz (LAS); Trish Snyder (DUQ)
- 1997** Trish Coffin (DUQ); Terri Cook (LAS); Kaamilya Davis (UD); Michelle Fournier (URI); Kelsie Hess (DUQ); Karen Labbadia (URI); Katie Ollendick (VT); Rachel Ritz (LAS); Michelle Smith (VT); Tori Swartz (UD)

*For the 2005-06 & 2006-07 season, only one track & field Academic All-Conference team was selected (records reflected in outdoor record book)

Championship Records

Event	Record Holder	Year	Record
100-meter Dash	Lamarra Currie (CHA)	2009	:11.44
200-meter Dash	Lamarra Currie (CHA)	2009	:23.46
400-meter Dash	Shareese Woods (CHA)	2007	:52.80
800-meter Run	Heather MacLean (UM)	2018	2:05.61
1500-meter Run	Amy Van Alstine (UR)	2011	4:19.38
3000-meter Run	Theresa Carroll (LAS)	1998	9:48.0
5000-meter Run	Katie Clark (BU)	2013	16:17.30
10,000-meter Run	Meghan McGlinchey (LAS)	2014	34:22.38
100-meter Hurdles	Shavon Briscoe (MASON)	2014	:13.40
400-meter Hurdles	Nicole Cherok (DUQ)	2013	:58.62
3000-meter Steeplechase	Nicol Traynor (UR)	2012	10:04.20
4x100-meter Relay	Charlotte	2009	:44.94
4x400-meter Relay	George Mason	2018	3:38.58
4x800-meter Relay	Temple	2011	8:43.10
High Jump	Shayna Daugherty (URI)	2010	5-10.50
Long Jump	Pat Springs (CHA)	2009	20-07.00
Triple Jump	Sharonda Johnson (CHA)	2007	42-5.50
Hammer	Jasmine Jennings (URI)	2009	203-00
Shot Put	Paula Allan (VT)	1998	50-00.50
Discus	Michelle Wallerstedt (MASON)	2017	176-07
Javelin	Kelly McCabe (URI)	2014	158-06
Pole Vault	Mandissa Marshall (MASON)	2014	13-09.25
Heptathlon	Janel Conley (URI)	2017	5,292

Year-by-Year Champions

100-meter Dash

2018	Nathaniela Bourdeau (SJU)	:12.01
2017	Nathaniela Bourdeau (SJU)	:11.89
2016	Kia Carson (VCU)	:11.99
2015	Qualitra Brown (VCU)	:12.07
2014	Jessica Ewing (VCU)	:11.92
2013	Dionna Hayes (VCU)	:11.84
2012	Joann Blakney (CHA)	:11.82
2011	Sirrell Butler (CHA)	:11.77
2010	Sirrell Butler (CHA)	:11.70
2009	Lamarra Currie (CHA)	:11.44
2008	Lamarra Currie (CHA)	:11.55
2007	Courtney Patterson (CHA)	:11.51
2006	Courtney Patterson (CHA)	:11.72
2005	Christina Huff (UM)*	:12.07
2004	Andria Smythe (SJU)*	:11.78
2003	Aderonke Adeniyi (TU)*	:11.81
2002	Aderonke Adeniyi (TU)	:12.20
2001	Afia Brown (TU)	:12.13
2000	Afia Brown (TU)	:11.93
1999	Damali Hay (VT)	:11.85
1998	Maquita Moss (UD)	:11.97
1997	Tamecko Conway (TU)	:12.41

*wind-aided

200-meter Dash

2018	Nathaniela Bourdeau (SJU)	:24:11
2017	Nathaniela Bourdeau (SJU)	:24.28
2016	Kia Carson (VCU)	:24.22
2015	Kiara Porter (VCU)	:23.74
2014	Kiara Porter (VCU)	:23.89
2013	Kiara Porter (VCU)	:23.86
2012	Joann Blakney (CHA)	:23.98
2011	Taylor Glenn (DUQ)	:24.82
2010	Christiana Taylor (TU)	:24.22
2009	Lamarra Currie (CHA)	:23.46
2008	Lamarra Currie (CHA)	:24.11
2007	Shareese Woods (CHA)	:23.69
2006	Shareese Woods (CHA)	:23.74
2005	Melissa Mastrangelo (LAS)*	:25.30
2004	Khaleelah Sneed (UD)	:24.72
2003	Aderonke Adeniyi (TU)*	:24.02
2002	Samantha Porter (TU)	:24.77
2001	Afia Brown (TU)	:24.69
2000	Afia Brown (TU)	:24.24
1999	Danya Gordon (VT)	:24.10
1998	Kaamilya Davis (UD)	:24.33
1997	Lakishia Powell (TU)	:24.73

*wind-aided

400-meter Dash

2018	Sarah Moore (MASON)	:53.41
2017	Sarah Moore (MASON)	:53.70
2016	Jade Gregory (UR)	:54.21
2015	Kiara Porter (VCU)	:53.14
2014	Kiara Porter (VCU)	:53.55
2013	Kiara Porter (VCU)	:53.61
2012	T'Sheila Mungo (CHA)	:53.84
2011	Cecily Young (CHA)	:55.39
2010	Paris Williams (TU)	:54.71
2009	Paris Williams (TU)	:55.06
2008	Ebonie Cunningham (CHA)	:55.77
2007	Shareese Woods (CHA)	:52.80
2006	Shareese Woods (CHA)	:53.70

2005	Tynisha Gardner (TU)	:56.63
2004	Khaleelah Sneed (UD)	:53.82
2003	Khaleelah Sneed (UD)	:54.98
2002	Samantha Porter (TU)	:56.66
2001	Samantha Porter (TU)	:56.77
2000	Lynette Hopkins (VT)	:55.73
1999	Kaamilya Davis (UD)	:54.80
1998	Kaamilya Davis (UD)	:54.30
1997	Kaamilya Davis (UD)	:56.21

800-meter Run

2018	Heather MacLean (UM)	2:05.61
2017	Ashley Lewis (MASON)	2:07.67
2016	Nichelle Scott (VCU)	2:11.05
2015	Heather MacLean (UM)	2:07.28
2014	Heather MacLean (UM)	2:09.26
2013	Elise Farris (DUQ)	2:09.54
2012	Maraya Slatter (CHA)	2:08.48
2011	Victoria Gocht (TU)	2:08.34
2010	Kerri Gallagher (FOR)	2:09.08
2009	Aja Jackson (CHA)	2:10.03
2008	Aja Jackson (CHA)	2:11.52
2007	Aja Jackson (CHA)	2:12.56
2006	Maureen Zivic (FOR)	2:10.52
2005	Nicole Erby (UR)	2:14.86
2004	Thuy Nguyen (SJU)	2:12.97
2003	Sarah Conway (SJU)	2:12.65
2002	Ndid Obichere (LAS)	2:10.57
2001	ToniAnn Razzi (LAS)	2:09.20
2000	Ndidi Obichere (LAS)	2:11.30
1999	Angela Girardin (URI)	2:11.45
1998	Theresa Carroll (LAS)	2:11.38
1997	Theresa Carroll (LAS)	2:14.15

1500-meter Run

2018	Heather MacLean (UM)	4:19.87
2017	Heather MacLean (UM)	4:23.18
2016	Morgan Szekely (LAS)	4:28.01
2015	Morgan Szekely (LAS)	4:21.79
2014	Margo Richardson (SLU)	4:29.60
2013	Katie Clark (BU)	4:24.74
2012	Nicol Traynor (UR)	4:25.19
2011	Amy Van Alstine (UR)	4:19.38
2010	Amanda Goetschius (CHA)	4:24.35
2009	Aja Jackson (CHA)	4:27.72
2008	Aja Jackson (CHA)	4:37.14
2007	Aja Jackson (CHA)	4:32.82
2006	Cassie Ficken (CHA)	4:32.61
2005	Jenna Darcy (LAS)	4:38.19
2004	Jenna Darcy (LAS)	4:35.18
2003	Ruth Chege (UR)	4:42.36
2002	Ruth Chege (UR)	4:32.16
2001	ToniAnn Razzi (LAS)	4:24.56
2000	Christine Kane (SJU)	4:28.89
1999	Christine Kane (SJU)	4:33.24
1998	Theresa Carroll (LAS)	4:34.65
1997	Theresa Carroll (LAS)	4:37.36

3000-meter Run

2001	Christine Kane (SJU)	9:53.90
2000	Christine Kane (SJU)	9:53.71
1999	Christine Kane (SJU)	10:07.75
1998	Theresa Carroll (LAS)	9:48.0
1997	Johanna Grochowlaski (LAS)	10:16.60

5000-meter Run

2018	Sarah Sears (DAV)	16:51.16
2017	Caroline Yarbrough (DAV)	16:53.60
2016	Taylor Vernot (UD)	17:32.15
2015	Erin Osment (DAV)	16:32.86
2014	Bethany Sachtleben (MASON)	16:30.12
2013	Katie Clark (BU)	16:17.30
2012	Meghan McGlinchey (LAS)	16:36.65
2011	Amy Van Alstine (UR)	16:39.56
2010	Amanda Goetschius (CHA)	16:33.29
2009	Christa Plummer (LAS)	16:46.37
2008	Rachel Papin (LAS)	16:27.84
2007	Rachel Papin (LAS)	16:40.21
2006	Rachel Papin (LAS)	16:33.31
2005	Jenna Darcy (LAS)	17:32.87
2004	Jenna Darcy (LAS)	17:46.57
2003	Tara Storage (UD)	17:57.92
2002	Kara Storage (UD)	17:11.11
2001	Heidi Westerling (URI)	17:19.30
2000	Tara Storage (UD)	17:53.59
1999	Sarah Hirsch (UM)	17:22.68
1998	Brigid Benner (LAS)	17:40.66
1997	Meghan Busse (SJU)	17:47.96

10,000-meter Run

2018	Sarah Sears (DAV)	35:15.01
2017	Miranda DiBiasio (GW)	34:56.74
2016	Miranda DiBiasio (GW)	35:07.64
2015	Erin Osment (DAV)	34:36.74
2014	Meghan McGlinchey (LAS)	34:22.38
2013	Olivia Pratt (BU)	35:32.20
2012	Meghan McGlinchey (LAS)	34:57.58
2011	Amanda Goetschius (CHA)	34:59.23
2010	Brigid Moriarty (FOR)	35:53.16
2009	Christa Plummer (LAS)	36:13.78
2008	Christina DeRosa (UM)	35:40.68
2007	Christina DeRosa (UM)	36:07.62
2006	Cindy Smith (URI)	36:56.65
2005	Heidi Westerling (URI)	37:23.36
2004	Heidi Westerling (URI)	37:36.53
2003	Ruth Chege (UR)	36:57.99
2002	Tara Storage (UD)	38:18.63
2001	Heidi Westerling (URI)	37:38.67
2000	Lizzie Sheptych (UM)	38:13.80
1999	Meghan Busse (SJU)	37:53.76
1998	Elena Gomez (LAS)	37:47.47
1997	Mandy Workman (VT)	38:10.01

100-meter Hurdles

2018	Jada Harris (UM)	:14.09
2017	Jada Harris (UM)	:14.20
2016	Emily Renna (URI)	:13.83
2015	Shavon Briscoe (MASON)	:13.71
2014	Shavon Briscoe (MASON)	:13.74
2013	Jade Wilson (TU)	:13.78
2012	Kalyn Sheehan (URI)	:13.91
2011	Kalyn Sheehan (URI)	:13.93
2010	Lara-Jane Que (URI)	:14.01
2009	Sunita Brathwaite (CHA)	:13.52
2008	Sunita Brathwaite (CHA)	:14.41
2007	Pat Springs (CHA)	:13.85
2006	Jasmine Major (UR)	:14.57
2005	Jessica Dunston (TU)	:14.26
2004	Rachel Clinton (TU)	:13.97
2003	Jessica Dunston (TU)	:13.76

2002	Rachel Clinton (TU)	:14.10
2001	Nicole Wiley (DUQ)	:14.88
2000	Michelle Trefz (URI)	:14.02
1999	Michelle Trefz (URI)	:13.77
1998	Michelle Trefz (URI)	:13.72
1997	Lakishia Powell (TU)	:13.93

400-meter Hurdles

2018	Olivia Coopwood (VCU)	:59.53
2017	Sommer Sharpe (MASON)	:59.31
2016	Dannah Hayward (SJU)	1:00.04
2015	Anna Simone (DUQ)	:58.91
2014	Anna Simone (DUQ)	:58.95
2013	Nicole Cherok (DUQ)	:58.62
2012	Nicole Cherok (DUQ)	:59.91
2011	Assata Cowart (TU)	:59.74
2010	Assata Cowart (TU)	1:00.35
2009	Kalyn Sheehan (URI)	1:00.64
2008	Assata Cowart (TU)	1:02.42
2007	Liz Long (URI)	1:03.72
2006	Elisabeth Budd (UM)	1:02.95
2005	Kristen Micsky (DUQ)	1:04.01
2004	Jessica Dunston (TU)	1:03.53
2003	Jennifer Freeman (UM)	1:01.93
2002	Kathleen McCabe (DUQ)	1:02.85
2001	Jennifer Freemas (UM)	1:01.31
2000	LeBren Martin (UD)	1:02.88
1999	Brandi Smith (VT)	:59.24
1998	Brandi Smith (VT)	1:00.26
1997	Silifa Kenku (UM)	1:22.90

3000-meter Steeplechase

2018	Emily Borchers (UD)	10:13.89
2017	Valerie Palermo (DUQ)	10:24.00
2016	Valerie Palermo (DUQ)	10:28.32
2015	Danica Snyder (DUQ)	10:17.76
2014	Nicole Cargill (UD)	10:22.32
2013	Amber Valimont (DUQ)	10:33.74
2012	Nicol Traynor (UR)	10:04.20
2011	Keara Thomas (CHA)	10:09.50
2010	Keara Thomas (CHA)	10:35.75
2009	Keara Thomas (CHA)	10:43.05
2008	Tsehaye Dagnachew (CHA)	10:29.16
2007	Jane Daniels (CHA)	10:44.34
2006	Tsehaye Dagnachew (CHA)	10:32.11
2005	Amy Ruffolo (DUQ)	10:33.39
2004	Kate Markopoulos (UM)	11:06.30
2003	Jamie Sweeney (URI)*	11:05.94
2002	Amy Taylor (URI)	10:46.96

*hand time converted to electronic time (+.24)

4x100-meter Relay

2018	VCU	:45.39
2017	VCU	:45.95
2016	VCU	:46.67
2015	VCU	:45.40
2014	VCU	:45.88
2013	VCU	:45.78
2012	Charlotte	:45.43
2011	Charlotte	:45.86
2010	Charlotte	:45.73
2009	Charlotte	:44.94
2008	Charlotte	:45.67
2007	Charlotte	:45.11
2006	Charlotte	:45.39

2005	Rhode Island	:47.45
2004	Rhode Island	:46.96
2003	Temple	:46.79
2002	Temple	:47.24
2001	Temple	:47.00
2000	Temple	:46.80
1999	Massachusetts	:47.56
1998	Virginia Tech	:47.11
1997	Temple	:48.72

4x400-meter Relay

2018	George Mason	3:38.58
2017	George Mason	3:40.15
2016	George Mason	3:44.66
2015	VCU	3:41.07
2014	George Mason	3:40.56
2013	VCU	3:44.09
2012	Charlotte	3:40.69
2011	Charlotte	3:41.01
2010	Temple	3:41.56
2009	Charlotte	3:42.52
2008	Charlotte	3:41.88
2007	Charlotte	3:45.23
2006	Charlotte	3:46.90
2005	Rhode Island	3:49.55
2004	Rhode Island	3:47.06
2003	Temple	3:46.49
2002	Temple	3:50.70
2001	Temple	3:52.06
2000	Virginia Tech	3:48.72
1999	Virginia Tech	3:44.67
1998	Virginia Tech	3:46.85
1997	Temple	3:49.13

4x800-meter Relay

2018	Richmond	8:49.99
2017	Richmond	8:52.33
2016	Davidson	8:50.10
2015	Richmond	8:49.19
2014	Massachusetts	9:00.22
2013	Richmond	8:58.08
2012	Charlotte	8:54.94
2011	Temple	8:43.10
2010	Temple	8:48.36
2009	Charlotte	8:53.73
2008	La Salle	9:04.94
2007	La Salle	8:58.35
2006	La Salle	8:54.06
2005	Richmond	9:20.29
2004	Saint Joseph's	9:14.45
2003	Saint Joseph's	9:04.94
2002	La Salle	9:04.68
2001	La Salle	9:07.22
2000	Saint Joseph's	9:10.99
1999	Saint Joseph's	9:15.44
1998	Saint Joseph's	9:03.03
1997	La Salle	9:13.66

High Jump

2018	Claudine Andre	5-08.75
2017	Jada Harris (UM)	5-07.00
2016	Talisha Watts (MASON)	5-08.75
2015	Talisha Watts (MASON)	5-07.00
2014	Sherie Key (DUQ)	5-08.75
2013	Shannon Meehan (URI)	5-05.25

2012	Naya Owusu (SLU)	5-08.00
2011	Briaunna Jones (CHA)	5-05.00
2010	Shayna Daugherty (URI)	5-05.00
2009	Shayna Daugherty (URI)	5-08.75
2008	Tylynn Graham (URI)	5-05.00
2007	Kerstin Greene (FOR)	5-08.75
2006	Amy Kremer (UD)	5-07.00
2005	Kerstin Greene (FOR)	5-07.00
2004	Sarah Click (SJU)	5-05.00
2003	Toni McDaniels (URI)	5-07.00
2002	Bernadette Speer (SJU)	5-06.50
2001	Gina Bundy (SJU)	5-04.50
2000	Bernadette Speer (SJU)	5-06.50
1999	Bernadette Speer (SJU)	5-06.50
1998	Katie Ollendick (VT)	5-10.00
1997	Katie Ollendick (VT)	5-10.00

Long Jump

2018	Jessica Bryant (LAS)	19-04.75
2017	Janel Conley (URI)	20-01.00
2016	Carina Peter (VCU)	19-02.00
2015	Janel Francis (UR)	20-02.25
2014	Chantel Richardson (MASON)	19-00.00
2013	Brittney Edwards (DUQ)	19-06.25
2012	Brittney Cloudy (SLU)	19-08.00
2011	Briauna Jones (CHA)	18-11.25
2010	Christina Taylor (TU)	19-04.25
2009	Pat Springs (CHA)	20-07.00
2008	Pat Springs (CHA)	20-01.50
2007	Pat Springs (CHA)	19-11.00
2006	Pat Springs (CHA)	19-04.25
2005	Kristen Micsky (DUQ)	18-07.00
2004	Andria Smythe (SJU)*	19-04.00
2003	Pascale Delaunay (URI)	19-02.75
2002	Maisha Tyler (SJU)*	18-10.00
2001	Maisha Tyler (SJU)	18-03.25
2000	April Byrd (VT)	20-00.25
1999	Shelanda Irish (UM)	20-02.25
1998	Megan Barnes (VT)	20-00.50
1997	Melanie Burgess (VT)	18-05.25

*wind-aided

Triple Jump

2018	Aliyah Newman (VCU)	41-11.50
2017	Taylor McCormick (VCU)	40-03.75
2016	Carina Peter (VCU)	39-01.00
2015	Nhautrey Brown (MASON)	41-10.00
2014	Rebecca Stoye (UM)	40-05.00
2013	Rebecca Stoye (UM)	42-03.25
2012	Brittney Cloudy (SLU)	41-07.75
2011	Stephanie Aguguo (UM)	41-03.75
2010	Brittney Cloudy (SLU)	40-11.50
2009	Ananda Fraser (URI)	39-07.25
2008	Danielle Brown (CHA)	38-11.50
2007	Sharonda Johnson (CHA)	42-05.50
2006	Sharonda Johnson (CHA)	40-08.75
2005	Kristen Micsky (DUQ)*	38-11.75
2004	Pascale Delaunay (URI)	40-06.25
2003	Edith Lewis (TU)	40-02.75
2002	Shea McMillan (DUQ)	38-09.75
2001	Gina Bundy (SJU)	37-10.75
2000	April Byrd (VT)	41-05.75
1999	April Byrd (VT)	42-02.00
1998	April Byrd (VT)	38-06.25
1997	Melissa Ward (UM)	37-10.50

*wind-aided

Hammer

2018	Jenni Rossi (UD)	184-07
2017	Erin Reese (UD)	201-04
2016	Jenni Rossi (UD)	178-08
2015	Aly Weeman (UD)	189-02
2014	Aly Weeman (UD)	181-08
2013	Genevieve Rybicki (URI)	175-09
2012	Meaghan McGovern (UR)	187-01
2011	Mallory Barnes (UD)	191-06
2010	Mallory Barnes (UD)	189-07
2009	<i>Jasmine Jennings (URI)</i>	<i>203-00</i>
2008	Jasmine Jennings (URI)	202-01
2007	Beth Crocus (UR)	175-04
2006	Beth Crocus (UR)	171-00
2005	Beth Crocus (UR)	164-07
2004	Diane Schreiber (UR)	167-02
2003	Jennifer Iasiello (UM)	154-02
2002	Christina Bizon (UM)	165-06
2001	Heather Johnston (URI)	154-10
2000	Giselle Nicholas (UM)	148-06
1999	Michelle Zengilonski (VT)	152-03
1998	Shana Mitchell (UM)	165-10
1997	Michelle Fournier (URI)	179-07

Shot Put

2018	Jenni Rossi (UD)	48-10.75
2017	Jenni Rossi (UD)	49-04.05
2016	Jenni Rossi (UD)	48-11.00
2015	Jenni Rossi (UD)	46-11.50
2014	Jaleesa Williams (VCU)	48-03.25
2013	Hannah Kuenzel (SLU)	46-01.50
2012	Margo Britton (TU)	47-04.50
2011	Mallory Barnes (UD)	48-02.75
2010	Mallory Barnes (UD)	48-08.25
2009	April Phillips (XU)	47-04.50
2008	Sarah Allen (UD)	46-03.25
2007	Kristen Crawford (UR)	44-08.75
2006	Kelly Pohlman (UD)	47-05.00
2005	Kelly Pohlman (UD)	45-07.00
2004	Kelly Pohlman (UD)	46-02.75
2003	Jodi Borges (UD)	47-11.00
2002	Jodi Borges (UD)	46-06.75
2001	Jennifer Flinchum (URI)	41-10.75
2000	Jodi Borges (UD)	48-01.75
1999	Jodi Borges (UD)	46-06.25
1998	<i>Paula Allan (VT)</i>	<i>50-00.50</i>
1997	Paula Allan (VT)	48-03.25

Discus

2018	Camora Sanders (VCU)	164-06
2017	<i>Michelle Wallerstedt (MASON)</i>	<i>176-07</i>
2016	Jenni Rossi (UD)	156-07
2015	Michelle Wallerstedt (MASON)	154-08
2014	Jaleesa Williams (VCU)	175-03
2013	Jessica Williams (VCU)	154-01
2012	Margo Britton (TU)	162-03
2011	Monica Howard (UR)	163-07
2010	Ashley Adams (DUQ)	153-02
2009	Lisa Wilson (UM)	155-00
2008	Sarah Thornton (URI)	153-08
2007	Sarah Thomas (URI)	157-04
2006	Sarah Thornton (URI)	155-07
2005	Sarah Thornton (URI)	148-05

2004	Kelly Hagner (URI)	150-02
2003	Melissa Stewart (DUQ)	156-00
2002	Jen Flinchum (URI)	139-02
2001	Jennifer Flinchum (URI)	131-03
2000	Jodi Borges (UD)	152-08
1999	Jodi Borges (UD)	150-03
1998	Michelle Smith (VT)	155-01
1997	Michelle Fournier (URI)	157-10

Javelin

2018	Lillian Cook (UD)	152-07
2017	Lillian Cook (UD)	156-11
2016	Julia Franzosa (DUQ)	150-03
2015	Amanda Denger (MASON)	137-03
2014	Kelly McCabe (URI)	149-04
2013	Rachelle Bourque (UM)	143-01
2012	Rachelle Bourque (UM)	139-08
2011	Heather Roush (UR)	147-04
2010	Heather Roush (UR)	143-02
2009	Heather Roush (UR)	132-06
2008	Monica Howard (UR)	126-00
2007	Beth Crocus (UR)	137-06
2006	Beth Crocus (UR)	139-08
2005	<i>Lindsey Smith (UR)</i>	<i>153-04</i>
2004	Beth Crocus (UR)	139-08
2003	Jen Haigh (URI)	138-00
2002	Jen Haigh (URI)	147-04
2001	Rhianna DaCruz (UM)	139-00
2000	Jen Haigh (URI)	141-10
1999	Denise O'Connell (VT)	151-02
1998	Denise O'Connell (VT)	133-01
1997	Jessica Read (VT)	127-04

Pole Vault

2018	Shelby Garnand (MASON)	12-07.50
2017	Shelby Garnand (MASON)	12-01.50
2016	Lindsay Horton (MASON)	12-08.00
2015	Lindsay Horton (MASON)	12-05.50
2014	<i>Mandissa Marshall (MASON)</i>	<i>13-09.25</i>
2013	Katrina Steinhauer (UD)	12-02.50
2012	Hanna Krizmanic (UD)	12-02.00
2011	Courtney Siebenaller (UD)	12-07.50
2010	Katie Nageotte (UD)	12-01.50
2009	Courtney Siebenaller (UD)	12-03.50
2008	Melissa Gale (TU)	10-11.75
2007	Melissa Gale (TU)	10-11.75
2006	Kristen Bakanowski (UM)	11-05.75
2005	Saraj Fetterman (DUQ)	11-05.75
2004	Sarah Fetterman (DUQ)	10-10.00
2003	Brandy Green (UM)	12-00.00
2002	Brandy Green (UM)	11-05.75
2001	Rhianna DaCruz (UM)	10-11.75
2000	Stephanie Maugham (URI)	12-05.50
1999	Janelle Erskine (URI)	10-06.00
1998	Stephanie Maugham (URI)	11-01.75

Heptathlon

2018	Bridget Deveau (UM)	5044
2017	<i>Janel Conley (URI)</i>	<i>5,292</i>
2016	Keiko Hector (URI)	5,080
2015	Amanda Denger (MASON)	5,170
2014	Louise PrevotEAU (DUQ)	5,034
2013	Kelsey Crawford (UM)	4,685
2012	Marissa Norman (URI)	4,850
2011	Dominique Best (LAS)	4,367

2010	Shayne Daugherty (URI)	5,240
2009	Shayna Daugherty (URI)	5,118
2008	Devon Dupont (TU)	4,480
2007	Kerstin Greene (FOR)	5,088
2006	Amy Kremer (UD)	4,243
2005	Candace McKinley (UD)	4,372
2004	Candace McKinley (UD)	4,283
2003	Cathleen Campbell (UR)	4,436
2002	Cathleen Campbell (UR)	4,182
2001	Gina Bundy (SJU)	4,295
2000	Melissa Ward (UM)	4,582
1999	Jessica Lincoln (URI)	4,525

italics denotes Conference record

Top 5 Championship Performances

100-meter Dash

2009	Lamarra Currie (CHA)	:11.44
2007	Courtney Patterson (CHA)	:11.51
2006	Courtney Patterson (CHA)	:11.52
2007	Lamarra Currie (CHA)	:11.53
2008	Lamarra Currie (CHA)	:11.55

200-meter Dash

2009	Lamarra Currie (CHA)	:23.46
2015	Kiara Porter (VCU)	(P) :23.55
2007	Shareese Woods (CHA)	:23.69
2015	Kiara Porter (VCU)	:23.74
2006	Shareese Woods (CHA)	:23.74

400-meter Dash

2007	Shareese Woods (CHA)	:52.80
2007	Jessica Young (UR)	:52.90
2015	Kiara Porter (VCU)	:53.14
2018	Sarah Moore (MASON)	:53.41
2015	Kiara Porter (VCU)	(P) :53.47

800-meter Run

2018	Heather MacLean (UM)	2:05.61
2018	Ashley Lewis (MASON)	2:05.82
2015	Heather MacLean (UM)	2:07.28
2017	Ashley Lewis (MASON)	2:07.67
2017	Nichelle Scott (VCU)	2:07.78

1500-meter Run

2011	Amy Van Alstine (UR)	4:19.38
2018	Heather MacLean (UM)	4:19.87
2015	Morgan Szekely (LAS)	4:21.79
2017	Heathere MacLean (UM)	4:23.18
2010	Amanda Goetschius (CHA)	4:24.35

3000-meter Run

1998	Theresa Carroll (LAS)	9:48.00
2000	Christine Kane (SJU)	9:53.71
2001	Christine Kane (SJU)	9:53.90
1998	Rebecca Donaghue (UM)	9:55.10
2001	Melissa Henderson (UM)	10:00.71

5000-meter Run

2013	Katie Clark (BU)	16:17.30
2008	Rachel Papin (LAS)	16:27.84
2014	Bethany Sachtleben (MASON)	16:30.12
2015	Erin Osment (DAV)	16:32.86
2010	Amanda Goetschius (CHA)	16:33.29

10,000-meter Run

2014	Meghan McGlinchey (LAS)	34:22.38
2014	Bethany Sachtleben (MASON)	34:27.31
2014	Jessica Hoefert (SLU)	34:36.63
2015	Erin Osment (DAV)	34:36.74
2015	Bethany Sachtleben (MASON)	34:40.83

100-meter Hurdles

2014	Shavon Briscoe (MASON)	(P) :13.40
2009	Sunita Brathwaite (CHA)	:13.52
2015	Shavon Briscoe (MASON)	(P) :13.63
2015	Shavon Briscoe (MASON)	:13.71
1998	Michelle Trefz (URI)	:13.72

400-meter Hurdles

2013	Nicole Cherok (DUQ)	:58.62
2015	Anna Simone (DUQ)	:58.91
2014	Anna Simone (DUQ)	:58.95
2013	LeAnna Morrison (CHA)	(P) :58.99
2013	Nicole Cherok (DUQ)	(P) :59.09

3000-meter Steeplechase

2012	Nicol Traynor (UR)	10:04.20
2011	Keara Thomas (CHA)	10:09.50
2011	Nicol Traynor (UR)	10:11.20
2018	Emily Borchers (UD)	10:13.89
2015	Danica Snyder (DUQ)	10:17.76

4x100-meter Relay

2009	Charlotte	:44.94
2007	Charlotte	:45.11
2006	Charlotte	:45.39
2012	Charlotte	:45.43
2018	VCU	:45.39

4x400-meter Relay

2018	George Mason	3:38.58
2018	VCU	3:39.58
2017	George Mason	3:40.15
2014	George Mason	3:40.56
2012	Charlotte	3:40.69

4x800-meter Relay

2011	Temple	8:43.10
2010	Temple	8:48.36
2015	Richmond	8:49.19
2015	Saint Louis	8:49.42
2011	Saint Louis	8:49.80

High Jump

1998	Katie Ollendick (VT)	5-10.00
1997	Katie Ollendick (VT)	5-10.00
2018	Claudine Andre (SJU)	5-08.75
2016	Talisha Watts (MASON)	5-08.75
2016	Claudine Andre (SJU)	5-08.75
2014	Sherie Key (DUQ)	5-08.75
2014	Naya Owusu (SLU)	5-08.75
2009	Shayna Daugherty (URI)	5-08.75
2007	Kerstin Greene (FOR)	5-08.75

Long Jump

2009	Pat Springs (CHA)	20-07.00
2015	Janel Francis (UR)	20-02.25
1999	Shelanda Irish (UM)	20-02.25
2008	Pat Springs (CHA)	20-01.50
2017	Janel Conley (URI)	20-01.00

Triple Jump

2007	Sharonda Johnson (CHA)	42-05.50
2013	Rebecca Stoyke (UM)	42-03.25
1999	April Byrd (VT)	42-02.00
2018	Aliyah Newman (VCU)	41-11.50
2015	Nhautrey Brown (MASON)	41-10.00

Hammer

2009	Jasmine Jennings (URI)	203-00
2008	Jasmine Jennings (URI)	202-01
2017	Erin Reese (UD)	201-04
2008	Sarah Thornton (URI)	198-06

2011	Mallory Barns (UD)	191-06
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Shot Put

1998	Paula Allan (VT)	50-00.50
2017	Jenni Rossi (UD)	49-04.50
2016	Jenni Rossi (UD)	48-11.00
2018	Jenni Rossi (UD)	48-10.75
2017	Erin Reese (UD)	48-07.50

Discus

2017	Michelle Wallerstedt (MASON)	176-07
2014	Jaleesa Williams (VCU)	175-03
2018	Camora Sanders (VCU)	164-06
2011	Monica Howard (UR)	163-07
2012	Margo Britton (TU)	162-03

Javelin

2014	Kelly McCabe (URI)	158-06
2017	Lillian Cook (UD)	156-11
2005	Lindsey Smith (UR)	153-04
2005	Beth Crocus (UR)	152-04
1999	Denise O'Connell (VT)	151-02

Pole Vault

2014	Mandissa Marshall (MASON)	13-09.25
2016	Lindsay Horton (MASON)	12-08.00
2016	Leah Frischmann (UD)	12-08.00
2018	Shelby Garnand (MASON)	12-07.50
2018	Leah Frischmann (UD)	12-07.50
2011	Courtney Siebenaller (UD)	12-07.50

Heptathlon

2017	Janel Conley (URI)	5,292
2010	Shayna Daugherty (URI)	5,240
2015	Amanda Denger (MASON)	5,170
2009	Shayna Daugherty (URI)	5,118
2007	Kerstin Greene (FOR)	5,088

2018 Championship - May 5-6

George Mason University - Fairfax, Va

Team Standings Score

VCU	159
Dayton.....	109
George Mason	107
Massachusetts	93.5
Rhode Island	77
Davidson.....	64.5
Saint Joseph's.....	60
Duquesne.....	50
La Salle	47
Richmond.....	38
Saint Louis.....	25
Fordham	24
George Washington.....	4

100-meter Dash

Nathaniela Bourdeau (SJU).....	12.01
GJaudy John-Wallace (MASON).....	12.11
Taylor Williams (MASON)	12.12
Alexis Willis (VCU).....	12.12
Ariel Mitchell (LAS).....	12.26
Mary Kate Kenny (FOR).....	12.35
Lindsay Witt (UM)	12.37
Latrice Morris (VCU).....	12.44

200-meter Dash

Nathaniela Bourdeau (SJU).....	24.11
Taylor Watkins (VCU)	24.13
Candice James (VCU)	24.14
Sarah Moore (MASON).....	24.17
GJaudy John-Wallace (MASON)	24.18
Mary Kate Kenny (FOR).....	24.53
Caroline Duffy (SJU).....	24.81
Taylor Williams (MASON)	24.92

400-meter Dash

Sarah Moore (MASON).....	53.41
Greta Scott (URI)	54.06
Emilie Cowan (UM).....	54.08
Kayla Smith (VCU)	54.10
Caroline Duffy (SJU).....	54.93
Taylor Watkins (VCU)	55.26
Candice James (VCU)	55.41
Sharon Dorsey (MASON).....	55.47

800-meter Run

Heather MacLean (UM).....	2:05.61
Ashley Lewis (MASON)	2:05.82
Maria Acosta (UR)	2:09.28
Merissa Wright (FOR).....	2:09.68
Ifetayo Tyler (LAS)	2:10.88
Katie McNulty(URI).....	2:12.78
Ashley Brown (VCU).....	2:14.06
Sophia Mills (DAV).....	2:14.26

1,500-meter Run

Heather MacLean (UM).....	4:19.87
Marisa Ruskan (UR)	4:25.09
Chloe Flora (UD).....	4:26.31
Emily Bracken (SJU)	4:27.64
Maddie Hunter (DAV).....	4:27.94
Cassidy Weimer (SJU)	4:28.47
Emily Borchers (UD).....	4:30.95
Halley Brown (GW).....	4:31.54

5,000-meter Run

Sarah Sears (DAV)	16:51.16
Caroline Yarbrough (DAV)	16:53.30
Jenny Delsignore (DUQ).....	16:56.18
Lizzie Morris (DUQ)	17:03.10
Colleen Carney (UR).....	17:07.36
Taylor Vernot (UD)	17:12.93
Allison Triskett (UD)	17:17.29
Kaitlin Poesz (LAS).....	17:19.17

10,000-meter Run

Sarah Sears (DAV)	35:15.01
Caroline Yarbrough (DAV)	35:19.73
Taylor Vernot (UD)	35:27.89
Jenny Delsignore (DUQ).....	35:47.39
Lizzie Morris (DUQ)	35:55.19
Emily Leonard (UD).....	36:08.24
Michelle Myland (LAS).....	36:16.21
Abigail Taylor (FOR).....	36:19.71

100-meter Hurdles

Jada Harris (UM).....	14.09
De'Nisha Smith (VCU)	14.12
Kristina MacLure (URI).....	14.27
Catherine Jackson (MASON).....	14.33
Breann Burns (URI)	14.43
Deonna Diggs (MASON)	14.44
Davina Lane (MASON)	14.49
LeClare Beres (VCU)	14.49

400-meter Hurdles

Olivia Coopwood (VCU)	59.53
Ann Harlos (SLU)	59.87
Kara Lyles (VCU)	59.98
Ann Sheehy (VCU).....	1:00.00
Maiah Yankello (DUQ)	1:01.16
Stephanie Toland (SJU).....	1:02.26
Brittany Preston (MASON).....	1:02.67
Haley Berkeley (UR).....	1:02.97

3,000-meter Steeplechase

Emily Borchers (UD).....	10:13.89
Grace Mancini (LAS).....	10:18.08
Laurel Fisher (FOR)	10:25.01
Eryn Mills (UR).....	10:30.23
Allison Triskett (UD)	10:31.90
Suzanne Dannheim (GW).....	10:41.23
Khalilah Hamer (MASON)	10:53.52
Colleen Sands (UM).....	11:00.09

4x100-meter Relay

VCU	45.39
George Mason	45.56
Saint Joseph's.....	46.63
Rhode Island	47.04
Massachusetts	47.12
Dayton.....	47.13
La Salle	47.15
Duquesne	47.77

4x400-meter Relay

George Mason	3:38.58
VCU	3:39.58
Rhode Island	3:41.51
Massachusetts	3:45.74
Richmond.....	3:48.99
Duquesne	3:49.64
Davidson.....	3:50.36

Fordham	3:50.44
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4x800-meter Relay

Richmond.....	8:49.99
Davidson.....	8:59.52
La Salle	9:02.23
Fordham	9:06.12
Rhode Island	9:06.49
Saint Joseph's.....	9:08.34
Duquesne.....	9:10.90
Dayton.....	9:13.86

High Jump

Claudine Andre (SJU)	5-08.75
Amiaya Carey (VCU).....	5-07.00
Jamie Rachek (UD)	5-07.00
Maris Seto (DUQ)	5-05.00
Elaina Hobbs (URI).....	5-05.00
Marie Harla (UD).....	5-05.00
Shannon Taub (DUQ)	5-03.00
Patricia Douglas (UM)	5-03.00

Long Jump

Jessica Bryant (LAS)	19-04.75
De'Nisha Smith (VCU)	19-01.25
Maris Seto (DUQ)	18-08.50
Kiana Stallworth (MASON)	18-07.00
Claudine Andre (SJU)	18-06.50
Kaleah Miller (LAS)	18-03.00
Charlotte Robison (UM).....	18-01.50
Taylor Prosisie (MASON)	18-00.50

Triple Jump

Aliyah Newman (VCU)	41-11.50
Taylor McCormick(VCU)	41-00.50
Katie Wissing (SLU).....	39-06.50
Kaleah Miller (LAS)	38-11.75
Gabby Holmberg (DUQ).....	38-11.75
Rebecca O'Donnell (URI).....	38-07.75
Jessica Bryant (LAS)	38-06.75
Metasebia Ermias (VCU).....	38-03.50

Hammer

Jennifer Rossi (UD)	184-07
Lysah Russell (URI).....	175-03
Molly Botts (URI)	171-02
Danielle Notarfrancesco (uM)	166-11
Samantha Andrews (URI).....	165-03
Jasmine Jefko (SLU)	162-04
Samantha Yankson (VCU)	157-10
Mariah Collins (UM)	157-09

Shot Put

Jennifer Rossi (UD)	48-10.75
Danielle Notarfrancesco (UM).....	48-01.75
Makayla McGowan (VCU)	47-06.25
Lauren LaDere (UM).....	43-04.50
Camora Sanders (VCU)	43-04.25
Tyler Robin (VCU)	42-06.25
Rachel Fyalkowski (DUQ).....	41-10.75
Latasha Williams (VCU).....	41-05.25

Discus

Camora Sanders (VCU)	164-06
Makayla McGowan (VCU).....	161-05
Jennifer Rossi (UD)	158-08
Alyssa Ramstetter (UD).....	151-03
Denise O'Rourke (VCU).....	143-06

Mariah Collins (UM)	140-01
Leah Wolf (URI)	130-11
Kelly Alves (UM)	129-02

Javelin

Lillian Cook (UD)	152-07
Carly Peters (DAV)	143-04
Sarah Reich (SLU)	141-06
Bridget Deveau (UM)	138-08
Julia Campezato (URI)	138-00
Shelby Garnand (MASON)	132-00
Isabel Guide (MASON)	131-00
Leah Wolf (URI)	129-09

Pole Vault

Shelby Garnand (MASON)	12-07.50
Leah Frischmann (UD)	12-07.50
Autumn White (MASON)	12-01.50
Camryn Harris (MASON)	12-01.50
Karlee Fowler (URI)	12-01.50
Kimberly Spritzky (UD)	12-01.50
Stephanie Hautamaa (DAV)	11-07.75
Kayla Rorke (UM)	11-07.75

Heptathlon

Bridget Deveau (UM)	5044
Sarah Sepanski (UD)	4751
LeClare Beres (VCU)	4639
Kylie McPherson (URI)	4619
Makayla Binter (DAV)	4558
Kira Kopec (UM)	4521
Amanda Baker (SLU)	4426
Shannon Taub (DUQ)	4409

2017 Championship - May 6-7 University of Massachusetts Amherst, MA

Team Standings	Score
1. George Mason	118.0
2. Duquesne	112.0
3. Dayton	105.0
4. VCU	97.5
5. Rhode Island	93.5
5. Massachusetts	93.5
7. Saint Joseph's	61.5
8. Davidson	58.0
9. Richmond	40.0
10. Saint Louis	27.0
11. La Salle	26.0
12. George Washington	17.0
13. Fordham	8.0

100-meter Dash

Nathaniela Bourdeau (SJU)	:11.89
Latrice Morris (VCU)	:11.93
Alexis Willis (VCU)	:11.98
Taylor Williams (MASON)	:12.13
Ashley Lucas (MASON)	:12.16
Diamante Spencer (UM)	:12.25
Lindsay Witt (UM)	:12.34
Juleen Lewis (URI)	:12.43

200-meter Dash

Nathaniela Bourdeau (SJU)	:24.28
Mary Allen (UR)	:24.36
Sarah Moore (MASON)	:24.41
Bethany Evankovich (DUQ)	:24.43
Caroline Duffy (SJU)	:24.46

Alexis Willis (VCU)	:24.62
Emilie Cowan (UM)	:24.93
Ashley Lucas (MASON)	:25.12

400-meter Dash

Sarah Moore (MASON)	:53.70
Emilie Cowan (UM)	:54.10
Bethany Evankovich (DUQ)	:54.41
Kristina MacLure (URI)	:55.74
Courtney Foster (SJU)	:55.98
Mary Allen (UR)	:56.24
Tori Long (DAV)	:56.52
Sharon Dorsey (MASON)	:56.53

800-meter Run

Ashley Lewis (MASON)	2:07.67
Nichelle Scott (VCU)	2:07.78
Hannah Gilliam (DUQ)	2:08.99
Hannah Rohde (SLU)	2:10.54
Ifetayo Tyler (LAS)	2:10.59
Annegret Nehl (DUQ)	2:11.51
Hannah Rieden (DAV)	2:12.79

1500-meter Run

Heather MacLean (UM)	4:23.18
Amanda Corbosiero (UR)	4:25.63
Sarah Sears (DAV)	4:27.11
Marisa Ruskan (UR)	4:30.22
Morgan Szekely (LAS)	4:30.55
Cassidy Weimer (SJU)	4:31.46
Halley Brown (GW)	4:34.38
Madison Yerke (GW)	4:35.35

5000-meter Run

Caroline Yarbrough (DAV)	16:53.60
Autumn Greba (DUQ)	16:57.13
Taylor Vernot (UD)	16:58.39
Shelby Cain (UR)	17:04.27
Sarah Sears (DAV)	17:09.10
Ciara Donohue (MASON)	17:09.45
Macaulay Porter (GW)	17:10.41
Colleen Carney (UR)	17:12.70

10,000-meter Run

Miranda DiBiaso (GW)	34:56.74
Autumn Greba (DUQ)	35:59.74
Taylor Vernot (UD)	36:04.66
Caroline Yarbrough (DAV)	36:18.92
Carolyn Conley (MASON)	36:33.06
Laurel Sheffield (DAV)	36:40.06
Kassidy Manning (UD)	36:49.04
Anna Schmitz (SLU)	37:17.36

100-meter Hurdles

Jada Harris (UM)	:14.20
Victoria Soeder (DUQ)	:14.38
Jordan Hoffman (UD)	:14.44
Deonna Diggs (MASON)	:14.53
Ann Harlos (SLU)	:14.57
Mone't Gist (LAS)	:14.64
Breann Burns (URI)	:14.65
Gabrielle Bennett (UM)	:14.70

400-meter Hurdles

Sommer Sharpe (MASON)	:59.31
Ann Harlos (SLU)	:59.77
Dannah Hayward (SJU)	:59.89

Ann Sheehy (VCU)	1:00.75
Dysheele Pemberton (URI)	1:01.29
De'Nisha Smith (VCU)	1:03.13
Stephanie Toland (SJU)	1:03.23
Erika Coleman (VCU)	1:04.51

3000-meter Steeplechase

Valerie Palermo (DUQ)	10:24.00
Colleen Sands (UM)	10:42.33
Delaney Savedge (VCU)	10:54.50
Laurel Fisher (FORD)	10:55.53
Meg Aller (DUQ)	11:01.47
Allison Triskett (UD)	11:03.32
Lesley Fatica (GW)	11:16.22
Paige Ethier (URI)	11:16.47

4x100-meter Relay

VCU	:45.95
George Mason	:46.77
Saint Joseph's	:47.30
Duquesne	:47.50
Massachusetts	:47.58
La Salle	:47.73
Rhode Island	:47.79
Davidson	:48.40

4x400-meter Relay

George Mason	3:40.15
Saint Joseph's	3:43.44
VCU	3:44.60
Rhode Island	3:47.48
Duquesne	3:47.59
Davidson	3:51.01
Massachusetts	3:52.05
Saint Louis	3:52.38

4x800-meter Relay

Richmond	8:52.33
George Mason	8:54.11
Duquesne	8:55.31
VCU	8:56.58
Saint Louis	9:01.32
Fordham	9:02.38
Davidson	9:04.68
La Salle	9:05.67

High Jump

Jada Harris (UM)	5-07.00
Shannon Taub (DUQ)	5-07.00
Samantha Thompson (UM)	5-07.00
Emely Ramirez (SJU)	5-05.00
Christina Solomon (VCU)	5-05.00
Claudine Andre (SJU)	5-05.00
Maris Seto (DUQ)	5-05.00
Nicole Bell (DUQ)	5-03.00

Long Jump

Janel Conley (URI)	20-01.00
Juleen Lewis (URI)	19-07.50
Victoria Soeder (DUQ)	19-05.25
Kaleah Miller (LAS)	19-02.00
Jessica Bryant (LAS)	19-01.25
Kohi Banks (VCU)	19-00.50
Alliyah Stevens (VCU)	18-06.00
Amber Jackson (LAS)	18-05.00

Triple Jump

Taylor McCormick (VCU)	40-03.25
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Julen Lewis (URI).....	40-00.00
Jada Woods (DAV).....	39-02.25
Adria Butler (UD).....	38-11.00
Shannon Taub (DUQ).....	38-05.00
Nhautrey Brown (MASON).....	38-05.00
Junel Mosley (MASON).....	38-02.75
Amber Jackson (LAS).....	37-08.50

Hammer

Erin Reese (UD).....	201-04
Mercedes Oliver (DUQ).....	173-08
Jennifer Rossi (UD).....	171-02
Alyssa Ramstetter (UD).....	171-00
Sara Wagner (UM).....	167-02
Grace Janes (URI).....	163-09
Kamaria Gage (SLU).....	158-06
Rachel Fyalkowski (DUQ).....	153-07

Shot Put

Jennifer Rossi (UD).....	49-04.50
Erin Reese (UD).....	48-07.50
Camora Sanders (VCU).....	47-08.50
Makayla McGowan (VCU).....	47-02.25
Kelsey Crawford (UM).....	47-02.25
Kristine Lindow (UD).....	45-05.75
Margaret Riseborough (UM).....	43-08.75
Sophia Fustos (DUQ).....	41-07.75

Discus

Michelle Wallerstedt (MASON).....	176-07
Mercedes Oliver (DUQ).....	161-10
Erin Reese (UD).....	160-01
Jennifer Rosi (UD).....	153-05
Camora Sanders (VCU).....	149-10
Mariah Collins (UM).....	137-03
Rachel Forder (MASON).....	136-06
Leah Wolf (URI).....	134-05

Javelin

Lillian Cook (UD).....	156-11
Kelsey Crawford (UM).....	140-02
Carly Peters (DAV).....	139-08
Shelby Garnand (MASON).....	136-05
Hannah Madison (URI).....	129-07
Lucy Belt (UM).....	122-01
Leah Wolf (URI).....	122-01
Sarah Reich (SLU).....	121-03

Pole Vault

Shelby Garnand (MASON).....	12-01.50
Karlee Fowler (URI).....	12-01.50
Stephanie Hautamaa (DAV).....	11-07.75
Leah Frischmann (UD).....	11-07.75
Amber Sekoll (URI).....	10-08.00
Kayla Rorke (UM).....	10-08.00
Tory Edwards (URI).....	10-08.00
Ashley Hinton (MASON).....	10-02.00

Heptathlon

Janel Conley (URI).....	5,292
Hannah Madison (URI).....	4,761
Kylie McPherson (URI).....	4,617
Sarah Sepanski (UD).....	4,532
Adria Butler (UD).....	4,385
Alliyah Stevens (VCU).....	4,244
Makayla Binter (DAV).....	4,226
Amanda Baker (SLU).....	4,186

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2016 Championship - May 7-8 George Mason University Fairfax, VA

Team Standings Score

1. VCU.....	131.0
2. George Mason.....	126.0
3. Rhode Island.....	102.5
4. Dayton.....	94.0
5. Massachusetts.....	82.5
6. Duquesne.....	75.0
7. Richmond.....	69.5
8. Saint Louis.....	49.5
9. Saint Joseph's.....	49.0
10. Davidson.....	44.0
11. La Salle.....	21.0
12. George Washington.....	11.0
13. Fordham.....	3.0

100-meter Dash

Kia Carson (VCU).....	:11.99
Ashley Lucas (MASON).....	:12.13
Brianna Robitaille (URI).....	:12.30
Nathaniela Bourdeau (SJU).....	:12.32
Caela Williams (MASON).....	:12.34
Carina Peter (VCU).....	:12.35
Jessica Ewing (VCU).....	:12.41
Diamante Spencer (UM).....	:12.62

200-meter Dash

Kia Carson (VCU).....	:24.22
Nathaniela Bourdeau (SJU).....	:24.50
Mary Allen (UR).....	:24.65
Ashley Lucas (MASON).....	:24.66
Mariah Claudio (URI).....	:24.71
Jessica Ewing (VCU).....	:25.05
Verna Hilaire-Lee (VCU).....	:25.08
Caela Williams (MASON).....	:25.41

400-meter Dash

Jade Gregory (UR).....	:54.21
Emilie Cowan (UM).....	:54.52
Sharon Dorsey (MASON).....	:54.53
Abby O'Connell (DUQ).....	:54.58
Courtney Foster (SJU).....	:55.03
Sarah Moore (MASON).....	:55.05
Mariah Claudio (URI).....	:55.42
Latrice Morris (VCU).....	:56.41

800-meter Run

Nichelle Scott (VCU).....	2:11.05
Hannah Rieden (DAV).....	2:11.39
Elise Moore (SLU).....	2:12.06
Emma Kidd (SLU).....	2:12.57
Annegret Nehl (DUQ).....	2:13.65
Elizabeth Stump (VCU).....	2:14.81
Brigid Behrens (DAV).....	2:15.37
Ashley Greenlee (VCU).....	2:16.58

1500-meter Run

Morgan Szekely (LAS).....	4:28.01
Amanda Corbosiero (UR).....	4:31.32
Sarah Paddon (DAV).....	4:32.75

Taylor Clevinger (UR).....	4:35.86
Abbie Marquard (DUQ).....	4:36.72
Cassidy Weimer (SJU).....	4:37.78
Haley Preschutti (UR).....	4:38.22
Rebecca Scardelletti (LAS).....	4:38.69

5000-meter Run

Taylor Vernot (UD).....	17:32.15
Marisa Ruskan (UR).....	17:38.43
Caroline Yarbrough (DAV).....	17:40.15
Colleen Sands (UM).....	17:48.28
Shelby Cain (UR).....	17:55.98
Megan Connell (LAS).....	17:56.92
Angela Mignaneli (DUQ).....	18:00.74
Autumn Greba (DUQ).....	18:03.20

10,000-meter Run

Miranda DiBiasco (GW).....	35:07.64
Caroline Yarbrough (DAV).....	35:45.70
Elise Marker (SLU).....	36:33.03
Autumn Greba (DUQ).....	36:49.21
Allison Cheeseman (DAV).....	37:05.28
Megan Connell (LAS).....	37:11.05
Courtney Pfanstiel (SLU).....	37:13.27
Hannah Scipio (DUQ).....	37:14.95

100-meter Hurdles

Emily Renna (URI).....	:13.83
Ann Harlos (SLU).....	:14.21
Jordan Hoffman (UD).....	:14.22
Janel Conley (URI).....	:14.24
Victoria Soeder (DUQ).....	:14.51
Deonna Diggs (MASON).....	:14.58
Meghan Patroliia (UM).....	:14.72
Karen Lobaton (URI).....	:14.89

400-meter Hurdles

Dannah Hayward (SJU).....	1:00.04
Sommer Sharpe (MASON).....	1:00.07
Dyshelle Pemberton (URI).....	1:00.72
Ann Harlos (SLU).....	1:01.87
Ann Sheehy (VCU).....	1:03.29
Erika Coleman (VCU).....	1:03.59
Paige Yaeger (UD).....	1:04.54
Kylie McPherson (URI).....	1:05.08

3000-meter Steeplechase

Valerie Palermo (DUQ).....	10:28.32
Colleen Sands (UM).....	10:36.62
Grace McDonald (UD).....	10:43.13
Jennifer Nakamura (MASON).....	10:52.49
Kelly Bailey (UR).....	10:59.74
Julia Jenkins (SJU).....	10:59.80
Olivia Albers (UD).....	11:00.10
Ariana North (GW).....	11:04.37

4x100-meter Relay

VCU.....	:46.67
Dayton.....	:46.75
Rhode Island.....	:46.87
George Mason.....	:47.33
Saint Joseph's.....	:48.40
Duquesne.....	:48.45
Massachusetts.....	:48.80
Richmond.....	:49.34

4x400-meter Relay

George Mason.....	3:44.66
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Rhode Island	3:47.61
Duquesne.....	3:50.40
Richmond.....	3:50.93
Saint Louis.....	3:51.86
Fordham	4:00.20
Massachusetts	4:02.38
La Salle	4:12.72

4x800-meter Relay

Davidson.....	8:50.10
Richmond.....	8:50.39
Saint Louis.....	8:51.23
VCU.....	9:00.52
Massachusetts	9:04.65
Duquesne.....	9:05.04
Saint Joseph's.....	9:09.64
Rhode Island	9:13.07

High Jump

Talisha Watts (MASON)	5-08.75
Claudine Andre (SJU)	5-08.75
Christina Solomon (VCU).....	5-07.00
Shannon Taub (DUQ)	5-05.00
Stephanie Urich (SLU)	5-03.00
Tiffany Jenkins (URI)	5-03.00
Elaina Hobbs (URI).....	5-03.00
Julia Witt (UM).....	5-03.00

Long Jump

Carina Peter (VCU).....	19-02.00
Wahnetah Carty (MASON).....	18-11.75
Janel Francis (UR).....	18-07.75
Janel Conley (URI).....	18-03.75
Victoria Soeder (DUQ).....	18-03.00
Tatiyanna Sanders (UM)	18-01.00
Amber Jackson (LAS).....	17-08.25
Alliyah Stevens (VCU).....	17-07.50

Triple Jump

Carina Peter (VCU).....	39-01.00
Nhautrey Brown (MASON)	38-11.50
Junei Mosley (MASON)	38-10.50
Gabriella Benninger (DUQ)	38-09.75
Adria Butler (UD).....	38-06.75
Jennifer Czerapowicz (URI)	38-05.50
Taylor McCormick (VCU)	38-04.00
Amber Jackson (LAS).....	38-03.50

Hammer

Jenni Rossi (UD).....	178-08
Emily Muniz (MASON).....	167-07
Sonya Napariu (UD)	162-04
Jada Roberts (VCU)	157-03
Aysha Moreino (URI).....	151-10
Kelsey Crawford (UM).....	150-05
Maggie Dufault (URI).....	150-02
Jasmine Jefko (SLU)	148-04

Shot Put

Jenni Rossi (UD).....	48-11.00
Kelsey Crawford (UM).....	47-01.00
Briana Ratchford (VCU).....	45-02.50
Camora Sanders (VCU)	43-09.75
Sonya Napariu (UD)	42-04.25
Jasmine Jefko (SLU)	41-05.00
Latasha Williams (VCU).....	40-08.75
Margaret Riseborough (UM).....	40-03.25

Discus

Jenni Rossi (UD).....	156-07
Denise O'Rourke (VCU).....	149-04
Rachel Forder (MASON).....	145-06
Camora Sanders (VCU)	144-03
Ibiyemisi Gbenebor (UM)	140-09
Emily Muniz (MASON).....	137-05
Sarah Fairbanks (SJU).....	133-09
Leah Wolf (URI)	131-00

Javelin

Julia Franzosa (DUQ)	150-03
Kelsey Crawford (UM).....	146-00
Bridget Deveau (UM).....	135-11
Emma Robinson (UM).....	135-01
Shelby Garnand (MASON).....	133-08
Leah Wolf (URI)	125-05
Jenna Anderson (VCU)	125-01
Jessica Birdsong (UD).....	125-01

Pole Vault

Lindsay Horton (MASON)	12-08.00
Leah Frischmann (UD)	12-08.00
Karleigh Manfredi (URI)	12-02.00
Shelby Garnand (MASON).....	12-02.00
Karlee Fowler (URI).....	11-08.00
Sarah Timko (UR).....	11-02.25
Sarah Bierly (UM)	11-02.25
Kayla Rorke (UM)	11-02.25

Heptathlon

Keiko Hector (URI)	5,080
Bridget Deveau (UM).....	5,048
Sarah Sepanski (UD)	4,769
Hannah Madison (URI).....	4,549
Michelle Savoie (URI).....	4,541
Gabriella Benninger (DUQ)	4,361
Alliyah Stevens (VCU).....	4,356
Adria Butler (UD).....	4,270

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2015 Championship - May 2-3 George Mason University Fairfax, VA

Team Standings Score

1. George Mason	176.0
2. VCU.....	136.0
3. Dayton.....	92.0
4. Massachusetts	76.5
5. Duquesne.....	72.0
5. Richmond.....	72.0
7. Rhode Island.....	62.0
8. Saint Louis.....	55.5
9. Saint Joseph's.....	35.0
10. Davidson.....	31.0
11. La Salle.....	27.0
12. Fordham	19.0
13. George Washington.....	4.0

100-meter Dash

Qualitra Brown (VCU).....	:12.07
Aneesha Scott (MASON)	:12.17
Ashley Lucas (MASON)	:12.21
Janel Francis (UR).....	:12.21

Carina Peter (VCU).....	:12.22
Verna Hilaire-Lee (VCU).....	:12.24
Mackenzie Bonk (SLU).....	:12.43
Ashley DeMange (UD)	:12.56

200-meter Dash

Kiara Porter (VCU).....	:23.74
Qualitra Brown (VCU).....	:24.26
Jasmine Robinson (MASON).....	:24.33
Deborah Fajuyigbe (UR).....	:24.37
Caela Williams (MASON)	:24.55
Aneesha Scott (MASON)	:24.72
Verna Hilaire-Lee (VCU).....	:24.95
Hannah Rohde (SLU)	:25.03

400-meter Dash

Kiara Porter (VCU).....	:53.14
Taylor Sharpe (MASON)	:53.88
Jade Gregory (UR)	:54.62
Nicole Grasty (VCU)	:55.09
Mariah Claudio (URI)	:55.77
Maya Pedersen (UD)	:55.83
Amethyst Polk (VCU).....	:56.49
Deborah Fajuyigbe (UR).....	:57.15

800-meter Run

Heather MacLean (UM).....	2:07.28
Emma Kidd (SLU)	2:09.27
Shannon Dwyer (LAS)	2:10.08
Nichelle Scott (VCU)	2:11.14
Hannah Rieden (DAV)	2:12.07
Jamee Holmes (SLU)	2:12.59
Danielle Rowe (FOR).....	2:15.69
Cayleigh Solano (LAS).....	2:24.34

1500-meter Run

Morgan Szekely (LAS)	4:21.79
Taylor Clevinger (UR).....	4:25.17
Alyson McGonigle (UR).....	4:28.86
Marisa Ruskan (UR)	4:29.00
Emily Dyke (VCU).....	4:31.48
Rachel Hilliard (UM).....	4:32.04
Olivia Menden (DAV).....	4:33.35
Valerie Palermo (DUQ).....	4:34.82

5000-meter Run

Erin Osment (DAV).....	16:32.86
Bethany Sachtleben (MASON)	16:45.73
Annika Gomell (SLU).....	16:54.06
Danica Snyder (DUQ)	16:59.44
Isabel Liebfreid (SLU).....	17:14.63
Morgan Szekely (LAS)	17:18.07
Megan Connell (LAS).....	17:20.56
Miranda DiBiasco (GW).....	17:30.94

10,000-meter Run

Erin Osment (DAV)	34:36.74
Bethany Sachtleben (MASON)	34:40.83
Annika Gomell (SLU).....	34:43.23
Isabel Liebfreid (SLU).....	34:47.49
Jill Prentice (UR)	35:49.90
Molly Mickle (LAS).....	36:45.86
Jessica Hoefert (SLU)	37:48.00
Alexandra Purdue-Smithe (UM)	38:04.12

100-meter Hurdles

Shavon Briscoe (MASON).....	:13.71
Alexis Stroman (VCU).....	:13.94
Anna Simone (DUQ)	:14.15

Emily Renna (URI)	14.29
Georgia Mason (SJU)	14.35
Deonna Diggs (MASON)	14.36
Irielle Little (VCU)	14.56
Chantel Richardson (MASON)	14.86

400-meter Hurdles

Anna Simone (DUQ)	58.91
Shavon Briscoe (MASON)	1:00.31
Sommer Sharpe (MASON)	1:00.38
Dannah Hayward (SJU)	1:00.97
Kristen Stuart (FOR)	1:01.75
Erika Coleman (VCU)	1:02.52
Paige Yaeger (UD)	1:02.99
Louise PrevotEAU (DUQ)	1:07.13

3000-meter Steeplechase

Danica Snyder (DUQ)	10:17.76
Valerie Palermo (DUQ)	10:31.35
Brianna Tenvan (FOR)	10:39.55
Colleen Sands (UM)	11:02.05
Olivia Albers (UD)	11:06.83
Ariana North (GW)	11:14.33
Julia Jenkins (SJU)	11:26.69
Kelly Bailey (UR)	11:29.57

4x100-meter Relay

VCU	45.40
George Mason	45.58
Richmond	47.16
Dayton	47.31
Rhode Island	47.40
Saint Louis	47.66
Duquesne	48.25
Saint Joseph's	48.55

4x400-meter Relay

VCU	3:41.07
George Mason	3:41.66
Rhode Island	3:43.83
Saint Joseph's	3:47.31
Duquesne	3:47.46
Richmond	3:51.88
Saint Louis	3:52.29
Fordham	3:56.44

4x800-meter Relay

Richmond	8:49.19
Saint Louis	8:49.42
Fordham	8:49.91
Davidson	8:50.79
VCU	9:02.89
Massachusetts	9:04.63
La Salle	9:07.10
George Mason	9:12.49

High Jump

Talisha Watts (MASON)	5-07.00
Claudine Andre (SJU)	5-07.00
Rebecca Maj (UD)	5-05.00
Christina Solomon (VCU)	5-05.00
Sherie Key (DUQ)	5-05.00
Amiaya Carey (VCU)	5-05.00
Stephanie Uhrich (SLU)	5-03.00
Shavon Briscoe	5-03.00

Long Jump

Janel Francis (UR)	20-02.25
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Carina Peter (VCU)	19-05.50
Ashley Palmer (UM)	19-05.25
Chantel Richardson (MASON)	19-01.50
Sarah Fulgham (VCU)	19-01.25
Claudine Andre (SJU)	18-10.50
Louise PrevotEAU (DUQ)	18-09.75
Sherie Key (DUQ)	18-08.50

Triple Jump

Nhautrey Brown (MASON)	41-10.00
Rebecca Stoyale (UM)	40-03.25
Sherie Key (DUQ)	39-11.25
Courtney Kromko (UM)	39-09.75
Carina Peter (VCU)	39-05.00
Ashley Palmer (UM)	38-11.75
Janel Francis (UR)	38-04.25
Gabby Becattini (SJU)	38-03.50

Hammer

Aly Weeman (UD)	189-02
Erin Reese (UD)	175-11
Grace Janes (URI)	171-05
Miranda Nelson (UD)	165-00
Emily Muniz (MASON)	163-01
Sara Wagner (UM)	144-03
Maggie Dufault (URI)	141-02
Alyse DePaola (DUQ)	134-03

Shot Put

Jenni Rossi (UD)	46-11.50
Erin Reese (UD)	44-00.00
Michaela Smith (URI)	42-11.00
Miranda Nelson (UD)	42-09.50
Katja Neves (URI)	42-08.25
Margaret Riseborough (UM)	42-02.00
Sophia Fustos (DUQ)	41-00.50
Michelle Wallerstedt (MASON)	40-00.50

Discus

Michelle Wallerstedt (MASON)	154-08
Denise O'Rourke (VCU)	145-08
Erin Reese (UD)	138-10
Katja Neves (URI)	137-00
Aly Weeman (UD)	127-08
Emily Muniz (MASON)	127-01
Michaela Smith (URI)	125-00
Jada Roberts (VCU)	124-07

Javelin

Amanda Denger (MASON)	137-03
Emma Robinson (UM)	137-02
Shelby Garnand (MASON)	133-04
Julia Franzosa (DUQ)	130-06
Bridget Deveau (UM)	125-08
Lucy Belt (UM)	118-04
Rachel Erdely (DUQ)	115-09
Alyse DePaola (DUQ)	115-02

Pole Vault

Lindsay Horton (MASON)	12-05.50
Kaylan Pickford (URI)	12-05.50
Leah Frischmann (UD)	11-11.75
Ashley DeMange (UD)	11-11.75
Amber Sekoll (URI)	11-05.75
Stephanie Uhrich (SLU)	11-05.75
Karleigh Manfredi (URI)	11-05.75
Sarah Bierly (UM)	11-05.75

Heptathlon

Amanda Denger (MASON)	5,170
Bridget Deveau (UM)	4,826
Kayla Charles (SJU)	4,562
Hannah Madison (URI)	4,420
Katy Garcia (UD)	4,279
Amani Harper (VCU)	4,236
Julia Witt (UM)	4,146
Gabriella Benninger (DUQ)	3,935

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2014 Championship - May 3-4 University of Massachusetts Track Field Complex, Amherst, Mass.

Team Standings Score

1. George Mason	164.0
2. Duquesne	137.0
3. VCU	110.0
4. Rhode Island	93.5
5. Dayton	86.5
6. Saint Louis	76.0
6. Massachusetts	76.0
8. Richmond	48.0
9. La Salle	28.0
10. Fordham	23.0
11. Saint Joseph's	16.0

100-meter Dash

Jessica Ewing (VCU)	11.92
Aneesha Scott (MASON)	12.02
Brianna Robitaille (URI)	12.12
Jennifer Christian (URI)	12.12
Qualitra Brown (VCU)	12.16
Jasmine Robinson (MASON)	12.22
Nicole Grasty (VCU)	12.27
Briana Hill (MASON)	12.57

200-meter Dash

Kiara Porter (VCU)	23.89
Deborah Fajuyigbe (UR)	24.43
Mary Allen (UR)	24.48
Dainna Barron (MASON)	24.74
Qualitra Brown (VCU)	24.74
Aneesha Scott (MASON)	24.86
Jessica Ewing (VCU)	24.90
Hannah Janeczak (URI)	25.51

400-meter Dash

Kiara Porter (VCU)	53.55
Dominique Graham (MASON)	54.41
Daianna Barron (MASON)	55.07
Allison Walter (SLU)	55.15
Mary Allen (UR)	56.72
Abby O'Connell (DUQ)	56.83
Mariah Claudio (URI)	57.12
Deborah Fajuyigbe (UR)	57.93

800-meter Run

Heather MacLean (UM)	2:09.26
Elise Farris (DUQ)	2:09.36
Titi Fagade (FOR)	2:10.52
Tori Pisco (LAS)	2:12.65
Hailey Pisarcik (DUQ)	2:14.13
Heather Selheimer (MASON)	2:15.13

Brianna Krumholz (VCU)	2:15.20
Taylor Clevinger (UR)	2:15.74

1500-meter Run

Margo Richardson (SLU)	4:29.60
Hailey Pisarcik (DUQ)	4:30.55
Elizabeth Barrett (SJU)	4:31.90
Nicole Cargill (UD)	4:33.32
Amber Valimont (DUQ)	4:34.13
Mara Lieberman (FOR)	4:35.63
Alyson McGonigle (UR)	4:38.41
Taylor Hackett (LAS)	4:40.01

5000-meter Run

Bethany Sachtleben (MASON)	16:30.12
Meghan McGlinchey (LAS)	16:37.14
Annika Gomell (SLU)	16:57.45
Alexa Pelletier (URI)	16:59.88
Margo Richardson (SLU)	17:05.79
Jill Prentice (UR)	17:15.58
Jenny Delsignore (DUQ)	17:21.85
Michelle Capozzi (LAS)	17:28.59

10,000-meter Run

Meghan McGlinchey (LAS)	34:22.38
Bethany Sachtleben (MASON)	34:27.31
Jessica Hoefert (SLU)	34:36.63
Annika Gomell (SLU)	34:48.62
Isabel Liebfried (SLU)	35:40.58
Jenna Gigliotti (DUQ)	35:58.46
Anisa Arsenaault (FOR)	36:32.45
Molly Parsons (UR)	37:14.00

100-meter Hurdles

Shavon Briscoe (MASON)	13.74
Taylor Wheaton (MASON)	13.90
Emily Renna (URI)	14.03
Anna Simone (DUQ)	14.22
Alexis Stroman (VCU)	14.27
Kita Alvares (SLU)	14.51
Kelsey McKenna (UR)	14.59
Maddi Schmidt (UD)	14.63

400-meter Hurdles

Anna Simone (DUQ)	58.95
Taylor Wheaton (MASON)	59.30
Kita Alvares (SLU)	1:00.32
Shavon Briscoe (MASON)	1:01.30
De'Nisha Smith (VCU)	1:02.20
Kristen Stuart (FOR)	1:02.62
Amber Young (UR)	1:04.48
Paige Yeager (UD)	1:05.40

3000-meter Steeplechase

Nicole Cargill (UD)	10:22.32
Valerie Palermo (DUQ)	10:26.10
Amber Valimont (DUQ)	10:32.03
Lizzie Gleason (UD)	10:36.03
Olivia Albers (UD)	10:44.48
Danica Snyder (DUQ)	10:48.84
Jennifer Nakamura (MASON)	10:52.18
Liz Schinski (UR)	10:58.58

4x100-meter Relay

VCU	45.88
Rhode Island	46.62
George Mason	46.64

Richmond	47.07
Dayton	47.82
Saint Louis	48.03
Massachusetts	48.42
Duquesne	48.42

4x400-meter Relay

George Mason	3:40.56
VCU	3:45.55
Saint Louis	3:47.61
Saint Joseph's	3:49.21
Duquesne	3:49.42
Richmond	3:50.46
Rhode Island	3:53.38
Fordham	3:55.44

4x800-meter Relay

Massachusetts	9:00.22
Fordham	9:00.23
Duquesne	9:02.30
Saint Joseph's	9:04.31
Rhode Island	9:16.15
La Salle	9:18.46
George Mason	9:26.72
Dayton	9:27.41

High Jump

Sherie Key (DUQ)	5-08.75
Naya Owusu (SLU)	5-08.75
Louise PrevotEAU (DUQ)	5-05.00
Dominque Graham (MASON)	5-05.00
Katy Garcia (UD)	5-05.00
Rebecca Maj (UD)	5-05.00
Sarah Fulgham (VCU)	5-03.00
Megan Simpson (VCU)	5-03.00

Long Jump

Chantel Richardson (MASON)	19-00.00
Taylor Yarshen (DUQ)	18-11.25
Janel Francis (UR)	18-08.50
Courtney Kromko (UM)	18-08.50
De'Nisha Smith (VCU)	18-03.25
Ashley Palmer (UM)	18-02.25
Nhautrey Brown (MASON)	17-11.00
Camille Edwards (UM)	17-11.00

Triple Jump

Rebecca Stoyle (UM)	40-05.00
Sherie Key (DUQ)	39-04.50
Courtney Kromko (UM)	38-07.00
Lauren Avery (UM)	38-04.25
Maddi Schmidt (UD)	37-10.50
Janel Francis (UR)	37-07.75
Carina Peter (VCU)	37-06.75
Jennifer Czerapowicz (URI)	37-01.25

Hammer

Aly Weeman (UD)	181-08
Jaleesa Williams (VCU)	173-08
Genevieve Rybicki (URI)	168-03
Grace Janes (URI)	160-07
Miranda Nelson (UD)	157-09
Aysha Moreino (URI)	154-05
Meredith Oare (MASON)	153-05
Sara Wagner (UM)	153-01

Shot Put

Jaleesa Williams (VCU)	48-03.25
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Kelsey Crawford (UM)	46-04.25
Ashley Adams (DUQ)	44-08.25
Miranda Nelson (UD)	42-08.75
Genevieve Rybicki (URI)	42-07.50
Hannah Kuenzel (SLU)	42-05.50
Kaylee DeVincent (UM)	41-04.25
Margaret Riseborough (UM)	39-10.75

Discus

Jaleesa Williams (VCU)	175-03
Michelle Wallerstedt (MASON)	160-00
Ashley Adams (DUQ)	155-08
Genevieve Rybicki (URI)	150-05
Hannah Kuenzel (SLU)	146-08
Chelsea Zahn (DUQ)	144-01
Emily Muniz (MASON)	135-11
Aly Weeman (UD)	129-01

Javelin

Kelly McCabe (URI)	149-04
Amanda Denger (MASON)	142-05
Julia Franzosa (DUQ)	142-05
Kelsey Crawford (UM)	141-00
Brianna Ratchford (VCU)	137-04
Emma Robinson (UM)	134-06
Nicole Delesdernier (SLU)	124-07
Emily Louis (UM)	120-10

Pole Vault

Mandissa Marshall (MASON)	13-09.25
Hanna Krizmanic (UD)	12-01.50
Kaylan Pickford (URI)	12-01.50
Ashley DeMange (UD)	11-07.75
Sarah Gaskell (UD)	11-01.75
Lindsay Horton (MASON)	11-01.75
Kaitlin Gould (UM)	10-08.00
Megann Kaiser (MASON)	10-08.00
Stephanie Urich (SLU)	10-08.00

Heptathlon

Louise PrevotEAU (DUQ)	5,034
Amanda Denger (MASON)	4,901
Janel Conley (URI)	4,608
Katy Garcia (UD)	4,608
Kelly McCabe (URI)	4,376
Keiko Hector (URI)	4,334
Katharine Osborne (UM)	4,274
Rebecca Maj (UD)	4,265

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2013 Championship - May 4-5 Irwin Belk Track & Field Center, Charlotte, NC

Team Standings	Score
1. Charlotte	120.5
2. Rhode Island	98.0
3. Duquesne	97.0
3. VCU	97.0
5. Dayton	88.0
6. Temple	68.0
7. Massachusetts	67.0
8. Saint Louis	64.5
9. Richmond	50.0
10. Butler	45.0

11.	La Salle.....	30.0
12.	Fordham	13.0
13.	Xavier	10.0
13.	Saint Joseph's.....	10.0

100-meter Dash

Dionna Hayes (VCU).....	:11.84
Hannah Janeczak (URI).....	:11.97
Isatta Kenneh (TU).....	:12.00
Briauna Jones (CHA).....	:12.02
Nicole Hudec (BU).....	:12.17
Noelle Tazioli (UD).....	:12.20
Nicole Grasty (VCU).....	:12.23
Jennifer Christian (URI).....	:12.36

200-meter Dash

Kiara Porter (VCU).....	:24.07
Mary Allen (UR).....	:24.45
Hannah Janeczak (URI).....	:24.59
Isatta Kenneh (TU).....	:24.71
Nicole Grasty (VCU).....	:24.76
Jada Henderson (UD).....	:24.81
Noelle Tazioli (UD).....	:24.83
T'Sheila Mungo (CHA).....	:25.27

400-meter Dash

Kiara Porter (VCU).....	:53.61
T'Sheila Mungo (CHA).....	:54.70
Mary Allen (UR).....	:54.80
Abby O'Connell (DUQ).....	:55.24
Allison Walter (SLU).....	:55.43
Jade Gregory (UR).....	:55.65
Nicole Ragucci (FOR).....	:56.96
Lauren Burke (URI).....	:57.28

800-meter Run

Maraya Slatter (CHA).....	2:09.90
Wendy Hutchinson (LAS).....	2:10.14
Alyson McGonigle (UR).....	2:10.17
Elise Farris (DUQ).....	2:10.50
Taylor Carcella (CHA).....	2:11.38
Titi Fagade (FOR).....	2:11.41
Frances Brillante (URI).....	2:12.47
Kaitlyn Love (BU).....	2:15.04

1500-meter Run

Katie Clark (BU).....	4:24.74
Margo Richardson (SLU).....	4:28.37
Clare Moretz (UR).....	4:29.70
Maraya Slatter (CHA).....	4:30.92
Amber Valimont (DUQ).....	4:31.51
Hailey Pisarcik (DUQ).....	4:34.44
Anna Pavone (TU).....	4:37.52
Elizabeth Walker (LAS).....	4:38.65

5000-meter Run

Katie Clark (BU).....	16:17.30
Meghan McGlinchey (LAS).....	16:35.96
Margo Richardson (SLU).....	16:55.12
Olivia Pratt (BU).....	17:04.14
Emily Zaccardi (URI).....	17:16.53
Danica Snyder (DUQ).....	17:21.74
Jessica Hoefert (SLU).....	17:22.85
Lauren Fyalka (SLU).....	17:23.00

10,000-meter Run

Olivia Pratt (BU).....	35:32.20
Jessica Hoefert (SLU).....	35:35.80
Clare Fischer (XU).....	35:37.31

Hilary Orf (SLU).....	35:58.39
Lauren Fyalka (SLU).....	36:07.64
Michelle Capozzi (LAS).....	36:09.89
Meghan Lutz (LAS).....	36:18.82
Anisa Arsenault (FOR).....	36:24.00

100-meter Hurdles

Juanita Leto (CHA).....	:13.93
Alvonna Blakney (CHA).....	:13.99
Jade Wilson (TU).....	:14.17
LeAnna Morrison (CHA).....	:14.26
Emily Renna (URI).....	:14.28
Alexis Stroman (VCU).....	:14.34
Kita Alvares (SLU).....	:14.48
Caroline Warren (URI).....	:14.50

400-meter Hurdles

Nicole Cherok (DUQ).....	:58.62
LeAnna Morrison (CHA).....	:59.58
Kita Alvares (SLU).....	:59.51
Anna Simone (DUQ).....	1:00.34
Jade Wilson (TU).....	1:01.24
Tessa West (TU).....	1:01.51
Dannah Hayward (SJU).....	1:01.64
Amber Young (UR).....	1:03.77

3000-meter Steeplechase

Amber Valimont (DUQ).....	10:33.74
Nicole Cargill (UD).....	10:35.10
Lizzie Gleason (UD).....	10:35.48
Danica Snyder (DUQ).....	10:38.63
Erin James (SJU).....	10:41.56
Liz Schinski (UR).....	10:48.40
Maria Ruiz (CHA).....	10:49.59
Olivia Albers (UD).....	10:59.13

4x100-meter Relay

VCU.....	:45.78
Temple.....	:46.36
Charlotte.....	:46.79
Rhode Island.....	:46.88
Dayton.....	:47.18
Richmond.....	:47.43
Massachusetts.....	:48.10
Butler.....	:48.25

4x400-meter Relay

VCU.....	3:44.09
Duquesne.....	3:44.57
Charlotte.....	3:45.66
Saint Louis.....	3:46.34
Temple.....	3:49.92
Fordham.....	3:50.16
Saint Joseph's.....	3:51.16
Rhode Island.....	3:53.48

4x800-meter Relay

Richmond.....	8:58.08
La Salle.....	8:58.57
Rhode Island.....	9:00.26
Charlotte.....	9:00.91
Fordham.....	9:01.47
Duquesne.....	9:02.10
Xavier.....	9:05.14
Massachusetts.....	9:12.29

High Jump

Shannon Meehan (URI).....	5-05.25
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Ellie Grandi (UD).....	5-05.25
Paige Rittelman (DUQ).....	5-05.25
Katy Garcia (UD).....	5-05.25
Rebecca Maj (UD).....	5-05.25
Brittney Simmons (CHA).....	5-03.25
Brianna Hunt (SJU).....	5-03.25
Naya Owusu (SLU).....	5-03.25
Lauren Gulley (CHA).....	5-03.25
Jamila Janneh (TU).....	5-03.25

Long Jump

Brittney Edwards (DUQ).....	19-06.25
Katherine Finnegan (UM).....	19-01.25
Kiersten LaRoche (TU).....	19-00.00
Courtney Kromko (UM).....	18-10.75
Tacquaya Tobias (DUQ).....	18-06.00
Niamani Aduma (VCU).....	18-05.25
Ashley Palmer (UM).....	18-05.25
Carina Peter (VCU).....	18-04.25

Triple Jump

Rebecca Stoyle (UM).....	42-03.25
Brittney Edwards (DUQ).....	40-09.75
Briauna Jones (CHA).....	39-01.00
Jennifer Czerapowicz (URI).....	38-11.50
Nicole Hudec (BU).....	38-04.25
Maddi Schmidt (UD).....	38-03.50
Chaneka Perry (VCU).....	38-03.50
Carina Peter (VCU).....	37-09.50

Hammer

Genevieve Rybicki (URI).....	175-09
Katrina Wright (CHA).....	171-06
Emily Moorehead (URI).....	169-11
Renee Otte (UD).....	167-02
Jaleesa Williams (VCU).....	164-00
Miranda Nelson (UD).....	161-08
Toby Jo Klauenberg (CHA).....	161-03
Hannah Kuenzel (SLU).....	154-01

Shot Put

Hannah Kuenzel (SLU).....	46-01.50
Margo Britton (TU).....	46-00.00
Nalis Mbianda (UM).....	45-07.00
Miranda Nelson (UD).....	44-06.75
Toby Jo Klauenberg (CHA).....	44-04.25
Jaleesa Williams (VCU).....	43-04.25
Kelsey Crawford (UM).....	43-03.75
Adi Taraska (XU).....	42-07.00

Discus

Jessica Williams (VCU).....	154-01
Margo Britton (TU).....	153-04
Jaleesa Williams (VCU).....	152-07
Christine Borchers (UD).....	150-07
Katrina Wright (CHA).....	149-02
Ashley Adams (DUQ).....	148-02
Toby Jo Klauenberg (CHA).....	140-10
Mercedes Oliver (XU).....	132-09

Javelin

Rachelle Bourque (UM).....	143-01
Kelly McCabe (URI).....	142-07
Brianna Ratchford (VCU).....	132-05
Julia Franzosa (DUQ).....	132-03
Aubrey Dowding (CHA).....	123-01
Renee Otte (UD).....	121-04
Emily Louis (UM).....	117-08

Nicole Delesdenier (SLU) 114-06

Pole Vault

Katrina Steinhauser (UD) 12-02.50
Hanna Krizmanic (UD) 11-08.50
Lexi-Taylor Harrington (URI) 10-08.75
Sarah Bierly (UM) 10-08.75
Rachel Busch (UM) 10-08.75
Grace Gibson (UR) 10-08.75
Justine Dutton (VCU) 10-08.75
Jana Eatman (CHA) 10-08.75
Stephanie Urich (SLU) 10-08.75

Heptathlon

Dominique Best (LAS) 4,367
Amanda Collins (DUQ) 4,046
Caroline Warren (URI) 4,025
Meghan Hart (UR) 3,986
Erin Baldinger (UD) 3,978
Mallory Dugger (SLU) 3,939
Hilary Lang (UD) 3,889
Ann O'Toole (UR) 3,866

Top finisher in each event named Atlantic
10 All-Conference first-team; Second-place
finisher in each event named Atlantic 10 All-
Conference second-team.

2012 Championship - May 5-6 University of Massachusetts Track Field Complex, Amherst, Mass.

Team Standings Score

1. Charlotte 167.6
2. Temple 108.0
3. Rhode Island 107.0
4. Dayton 104.3
5. Duquesne 86.0
6. Saint Louis 77.0
7. Richmond 50.5
8. Massachusetts 45.5
9. Xavier 39.0
10. Fordham 32.5
11. La Salle 25.0
12. Saint Joseph's 15.6

100-meter Dash

Joann Blakney (CHA) :11.82
Jennifer Christian (URI) :12.02
Sirrell Butler (CHA) :12.15
LaTrese Barker (CHA) :12.16
Isatta Kenneh (TU) :12.20
Hannah Janeczak (URI) :12.21
Andrea Butler (TU) :12.32
Noelle Tazioli (UD) :12.36

200-meter Dash

Joann Blakney (CHA) :23.98
T'Sheila Mungo (CHA) :24.33
Isatta Kenneh (TU) :24.51
Ambrosia Iwugo (TU) :24.63
Noelle Tazioli (UD) :24.65
Hannah Kaneczak (URI) :24.68
Jennifer Christian (URI) :24.70
Sirrell Butler (CHA) :24.74

400-meter Dash

T'Sheila Mungo (CHA) :53.84
Ambrosia Iwugo (TU) :54.67

Rachel Weber (UD) :55.00
Shannon Abraham (DUQ) :55.02
Jaleah Wilder (CHA) :55.42
Titi Fagade (FOR) :55.68
Sheina Roberts (TU) :56.09
Allison Walter (SLU) :56.26

800-meter Run

Maraya Slatter (CHA) 2:08.48
Rachel Clark (XU) 2:10.15
Tonney Smith (TU) 2:10.47
Frances Brillante (URI) 2:11.46
Kelly Connolly (FOR) 2:11.88
Jenna Romano (SLU) 2:12.10
Kelsey Rose (SJU) 2:13.81
Shelby Haitz (DUQ) 2:15.75

1500-meter Run

Nicol Traynor (UR) 4:25.19
Margo Richardson (SLU) 4:26.97
Rachel Clark (XU) 4:27.44
Amber Valimont (DUQ) 4:28.66
Hilary Orf (SLU) 4:30.71
Alli Mannon (UR) 4:30.91
Caylin Howell (XU) 4:31.77
Hayley Madsen (URI) 4:32.03

5000-meter Run

Meghan McGlinchey (LAS) 16:36.65
Hilary Orf (SLU) 16:45.04
Karen Roa (UM) 16:50.80
Elissa Mason (UD) 16:58.97
Amber Valimont (DUQ) 17:02.58
Amanda Goetschius (CHA) 17:04.44
Margo Richardson (SLU) 17:08.24
Meg Ecker (DUQ) 17:11.47

10,000-meter Run

Meghan McGlinchey (LAS) 34:57.58
Elissa Mason (UD) 35:36.43
Abby Fischer (XU) 35:50.18
Meg Ecker (DUQ) 35:57.90
Anisa Arsenault (FOR) 35:59.40
Clare Fischer (XU) 36:04.60
Laura McCary (CHA) 36:41.24
Meghan Lutz (LAS) 36:51.46

100-meter Hurdles

Kalyn Sheehan (URI) :13.91
Emily Tyler (XU) :14.08
Juanita Leto (CHA) :14.17
LeAnna Morrison (CHA) :14.31
Jade Wilson (TU) :14.32
Kita Alvares (SLU) :14.61
Maddi Schmidt (UD) :14.69
Stefani Zabilowicz (SJU) :14.75

400-meter Hurdles

Nicole Cherok (DUQ) :59.91
LeAnna Morrison (CHA) :59.98
Jade Wilson (TU) 1:00.37
Cecily Young (CHA) 1:00.50
Kalyn Sheehan (URI) 1:01.23
Kita Alvares (SLU) 1:01.62
Tessa West (TU) 1:01.63
Kristen Stuart (FOR) 1:02.33

3000-meter Steeplechase

Nicol Traynor (UR) 10:04.20
Karen Roa (UM) 10:26.19
Ashley Vincent (XU) 10:32.41
Lizzie Gleason (UD) 10:39.85
Lindsey Cummings (UD) 10:40.90
Erin James (SJU) 10:44.68
Maria Ruiz (CHA) 10:49.07
Danica Snyder (DUQ) 10:52.96

4x100-meter Relay

Charlotte :45.43
Rhode Island :45.61
Temple :46.47
Duquesne :46.92
Dayton :47.01
Saint Louis :48.06
Massachusetts :48.30
Fordham :48.60
Saint Joseph's :48.76
La Salle :50.12

4x400-meter Relay

Charlotte 3:40.69
Temple 3:42.30
Fordham 3:43.53
Duquesne 3:44.40
Dayton 3:46.17
Rhode Island 3:47.58
Saint Louis 3:48.06
Massachusetts 3:52.14
Saint Joseph's 3:54.15
Xavier 3:55.02

4x800-meter Relay

Temple 8:43.10
Saint Louis 8:49.80
Dayton 8:50.09
Massachusetts 8:54.72
Rhode Island 8:55.51
Saint Joseph's 8:55.90
Duquesne 8:56.92
Richmond 9:01.63
Xavier 9:10.47
Fordham 9:12.48

High Jump

Naya Owusu (SLU) 5-08.00
Sherie Key (DUQ) 5-06.00
Hannah Boyce (SJU) 5-06.00
Courtney Newman (FOR) 5-06.00
Shannon Meehan (URI) 5-06.00
Kacie Sledge (CHA) 5-04.25
Juliana Lawniczak (UD) 5-02.25
Brittney Simmons (CHA) 5-02.25
Brianna Hunt (SJU) 5-02.25
Katy Garcia (UD) 5-02.25
Ellie Grandi (UD) 5-02.25

Long Jump

Brittney Cloudy (SLU) 19-08.00
Briauna Jones (CHA) 19-04.25
Kiersten LaRoche (TU) 19-04.25
Jessica Morgan (CHA) 18-07.75
Hilary Lang (UD) 18-07.00
Brittney Edwards (DUQ) 18-06.00
Tacquaya Tobias (DUQ) 18-04.25
Elisabeth Warren (FOR) 18-04.25

Triple Jump

Brittney Cloudy (SLU).....	41-07.75
Brianna Jones (CHA).....	40-06.00
Rebecca Stoye (UM).....	39-09.25
Brittney Edwards (DUQ).....	39-08.75
Maddi Schmidt (UD).....	38-05.50
Jessica Morgan (CHA).....	37-11.50
Kim Ezeama (URI).....	37-08.75
Sherie Key (DUQ).....	37-04.00

Hammer

Meaghan McGovern (UR).....	187-01
Aly Weeman (UD).....	179-07
Genevieve Rybicki (URI).....	170-07
Emily Morrehead (URI).....	164-10
Alanna Owens (TU).....	160-09
Renee Otte (UD).....	156-00
Arin Whitman (DUQ).....	154-09
Samm Hortsman (UD).....	147-03

Shot Put

Margo Britton (TU).....	47-04.50
Alanna Owens (TU).....	46-05.50
Genevieve Rybicki (URI).....	45-09.75
Toby Jo Klauenberg (CHA).....	45-01.75
Nalis Mbianda (UM).....	44-08.25
Hannah Kuenzel (SLU).....	44-07.00
Arin Whitman (DUQ).....	43-03.25
Chelsea Zahn (DUQ).....	42-08.75

Discus

Margo Britton (TU).....	162-03
Katrina Wright (CHA).....	157-06
Chelsea Zahn (DUQ).....	150-09
Genevieve Rybicki (URI).....	145-08
Christine Borchers (UD).....	145-06
Hannah Kuenzel (SLU).....	140-03
Toby Jo Klauenberg (CHA).....	135-09
Arin Whitman (DUQ).....	130-09

Javelin

Rachelle Bourque (UM).....	139-08
Blair Hassell (FOR).....	138-05
Kelly McCabe (URI).....	134-03
Melanie Overall (UR).....	123-05
Mindy Haulman (DUQ).....	115-00
Nicole Belhumer (URI).....	110-10
Jennifer Simao (UM).....	109-07
Erin Baldinger (UD).....	108-06

Pole Vault

Hannah Krizmanic (UD).....	12-02.00
Ashley DeMange (UD).....	12-02.00
Kaylan Pickford (URI).....	11-08.00
Grace Gibson (UR).....	11-02.25
Katrina Steinhauser (UD).....	11-02.25
Katelyn Cass (DUQ).....	11-02.25
Christine Silvar (UM).....	10-08.25
Lexi-Taylor Harrington (URI).....	10-08.25

Heptathlon

Marissa Norman (URI).....	4,850
Kiersten laRoche (TU).....	4,703
Hilary Lang (UD).....	4,532
Keiko Hector (URI).....	4,426
Mallory Dugger (SLU).....	4,396
Erin Baldinger (UD).....	4,309

Katy Garcia (UD).....	4,286
Brianna Alvarez (TU).....	4,278

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2011 Championship - May 7-8 Irwin Belk Track & Field Center, Charlotte, NC

Team StandingsScore

1. Charlotte.....	169.5
2. Dayton.....	133.0
3. Richmond.....	99.5
4. Duquesne.....	93.5
Rhode Island.....	93.5
6. Temple.....	75.0
7. Saint Louis.....	59.5
8. Massachusetts.....	48.0
9. Saint Joseph's.....	32.5
10. Fordham.....	25.0
11. La Salle.....	17.0
12. Xavier.....	12.0

100-meter Dash

Sirrell Butler (CHA).....	:11.77
Jennifer Christian (URI).....	:11.80
LaTrese Barker (CHA).....	:11.97
Hannah Janeczak (URI).....	:12.06
Katie Nageotte (UD).....	:12.09
Cassie Grandstaff (UD).....	:12.27
Chelsea Jubrey (URI).....	:12.27
Crystal Hercules (TU).....	:12.32

200-meter Dash

Taylor Glenn (DUQ).....	:24.82
Ambrosia Iwugo (TU).....	:24.85
Sirrell Butler (CHA).....	:24.95
Hannah Janeczak (URI).....	:25.06
Ebonie Cunningham (CHA).....	:25.07
Jada Henderson (UD).....	:25.14
Tiffany Alexander (SLU).....	:25.19
Paris Williams (TU).....	:25.19

400-meter Dash

Cecily Young (CHA).....	:55.39
Rachel Weber (UD).....	:55.40
Ebonie Cunningham (CHA).....	:55.55
Taylor Glenn (DUQ).....	:55.73
Shannon Abraham (DUQ).....	:56.06
Tiffany Alexander (SLU).....	:56.09
Paris Williams (TU).....	:56.44
Allison Walter (SLU).....	:56.63

800-meter Run

Victoria Gocht (TU).....	2:08.34
Gina Perno (UM).....	2:10.29
Tashima Stephens (TU).....	2:10.66
Rachel Clark (XU).....	2:11.17
Caitlin McCarthy (SLU).....	2:12.05
Maddie O'Quinn (SLU).....	2:12.24
Elise Farris (DUQ).....	2:12.43
Kelsey Rose (SJU).....	2:12.45

1500-meter Run

Amy Van Alstine (UR).....	4:19.38
Kerri Gallagher (FOR).....	4:25.32
Maureen Bulgrin (UD).....	4:28.25

Keara Thomas (CHA).....	4:28.31
Hilary Orf (SLU).....	4:28.41
Liz Coorey (UD).....	4:29.40
Amber Valimont (DUQ).....	4:29.89
Margo Richardson (SLU).....	4:30.57

5000-meter Run

Amy Van Alstine (UR).....	16:39.56
Nicol Traynor (UR).....	16:41.87
Amanda Goetschius (CHA).....	16:42.82
Maureen Bulgrin (UD).....	17:06.34
Liz Coorey (UD).....	17:08.97
Hilary Orf (SLU).....	17:14.91
Amber Valimont (DUQ).....	17:17.45
Emily Zimmerman (UD).....	17:25.68

10,000-meter Run

Amanda Goetschius (CHA).....	34:59.23
Emily Zimmerman (UD).....	35:30.32
Julie Rechel (UR).....	35:31.55
Jessica DiCicco (SJU).....	35:42.56
Meghan Lutz (LAS).....	35:56.41
Elissa Mason (UD).....	35:59.51
Beth Kelly (UR).....	36:38.29
Katherine Holloway (CHA).....	36:44.23

100-meter Hurdles

Kalyn Sheehan (URI).....	:13.93
Shanice Jones (CHA).....	:14.41
Emily Tyler (XU).....	:14.44
Stefani Zabilowicz (SJU).....	:14.52
Assata Cowart (TU).....	:14.63
Tacara Morrissey (CHA).....	:14.65
Lara-Jane Que (URI).....	:14.82
Maddi Schmidt (UD).....	:14.89

400-meter Hurdles

Assata Cowart (TU).....	:59.74
Kalyn Sheehan (URI).....	:59.83
Cecily Young (CHA).....	1:00.71
Tessa West (TU).....	1:02.09
Kita Alvares (SLU).....	1:02.13
Nicole Cheroke (DUQ).....	1:02.44
Shanice Jones (CHA).....	1:03.33
Michelle Jenssen (UM).....	1:05.91

3000-meter Steeplechase

Keara Thomas (CHA).....	10:09.50
Nicol Traynor (UR).....	10:11.20
Caitrin Demchko (URI).....	10:30.42
Maureen O'Donnell (SJU).....	10:32.58
Karen Roa (UM).....	10:35.43
Jennifer Ennis (UR).....	10:42.10
Maria Ruiz (CHA).....	10:59.88
Lindsey Cummings (UD).....	11:00.75

4x100-meter Relay

Charlotte.....	:45.86
Rhode Island.....	:46.49
Temple.....	:46.96
Dayton.....	:47.10
Duquesne.....	:47.41
Saint Joseph's.....	:47.94
Fordham.....	:48.03
Saint Louis.....	:48.24
Xavier.....	:48.67
La Salle.....	DNF

4x400-meter Relay

Charlotte.....	3:41.01
Temple.....	3:41.74
Saint Louis.....	3:46.87
Rhode Island.....	3:47.80
Fordham.....	3:47.81
Duquesne.....	3:48.43
Saint Joseph's.....	3:54.07
Dayton.....	3:55.55
Massachusetts.....	3:56.31
La Salle.....	3:56.60
Xavier.....	3:59.61

4x800-meter Relay

Temple.....	8:43.10
Saint Louis.....	8:49.80
Dayton.....	8:50.09
Massachusetts.....	8:54.72
Rhode Island.....	8:55.51
Saint Joseph's.....	8:55.90
Duquesne.....	8:56.92
Richmond.....	9:01.63
Xavier.....	9:10.47
Fordham.....	9:12.48
La Salle.....	9:18.20

High Jump

Briauna Jones (CHA).....	5-05.00
Sherie Key (DUQ).....	5-05.00
Courtney Newman (FOR).....	5-05.00
Hannah Boyce (SJU).....	5-03.00
Rebecca Banker (UM).....	5-03.00
Alexis Louder (CHA).....	5-01.00
Shannon Meehan (URi).....	5-01.00
Naya Owusu (SLU).....	5-01.00
Brittani Reid (UD).....	5-01.00

Long Jump

Briauna Jones (CHA).....	18-11.25
Jessica Morgan (CHA).....	18-09.25
Brittney Cloudy (SLU).....	18-05.75
X'auntasia Johnson (UR).....	18-03.25
Brittney Edwards (DUQ).....	18-02.50
Dominique Best (LAS).....	18-01.00
Sierra Larsuel (DUQ).....	18-00.25
Ananda Fraser (URI).....	17-06.75

Triple Jump

Stephanie Aguguo (UM).....	41-03.75
Briauna Jones (CHA).....	40-06.75
Brittney Cloudy (SLU).....	40-05.00
Ananda Fraser (URI).....	39-09.75
Nohjay Nimpson (SJU).....	39-09.25
X'auntasia Johnson (UR).....	39-07.75
Brittney Edwards (DUQ).....	39-03.00
Sierra Alvarez (TU).....	38-07.00

Hammer

Mallory Barnes (UD).....	191-06
Meaghan McGovern (UR).....	183-03
Crystal Bourque (URI).....	177-01
Chelsey McLean (CHA).....	175-03
Kerry Allen (UD).....	172-03
Emily Moorehead (URI).....	158-04
Arin Whitman (DUQ).....	156-03
Monica Howard (UR).....	154-00

Shot Put

Mallory Barnes (UD).....	48-02.75
Johnna Zaccari (UD).....	46-05.50
Ashley Adams (DUQ).....	46-05.50
Nalis Mbianda (UM).....	44-05.50
Alanna Owens (TU).....	44-00.75
Hannah Kuenzel (SLU).....	43-01.00
Korrey Willis (DUQ).....	42-09.50
Arin Whitman (DUQ).....	42-04.00

Discus

Monica Howard (UR).....	163-07
Ashley Adams (DUQ).....	154-04
Heather Roush (UR).....	151-01
Lindsey Pate (CHA).....	144-04
Mallory Barnes (UD).....	142-06
Katrina Wright (CHA).....	140-04
Christine Borchers (UD).....	136-00
Sabrina Johnson (XU).....	134-02

Javelin

Heather Roush (UR).....	147-04
Rachelle Bourque (UM).....	139-04
Mindy Haulman (DUQ).....	127-00
Blair Hassell (FOR).....	127-00
Lindsey Pate (CHA).....	121-02
Leanne Stover (URI).....	119-03
Renee Otte (UD).....	117-06
Laura Barnhardt (DUQ).....	115-11

Pole Vault

Courtney Siebenaller (UD).....	12-07.50
Pembroke Strickland (UD).....	11-07.75
Katelyn Cass (DUQ).....	11-01.75
Katrina Steinhauser (UD).....	11-01.75
Kaylan Pickford (URI).....	11-01.75
Christine Silvar (UM).....	11-01.75
Grace Gibson (UR).....	11-01.75
Lexi-Taylor Harrington (URI).....	10-08.00

Heptathlon

Dominique Best (LAS).....	4,367
Amanda Collins (DUQ).....	4,046
Caroline Warren (URI).....	4,025
Meghan Hart (UR).....	3,986
Erin Baldinger (UD).....	3,978
Mallory Dugger (SLU).....	3,939
Hilary Lang (UD).....	3,889
Ann O'Toole (UR).....	3,866

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2010 Championship - May 1-2 University of Massachusetts Track Field Complex, Amherst, Mass.

Team Standings Score

1. Temple.....	143.5
2. Dayton.....	138
3. Charlotte.....	137
4. Rhode Island.....	122
5. Richmond.....	78.75
6. Massachusetts.....	65
7. Duquesne.....	50.25
8. Fordham.....	33
9. Saint Louis.....	29
10. La Salle.....	22

11. Xavier.....	20.75
12. Saint Joseph's.....	18.75

100-meter Dash

Sirrell Butler (CHA).....	:11.70
Chalonda Silver (CHA).....	:11.89
Christiana Taylor (TU).....	:12.06
Lauren McCormick (UD).....	:12.11
Chelsea Jubrey (URI).....	:12.16
Jalessa Graham (LAS).....	:12.34
Lauren O'Brien (UD).....	:12.40
Tiffanie Downing (CHA).....	:12.42

200-meter Dash

Christiana Taylor (TU).....	:24.22
Ebonie Cunningham (CHA).....	:24.45
Melissa Miller (DUQ).....	:24.52
Sirrell butler (CHA).....	:24.71
Chalonda Silver (CHA).....	:24.74
Chelsea Jubrey (URI).....	:24.85
Paris Williams (TU).....	:24.85
Jada Henderson (UD).....	:25.02

400-meter Dash

Paris Williams (TU).....	:54.71
Melissa Miller (DUQ).....	:54.90
Ebonie Cunningham (CHA).....	:55.63
Shadaya Bennett (TU).....	:56.15
Kortnie Coleman (CHA).....	:56.37
Ashley Brown (CHA).....	:56.48
Tiffany Alexander (SLU).....	:56.60
Najla Singleton (URI).....	:56.70

800-meter Run

Kerri Gallagher (FOR).....	2:09.08
Victoria Gocht (TU).....	2:10.47
Ashley Cattran (UD).....	2:10.81
Tashima Stephens (TU).....	2:12.40
Gina Perno (UM).....	2:13.36
Tonney Smith (TU).....	2:14.05
Rachel Clark (XU).....	2:14.12
Hayley Madsen (URI).....	2:14.35

1,500-meter Run

Amanda Goetschius (CHA).....	4:24.35
Ashley Cattran (UD).....	4:26.60
Liz Coorey (UD).....	4:31.54
Wendy Hutchinson (LAS).....	4:33.27
Courtney Baldwin (UM).....	4:33.58
Elizabeth Fisk (UM).....	4:34.53
Caylin Howell (XU).....	4:35.83
Dana Guglielmo (UR).....	4:38.15

5,000-meter Run

Amanda Goetschius (CHA).....	16:33.29
Amy VanAlstine (UR).....	17:13.57
Katie Kelly (DUQ).....	17:26.24
Elissa Mason (UD).....	17:34.75
Keara Thomas (CHA).....	17:38.71
Maureen Bulgrin (UD).....	17:38.73
Liz Coorey (UD).....	17:39.38
Jessica DiCicco (SJU).....	17:47.59

10,000-meter Run

Brigid Moriarty (FOR).....	35:53.16
Julie Rechel (UR).....	36:00.17
Maureen Bulgrin (UD).....	36:21.20

Meghan Lutz (LAS).....	36:26.59
Erin Lunny (UR).....	36:59.37
Jessica DiCicco (SJU).....	37:05.22
Aimee Chegwidan (SJU).....	37:11.06
Shiyi Zan (UM).....	37:20.21

100-meter Hurdles

Lara-Jane Que (URI).....	:14.01
Brittney McRae (TU).....	:14.02
Kalie Kirk (SLU).....	:14.15
Kalyn Sheehan (URI).....	:14.40
Christiana Taylor (TU).....	:14.41
Tacara Morrissey (CHA).....	:14.44
Lanaire Lindo (CHA).....	:14.50
Stefani Zabilowicz (SJU).....	:14.61

400-meter Hurdles

Assata Cowart (TU).....	1:00.35
Kalyn Sheehan (URI).....	1:01.40
Jade Wilson (TU).....	1:01.57
Sunita Brathwaite (CHA).....	1:01.81
Kalie Kirk (SLU).....	1:02.22
Shanice Jones (CHA).....	1:03.42
Cecily Young (CHA).....	1:03.69
Brittany Bakanowski (UM).....	1:03.74

3000-meter Steeplechase

Keara Thomas (CHA).....	10:35.75
Dana Guglielmo (UR).....	10:36.11
Katie Kelly (DUQ).....	10:44.27
Caitlin Thomas (XU).....	10:45.49
Karen Roa (UM).....	10:50.10
Samantha Gallagher (LAS).....	11:00.54
Caitrin Demchko (UR).....	11:04.63
Meghan Van Houten (DUQ).....	11:11.66

4x100-meter Relay

Charlotte.....	:45.73
Temple.....	:47.05
Dayton.....	:47.17
Rhode Island.....	:47.34
Xavier.....	:47.66
Saint Louis.....	:47.70
Duquesne.....	:47.98
Massachusetts.....	:48.38

4x400-meter Relay

Temple.....	3:41.56
Charlotte.....	3:43.67
Rhode Island.....	3:49.12
Fordham.....	3:50.64
Dayton.....	3:51.91
Saint Joseph's.....	3:52.06
Massachusetts.....	3:52.79
Saint Louis.....	3:54.84

4x800-meter Relay

Temple.....	8:48.36
Rhode Island.....	8:53.74
La Salle.....	8:54.37
Fordham.....	9:04.61
Massachusetts.....	9:08.28
Xavier.....	9:16.02
Saint Joseph's.....	9:17.14
Richmond.....	9:17.56

High Jump

Shayna Daugherty (URI).....	5-05.00
Tiffany Maske (UD).....	5-03.00
Danielle Brown (CHA).....	5-03.00
Shannon Meehan (URI).....	5-03.00

Rebecca Banjer (UM).....	5-03.00
Shaniece Stonewall (TU).....	5-03.00
Hannah Boyce (SJU).....	5-01.00
Megan Ney (UR).....	5-01.00
Micayla McGinn (XU).....	5-01.00
Sara Cappo (DUQ).....	5-01.00

Long Jump

Christina Taylor (TU).....	19-04.75
Megan Ney (UR).....	18-10.50
Brittney McRae (TU).....	18-06.00
Ananda Fraser (URI).....	18-05.00
Ida Okkonen (UM).....	18-04.25
Brittney Cloudy (SLU).....	18-03.75
Katherine Finnegan (UM).....	17-10.25
Amanda Caporelli (UR).....	17-10.25

Triple Jump

Brittney Cloudy (SLU).....	40-11.50
Ananda Fraser (URI).....	40-07.75
Megan Ney (UR).....	39-01.25
Danielle Brown (CHA).....	39-00.25
Nohjay Nimpson (SJU).....	38-07.00
Christina Taylor (TU).....	38-02.75
X' auntasia Johnson (UR).....	38-01.50
Stephanie Aguguo (UM).....	37-08.75

Hammer

Mallory Barnes (UD).....	189-07
Crystal Bourque (URI).....	182-03
Meaghan McGovern (UR).....	178-07
Kerry Allen (UD).....	178-02
Tayla Sawtelle (URI).....	175-01
Chelsey McLean (CHA).....	162-02
Molly McCarty (UD).....	161-10
Sharona Bailey (CHA).....	151-02

Shot Put

Mallory Barnes (UD).....	48-08.25
Johnna Zaccari (UD).....	46-08.00
Sarah Allen (UD).....	45-11.75
Lisa Wilson (UM).....	45-05.00
Alanna Owens (TU).....	44-04.75
Ashley Adams (DUQ).....	43-10.75
Genevieve Rybicki (URI).....	43-01.00
Shana Caballes (CHA).....	42-09.50

Discus

Ashley Adams (DUQ).....	153-02
Lisa Wilson (UM).....	151-04
Heather Roush (UR).....	149-06
Monica Howard (UR).....	148-04
Sabrina Johnson (XU).....	148-02
Lindsey Pate (CHA).....	141-02
Mallory Barnes (UD).....	138-03
Christine Borches (UD).....	133-10

Javelin

Heather Roush (UR).....	143-02
Rachelle Bourque (UM).....	139-08
Kelly McCabe (URI).....	131-10
Emma Steinmetz (UD).....	131.00
Stefanie Danehy (UM).....	129-05
Blair Hassell (FOR).....	129-03
Nohjay Nimpson (SJU).....	126-05
Lindsey Pate (CHA).....	124-01

Pole Vault

Katie Nageotte (UD).....	12-01.50
Melissa Gale (TU).....	12-01.50
Katelyn Cass (DUQ).....	11-07.75
Nicole Pompei (UM).....	11-07.75
Courtney Siebenaller (UD).....	11-07.75
Pembroke Strickland (UD).....	11-07.75
Daniela Siciliano (DUQ).....	11-01.75
Stephanie Gregory (URI).....	10-08.00

Heptathlon

Shayna Daugherty (URI).....	5,240
Kelly McCabe (URI).....	4,696
Emily Krizmanic (UD).....	4,408
Emma Steinmetz (UD).....	4,348
Shaniece Stonewall (TU).....	3,995
Molly McGrath (UR).....	3,974
Caroline Warren (URI).....	3,914
Meghan Hart (UR).....	3,738

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2009 Championship - May 2-3, Irwin Belk Track & Field Center, Charlotte, NC

Team Standings Score

1. Charlotte.....	174.0
2. Dayton.....	116.5
3. Rhode Island.....	109.5
4. Temple.....	88.0
5. Richmond.....	84.5
6. Massachusetts.....	57.0
7. Duquesne.....	55.5
8. Saint Joseph's.....	46.0
9. Fordham.....	43.0
10. La Salle.....	41.0
11. Xavier.....	27.0
12. Saint Louis.....	16.0

100-meter Dash

Lamarra Currie (CHA).....	:11.44
Pat Springs (CHA).....	:11.82
Sirrell Butler (CHA).....	:11.87
Lauren McCormick (UD).....	:12.23
Ashley Robinson (URI).....	:12.25
Brittany Thomas (UD).....	:12.45
Jalessa Graham (LAS).....	:12.52
Kyla Jones (LAS).....	:12.53

200-meter Dash

Lamarra Currie (CHA).....	:23.46
Nicole McMullen (SJU).....	:24.23
Melissa Miller (DUQ).....	:24.46
Chalonda Silver (CHA).....	:24.73
Holly Heinricher (UM).....	:24.76
Carleen Allison (TU).....	:24.80
Ashley Robinson (URI).....	:24.90
Paris Williams (TU).....	:24.90

400-meter Dash

Paris Williams (TU).....	:55.06
Melissa Miller (DUQ).....	:55.49
Ebonie Cunningham (CHA).....	:55.68
Kortnie Coleman (CHA).....	:56.03
Olivia Brown (CHA).....	:56.17
Rachel Weber (UD).....	:56.73

Najla Singleton (URI)	:56.75
Carleen Allison (TU)	:56.93

800-meter Run

Aja Jackson (CHA)	2:10.03
Melissa Salerno (FOR)	2:11.09
Meaghan Hobson (LAS)	2:11.43
Kerri Gallagher (FOR)	2:12.05
Ashley Cattran (UD)	2:13.77
Tashima Stephens (TU)	2:14.19
Kelly Johnson (UD)	2:14.33
Maddie O'Quinn (SLU)	2:14.64

1,500-meter Run

Aja Jackson (CHA)	4:27.72
Melissa Salerno (FOR)	4:27.85
Nicol Traynor (UR)	4:28.79
Ashley Cattran (UD)	4:30.30
Becky Clark (XU)	4:31.38
Samantha Howard (DUQ)	4:35.08
Elizabeth Coorey (UD)	4:37.13
Caitlin Storbeck (LAS)	4:39.26

5,000-meter Run

Christa Plummer (LAS)	16:46.37
Nicol Traynor (UR)	16:58.58
Maureen Bulgrin (UD)	17:02.69
Samantha Howard (DUQ)	17:21.79
Becky Clark (XU)	17:46.65
Sara Cimino (DUQ)	17:51.94
Katie Kelly (DUQ)	18:01.09

10,000-meter Run

Christa Plummer (LAS)	36:13.78
Katrina Spratford (UR)	36:45.51
Jessica DiCicco (SJU)	37:19.21
Liana Blue (CHA)	37:25.73
Brigid Moriarity (FOR)	37:36.50
Julie Rechel (UR)	37:43.26
Mary Moloney (SLU)	37:48.17
Erin Lunny (UR)	38:40.78

100-meter Hurdles

Sunita Brathwaite (CHA)	:13.52
Pat Springs (CHA)	:14.16
Lanaire Lindo (CHA)	:14.19
Brittany Clybourn (TU)	:14.28
Lara-Jane Que (URI)	:14.34
Tylynn Graham (URI)	:14.44
Brittney McRae (TU)	:14.45
Andrea Cornell (UD)	:14.51

400-meter Hurdles

Kalyn Sheehan (URI)	1:00.64
Assata Cowart (TU)	1:00.68
Kristin Andrews (SJU)	1:03.13
Kristen Pierce (SJU)	1:03.19
Brittany Bakanowski (UM)	1:04.03
Shanice Jones (CHA)	1:04.12
Cecily Young (CHA)	1:05.34
Emily Tyler (XU)	1:05.80

3,000-meter Steeplechase

Keara Thomas (CHA)	10:43.05
Caitlin Thomas (XU)	10:51.73
Ellen Nienhaus (UD)	10:55.80
Katie Kelly (DUQ)	11:00.18

Jenn Ennis (UR)	11:00.56
Samantha Gallagher (LAS)	11:03.11
Karen Roa (UM)	11:03.57
Kristin Mitchell (CHA)	11:15.53

4x100-meter Relay

Charlotte	:44.94
Dayton	:47.35
Richmond	:47.53
Temple	:47.83
Saint Joseph's	:47.85
Rhode Island	:47.92
La Salle	:48.52
Duquesne	:48.97

4x400-meter Relay

Charlotte	3:42.52
Temple	3:42.87
Rhode Island	3:46.83
Saint Joseph's	3:52.58
Massachusetts	3:53.12
Duquesne	3:53.14
Fordham	3:54.66
La Salle	3:54.98

4x800-meter Relay

Charlotte	8:53.73
Dayton	8:55.04
Fordham	8:55.72
La Salle	8:57.44
Saint Louis	8:59.26
Temple	9:02.92
Duquesne	9:03.13
Saint Joseph's	9:04.62

High Jump

Shayna Daugherty (URI)	5-08.75
Tylynn Graham (URI)	5-07.00
Tiffany Maske (UD)	5-05.00
Natalie Miller (SJU)	5-05.00
Jackie Chiodo (URI)	5-03.00
Amy Kremer (UD)	5-03.00
Lauryn Fougerousse (UD)	5-03.00
Megan Ney (UR)	5-03.00

Long Jump

Pat Springs (CHA)	20-07.00
Brittney McRae (TU)	19-04.25
Sierra Larsuel (DUQ)	18-07.00
Brittany Clybourn (TU)	18-04.50
Megan Ney (UR)	18-02.25
Ida Okkonen (UM)	18-01.00
Nicole McMullen (SJU)	17-09.50
Brittney Cloudy (SLU)	17-07.00

Triple Jump

Ananda Fraser (URI)	39-07.25
Brittney Cloudy (SLU)	39-05.00
Megan Ney (UR)	39-05.00
Xauntasia Johnson (UR)	39-03.25
Danielle Brown (CHA)	39-03.25
Stephanie Aguguo (UM)	39-02.25
Sequoia McBall (TU)	38-10.25
Nohjay Nimpson (SJU)	37-06.00

Hammer

Jasmine Jennings (URI)	203-00
Amanda Cole (TU)	179-03
Mallory Barnes (UD)	175-10

Meaghan McGovern (UR)	171-08
Crystal Bourque (URI)	171-05
Lisa Wilson (UM)	170-10
Molly McCarty (UD)	168-09
Monica Howard (UR)	164-08

Shot Put

April Phillips (XU)	47-04.50
Lisa Wilson (UM)	44-08.75
Jasmine Jennings (URI)	44-08.00
Sarah Allen (UD)	43-09.25
Mallory Barnes (UD)	43-08.50
Johnna Zaccari (UD)	43-08.00
Amanda Cole (TU)	42-09.50
Sommer Cloinger (URI)	41-03.75

Discus

Lisa Wilson (UM)	155-00
Heather Roush (UR)	152-08
Monica Howard (UR)	150-08
Lindsey Pate (CHA)	149-03
Jasmine Jennings (URI)	145-10
Emily Overmyer (UD)	140-04
Sharonda Bailey (CHA)	138-04
Arin Whitman (DUQ)	136-03

Javelin

Heather Roush (UR)	132-06
Sydney Schwab (DUQ)	131-02
Leanne Stover (URI)	121-00
Blair Hassell (FOR)	119-11
Emily Krizmanic (UD)	118-08
Nohjay Nimpson (SJU)	117-08
Monica Howard (UR)	115-02
Crystal Bourque (URI)	115-00

Pole Vault

Courtney Siebenaller (UD)	12-03.50
Kristen Bakanowski (UM)	11-11.75
Molly Chapin (UM)	10-11.75
Melissa Gale (TU)	10-11.75
Daniela Siciliano (DUQ)	10-11.75
Katie Devault (UD)	10-11.75
Stephanie Gregory (URI)	10-11.75
Megan Boivin (CHA)	10-06.00

Heptathlon

Shayna Daugherty (URI)	5,118
Devon Dupont (TU)	5,043
Emily Krizmanic (UD)	4,511
Jeana Fletcher (FOR)	4,295
Emma Steinmetz (UD)	4,103
Sara Fox (CHA)	4,050
Jackie Imhoff (UM)	3,904
Shanice Stonewall (TU)	3,862

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2008 Championship - May 3-4 Irwin Belk Track & Field Center, Charlotte, NC

Team Standings	Score
1. Charlotte	193.0
2. Dayton	107.5
3. Rhode Island	106.5

4.	Temple.....	102.0
5.	Richmond.....	67.0
6.	Massachusetts.....	60.0
7.	La Salle.....	55.0
8.	Saint Joseph's.....	40.0
9.	Duquesne.....	28.5
10.	Saint Louis.....	22.5
11.	Fordham.....	21.0
12.	Saint Louis.....	15.0

100-meter Dash

Lamarra Currie (CHA).....	:11.55
Courtney Patterson (CHA).....	:11.68
LaJarsha Moses (CHA).....	:11.84
Lauen McCormick (UD).....	:12.02
Alisha Tatham (UM).....	:12.15
Jordan Teuber (SJU).....	:12.22
Brittany Thomas (UD).....	:12.31
Caitlin Hurley (URI).....	:12.41

200-meter Dash

Lamarra Currie (CHA).....	:24.11
Jordan Teuber (SJU).....	:24.75
Courtney Patterson (CHA).....	:24.87
LaJarsha Moses (CHA).....	:24.95
Carlleen Allison (TU).....	:24.99
Cheryl Anscombe (TU).....	:25.31
Melissa Miller (DUQ).....	:25.48
Nicole McMullen (SJU).....	:25.55

400-meter Dash

Ebonie Cunningham (CHA).....	:55.77
Yvonna Hines (CHA).....	:55.91
Carlleen Allison (TU).....	:55.96
Cheryl Anscombe (TU).....	:56.45
Kortnie Coleman (CHA).....	:56.75
Meaghan Hobson (LAS).....	:56.80
Paris Williams (TU).....	:56.97
Caitlin McGrath (SJU).....	:57.61

800-meter Run

Aja Jackson (CHA).....	2:11.52
Kolleen McCauley (URI).....	2:13.07
Maddie O'Quinn (SLU).....	2:13.82
Tara Markey (UR).....	2:14.15
Tashima Stephens (TU).....	2:15.86
Gina Perno (UM).....	2:15.89
Jackie Ross (CHA).....	2:16.43
Kathy Parker (DUQ).....	2:16.58

1500-meter Run

Aja Jackson (CHA).....	4:37.14
Amy Van Alstine (UR).....	4:38.25
Carolyn Lipovsky (LAS).....	4:39.85
Melissa Salerno (FOR).....	4:40.52
Laura Coyer (SLU).....	4:40.92
Becky Clark (XU).....	4:41.74
Elizabeth Coorey (UD).....	4:42.96

5000-meter Run

Rachel Papin (LAS).....	16:27.84
Tsehaye Dagnachew (CHA).....	16:39.54
Nicol Traynor (UR).....	16:42.96
Christina DeRosa (UM).....	16:45.08
Christa Plummer (LAS).....	16:56.97
Julie Rechel (UR).....	17:12.57
Shiyi Zan (UM).....	17:21.39
Amanda Goetschius (CHA).....	17:25.15

10,000-meter Run

Christina DeRosa (UM).....	35:40.68
Christina Schneider (XU).....	36:47.28
Kristina Kubula (LAS).....	36:58.63
Kylee Schuler (UR).....	37:02.70
Brigid Moriarity (FOR).....	37:12.93
Amanda Brown (XU).....	37:29.53
Mary Najarian (URI).....	37:36.20
Liana Blue (CHA).....	37:37.12

100-meter Hurdles

Sunita Brathwaite (CHA).....	:14.41
PatSprings (CHA).....	:14.64
Brittney McRae (TU).....	:15.13
Tylynn Graham (URI).....	:15.25
Andrea Cornell (UD).....	:15.30
Tiffany Alexander (SLU).....	:15.64
Selena Haggins (TU).....	:15.67
Marissa White (UR).....	:15.93

400-meter Hurdles

Assata Cowart (TU).....	1:02.42
Kristen Pierce (SJU).....	1:04.05
Catherine Groene (FOR).....	1:04.36
Kristin Andrews (SJU).....	1:04.44
Jasselle Cruz (TU).....	1:05.25
Shanice Jones (CHA).....	1:05.31
Selene Haggins (TU).....	1:05.90
Amanda Collins (DUQ).....	1:05.91

3000-meter Steeplechase

Tsehaye Dagnachew (CHA).....	10:29.16
Christa Plummer (LAS).....	10:45.83
Katie Kelly (DUQ).....	10:56.26
Eluzabeth Mayer (LAS).....	11:10.19
Anne Oltman (UD).....	11:15.73
Erin McAuley (CHA).....	11:18.73
Ellen Nienhaus (UD).....	11:20.60
Caitlin Thomas (XU).....	11:22.70

4x100-meter Relay

Charlotte.....	:45.67
Temple.....	:47.24
Massachusetts.....	:47.54
Saint Joseph's.....	:47.61
Dayton.....	:47.77
Richmond.....	:48.39
La Salle.....	:48.60
Rhode Island.....	:48.70

4x400-meter Relay

Charlotte.....	3:41.88
Saint Joseph's.....	3:47.45
Temple.....	3:47.93
Duquesne.....	3:50.53
Rhode Island.....	3:52.36
Dayton.....	3:52.40
La Salle.....	3:54.01
Richmond.....	3:57.52

4x800-meter Relay

La Salle.....	9:04.94
Saint Louis.....	9:06.28
Richmond.....	9:06.92
Charlotte.....	9:08.86
Temple.....	9:11.30
Dayton.....	9:12.10

Fordham.....	9:17.69
Xavier.....	9:23.60

High Jump

Tylynn Graham (URI).....	5-05.00
Megan Sweeney (UD).....	5-05.00
Shayna Daugherty (URI).....	5-05.00
Tiffany Maske (UD).....	5-03.00
Megan Nay (UR).....	5-03.00
Natalie Miller (SJU).....	5-01.00
Jackie Chiodo (URI).....	5-01.00
Kristin Beckman (URI).....	5-01.00

Long Jump

Pat Springs (CHA).....	20-01.50
Megan Nay (UR).....	18-10.75
Danielle Brown (CHA).....	18-03.25
Nicole McMullen (SJU).....	17-09.50
Devon Dupont (TU).....	17-09.00
Sierra Larsuel (DUQ).....	17-08.75
Andrea Funk (UD).....	17-06.75
Ayana Wyse (CHA).....	17-04.00

Triple Jump

Danielle Brown (CHA).....	38-11.50
X'auntasia Johnson (UR).....	38-06.75
Kimberlyn Hill (TU).....	38-01.50
Sequoia McBall (TU).....	37-09.25
Catherine Groene (FOR).....	37-06.00
Andrea Funk (UD).....	36-11.75
Tylynn Graham (URI).....	36-11.00
Nohjay Nimpson (SJU).....	36-09.75

Hammer

Jasmine Jennings (URI).....	202-01
Sarah Thornton (URI).....	198-06
Amanda Cole (TU).....	175-03
Crystal Bourque (URI).....	166-06
Mallory Barnes (UD).....	156-06
Lisa Wilson (UM).....	155-09
Ashley Wiley (CHA).....	150-00
Kerry Allen (UD).....	147-01

Shot Put

Sarah Allen (UD).....	46-03.25
Johnna Zaccari (UD).....	45-07.25
Jasmine Jennings (URI).....	44-01.50
Katie Kostiew (URI).....	41-09.75
Sarah Thornton (URI).....	40-11.75
Mallory Barnes (UD).....	40-09.75
Lisa Wilson (UM).....	40-06.75
Corinne Free (DUQ).....	40-05.00

Discus

Sarah Thornton (URI).....	153-08
Lisa Wilson (UM).....	148-07
Lindsey Pate (CHA).....	139-07
Emily Overmyer (UD).....	137-02
Molly McCarty (UD).....	128-08
Corinne Free (DUQ).....	128-05
Sharonda Bailey (CHA).....	127-05
Amanda Cole (TU).....	121-04

Javelin

Monica Howard (UR).....	126-00
Jessica Pagano (URI).....	125-10
Sydney Schwab (DUQ).....	125-07

Kristina Landau (UM).....	120-08
Leanne Stover (URI)	118-06
Brittany Canfield (UM)	114-11
Crystal Bourque (URI).....	112-00
Giavonna Finocchio (LAS).....	109-10

Pole Vault

Melissa Gale (TU)	10-11.75
Pembroke Strickland (UD).....	10-06.00
Molly Chapin (UM)	10-06.00
Daniela Siciliano (DUQ)	10-06.00
Katie DeVault (UD)	10-06.00
Melissa Walls (UD)	10-00.00
Jenelle Denehy (UM)	10-00.00
Mackenzie Mullinax (CHA)	10-00.00
Linzy Alvernez (LAS)	10-00.00

Heptathlon

Devon Dupont (TU)	4,480
Amy Kremer (UD).....	4,117
Emma Steinmetz (UD)	4,073
Sara Fox (CHA)	3,840
Ajoke Ogundolani (URI)	3,840
Shayna Daugherty (URI).....	3,798
Emily Krizmanic (UD).....	3,692
Jaclyn Imhoff (UM).....	3,384

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2007 Championship - May 5-6 Irwin Belk Track & Field Center, Charlotte, NC

Team Standings	Score
1. Charlotte.....	195.0
2. Richmond.....	121.5
3. Rhode Island.....	121.0
4. Fordham	72.0
5. La Salle.....	68.0
6. Temple.....	62.0
7. Dayton.....	49.5
8. Saint Joseph's.....	48.25
9. Duquesne.....	46.5
10. Massachusetts	46.0
11. Xavier	22.0
12. Saint Louis.....	6.0

100-meter Dash

Courtney Patterson (CHA)	:11.51
Lamarra Currie (CHA)	:11.53
LaJarsha Moses (CHA).....	:11.60
Kathy Young (URI)	:12.05
Jasmine Major (UR)	:12.05
Lauren McCormick (UD).....	:12.09
Jordan Teuber (SJU).....	:12.15
Monique Hawkins (UR).....	:12.19

200-meter Dash

Shareese Woods (CHA)	:23.69
Jessica Young (UR).....	:24.15
Courtney Patterson (CHA)	:24.71
Lamarra Currie (CHA)	:24.91
Destiny Woodbury (URI).....	:25.39
Kathy Young (URI).....	:25.60

Caitlin Hurley (URI)	:25.72
Jordan Teuber (SJU)	:25.76

400-meter Dash

Shareese Woods (CHA)	:52.80
Jessica Young (UR).....	:52.90
Angel Moore (CHA).....	:56.05
Carleen Allison (TU).....	:56.42
Tina Horne (CHA)	:56.80
Destiny Woodbury (URI).....	:57.10
Meaghan Hobson (LAS)	:57.19
Caitlin McGrath (SJU)	:57.30

800-meter Run

Aja Jackson (CHA).....	2:12.56
Erin Kelly (SJU)	2:14.05
Carolyn Lipovsky (LAS)	2:14.48
Tara Markey (UR)	2:14.97
Adriana Boyle (DUQ)	2:15.15
Jennifer Surabian (LAS)	2:15.47
Shanice DePass (TU).....	2:15.77
Brigitte Schutzman (SLU)	2:17.93

1500-meter Run

Aja Jackson (CHA).....	4:32.82
Carolyn Lipovsky (LAS)	4:34.99
Melissa Salerno (FOR).....	4:42.29
Amy Van Alstine (UR).....	4:43.31
Alyssa Mankin (UR)	4:46.14
Christa Plummer (LAS).....	4:46.48
Samantha Howard (DUQ).....	4:51.16
Caitlin Shagena (XU).....	4:52.02

5000-meter Run

Rachel Papin (LAS)	16:40.21
Jane Daniels (CHA).....	17:13.16
Christina DeRosa (UM).....	17:16.46
Becky Clark (XU).....	17:30.12
Amy Van Alstine (UR).....	17:46.92
Kylee Schuler (UR)	17:51.49
Suzie McHenry (SJU)	17:52.14
Sara Cimino (DUQ)	17:56.77

10,000-meter Run

Christina DeRosa (UM).....	36:07.62
Danielle Schopf (LAS).....	36:21.06
Jacqueline Prevete (FOR).....	36:37.44
Mary Moloney (SLU)	37:05.46
Amanda Brown (XU).....	37:16.70
Kelly Sraj (XU).....	37:48.30
Jenna Daggett (DUQ).....	37:50.41
Amelia Slagle (CHA)	37:57.51

100-meter Hurdles

Pat Springs (CHA)	:13.85
Brittney McRae (TU).....	:14.31
Mary Serdakowski (UM)	:14.46
Jasmine Major (UR)	:14.50
TyLynn Graham (URI).....	:14.58
Andrea Cornell (UD).....	:14.84
Valarie Ramirez (SJU).....	:15.00
Kerstin Greene (FOR).....	:17.76

400-meter Hurdles

Liz Long (URI)	1:03.72
Mary Serdakowski (UM)	1:04.09
Tashae Croxton (TU)	1:04.22

Catherine Groene (FOR)	1:05.23
Kristen Pierce (SJU)	1:05.89
Cara Hessels (URI)	1:06.21
Jasselle Cruz (TU)	1:06.49
Ruth Brown (LAS).....	1:07.68

3000-meter Steeplechase

Jane Daniels (CHA)	10:44.34
Brianne Scott (DUQ)	10:50.00
Kate Dobransky (LAS)	11:13.13
Kathy Guilfoyle (URI).....	11:19.67
Taryn Trapp (UM)	11:29.69
Sydney Hubbard (UD).....	11:31.04
Katie Kelly (DUQ)	11:33.45
Kelsey Flaherty (XU).....	11:34.35

4x100-meter Relay

Charlotte.....	:45.11
Richmond.....	:46.14
Rhode Island	:46.55
Saint Joseph's.....	:47.33
Dayton.....	:47.69
La Salle	:48.38
Duquesne.....	:48.78
Fordham	:50.91

4x400-meter Relay

Charlotte.....	3:45.23
Saint Joseph's.....	3:49.30
Richmond.....	3:50.14
Rhode Island	3:51.15
Temple.....	3:51.40
Duquesne.....	3:54.22
Dayton.....	3:57.32
Fordham	4:00.41

4x800-meter Relay

La Salle	8:58.35
Xavier	9:07.77
Saint Joseph's.....	9:10.53
Fordham	9:11.05
Temple.....	9:11.56
Richmond.....	9:15.29
Duquesne.....	9:15.63
Dayton.....	9:16.34

High Jump

Kerstin Greene (FOR).....	5-08.75
Amy Kemmer (UD)	5-07.00
Sharonda Johnson (CHA).....	5-05.00
TyLynn Graham (URI).....	5-05.00
Andrea Funk (UD)	5-03.00
Lauren Slack (SJU)	5-01.00
Jackie Chiodo (URI)	5-01.00
Erin Vanderhoof (SJU)	5-01.00

Long Jump

Pat Springs (CHA)	19-11.00
Sharonda Johnson (CHA).....	18-08.75
Kerstin Greene (FOR).....	18-01.75
Nicole McMullen (SJU).....	17-11.00
Jasmine Major (UR)	17-08.50
Ayana Wyse (CHA)	17-07.25
Brittney McRae (TU).....	17-04.25
Candace McKinley (UD).....	17-01.50

Triple Jump

Sharonda Johnson (CHA).....	42-05.50
Kerstin Greene (FOR).....	39-11.25
Danielle Brown (CHA)	39-07.25

Lindsey Clayborn (CHA)	39-02.50
Kim Hill (TU).....	38-05.00
TyLynn Graham (URI).....	37-05.00
Jasmine Major (UR)	37-02.50
Karyn Geoghan (URI).....	37-00.25

Hammer

Beth Crocus (UR)	175-04
Sarah Thornton (URI)	173-00
Katie Kostiew (URI).....	164-09
Amanda Cole (TU).....	164-02
Melissa Stewart (DUQ).....	146-05
Ashley Wiley (CHA).....	143-10
Leigh Waterbury (FOR)	135-05
Molly McCarty (UD).....	130-02

Shot Put

Kristen Crawford (UR).....	44-08.75
Melissa Stewart (DUQ).....	44-06.00
Katie Kostiew (URI).....	43-04.50
Sarah Thornton (URI).....	40-06.00
Ashley Wiley (CHA).....	40-02.25
Beth Crocus (UR).....	39-01.25
Heather Roush (UR)	38-11.75
Candace McKinley (UD).....	38-09.75

Discus

Sarah Thornton (URI).....	157-04
Heather Roush (UR)	144-06
Lindsey Kingsland (FOR)	134-02
Melissa Stewart (DUQ).....	132-11
Lisa Wilson (UM).....	127-03
Katie Kostiew (URI).....	124-06
Amanda Cole (TU).....	123-00
Ashley Wiley (CHA).....	116-02

Javelin

Beth Crocus (UR).....	137-06
Heather Roush (UR)	128-09
Kristin Calamita (URI).....	127-04
Jessica Pagano (URI).....	125-08
Candace McKinley (UD).....	124-07
Dana Hoffman (URI).....	115-11
Lisette Delgado (LAS).....	109-01
Valarie Hahn (DUQ).....	100-06

Pole Vault

Melissa Gale (TU).....	10-11.75
Molly Chapin (UM)	10-06.00
Stephanie Gregory (URI)	10-00.00
Daniela Siciliano (DUQ).....	10-00.00
Katie DeVault (UD)	10-00.00
Miranda Porcenasluk (CHA)	10-00.00
Lisette Delgado (LAS).....	10-00.00
Shannon Garzoni (CHA).....	9-06.25

Heptathlon

Amy Kremer (UD).....	4,243
Devon Dupont (TU)	4,134
Ashley Creel (UM).....	3,707
Candace McKinley (UD).....	3,575
Candice Drinkwater (FOR).....	3,474
Monica Rewiako (FOR).....	3,465
Jeana Fletcher (FOR).....	3,267
Elizabeth Biehl (UM)	3,044

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-

Conference second-team.

2006 Championship - May 6-7 Irwin Belk Track & Field Center, Charlotte, NC

Team Standings

.....	Score
1. Charlotte.....	210.0
2. Richmond.....	112.0
3. Rhode Island.....	97.25
4. Dayton.....	90.5
5. Duquesne.....	88.0
6. Fordham	72.0
7. La Salle.....	70.0
8. Massachusetts	50.25
9. Temple.....	38.5
10. Saint Joseph's.....	24.5
11. Xavier.....	5.0

100-meter Dash

Courtney Patterson (CHA).....	:11.72
Lamarra Currie (CHA)	:11.92
Pat Springs (CHA)	:12.19
Stacia Harold (UD)	:12.24
Jasmine Major (UR).....	:12.36
Ashley Robinson (URI)	:12.61
Cheryl Ancombe (TU)	:12.67
Khabria Hundley (URI)	:13.02

200-meter Dash

Shareese Woods (CHA).....	:23.74
Jessica Young (UR).....	:23.98
Courtney Patterson (CHA).....	:24.47
Lamarra Currie (CHA)	:25.25
Stacia Harold (UD).....	:25.34
Ashley Robinson (URI)	:25.79
Jordan Teuber (SJU)	:25.86
Jasmine Major (UR).....	:25.87

400-meter Dash

Shareese Woods (CHA).....	:53.70
Jessica Young (UR).....	:54.21
Angel Moore (CHA).....	:56.53
Tynisha Gardner (TU)	:56.71
Tina Horne (CHA).....	:57.04
Erica Moody (DUQ)	:57.53
Kathy Parker (DUQ).....	:57.99
Jen Mariani (URI).....	:58.19

800-meter Run

Maureen Zivic (FOR).....	2:10.52
Danielle Eaton (UR).....	2:12.56
Carolyn Lipovsky (LAS).....	2:12.82
Liz Smith (CHA).....	2:14.21
Adriana Boyle (DUQ)	2:14.76
Tara Gerlach (DUQ)	2:15.04
Rebecca Powell (SJU)	2:15.48
Shanice DePass (TU).....	2:16.94

1500-meter Run

Cassie Ficken (CHA).....	4:32.61
Rachel Papin (LAS)	4:35.67
Samantha Howard (DUQ).....	4:36.94
Elizabeth Geiger (LAS)	4:38.87
Aja Jackson (CHA).....	4:42.26
Diana Morse (UR).....	4:42.58
Danielle Schopf (LAS).....	4:43.85
Liz Smith (CHA).....	4:46.45

5000-meter Run

Rachel Papin (LAS)	16:33.31
Cassie Ficken (CHA).....	16:49.23
Tshehaye Dagnachew (CHA)	16:51.91
Christa Plummer (LAS).....	16:58.21
Samantha Howard (DUQ)	17:28.50
Danielle Schopf (LAS).....	17:33.03
Brianne Scott (DUQ)	17:35.34
Christina DeRosa (UM).....	17:38.02

10,000-meter Run

Cindy Smith (URI)	36:56.65
Christina DeRosa (UM).....	37:24.87
Jacqueline Prevete (FOR)	37:49.82
Amanda Brown (XU).....	38:43.50
Amelia Slagle (CHA).....	39:08.42
Mary Clare Parrott (LAS).....	39:14.93
Dianne Striebel (UD).....	39:19.79
Mary Bertram (UR).....	39:34.53

100-meter Hurdles

Jasmine Major (UR)	:14.57
Andrea Cornell (UD)	:14.63
Kimberly McIntosh (LAS)	:14.80
Kerstin Greene (FOR).....	:14.85
Pat Springs (CHA)	:14.91
Valerie Ramirez (SJU).....	:15.41
TyLynn Graham (URI).....	:15.61
Diana Nordquist (FOR).....	:15.80

400-meter Hurdles

Elisabeth Budd (UM).....	1:02.95
Diana Nordquist (FOR).....	1:03.16
Lauren Fike (SJU).....	1:03.97
Amy Thesing (UR)	1:04.28
Kristen Jones (TU).....	1:06.08
Ashley Smith (DUQ).....	1:07.25
Michele Lauer (URI).....	1:07.68
Jessica Schulte (UD).....	1:07.71

3000-meter Steeplechase

Tshehaye Dagnachew (CHA).....	10:32.11
Amy Ruffolo (DUQ)	10:46.21
Nicole Kurtain (UR).....	10:52.05
Brianne Scott (DUQ)	11:11.09
Jamie Sweeney (URI).....	11:11.34
Kathy Guilfoyle (URI).....	11:21.15
Andrea Newton (URI).....	11:36.67
Anne Oltman (UD).....	11:38.24

4x100-meter Relay

Charlotte.....	:45.39
Richmond.....	:47.88
Rhode Island	:48.37
Saint Joseph's.....	:48.95
Dayton.....	:48.98
Temple.....	:49.19
Duquesne.....	:49.40
Massachusetts	:50.01

4x400-meter Relay

Charlotte.....	3:46.90
Richmond.....	3:49.97
Dayton.....	3:56.24
Fordham	3:56.91
Duquesne.....	3:57.16
Temple.....	3:58.91
Saint Joseph's.....	4:01.72

La Salle 4:02.69

4x800-meter Relay

La Salle 8:54.06
Fordham 9:03.26
Charlotte..... 9:15.82
Duquesne..... 9:12.18
Rhode Island 9:16.74
Richmond..... 9:20.91
Saint Joseph's..... 9:26.92
Dayton..... 9:31.38

High Jump

Amy Kremer (UD)..... 5-07.00
Kristen Micsky (DUQ) 5-07.00
Sharonda Johnson (CHA)..... 5-07.00
Jelaine Sellers (CHA) 5-05.00
Kerstin Greene (FOR)..... 5-05.00
Megan Sweeney (UD) 5-03.00
Shavaun Christian (TU)..... 5-03.00
Jackie Chiodo (URI) 5-03.00
Natalie Miller (SJU) 5-03.00
Lauren Stack (SJU)..... 5-03.00
Ashley Creel (UM) 5-03.00
TyLynn Graham (URI)..... 5-03.00

Long Jump

Pat Springs (CHA) 19-04.25
Kerstin Greene (FOR)..... 19-00.00
Sharonda Johnson (CHA)..... 18-10.00
Tayesha Gass-Gray (CHA) 18-09.75
Kristen Micsky (DUQ) 17-09.00
Kimberly McIntosh (LAS) 17-05.50
Devon Dupont (TU) 17-04.00
TyLynn Graham (URI)* 16-06.50

*wind-aided

Triple Jump

Sharonda Johnson (CHA)..... 40-08.75
Kerstin Greene (FOR) 38-09.00
Lindsey Clayborn (CHA) 38-04.75
Kristen Micsky (DUQ) 37-10-50
Tempess Stark (CHA) 36-10.50
Marissa Callahan (UM) 36-04.25
Lauren Slack (SJU) 34-07.75
Tara Hentgen (UD)..... 33-10.00

Hammer

Beth Crocus (UR) 171-00
Sarah Thornton (URI) 170-09
Kelly Pohlman (UD) 158-09
Lindsey Smith (UR) 157-04
Jordan Veney (UM) 148-04
Katie Kostiew (URI) 146-07
Melissa Stewart (DUQ) 142-11
Ashley Wiley (CHA) 134-07

Shot Put

Kelly Pohlman (UD) 47-05.00
Lady Comfort (TU) 43-05.75
Jordan Veney (UM) 42-08.25
Katie Kostiew (URI) 42-05.50
Melissa Stewart (DUQ) 40-05.00
Lindsey Smith (UR) 37-09.25
Sarah Thornton (URI) 37-07.25
Beth Crocus (UR) 35-11.25

Discus

Sarah Thornton (URI) 155-07

Melissa Stewart (DUQ) 144-10
Kelly Pohlman (UD) 132-04
Connie Fleming (UD) 132-01
Katie Kostiew (URI) 130-06
Jessica Lehmann (URI) 119-02
Lindsey Smith (UR) 116-03
Ashley Wiley (CHA) 102-10

Javelin

Beth Crocus (UR) 139-08
Lindsey Smith (UR) 132-11
Jessica Pagano (URI) 130-08
Dana Hoffman (URI) 125-04
Ashley Wiley (CHA) 121-09
Candace McKinley (UD) 121-03
Lissette Delgado (LAS) 119-10
Kristin Calamita (URI) 117-10

Pole Vault

Kristen Bakanowski (UM) 11-05.75
Karina Murray (CHA) 10-11.75
Allison McCartney (DUQ) 10-11.75
Jackie Fontaine (URI) 10-06.00
Bevin Farthing (DUQ) 10-00.00
Caitlyn Densing (URI) 9-06.25
Linzy Alvernaz (LAS) 9-06.25
Sarah Morrison (CHA) 9-06.25

Heptathlon

Amy Kremer (UD) 4,243
Devon Dupont (TU) 4,134
Ashley Creel (UM) 3,707
Candace McKinley (UD) 3,575
Candice Drinkwater (FOR) 3,474
Monica Rewiako (FOR) 3,465
Jeana Fletcher (FOR) 3,267
Elizabeth Biehl (UM) 3,044

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2005 Championship - May 7-8

Sports Backer Stadium, Richmond, VA

Team Standings Score

1. Rhode Island 150.0
2. Duquesne 135.0
3. La Salle 116.0
4. Richmond 103.0
5. Temple 85.5
6. Fordham 82.0
7. Massachusetts 76.5
8. Dayton 73.0
9. Saint Joseph's 33.0
10. Xavier 3.0

100-meter Dash*

Christina Huff (UM) :12.07
Melissa Mastrangelo (LAS) :12.07
Aftan Delaney (UD) :12.20
Rachel Oakes (URI) :12.24
Cheryl Anscombe (TU) :12.27
Stacia Harold (UR) :12.34
Caitlin Hurley (URI) :12.77

*wind-aided

200-meter Dash*

Melissa Mastrangelo (LAS) :25.30
Rachel Oakes (URI) :25.39
Destiny Woodbury (URI) :25.43
Jessica Starace (TU) :25.69
Aftan Delaney (UD) :25.98
Kerstin Greene (FOR) :26.00
Amber Price (URI) :26.03
Christina Huff (UM) :26.04

*wind-aided

400-meter Dash

Tynisha Gardner (TU) :56.63
Melissa Mastrangelo (LAS) :56.81
Destiny Woodbury (URI) :57.00
Erica Moody (DUQ) :57.04
Maureen Zivic (FOR) :57.22
Amber Price (URI) :57.80
Elena Resovich (DUQ) :58.07
Shanice DePass (TU) :58.79

800-meter Run

Nicole Erby (UR) 2:14.86
Tara Gerlach (DUQ) 2:15.04
Carolyn Lipovsky (LAS) 2:15.75
Rebecca Powell (SJU) 2:17.44
Thuy Nguyen (SJU) 2:17.70
Danica Dupuy (FOR) 2:17.89
Danielle Eaton (UR) 2:18.83
Janet Pailles (URI) 2:19.98

1500-meter Run

Jenna Darcy (LAS) 4:38.19
Amy Ruffolo (DUQ) 4:39.32
Samantha Howard (DUQ) 4:41.71
Elizabeth Geiger (LAS) 4:42.58
Emily Anderson (URI) 4:43.99
Kristen Dolan (FOR) 4:46.56
Nicole Kurtain (UR) 4:47.57
Nicole O'Dea (LAS) 4:48.82

5000-meter Run

Jenna Darcy (LAS) 17:32.87
Heidi Westerling (URI) 17:36.39
Amanda Russell (UR) 17:49.00
Danielle Schopf (LAS) 17:51.67
Suzie McHenry (SJU) 17:52.11
Samantha Howard (DUQ) 18:08.94
Christina DeRosa (UM) 18:14.72
Cuisle Kierans (UM) 18:50.02

10,000-meter Run

Heidi Westerling (URI) 37:23.36
Amanda Russell (UR) 37:40.50
Lindsay Vieira (URI) 38:17.01
Courtney Klenk (URI) 38:25.27
Karen Proulx (LAS) 38:26.45
Amanda Brown (XU) 38:27.15
Amy Tucker (DUQ) 38:49.80
Jenna Downey (UR) 39:24.59

100-meter Hurdles

Jessica Dunston (TU) :14.26
Kerstin Greene (FOR) :14.57
Jennifer Stryko (URI) :14.62
Pharyn Wynn (LAS) :14.91
Marissa Callahan (UM) :15.69
Valerie Ramirez (SJU) :15.87

Kaitlyn Wallace (FOR)	15.98
Diana Nordquist (FOR)	16.47

400-meter Hurdles

Kristen Micsky (DUQ)	1:04.01
Diana Nordquist (FOR)	1:04.04
Jennifer Stryzko (URI)	1:04.88
Elisabeth Budd (UM)	1:04.99
Shana Don (LAS)	1:05.98
Amy Thesing (UR)	1:06.46
Joanne Petrarca (URI)	1:08.13
Ashley Smith (DUQ)	1:08.49

3000-meter Steeplechase

Amy Ruffolo (DUQ)	10:33.39
Nicole Kurtain (UR)	11:10.99
Erin Geiger (LAS)	11:16.17
Jamie Sweeney (URI)	11:29.10
Erin O'Donnell (SJU)	11:35.07
Alexis Anzelone (UM)	11:45.53
Kate Szymaszek (DUQ)	11:53.11
Kathy Guilfoyle (URI)	12:02.47

4x100-meter Relay

Rhode Island	:47.45
La Salle	:47.94
Temple	:48.06
Massachusetts	:48.53
Dayton	:48.77
Duquesne	:50.22
Richmond	:51.24
Fordham	:52.96

4x400-meter Relay

Rhode Island	3:49.55
Temple	3:50.86
Duquesne	3:56.70
Massachusetts	4:02.24
Fordham	4:03.59
La Salle	4:08.37
Dayton	4:16.56
Richmond	4:27.01

4x800-meter Relay

Richmond	9:20.92
Fordham	9:21.57
Rhode Island	9:23.07
Temple	9:30.61
La Salle	9:31.20
Duquesne	9:38.69
Saint Joseph's	9:44.08
Massachusetts	9:48.91

High Jump

Kerstin Greene (FOR)	5-07.00
Kristen Micsky (DUQ)	5-05.00
Katelyn O'Toole (UM)	5-05.00
Ashley Creel (UM)	5-03.00
Megan Sweeney (UD)	5-03.00
Erin Davis (TU)	5-01.00
Monica Rewiako (FOR)	5-01.00
Shavaun Christian (TU)	5-01.00

Long Jump

Kristen Micsky (DUQ)	18-07.00
Andria Smythe (SJU)	18-05.75
Farren Benson (TU)	18-05.00
Kerstin Greene (FOR)	17-11.50

Kehnesha Oldacre (TU)	17-04.25
Troyanah Evans (UM)	17-01.50
Candace McKinley (UD)	16-10.00
Judy Wong (TU)	16-09.25

Triple Jump*

Kristen Micsky (DUQ)	38-11.75
Farren Benson (TU)	37-06.75
Jillian Faulks (TU)	35-08.50
Marissa Callahan (UM)	35-05.00
Tara Hentgen (UD)	34-07.00
Noelle McKenzie (TU)	34-05.50
Kaityn Wallace (FOR)	33-05.75
Jennifer Thompson (DUQ)	32-06.25

*wind-aided

Hammer

Beth Crocus (UR)	164-07
Christina Bizon (URI)	158-00
Kelly Pohlman (UD)	152-09
Jennifer Iasiello (UM)	151-06
Irina King (LAS)	142-07
Lindsey Smith (UR)	141-11
Catherine Wolhrab (LAS)	135-01
Kristen Hinz (URI)	134-04

Shot Put

Kelly Pohlman (UD)	45-07.00
Lindsey Smith (UR)	42-01.25
Erin Finucane (LAS)	41-11.25
Amanda Haeg (DUQ)	37-02.25
Connie Fleming (UD)	36-04.00
Arianna Washington (FOR)	35-07.25
Leslie Gleue (UR)	35-07.25
Sarah Thornton (URI)	35-06.00

Discus

Sarah Thornton (URI)	148-05
Kelly Pohlman (UD)	139-10
Connie Fleming (UD)	135-04
Leslie Gleue (UR)	134-06
Amanda Haeg (DUQ)	132-06
Diana Lucek (URI)	121-10
Lindsey Smith (UR)	113-11
Jessica Sico (URI)	113-02

Javelin

Lindsey Smith (UR)	153-04
Beth Crocus (UR)	152-04
Caitlin Cielo (DUQ)	130-10
Dana Hoffman (URI)	128-03
Kristen Calamita (URI)	123-10
Lynn Puzzo (SJU)	116-02
Valrie Hahn (DUQ)	104-11
Judy Wong (TU)	100-03

Pole Vault

Sarah Fetterman (DUQ)	11-05.75
Allison McCartney (DUQ)	10-11.75
Kristen Bakanowski (UM)	10-11.75
Caitlyn Densing (URI)	10-06.00
Colleen Donnelly (LAS)	10-06.00
Bevin Farthing (DUQ)	10-06.00
Linzy Alvernaz (LAS)	8-06.25
Leigh Waterbury (FOR)	8-06.25
Sophie Browne (UM)	8-06.25

Heptathlon

Candace McKinley (UD)	4,372
Candice Drinkwater (FOR)	4,178
Monica Rewiako (FOR)	4,013
Ashley Creel (UM)	3,849
Jillian Faulks (TU)	3,567
Amanda Griffin (UM)	3,491
Katie Ryan (UR)	3,389
Sara Leymeister (LAS)	3,362

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2004 Championship - May 1-2 Sports Backer Stadium, Richmond, VA

Team StandingsScore

1. Rhode Island	187.5
2. Richmond	144.5
3. Massachusetts	106.5
4. Duquesne	98.5
5. Saint Joseph's	96.0
6. La Salle	70.5
7. Dayton	62.0
8. Temple	60.5
9. Fordham	29.0

100-meter Dash*

Andria Smythe (SJU)	:11.78
Christina Huff (UM)	:11.81
Rachel Oakes (URI)	:11.95
Melissa Mastrangelo (LAS)	:12.03
Aftan Delaney (UD)	:12.17
Ashley Bell (UR)	:12.22
Shea McMillan (DUQ)	:12.46
Jaweia Campbell (TU)	:12.47

*wind-aided

200-meter Dash

Khaleelah Sneed (UD)	:24.72
Rachel Oakes (URI)	:25.23
Christina Huff (UM)	:25.33
Stephanie Irvin (FOR)	:26.08
Destiny Woodbury (URI)	:26.18
Andria Smythe (SJU)	:26.19
Theresa Martins (URI)	:26.20
Aftan Delaney (UD)	:26.30

400-meter Dash

Khaleelah Sneed (UD)	:53.82
Amber Price (URI)	:56.30
Destiny Woodbury (URI)	:56.41
Julie Lentz (SJU)	:56.84
Colleen Ladden (SJU)	:56.88
Stephanie Irvin (FOR)	:57.39
Amanda Guthridge (SJU)	:58.28
Rachell Johnson (TU)	:58.54

800-meter Run

Thuy Nguyen (SJU)	2:12.97
Colleen Jones (URI)	2:13.09
Margaret Betencourt (LAS)	2:13.99
Danielle Eaton (UR)	2:16.66
Rebecca Powell (SJU)	2:16.85
Anita Brooks (LAS)	2:19.25
Ruby Amanze (TU)	2:19.30
Alison Buchanan (DUQ)	2:19.30

1500-meter Run

Jenna Darcy (LAS)	4:35.18
Sheila Klick (LAS)	4:39.79
Tara Gerlach (DUQ)	4:44.11
Kate Markopoulos (UM)	4:44.84
Michelle Flynn (DUQ)	4:46.27
Caitlin Smyth (UR)	4:46.49
Carrie Hucko (DUQ)	4:48.53
Krsiten Dolan (FOR)	4:49.65

5000-meter Run

Jenna Darcy (LAS)	17:46.57
Lyndsey Webber (UR)	18:01.26
Rachel Papin (LAS)	18:05.61
Courtney Klenck (URI)	18:18.90
Nicole Kurtain (UR)	18:28.87
Colleen Flanagan (SJU)	18:35.58
Jenna Downey (UR)	18:36.53
Suzie McHenry (SJU)	18:38.24

10,000-meter Run

Heidi Westerling (URI)	37:36.53
Lindsay Vieira (URI)	38:04.93
Carrie Hucko (DUQ)	38:28.50
Alison Belicose (UR)	38:36.45
Amy Manwaring (SJU)	39:33.36
Emily Ward (UR)	40:02.99
Karen Proulx (LAS)	40:18.54
Danielle Schopf (LAS)	40:32.69

100-meter Hurdles

Rachel Clinton (TU)	13.97
Jessica Dunston (TU)	14.05
Jaweia Campbell (TU)	14.30
Jen Strysko (URI)	14.43
Pascale Delaunay (URI)	14.78
Pharyn Wynn (LAS)	15.13
Ashley Bell (UR)	15.17
Nicole Wiley (DUQ)	19.54

400-meter Hurdles

Jessica Dunston (TU)	1:03.53
Elisabeth Budd (UM)	1:04.00
Shannon Jackson (UM)	1:04.30
Aisha Raheem (TU)	1:05.10
Amy Thesing (UR)	1:06.13
Tynisha Gardner (TU)	1:06.19
Joanne Petrarca (URI)	1:06.21
Shana Don (LAS)	1:06.94

3000-meter Steeplechase

Kate Markopoulos (UM)	11:06.30
Alexis Anzelone (UM)	11:22.67
Toni Salucci (URI)	11:27.08
Kathy Guilfoyle (URI)	11:31.62
Caitlin Smyth (UR)	11:33.09
Jamie Sweeney (URI)	11:39.98
Kate Dobransky (LAS)	11:44.58
Brianne Scott (DUQ)	11:58.94

4x100-meter Relay

Rhode Island	46.96
Saint Joseph's	47.42
Dayton	48.61
Temple	48.65
Massachusetts	48.78
Duquesne	49.25

La Salle	49.25
Fordham	50.14
Richmond	50.49

4x400-meter Relay

Rhode Island	3:47.06
Saint Joseph's	3:51.98
Fordham	3:53.64
Massachusetts	3:55.18
La Salle	3:55.51
Duquesne	4:01.45
Temple	4:01.95
Richmond	4:17.85

4x800-meter Relay

Saint Joseph's	9:14.45
Richmond	9:17.58
Duquesne	9:18.31
Fordham	9:20.20
Temple	9:21.66
La Salle	9:25.19
Massachusetts	9:44.28
Rhode Island	9:47.65
Richmond	10:49.59

High Jump

Sarah Click (SJU)	5-05.00
Rachel Brushett (UR)	5-05.00
Liz Pugsley (URI)	5-03.00
Courtney Henschke (UR)	5-03.00
Erin Davis (TU)	5-01.00
Crystal Therrien (UM)	4-11.00
Ashley Creel (UM)	4-11.00
Keri Durcia (DUQ)	4-11.00
Katelyn O'Toole (UM)	4-11.00

Long Jump

Andria Smythe (SJU)*	19-4
Pascale Delaunay (URI)*	19-3.25
Shea McMillan (DUQ)*	18-6
Ashley Bell (UR)	18-4.25
Chante Soares (UM)*	17-10.25
Nicole Wiley (DUQ)*	17-8
Erin Blaustein (SJU)*	17-4.25
Liz Pugsley (URI)	17-2.75
*wind-aided	

Triple Jump

Pascale Delaunay (URI)	40-6.25
Shea McMillan (DUQ)*	39-0.25
Keri Durica (DUQ)*	38-3.25
Ashley Bell (UR)*	37-3.75
Chante Soares (UM)*	35-2
Rachel Brushett (UR)*	35-0.5
Brittany Nuttall (FOR)*	34-4
Jen Thompson (DUQ)*	33-3.75
*wind-aided	

Hammer

Diane Schreiber (UR)	167-02
Jennifer Iasiello (UM)	157-01
Christina Bizon (URI)	157-01
Kelly Hagner (URI)	155-11
Beth Crocus (UR)	150-07
Kristen Hinz (URI)	150-01
Sara Johnson (UM)	149-06
Irina King (LAS)	148-01

Shot Put

Kelly Pohlman (UD)	46-02.75
Diane Schreiber (UR)	44-08.25
Kelly Hagner (URI)	40-08.75
Lindsey Smith (UR)	40-04.25
Candace McKinley (UD)	38-06.75
Erin Finucane (LAS)	38-02.25
Merissa Oliveira (UM)	37-09.25
Melissa Stewart (DUQ)	37-03.25

Discus

Kelly Hagner (URI)	150-02
Melissa Stewart (DUQ)	142-01
Diane Schreiber (UR)	136-03
Leslie Gleue (UR)	135-06
Amanda Haeg (DUQ)	127-05
Kelly Pohlman (UD)	125-02
Diana Lucek (URI)	121-01
Merissa Oliveira (UM)	119-07

Javelin

Beth Crocus (UR)	139-08
Lindsey Smith (UR)	135-09
Erica DaCosta (DUQ)	129-11
Dana Hoffman (URI)	128-10
Nikki Sample (URI)	123-07
Billieann Kelly (UM)	121-01
Lynn Puzzo (SJU)	120-11
Diane Schreiber (UR)	116-01

Pole Vault

Sarah Fetterman (DUQ)	10-10.00
Holly Stettner (URI)	10-04.00
Cathy McLane (UR)	9-10.00
Emily Baker (DUQ)	9-04.25
Jaclyn Walters (DUQ)	9-04.25
Becky Roberts (URI)	7-10.50
Colleen Donnelly (LAS)	NH

Heptathlon

Candace McKinley (UD)	4,283
Crystal Therrien (UM)	4,100
Nastaran Shams (UM)	3,860
Candace Drinkwater (FOR)	3,748
Sally Saurenheimer (UD)	3,707
Heather Patch (UR)	3,531
Ashley Creel (UM)	3,489
Monica Rewiako (FOR)	3,312

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2003 Championship - May 3-4 Sports Backer Stadium, Richmond, VA

Team Standings Score

1.	Rhode Island	207.5
2.	Richmond	136.5
3.	Temple	114.0
4.	Duquesne	97.0
5.	Massachusetts	96.0
6.	Dayton	88.0
7.	Saint Joseph's	64.0
8.	La Salle	39.0
9.	Fordham	16.0

100-meter Dash*

Aderonke Adeniyi (TU)	:11.81
Andria Smythe (SJU)	:11.99
Christina Huff (UM)	:12.02
Erica Prigg (UD)	:12.02
Aftan Delaney (UD)	:12.23
Rachel Oakes (URI)	:12.29
Naomi Beverly (TU)	:12.33
Stacia Harold (UD)	:12.42

200-meter Dash*

Aderonke Adeniyi (TU)	:24.02
Khaleelah Sneed (UD)	:24.30
Samantha Porter (TU)	:24.37
Rachel Oakes (URI)	:24.69
Christina Huff (UM)	:24.71
Julee Wilson (UR)	:24.81
Andria Smythe (SJU)	:25.03
Erica Prigg (UD)	:25.19

400-meter Dash

Khaleelah Sneed (UD)	:54.98
Samantha Porter (TU)	:55.62
Julee Wilson (UR)	:56.52
Marirose Roach (TU)	:57.10
Colleen Ladden (SJU)	:57.21
Elisabeth Budd (UM)	:57.29
Destiny Woodbury (URI)	:57.74
Tiffany Duncan (TU)	:57.85

800-meter Run

Sarah Conway (SJU)	2:12.65
Thuy Nguyen (SJU)	2:14.07
Colleen Jones (URI)	2:14.56
Danielle Eaton (UR)	2:15.96
Elizabeth Bennet (UD)	2:16.03
Alison Buchanan (DUQ)	2:16.79
Kristen Ford (UM)	2:16.90
Grace White (FOR)	2:16.94

1500-meter Run

Ruth Chege (UR)	4:42.36
Emily Anderson (URI)	4:44.60
Kara Storage (UD)	4:45.77
Carrie Hucko (DUQ)	4:47.05
Jamie Sweeney (URI)	4:47.56
Kristen Coon (URI)	4:47.94
Bridget Keenan (UR)	4:48.08
Lauren Manero (UR)	4:49.73

5000-meter Run

Tara Storage (UD)	17:57.92
Leyna Williams (LAS)	18:05.60
Heidi Westerling (URI)	18:08.85
Kristen Coon (URI)	18:10.05
Anne Rettig (UR)	18:12.11
Nicole Kurtain (UR)	18:15.87
Carrie Hucko (DUQ)	18:28.64
Cindy Smith (URI)	18:38.50

10,000-meter Run

Ruth Chege (UR)	36:57.99
Tara Storage (UD)	37:00.74
Heidi Westerling (URI)	37:10.10
Courtney Klenk (URI)	37:25.16
Amy Manwaring (SJU)	37:35.67
Alison Belicose (UR)	37:36.16

Lyndsey Webber (UR)	37:48.77
Julie McGee (UM)	38:10.14

100-meter Hurdles

Jessica Dunston (TU)	:13.76
Rachel Clinton (TU)	:13.77
Nicole Wiley (DUQ)	:14.42
Pharyn Wynn (LAS)	:14.66
Jen Stryzko (URI)	:14.79
Brandy Green (UM)	:14.86
Shannon Jackson (UM)	:14.99
Pascale Delaunay (URI)	:15.18

400-meter Hurdles

Jennifer Freeman (UM)	1:01.93
Jessica Dunston (TU)	1:03.54
Natalie Popowicz (URI)	1:03.91
Aisha Raheem (TU)	1:04.41
Pharyn Wynn (LAS)	1:04.79
Joanne Petrarca (URI)	1:05.13
Amy Thesing (UR)	1:05.52
Kristin Mikita (UM)	1:05.91

3000-meter Steeplechase

Jamie Sweeney (URI)*	11:05.94
Katie Sloan (UR)*	11:10.44
Margaret McDermott (FOR)*	11:13.34
Alexis Anzelone (UM)*	11:16.64
Sherry Sikora (UR)*	11:28.14
Megan Williams (URI)	11:38.25
Michelle Bilicki (LAS)	11:48.26
Erin O'Donnell (SJU)	11:55.29

*hand time converted to electronic time (+.24)

4x100-meter Relay

Temple	:46.79
Dayton	:47.82
Massachusetts	:48.75
Richmond	:48.82
Rhode Island	:48.85
Saint Joseph's	:49.07
La Salle	:49.18
Duquesne	:49.73
Fordham	:51.72

4x400-meter Relay

Temple	3:46.49
Rhode Island	3:51.53
Massachusetts	3:53.30
Richmond	3:54.55
Fordham	3:54.56
Saint Joseph's	3:58.92
La Salle	4:03.25
Duquesne	4:07.12

4x800-meter Relay

Saint Joseph's	9:04.94
Richmond	9:12.74
Duquesne	9:18.59
Fordham	9:20.56
Temple	9:22.99
Rhode Island	9:27.27
Dayton	9:27.46
Massachusetts	9:36.07

High Jump

Toni McDaniels (URI)	5-07.00
Kristen Micsky (DUQ)	5-05.00

Liz Pugsley (URI)	5-03.00
Katie Ryan (UR)	5-03.00
Sarah Click (SJU)	5-03.00
Cathleen Campbell (UR)	5-03.00
Pascale Delaunay (URI)	5-03.00
Ashley Creel (UM)	5-03.00
Keri Durica (DUQ)	5-03.00

Long Jump

Pascale Delaunay (URI)	19-02.75
Julee Wilson (UR)	19-01.25
Edith Lewis (TU)	18-11.25
Kristen Micsky (DUQ)	18-05.75
Andria Smythe (SJU)	18-00.25
Patty Coonelly (LAS)	17-11.75
Ashley Bell (UR)	17-09.75
Erin Blaustein (SJU)	17-06.75

Triple Jump

Edith Lewis (TU)*	40-02.75
Pascale Delaunay (URI)*	39-09.75
Shea McMillan (DUQ)*	38-03.50
Ashley Bell (UR)*	38-02.25
Kristen Micsky (DUQ)*	37-11.50
Keri Durica (DUQ)*	37-05.25
Chante Soares (UM)	36-04.75
Jillian Faulks (TU)*	34-09.50

*wind-aided

Hammer

Jennifer Iasiello (UM)	154-02
Irina King (LAS)	153-10
Kelly Hagner (URI)	149-07
Christina Bizon (URI)	148-05
Diane Schreiber (UR)	147-07
Kristen Hinz (URI)	147-04
Sara Johnson (UM)	141-01
Kari Butt (UR)	135-05

Shot Put

Jodi Borges (UD)	47-11.00
Marcie Hepler (DUQ)	43-03.00
Rachel Shrewsbury (UR)	43-01.75
Diane Schreiber (UR)	42-05.50
Jen Flinchum (URI)	41-07.75
Kelly Pohlman (UD)	41-02.50
Kelly Hagner (URI)	39-09.75
Melissa Stewart (DUQ)	39-04.50

Discus

Melissa Stewart (DUQ)	156-00
Jen Flinchum (URI)	153-01
Kelly Hagner (URI)	145-09
Jodi Borges (UD)	141-08
Diana Lucek (URI)	130-08
Lena Harris (DUQ)	129-05
Irina King (LAS)	126-06
Diane Schreiber (UR)	120-10

Javelin

Jen Haigh (URI)	138-00
Erica DaCosta (DUQ)	133-02
Billieann Kelly (UM)	131-00
Nikki Sample (URI)	121-02
Caitlin Cielo (DUQ)	121-00
Paola Montoya (UD)	116-06
Diane Schreiber (UR)	114-08
Lynn Puzzo (SJU)	109-06

Pole Vault

Brandy Green (UM)	12-00.00
Caitlyn Densing (URI)	11-00.25
Katie Waters (URI)	10-06.25
Sarah Fetterman (DUQ)	10-06.25
Emily Baker (DUQ)	10-00.50
Holly Stettner (URI)	9-06.50
Cathy McLane (UR)	9-06.50
Erin Clapp (UR)	9-06.50

Heptathlon

Cathleen Campbell (UR)	4,436
Liz Long (URI)	4,364
Crystal Therrien (UM)	4,287
Nastaran Shams (UM)	3,951
Ashley Creel (UM)	3,769
Christina Bennett (DUQ)	3,594
Colleen Donnelly (LAS)	3,547
Jennifer Messner (LAS)	3,380

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2002 Championship - May 4-5 Sports Backer Stadium, Richmond, VA

Team Standings

	Score
1. Rhode Island	135.5
2. Massachusetts	118.0
3. Duquesne	115.5
4. Temple	114.0
5. Richmond	112.0
6. La Salle	85.0
7. Dayton	78.0
8. Saint Joseph's	72.0
Fordham	27.0

100-meter Dash

Aderonke Adeniyi (TU)	:12.20
Christina Huff (UM)	:12.22
Erica Prigg (UD)	:12.23
Brooke Gilliford (SJU)	:12.25
Rachel Oakes (URI)	:12.32
Aftan Delaney (UD)	:12.42
Julee Wilson (UR)	:12.55
Jennifer Coles (UR)	:12.89

200-meter Dash

Samantha Porter (TU)	:24.77
Aderonke Adeniyi (TU)	:24.93
Rachel Oakes (URI)	:25.00
Courtney Harring (UD)	:25.05
Brooke Gilliford (SJU)	:25.36
Christina Huff (UM)	:25.53
Julee Wilson (UR)	:25.59
Aftan Delaney (UD)	:25.78

400-meter Dash

Samantha Porter (TU)	:56.66
Mary Korfmacher (SJU)	:57.24
Stephanie Irvin (FOR)	:57.53
Anita Brooks (LAS)	:58.34
Courtney West (URI)	:58.43
Khaleelah Sneed (UD)	:58.66
Farren Benson (TU)	:58.79

Kyanna Stallings (UM)	:58.98
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800-meter Run

Ndidi Obichere (LAS)	2:10.57
Sarah Saunders (DUQ)	2:15.54
Kristen Jenco (LAS)	2:15.75
Ruby Amanze (TU)	2:16.35
Sarah Conway (SJU)	2:16.84
Grace White (FOR)	2:17.17
Tara Hutchinson (URI)	2:17.69
Elisabeth Bennett (UD)	2:17.99

1500-meter Run

Ruth Chege (UR)	4:32.16
Sheila Klick (LAS)	4:33.01
Carrie Hucko (DUQ)	4:41.11
Jenna Darcy (LAS)	4:44.25
Amy Taylor (URI)	4:46.15
Bridget Keenan (UR)	4:47.63
Colleen Flanagan (SJU)	4:49.63
Sarah Bright (SJU)	4:54.67

5000-meter Run

Kara Storage (UD)	17:11.11
Tara Storage (UD)	17:20.23
Ruth Chege (UR)	17:27.17
Tanya Brown (DUQ)	17:34.93
Lyndsey Webber (UR)	17:39.51
Denise Fergus (SJU)	17:53.49
Sarah Taylor (UR)	17:56.30
Leyna Williams (LAS)	18:00.22

10,000-meter Run

Tara Storage (UD)	38:18.63
Kara Storage (UD)	38:19.91
Erin Silvering (URI)	38:26.62
Anne Rettig (UR)	38:35.80
Amy Manwaring (SJU)	38:36.66
Leyna Williams (LAS)	38:43.65
Lyndsey Webber (UR)	38:48.33
Karen Webber (SJU)	39:32.55

100-meter Hurdles

Rachel Clinton (TU)	:14.10
Jessica Dunston (TU)	:14.29
Nicole Wiley (DUQ)	:14.60
Shannon Jackson (UM)	:14.71
Jaweia Campbell (TU)	:14.72
Ashley Bell (UR)	:14.82
Brandy Green (UM)	:15.01
Crystal Therrien (UM)	:15.85

400-meter Hurdles

Kathleen McCabe (DUQ)	1:02.85
Shannon Jackson (UM)	1:03.70
Jennifer Freemas (UM)	1:03.83
Jessica Dunston (TU)	1:04.05
Natalie Popowicz (URI)	1:04.32
Pharyn Wynn (LAS)	1:04.44
Joanne Petrarca (URI)	1:05.81
Cathleen Campbell (UR)	1:06.44

3000-meter Steeplechase

Amy Taylor (URI)	10:46.96
Solomiyia Login (LAS)	10:48.41
Tanya Brown (DUQ)	10:50.42
Katie Sloan (UR)	11:22.40
Margaret McDermott (FOR)	11:35.79

Anna Polanski (FOR)	11:41.10
Megan O'Shea (URI)	11:44.41
Sherry Sikora (UR)	11:45.75

4x100-meter Relay

Temple	:47.24
Richmond	:47.97
Saint Joseph's	:48.17
Datyon	:48.38
Rhode Island	:48.59
Duquesne	:49.82
La Salle	:51.42

4x400-meter Relay

Temple	3:50.70
Saint Joseph's	3:51.59
La Salle	3:52.32
Rhode Island	3:53.86
Fordham	3:53.94
Massachusetts	3:55.22
Duquesne	4:00.64
Richmond	4:00.17

4x800-meter Relay

La Salle	9:04.68
Duquesne	9:14.48
Rhode Island	9:16.72
Massachusetts	9:20.90
Richmond	9:28.22
Fordham	9:30.05
Temple	9:34.64
Saint Joseph's	9:40.11

High Jump

Bernadette Speer (SJU)	5-06.50
Toni McDaniels (URI)	5-04.50
Liz Pugsley (URI)	5-04.50
Kristen Micsky (DUQ)	5-04.50
Cathleen Campbell (UR)	5-02.50
Kerin Sulock (FOR)	5-00.50
Courtney Henschke (UR)	5-00.50
Leah Stoddard (URI)	5-00.50

Long Jump

Maisha Tyler (SJU)*	18-10.00
Chante Soares (UM)	17-11.75
Shea McMillan (DUQ)	17-11.00
Ashley Holiday (TU)	17-09.50
Kristen Micsky (DUQ)	17-08.25
Edith Lewis (TU)	17-08.00
Patt Coonelly (LAS)	17-03.50
Corinne Mathews (UM)	16-08.75

*wind-aided

Triple Jump

Shea McMillan (DUQ)	38-09.75
Edith Lewis (TU)	38-01.50
Kristen Micsky (DUQ)	38-00.75
Ashley Bell (UR)	37-09.25
Ashley Holiday (TU)	37-04.00
Marissa Callahan (UM)	37-02.25
Michelle Pellitier (LAS)	36-05.50
Crystal Paris (DUQ)	36-01.25

Hammer

Christina Bizon (UM)	165-06
Diane Schreiber (UR)	148-01
Neille-Ann Giffune (UM)	147-11

Jennifer Iasiello (UM).....	147-03
Kelly Hagner (URI)	146-06
Irina King (LAS)	140-07
Marcie Hepler (DUQ)	135-08
Kristen Hinz (URI).....	132-04

Shot Put

Jodi Borges (UD)	46-06.75
Rachel Shrewsbury (UR).....	44-07.50
Marcie Hepler (DUQ)	43-05.25
Diane Schreiber (UR)	41-05.75
Erin Finucane (LAS)	40-02.25
Irina King (LAS)	39-08.00
Lena Harris (DUQ).....	38-05.50
Kelly Hagner (URI)	38-05.00

Discus

Jen Flinchum (URI)	139-02
Kelly Hagner (URI)	136-01
Lena Harris (DUQ).....	135-02
Jodi Borges (UD)	134 09
Rachel Shrewsbury (UR).....	130-05
Diana Lucek (URI).....	121-09
Marcie Hepler (DUQ)	120-06
Diane Schreiber (UR)	118-01

Javelin

Jen Haigh (URI).....	147-04
Rhianna DaCruz (UM).....	138-08
Erica DaCosta (DUQ).....	137-08
Neille-Ann Giffune (UM).....	126-10
Diane Schreiber (UR)	123-01
Paola Montoya (UD).....	108-09
Nikki Sample (URI).....	108-07
Caitlin Cavagnaro (LAS).....	106-02

Pole Vault

Brandy Green (UM)	11-05.75
Rhianna DaCruz (UM).....	10-11.75
Katie Waters (URI)	10-00.00
Becky Roberts (URI)	9-06.25
Sarah Fetterman (DUQ).....	9-06.25
Patrice LeTourneau (URI).....	9-06.25
Heather O'Rourke (FOR).....	8-06.25
Cortney Henschke (UR)	8-00.50

Heptathlon

Cathleen Campbell (UR).....	4,182
Crystal Therrien (UM)	4,148
Pascale Delauney (URI).....	3,934
Emily Horton (SJU)	3,742
Nastaran Shams (UM).....	3,719
Colleen Donnelly (LAS).....	3,424
Leah Stoddard (URI).....	3,397
Jennell Hoak (DUQ)	3,241

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2001 Championship - May 5-6

Troy Stadium, Troy, OH

Team Standings	Score
1. Massachusetts	191.0
2. Rhode Island.....	168.0
3. Saint Joseph's.....	143.0
4. La Salle.....	102.0

5. Temple.....	92.0
6. Duquesne.....	70.0
7. Dayton.....	58.0
8. Fordham	24.0

100-meter Dash

Afia Brown (TU)	12.13
Naomi Beverly (TU).....	12.34
Erica Prigg (UD)	12.69
Brooke Gilliford (SJU)	12.71
Maisha Tyler (SJU).....	12.76
Courtney West (URI)	12.76
Kimberly Houston (UD)	12.94
Marirose Roach (TU)	12.98

200-meter Dash

Afia Brown (TU)	24.69
Naomi Beverly (TU).....	25.29
Jessica Jennings (TU)	25.45
LeBren Martin (UD)	25.83
Maisha Tyler (SJU).....	26.11
Brooke Gilliford (SJU)	26.17
Courtney West (URI)	26.20
Courtney Harring (UD).....	26.45

400-meter Dash

Samantha Porter (TU)	56.77
Courtney Harring (UD).....	57.03
Anita Brooks (LAS)	57.13
Mary Korfmacher (SJU).....	58.05
Erin Petrella (URI)	59.17
Kasha Benson-Craig (TU)	59.32
Stephanie Irvin (FOR)	59.51
Kelly Martin (URI).....	1:00.05

800-meter Run

ToniAnn Razzi (LAS)	2:09.20
Ndidi Obichere (LAS).....	2:11.05
Christine Kane (SJU)	2:13.70
Colleen Jones (URI)	2:14.35
Gabby Quezada (SJU)	2:14.75
Rudy Amanze (TU)	2:15.13
Kristin Jenco (LAS).....	2:15.30
Sarah Conway (SJU)	2:15.86

1500-meter Run

ToniAnn Razzi (LAS)	4:24.56
Christine Kane (SJU)	4:28.86
Megan McCormick (UM)	4:36.16
Gabby Quezada (SJU)	4:36.73
Jenna Darcy (LAS).....	4:38.25
Melissa Henderson (UM).....	4:38.47
Kara Storage (UD)	4:40.36
Solamiya Login (LAS).....	4:41.82

3000-meter Run

Christine Kane (SJU)	9:53.90
Melissa Henderson (UM).....	10:00.71
Erin Silvering (URI).....	10:07.49
Tara Storage (UD).....	10:14.33
Kara Storage (UD)	10:16.99
Sharon Tillotson (UM)	10:19.06
Denise Fergus (SJU)	10:22.91
Solamiya Login (LAS).....	10:25.63

5000-meter Run

Heidi Westerling (URI)	17:19.30
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Erin Silvering (URI).....	17:43.06
Tara Storage (UD).....	18:13.22
Leyna Williams (LAS).....	18:15.19
Denise Fergus (SJU)	18:19.31
Kathy Heabel (LAS)	18:20.61
Sharon Tillotson (UM)	18:31.60
Tanya Brown (DUQ)	18:43.55

10,000-meter Run

Heidi Westerling (URI).....	37:38.67
Kathy Heable (LAS)	38:23.59
Molly Ketschek (UM).....	38:33.75
Melissa MacPherson (LAS).....	39:33.78
Karen Weber (SJU).....	39:41.80
Amy Griffin (FOR).....	40:03.70
Sara Saba (UM)	40:37.53
Julie McGee (UM).....	41:16.79

100-meter Hurdles

Nicole Wiley (DUQ).....	14.88
LeBren Martin (UD)	14.89
Chrystal Murphy (UM).....	15.24
Shannon Jackson (UM)	15.32
Jaweia Ca,bell (TU)	15.41
Kathleen McCabe (DUQ).....	15.43
Brandy Green (UM)	16.04
Heather O'Rourke (FOR).....	16.29

400-meter Hurdles

Jennifer Freemas (UM).....	1:01.31
LeBren Martin (UD)	1:03.83
Erin Hankard (UM).....	1:03.90
Kathleen McCabe (DUQ).....	1:04.61
Caitlin Sullivan (URI)	1:06.60
Erin Blaustein (SJU)	1:06.96
Emily Horton (SJU)	1:07.45
Elizabeth Rowinski (URI)	1:07.97

4x100-meter Relay

Temple.....	47.00
Massachusetts	49.18
Saint Joseph's.....	49.28
Rhode Island	49.59
Fordham	50.27
La Salle	52.66
Duquesne.....	DQ

4x400-meter Relay

Temple.....	3:52.06
Rhode Island	3:56.32
La Salle	3:56.91
Saint Joseph's.....	3:57.07
Massachusetts	3:58.28
Fordham	3:58.61
Duquesne.....	4:16.46

4x800-meter Relay

La Salle	9:07.72
Saint Joseph's.....	9:13.83
Massachusetts	9:21.51
Rhode Island	9:38.08
Fordham	10:03.41
Duquesne.....	10:19.17
Temple.....	DQ

High Jump

Gina Bundy (SJU)	5-04.50
Bernadette Speer (SJU).....	5-04.50

Sarah Click (SJU).....	5-02.50
Melissa Ward (UM).....	5-00.50
Patty Coonelly (LAS).....	5-00.50
Kerin Surlock (FOR).....	5-00.50
Rebecca Flohr (UM).....	4-10.50

Long Jump

Maisha Tyler (SJU).....	18-03.25
Patty Coonelly (LAS).....	17-10.25
Melissa Ward (UM).....	17-06.25
Shea McMillan (DUQ).....	17-05.25
Nicole Wiley (DUQ).....	16-08.75
Crystal Paris (DUQ).....	16-05.75
Edith Lewis (TU).....	16-01.75
Kerin Sulock (FOR).....	16-00.50

Triple Jump

Gina Bundy (SJU).....	37-10.75
Melissa Ward (UM).....	37-00.25
Shea McMillan (DUQ).....	36-09.00
Patty Coonelly (LAS).....	36-08.50
Crystal Paris (DUQ).....	36-00.75
Amanda Soto (UD).....	35-10.00
Pascale Delauney (URI).....	34-06.25
Heather O'Rourke (FOR).....	34-03.50

Hammer

Heather Johnston (URI).....	154-10
Jennifer Wanat (URI).....	148-07
Shannon Hamilton (UM).....	135-07
Jennalee Williams (URI).....	135-07
Neille-Ann Giffune (UM).....	130-05
Caitlin Cavagnaro (LAS).....	107-06
Carole LaPlante (UM).....	103-02

Shot Put

Jen Flinchum (URI).....	41-10.75
Carole LaPlante (UM).....	39-11.25
Lena Harris (DUQ).....	38-11.50
Shannon Hamilton (UM).....	38-03.25
Rashida Stamps (TU).....	37-06.00
Kelly Hagner (URI).....	37-03.75
Enewan Adjah (TU).....	36-01.50
Kemba Gray (UM).....	34-02.75

Discus

Jen Flinchum (URI).....	131-03
Kelly Hagner (URI).....	129-06
Carole LaPlante (UM).....	128-05
Lena Harris (DUQ).....	122 02
Shannon Hamilton (UM).....	114-08
Kristen Bates (UM).....	114-01
Jennifer Wanat (URI).....	108 08
Lindsay Miller (DUQ).....	94-08

Javelin

Rhianna DaCruz (UM).....	139-00
Erica DaCosta (DUQ).....	129-03
Jennifer Haigh (URI).....	129-00
Neille-Ann Giffune (UM).....	128-07
Sharyn Harrison (UM).....	123 08
Jennifer Wanat (URI).....	113 03
Stacey Sample (URI).....	103-06
Marirose Roach (TU).....	85-09

Pole Vault

Rhianna DaCruz (UM).....	10-11.75
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Brandy Green (UM).....	10-11.75
Katie Waters (URI).....	10-00.00
Patrice LeTourneau (URI).....	8-06.25
Becky Roberts (URI).....	8-06.25
Amber Catale (DUQ).....	8 06.25
Heather O'Rourke (FOR).....	8-00.50

Heptathlon

Gina Bundy (SJU).....	4,295
Melissa Ward (UM).....	4,130
Pascale Delauney (URI).....	3,438
Nastaran Shams (UM).....	3,243
Tara Charest (URI).....	3,162
Jessica Pikul (UM).....	2,994
Leah Stoddard (URI).....	2,953
Jennell Hoak (DUQ).....	2,630

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2000 Championship - May 6-7 Virginia Tech

Team Standings	Score
1. Virginia Tech.....	194.0
2. Rhode Island.....	157.0
3. Massachusetts.....	119.0
4. Temple.....	88.0
5. Saint Joseph's.....	77.0
6. La Salle.....	76.0
7. Dayton.....	71.0
8. Duquesne.....	52.0
9. Fordham.....	18.0

100-meter Dash

Afia Brown (TU).....	:11.93
Damali Hay (VY).....	:11.93
Erica Prigg (UD).....	:12.19
Monique Vanloo (VT).....	:12.20
Aoife Hearne (URI).....	:12.31
Kimberly Houston (UD).....	:12.41
Naomi Beverly (TU).....	:12.45
Courtney West (URI).....	:12.47

200-meter Dash

Afia Brown (TU).....	:24.24
Damali Hay (VT).....	:24.68
Monique Vanloo (VT).....	:25.09
Lynette Hopkins (VT).....	:25.33
Teresa Covert (TU).....	:25.48
Kimberly Houston (UD).....	:25.51
Jessica McHale (LAS).....	:25.66
LynnDee Howell (DUQ).....	:25.68

400-meter Dash

Lynette Hopkins (VT).....	:55.73
Anita Brooks (LAS).....	:55.19
Joy Nsbuga (VT).....	:57.30
LynnDee Howell (DUQ).....	:57.59
Mary Korfmacher (SJU).....	:58.29
Erin Petrella (URI).....	:58.51
Kasha Craig (TU).....	:58.84
Chanel Dale (TU).....	:59.06

800-meter Run

Nndi Obichere (LAS).....	2:11.30
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Cas Sadosky (VT).....	2:11.89
Gabby Quesada (SJU).....	2:12.35
Amy Taylor (URI).....	2:12.78
Chelsea Alverson (VT).....	2:13.22
Adjoa Taylor (DUQ).....	2:14.17
Liz Bollens (DUQ).....	2:14.92
Kristen Jenko (LAS).....	2:15.93

1500-meter Run

Christine Kane (SJU).....	4:28.89
Amy Taylor (URI).....	4:36.37
Chelsea Alverson (VT).....	4:37.39
Kristin Cisowski (UM).....	4:37.72
Tracy Sipka (FOR).....	4:41.06
Stacey Vidt (VT).....	4:43.22
Solomiya Login (LAS).....	4:44.01
Melissa Henderson (UM).....	4:47.58

3000-meter Run

Christine Kane (SJU).....	9:53.71
Tara Storage (UD).....	10:06.64
Kristin Cisowski (UM).....	10:06.76
Stacey Vidt (VT).....	10:09.61
Erin Silvering (URI).....	10:16.41
Tracy Sipka (FOR).....	10:21.20
Kara Storage (UD).....	10:23.31
Sharon Tillotson (UM).....	10:25.10

5000-meter Run

Tara Storage (UD).....	17:53.59
Liz Sweeney (SJU).....	18:07.20
Elena Gomez (LAS).....	18:13.85
Sharon Tillotson (UM).....	18:20.14
Erin Silvering (URI).....	18:22.30
Johanna Stumpf (VT).....	18:23.47
Emily Selvidio (URI).....	18:31.05
Denise Fergus (SJU).....	18:35.88

10,000-meter Run

Lizzie Sheptych (UM).....	38:13.80
Kathy Heable (LAS).....	38:34.57
Kim Milbourn (VT).....	38:58.58
Emily Selvidio (URI).....	39:30.71
Leah McBride (VT).....	40:26.55
Christina Juva (FOR).....	41:43.98
Taryn McGouldrick (SJU).....	42:04.04
Monica Elmore (UM).....	42:27.28

100-meter Hurdles

Michelle Trefz (URI).....	:14.02
Jennifer Cook (VT).....	:14.13
Teresa Covert (TU).....	:14.27
LeBren Martin (UD).....	:14.37
Crystal Murphy (UM).....	:14.76
Kathleen McCabe (DUQ).....	:14.80
Ivy Allshouse (UD).....	:15.58
Tara DiLuca (FOR).....	:15.67

400-meter Hurdles

LeBren Martin (UD).....	1:02.88
Natalie Popowicz (URI).....	1:03.83
Kathleen McCabe (DUQ).....	1:04.88
Jen Freemas (UM).....	1:07.20
Stacey Schultz (LAS).....	1:08.95
Chanel Dale (TU).....	1:09.91
Stephanie Stoegbauer (VT).....	1:10.93
Mary Daniels (LAS).....	1:12.46

4x100-meter Relay

Temple.....	:46.80
Virginia Tech	:47.19
Duquesne.....	:49.60
Massachusetts	:49.83
La Salle	:51.05
Fordham	:52.80
Rhode Island	DQ

4x400-meter Relay

Virginia Tech	3:48.72
La Salle	3:49.58
Temple.....	3:53.56
Rhode Island	3:55.50
Duquesne.....	3:59.30
Saint Joseph's.....	4:01.82
Massachusetts	4:09.28
Fordham	4:24.12

4x800-meter Relay

Saint Joseph's.....	9:10.99
La Salle	9:18.31
Virginia Tech	9:21.08
Duquesne.....	9:23.49
Rhode Island	9:33.85
Fordham	9:35.83
Massachusetts	9:36.48
Temple.....	10:28.09

High Jump

Bernadette Speer (SJU).....	5-06.50
Emily Taylor (DUQ)	5-06.50
Liz Pugsley (URI).....	5-02.50
Gina Bundy (SJU)	5-02.50
Kelly Ann Burns (LAS).....	5-00.50
Ursula Moorer (TU).....	4-10.50
Stephanie Maugham (URI).....	4-10.50
Lindsey Hurley (DUQ)	4-06.75

Long Jump

April Byrd (VT)	20-00.50
Melissa Ward (UM).....	18-02.25
Jen Aubin (URI).....	17-08.25
Patty Coonelly (LAS)*	17-07.00
Dionna Miller (TU)	17-07.00
Teresa Covert (TU)	17-07.00
Edith Lewis (TU)	16-10.75
Michelle Pellitier (LAS)*	16-06.50

*wind-aided

Triple Jump

April Byrd (VT)	41-05.75
Gina Bundy (SJU)	40-03.25
Jen Aubin (URI).....	39-00.50
Patty Coonelly (LAS)	36-06.75
Edith Lewis (TU)	36-05.50
Dionna Miller (TU)	35-06.00
Denise Helm (VT)	34-10.50
Emily Taylor (DUQ)	34-04.75

Hammer

Giselle Nicholas (UM)	148-06
Paula Allan (VT).....	148-04
Heather Johnston (URI).....	147-11
Jen Wanat (URI)	141-09
Cheryl Stinson (VT)	138-03
Melanie Crumbia (TU).....	127-10
Chantal Ambroise (URI).....	126-10

Christy Herman (VT).....	126-04
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Shot Put

Jodi Borges (UD)	48-01.75
Paula Allan (VT).....	47-01.75
Alison Tostevin (UM)	41-06.00
Maggie Curry (UM).....	41-02.25
Jen Flinchum (URI)	40-11.50
Chantal Ambroise (URI)	40-07.75
Carole LaPlante (UM).....	40-01.50
Kelly Gray (UD).....	37-10.50

Discus

Jodi Borges (UD)	152-08
Christy Herman (VT).....	144-11
Jen Flinchum (URI)	143-10
Maggie Curry (UM).....	141-09
Paula Allan (VT).....	141-00
Alison Tostevin (UM)	128-00
Chantel Ambroise (URI).....	118-06
Kelly Gray (UD).....	116-10

Javelin

Jen Haigh (URI)	141-10
Christy Herman (VT).....	135-08
Cheryl Stinson (VT)	127-01
Marirose Roach (TU)	125-03
Sharyn Harrison (UM).....	123-00
Neille Giffune (UM)	118-00
Amy Stilphen (UM).....	112-07
Jen Wanat (URI)	108-11

Pole Vault

Stephanie Maugham (URI).....	12-05.50
Rhianna Dacruz (UM)	10-11.75
Janelle Erskine (URI).....	10-11.75
Katherine Gormley (TU)	10-00.00
Kelly Fisher (VT)	9-06.25
Leah Stoddard (URI).....	9-00.25
Jen Feder (DUQ).....	8-00.50
Elaine Applegate (DUQ)	7-00.50

Heptathlon

Melissa Ward (UM).....	4,582
Janelle Erskine (URI).....	3,946
Johanna Lelke (UM)	3,892
Katie Waters (URI)	3,650
Jennell Hoak (DUQ)	3,178
Tara Charest (URI)	3,140

Top finisher in each event named Atlantic 10 All-Conference first-team.

1999 Championship - May 1-2

Virginia Tech

Team Standings	Score
1. Massachusetts	208.0
2. Virginia Tech	206.0
3. Rhode Island.....	132.5
4. Saint Joseph's.....	85.5
5. Dayton.....	84.5
6. La Salle.....	50.5
7. Duquesne.....	33.0
8. Temple.....	29.0
9. Fordham	25.0

100-meter Dash

Damali Hay (VT)	:11.85
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Aoife Hearne (URI).....	:11.97
Marquita Moss (UD).....	:12.08
Abby Rubino (UM).....	:12.12
Jennifer Cook (VT).....	:12.23
Keisha Ricks (VT).....	:12.37
Afia Brown (TU)	:12.39

200-meter Dash

Danya Gordon (VT).....	:24.10
Damali Hay (VT)	:24.40
Michelle Trefz (URI)	:24.73
Rosemarie Bryan (UM)	:25.07
Aoife Hearne (URI).....	:25.19
Abby Rubino (UM).....	:25.26
Marquita Moss (UD).....	:25.37
Keisha Ricks (VT).....	:25.50

400-meter Dash

Kaamilya Davis (UD)	:54.80
Danya Gordon (VT).....	:55.18
Benita Chandler (TU).....	:55.51
Lynette Hopkins (VT)	:56.45
Cortney Boccardi (FOR)	:57.74
Toniann Razzi (LAS).....	:57.80
Shelanda Irish (UM).....	:58.44
Chanel Dale (TU).....	:58.45

800-meter Run

Angela Girardin (URI)	2:11.45
Kelly Martin (URI).....	2:13.18
Nicole Way (UM).....	2:14.03
Gabby Quesada (SJU).....	2:14.43
Liz Bollens (DUQ)	2:15.03
Kimberlea Gibbs (VT).....	2:15.80
Chelsea Alverson (VT).....	2:16.28
Karla Klosterman (UD)	2:16.89

1500-meter Run

Christine Kane (SJU)	4:33.24
Nicole Way (UM).....	4:36.30
Johanna Grochowalski (LAS).....	4:40.36
Liz Reeser (SJU).....	4:40.38
Tracy Sipka (FOR)	4:45.02
Chelsea Alverson (VT).....	4:48.20
Kelly Cassidy (LAS)	4:49.18
Katie McCormack (LAS)	4:49.60

3000-meter Run

Christine Kane (SJU)	10:07.75
Sarah Hirsch (UM).....	10:13.47
Johanna Grochowalski (LAS).....	10:22.06
Kristin Cisowski (UM).....	10:22.68
Johanna Stumpf (VT).....	10:25.09
Melissa Henderson (UM).....	10:29.32
Denise Fergus (SJU)	10:29.72
Victoria Robinson (FOR)	10:48.69

5000-meter Run

Sarah Hirsch (UM).....	17:22.68
Johanna Stumpf (VT)	17:59.67
Jen Rafferty (SJU).....	18:13.44
Melissa Rittenhouse (UD)	18:22.47
Kristin Cisowski (UM).....	18:28.37
Jessica McGarty (URI).....	18:30.01
Elena Gomez (LAS)	18:44.14
Katie Connell (DUQ).....	19:10.07

10,000-meter Run

Meghan Busse (SJU)	37:53.76
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Elena Gomez (LAS).....	38:02.51
Melissa Rittenhouse (UD)	38:07.15
Elizabeth Sheptyak (UM).....	38:35.39
Sharon Tillotson (UM)	39:26.11
Tracy Meagher (UM)	39:48.40
Megan Carroll (LAS)	39:56.22
Katie Connell (DUQ).....	40:01.65

100-meter Hurdles

Michelle Trefz (URI)	:13.77
Rosemarie Bryan (UM)	:13.79
Brandi Smith (VT)	:13.89
Jennifer Cook (VT).....	:14.03
Crystal Murphy (UM)	:14.61
Teresa Covert (TU)	:14.83
Christina Curry (UD).....	:14.87
Kathleen McCabe (DUQ).....	:15.27

400-meter Hurdles

Brandi Smith (VT)	:59.24
Danielle Hobson (VT).....	1:02.66
Christina Curry (UD).....	1:05.03
Kaylene House (UD).....	1:07.63
Kathleen McCabe (DUQ).....	1:07.66
Amy Taylor (URI).....	1:08.14
Erin Hankard (UM).....	1:08.31
Jennell Hoak (DUQ)	1:09.10

4x100-meter Relay

Massachusetts	:47.56
Virginia Tech	:47.72
Rhode Island	:48.59
Temple.....	:49.04
Dayton.....	:50.06
Duquesne.....	:51.18
Fordham	:54.28
La Salle	:54.66

4x400-meter Relay

Virginia Tech	3:44.67
Rhode Island	3:48.95
Massachusetts	3:51.44
Temple.....	3:51.60
Saint Joseph's.....	4:01.38
Fordham	4:07.67
Duquesne.....	4:14.22
La Salle	4:19.05

4x800-meter Relay

Saint Joseph's.....	9:15.44
La Salle	9:18.20
Virginia Tech	9:23.66
Fordham	9:27.75
Duquesne.....	9:32.20
Massachusetts	9:37.79
Rhode Island	9:40.24

High Jump

Bernadette Speer (SJU).....	5-06.50
Andrea Comeau (UM)	5-04.50
Jill Dombrauckas (UD)	5-02.50
Kellyann Burns (LAS)	5-02.50
Gina Bundy (SJU)	5-02.50
Amy Taylor (URI).....	5-02.50
Danielle Hobson (VT).....	5-00.50
Marisa Galloway (FOR).....	4-10.50

Long Jump

Shelanda Irish (UM).....	20-02.25
April Byrd (VT)	19-09.75
Abby Rubino (UM).....	18-05.75
Melanie Bell (UM)	17-08.75
Teresa Covert (TU)	17-08.25
Rhonda Underwood (TU)	17-06.25
Gina Bundy (SJU)	17-05.50
Christina Curry (UD).....	17-04.25

Triple Jump

April Byrd (VT)	42-02.00
Gina Bundy (SJU)	40-01.25
Rosemarie Bryan (UM).....	38-03.50
Heather O'Rourke (FOR).....	35-11.25
Denise Helm (VT)	35-05.25
Jill Dombrauckas (UD)	35-02.00
Erin Hankard (UM).....	34-11.00
Tiffany Chaplin (UM).....	34-07.75

Hammer

Michelle Zengilonski (VT).....	152-03
Giselle Nicholas (UM)	146-01
Sara Kersten (VT)	144-03
Angela Levens (URI).....	141-04
Heather Johnston (URI)	136-03
Jen Wanat (URI)	133-11
Ronny Martin (VT).....	126-01
Shannon Hamilton (UM)	119-10

Shot Put

Jodi Borges (UD)	46-06.25
January Williams (VT).....	45-08.00
Dana Hall (URI).....	44-00.00
Carole LaPlante (UM).....	40-08.75
Angela Levens (URI).....	40-04.25
Chantel Ambroise (URI)	39-10.50
Alison Tostevin (UM).....	39-05.75
Ronny Martin (VT).....	37-03.00

Discus

Jodi Borges (UD)	150-03
Sara Kersten (VT)	125-05
January Williams (VT).....	122-10
Chantel Ambroise (URI)	122-06
Alison Tostevin (UM).....	121-04
Angela Levens (URI).....	116-10
Carole LaPlante (UM).....	112-09
Michelle Zengilonski (VT).....	108-07

Javelin

Denise O'Connell (VT)	151-02
Courtney Stephenson, (UD).....	129-05
Sharyn Harrison (UM).....	125-11
Neille Giffune (UM)	119-10
Rhianna Dacruz (UM)	113-05
Dana Hall (URI).....	112-07
Mary Lardie (URI)	106-07
Carrie Flickinger (DUQ).....	104-02

Pole Vault

Janelle Erskine (URI).....	10-06.00
Rhianna Dacruz (UM)	10-00.00
Heather Palmer (UM).....	9-06.25
Johanna Lelke (UM)	9-00.25
Michelle Zengilonski (VT).....	8-00.50
Jen Feder (DUQ).....	8-00.50
Thea Vansickle (VT).....	6-06.75

Heptathlon

Jessica Lincoln (URI).....	4,525
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Emily Durkota (DUQ).....	4,065
Melissa Ward (UM).....	3,937
Heather Tyrell (LAS)	3,864
Johanna Lelke (UM).....	3,596
Janelle Erskine (URI).....	3,399
Thea VanSickle (VT)	2,957

Top finisher in each event named Atlantic 10 All-Conference first-team.

1998 Championship - May 2-3

Virginia Tech

Team StandingsScore

1. Virginia Tech	252.0
2. Massachusetts	151.0
3. La Salle.....	104.5
4. Rhode Island.....	103.75
5. Dayton.....	76.0
6. Duquesne.....	46.0
7. Saint Joseph's.....	45.0
8. Temple.....	20.75
9. Fordham	14.0

100-meter Dash

Marquita Moss (UD).....	:11.97
Shelanda Irish (UM).....	:12.15
Jennifer Cook (VT).....	:12.29
Afia Brown (TU)	:12.31
Kaisha Ricks (VT).....	:12.31
Raqueil Shelton (UM)	:12.32
April Byrd (VT)	:12.55
Rachel Ritz (LAS)	:12.71

200-meter Dash

Kaamilya Davis (UD)	:24.33
Marquita Moss (UD).....	:25.07
Danya Gordon (VT).....	:25.15
Afia Brown (TU)	:25.41
Shelanda Irish (UM).....	:25.57
Kirsten Kraas (LAS)	:25.91
Jennifer Cook (VT).....	:25.94
Rachel Ritz (LAS)	:25.97

400-meter Dash

Kaamilya Davis (UD)	:54.30
Katie Ollendick (VT).....	:56.06
Danya Gordon (VT).....	:56.31
Benita Chandler (TU).....	:56.68
Angela Girardin (URI)	:57.32
Rachel Ritz (LAS)	:57.49
Cortney Boccardi (FOR)	:57.53
Andrea Comeau (UM)	:57.80

800-meter Run

Theresa Carroll (LAS)	2:11.38
Nicole Koslosky (SJU)	2:12.12
Lauren Molyneau (SJU)	2:12.73
Gabby Quezada (SJU)	2:13.83
Adjoa Turner (DUQ)	2:15.03
Jill Netzer (VT).....	2:15.16
Kimberlea Gibbs (VT).....	2:15.31
Rebecca Donaghue (UM).....	2:15.83

1500-meter Run

Theresa Carroll (LAS)	4:34.65
Brigid Benner (LAS)	4:36.47
Nicole Way (UM).....	4:37.04
Christina Kane (SJU)	4:38.49

Tracy Sipka (FOR)	4:40.00
Katie Talarico (DUQ)	4:44.04
Katie McCormick (LAS)	4:46.25
Jill Netzer (VT)	4:49.01

3000-meter Run

Theresa Carroll (LAS)	9:48.0
Rebecca Donaghue (UM)	9:55.1
Katie Talarico (DUQ)	10:02.1
Christy Martin (UM)	10:11.4
Heather Whitmore (URI)	10:14.5
Sarah Hirsch (UM)	10:15.6
Jenna James (SJU)	10:17.6
Stephanie Ingersoll (VT)	10:23.7

5000-meter Run

Brigid Benner (LAS)	17:40.66
Johanna Stumpf (VT)	17:55.89
Heather Whitmore (URI)	17:57.46
Sarah Hirsch (UM)	17:57.75
Jessica McGarty (URI)	18:07.03
Meghan Busse (SJU)	18:11.61
Elena Gomez (LAS)	18:17.82
Maggie Keane (UD)	18:26.54

10,000-meter Run

Elena Gomez (LAS)	37:47.47
Melissa Rittenhouse (UD)	38:06.86
Katie Brown (LAS)	38:58.89
Karen Labbadia (URI)	39:26.12
Maureen Murphy (DUQ)	39:38.46
Taryn McGouldrick (SJU)	39:59.10
Beth Baker (DUQ)	40:06.32
Cheri Rose (VT)	40:11.91

100-meter Hurdles

Michelle Trefz (URI)	13.72
Katie Ollendick (VT)	13.96
Jennifer Cook (VT)	14.19
Melanie Burgess (VT)	14.20
Anya Forrest (UM)	14.22
Crystal Murphy (UM)	14.38
Stephanie Maugham (URI)	14.59
Rosemarie Bryan (UM)	DNF

400-meter Hurdles

Brandi Smith (VT)	1:00.26
Silifa Kenku (UM)	1:01.71
Amy Taylor (URI)	1:02.71
Michelle Trefz (URI)	1:04.65
Cristina Curry (UD)	1:05.16
Lindsey Bailey (VT)	1:06.78
Renee Vogel (LAS)	1:07.93
Toniann Razzi (LAS)	1:09.75

4x100-meter Relay

Virginia Tech	:47.11
Massachusetts	:47.32
Rhode Island	:47.69
Temple	:48.19
La Salle	:49.40
Duquesne	:49.85
Fordham	:53.48

4x400-meter Relay

Virginia Tech	3:46.85
Massachusetts	3:47.71

Rhode Island	3:49.84
Dayton	3:52.22
La Salle	3:52.50
Saint Joseph's	3:57.35
Fordham	4:04.70
Duquesne	4:06.56

4x800-meter Relay

Saint Joseph's	9:03.03
Duquesne	9:13.00
Virginia Tech	9:14.74
Massachusetts	9:21.06
La Salle	9:25.78
Fordham	9:35.40
Rhode Island	10:20.22

High Jump

Katie Ollendick (VT)	5-10.00
Jill Dombrackas (UD)	5-04.50
Andrea Comeau (UM)	5-04.50
Megan Barnes (VT)	5-02.50
Emily Durkota (DUQ)	5-02.50
Jessica Lincoln (URI)	5-00.50
Stephanie Maugham (URI)	4-10.50
Heather Tyrell (LAS)	4-10.50
Rhonda Underwood (TU)	4-10.50
Kelly Anne Burns (LAS)	4-10.50

Long Jump

Megan Barnes (VT)	20-00.50
Brandi Smith (VT)	19-09.00
April Byrd (VT)	19-05.25
Shelanda Irish (UM)	19-01.25
Rosemarie Bryan (UM)	18-07.00
Melanie Bell (UM)	18-03.25
Heather Tyrell (LAS)	17-08.75
Cristina Curry (UD)	17-04.75

Triple Jump

April Byrd (VT)	38-06.25
Melanie Burgess (VT)	38-02.75
Cicely Mitchell (UD)	37-06.75
Jill Dombrackas (UD)	35-11.25
Emily Durkota (DUQ)	35-03.00
Denise Helm (VT)	34-07.00
Jessica Lincoln (URI)	34-06.75
Heather O'Rourke (FOR)	34-02.00

Hammer

Shana Mitchell (UM)	165-10
Michelle Smith (VT)	153-04
Michelle Zengilowski (VT)	151-08
Sara Kersten (VT)	138-06
Shannon Hamilton (UM)	128-10
Giselle Nicholas (UM)	127-04
Angela Levens (URI)	122-04
Jen Wanat (URI)	116-02

Shot Put

Paula Allan (VT)	50-00.50
Michelle Smith (VT)	44-00.50
Alison Tostevin (UM)	41-07.75
Carole LaPlante (UM)	39-03.75
Katie Ollendick (VT)	38-04.75
Angela Levens (URI)	37-06.00
Giselle Nicholas (UM)	35-06.50
Michelle Molesky (LAS)	29-06.00

Discus

Michelle Smith (VT)	155-01
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Shana Mitchell (UM)	147-11
Paula Allan (VT)	141-08
Sara Kersten (VT)	133-10
Alison Tostevin (UM)	128-11
Carole LaPlante (UM)	113-06
Angela Levens (URI)	102-08
Mardanna Barger (DUQ)	94-07

Javelin

Denise O'Connell (VT)	133-01
Sharyn Harrison (UM)	127-03
Mary Lardie (URI)	124-05
Jen Wanat (URI)	119-10
Lisa Precourt (LAS)	111-00
Michelle Smith (VT)	110-11
Carrie Flickinger (DUQ)	110-04
Jocelyn Tracey (URI)	104-09

Pole Vault

Stephanie Maugham (URI)	11-01.75
Janelle Erskine (URI)	9-08.00
Michelle Zengilowski (VT)	8-02.50
Lisa Precourt (LAS)	7-08.50
Emily Durkota (DUQ)	7-02.50
Thea VanSickle (VT)	7-02.50

Top finisher in each event named Atlantic 10 All-Conference first-team.

1997 Championship - May 3-4

La Salle University

Team Standings Score

1. Virginia Tech	181
2. Massachusetts	98
3. Rhode Island	87
4. La Salle	85
5. Temple	70
6. Dayton	27
7. Fordham	25
Saint Joseph's	25
9. Duquesne	22

100-meter Dash

Tamecko Conway (TU)	:12.41
Shelanda Irish (UM)	:12.48
Marquita Moss (UD)	:12.51
Jennifer Cook (VT)	:12.63
Melanie Burgess (VT)	:12.75
Raqueil Shelton (UM)	:12.76
Melanie Bell (UM)	:12.78
Rashida Dodson (VT)	DQ

200-meter Dash

Lakishia Powell (TU)	:24.73
Kaamilya Davis (UD)	:24.76
Jennifer Cook (VT)	:25.01
Danya Gordon (VT)	:25.21
Tamecko Conway (TU)	:25.23
Nickeya Martin (TU)	:25.50
Shelanda Irish (UM)	:25.52
Andrea Comeau (UM)	:25.81

400-meter Dash

Kaamilya Davis (UD)	:56.21
Danya Gordon (VT)	:56.55
Benita Chandler (TU)	:57.75
Cortney Boccardi (FOR)	:58.26
Michelle Cooper (UM)	:58.49

Jennifer Foster (TU).....	:58.50
Alisha Lawson (TU).....	:58.59
Eugenia Franklin (VT).....	:59.50

800-meter Run

Theresa Carroll (LAS)	2:14.15
Rachel Ritz (LAS)	2:14.20
Nikki Hunt (VT).....	2:15.48
Julie Reeser (VT)	2:16.32
Nicole Way (UM).....	2:17.75
Nicole Koslosky (SJU)	2:17.91
Angela Girardin (URI)	2:18.44
Lisa Flood (UM).....	2:18.68

1500-meter Run

Theresa Carroll (LAS)	4:37.36
Johanna Grochowalski (LAS).....	4:41.58
Katey Favret (FOR).....	4:45.10
Jill Netzer (VT).....	4:45.97
Liz Reeser (SJU).....	4:46.26
Patty Gohring (URI)	4:47.10
Tracy Sipka (FOR).....	4:47.96
Christy Martin (UM)	4:52.55

3000-meter Run

Johanna Grochowalski (LAS).....	10:16.60
Jen Rafferty (SJU).....	10:22.05
Victoria Robinson (FOR)	10:29.69
Sally Hirsch (UM).....	10:29.88
Johanna Stumpf (VT).....	10:35.34
Maggie Keane (UD).....	10:37.29
Kim O'Donnell (SJU)	10:47.77
Rebecca Pereira (URI)	10:55.72

5000-meter Run

Meghan Busse (SJU)	17:47.96
Brigid Benner (LAS)	17:59.87
Jenna Bartolomeo (DUQ)	18:04.38
JenniferConner (VT).....	18:15.06
Karen Labbadia (URI).....	18:15.82
Maggie Keane (UD).....	18:17.26
Tracy Meagher (UM)	18:26.67
Taryn McGouldrick (SJU).....	18:29.35

10,000-meter Run

Mandy Workman (VT).....	38:10.01
Terri Cook (LAS)	38:20.82
Karen Labbadia (URI).....	38:52.78
Jenna Bartolomeo (DUQ)	39:14.93
Trish Coffin (DUQ).....	39:55.70
Melissa Rittenhouse (UD)	40:07.89
Liz Sheptyck (UM).....	42:21.24

100-meter Hurdles

Lakishia Powell (TU).....	:14.40
Melanie Burgess (VT).....	:14.84
Andrea Comeau (UM)	:14.91
Katie Ollendick (VT).....	:15.02
Michelle Trefz (URI)	:15.03
Jennifer Cook (VT).....	:15.04
Stephanie Maugham (URI).....	:15.54
Rhonda Underwood (TU)	:15.84

400-meter Hurdles

Silifa Kenku (UM).....	1:02.90
Katie Ollendick (VT).....	1:03.96
Lanin Reviere (TU).....	1:04.85
Kristine King (VT).....	1:05.64

Rhonda Underwood (TU)	1:06.05
Michelle Trefz (URI)	1:07.07
Renee Vogel (LAS)	1:07.10
Dianne Sykes (UM).....	1:10.12

4x100-meter Relay

Temple.....	:48.72
Rhode Island	:49.14
Virginia Tech	:50.22
La Salle	:50.77
Duquesne.....	:51.36
Fordham	:53.25
Massachusetts	DQ

4x400-meter Relay

Temple.....	3:49.13
Massachusetts	3:50.13
Virginia Tech	3:55.33
Rhode Island	3:56.97
Saint Joseph's.....	3:57.92
La Salle	4:07.07
Dayton.....	4:08.39
Duquesne.....	4:10.13

4x800-meter Relay

La Salle	9:13.66
Fordham	9:25.67
Duquesne.....	9:26.70
Virginia Tech	9:34.46
Saint Joseph's.....	9:36.21
Massachusetts	9:37.88
Rhode Island	10:08.36

High Jump

Katie Ollendick (VT).....	5-10.00
Bridgette Miller (VT).....	5-08.00
Andrea Comeau (UM)	5-08.00
Melissa Ward (UM).....	5-02.25
Heather Tyrrell (LAS).....	5-00.25
Stephanie Maugham (URI).....	5-00.25
Wypkjen Osinga (VT)	5-00.25
Jessica Lincoln (URI).....	4-10.25

Long Jump

Melanie Burgess (VT)	18-05.25
Melanie Bell (UM)	18-04.75
Darien Dudek (URI)	17-11.25
Shelanda Irish (UM).....	17-09.00
Rhonda Underwood (TU)	16-10.75
Jessica Lincoln (URI).....	16-06.75
Leslie Mitchell (VT).....	16-04.00
Heather Tyrrell (LAS).....	15-11.25

Triple Jump

Melissa Ward (UM).....	37-10.50
Leslie Mitchell (VT).....	37-02.25
Melanie Burgess (VT)	37-01.75
Dana Coppola (URI)	34-11.00
Sarah Eiler (DUQ)	33-08.75
Jessica Lincoln (URI).....	33-08.00
Bridgette Miller (VT).....	33-05.75
Stephanie McMullen (SJU)	32-08.50

Hammer

Michelle Fournier (URI).....	179-07
Shana Mitchell (UM)	153-02
Michelle Smith (VT)	153-01
Stephanie Townson (UM)	150-09

Amy Hafler (URI).....	141-06
Michelle Zengoliwski (VT).....	132-07
Sara Kersten (VT).....	129-00
Erica Faginski (UM).....	123-03

Shot Put

Paula Allan (VT).....	48-03.25
Michelle Fournier (URI).....	46-09.50
Michelle Smith (VT).....	44-05.25
Sherri Pierce (URI).....	40-11.50
Jessica Read (VT).....	40-06.75
Amy Hafler (URI).....	39-10.00
Stephanie Townson (UM).....	39-05.25
Tori Swartz (UD).....	37-06.75

Discus

Michelle Fournier (URI).....	157-10
Michelle Smith (VT).....	152-09
Stephanie Townson (UM).....	133-05
Shana Mitchell (UM).....	133-02
Sherri Pierce (URI).....	131-10
Amy Hafler (URI).....	127-07
Sara Kersten (VT).....	123-03
Tori Swartz (UD).....	115-07

Javelin

Jessica Read (VT).....	127-04
Mary Lardie (URI).....	116-06
Lisa Precourt (LAS).....	112-04
Jocelyn Tracey (URI).....	104-02
Heather Polgar (UM).....	96-09
Michelle Smith (VT).....	96-08
Jessica Lincoln (URI).....	95-00
Tara Teahan (DUQ).....	85-09

Top finisher in each event named Atlantic 10 All-Conference first-team.

Weekly Award Winners

2018 Track Performer of the week

03/27 Taylor Williams (MASON)
04/03 Caroline Yarbrough (DAV)
04/10 Lindsay Witt (UM)
04/17 Heather MacLean (UM)
04/24 Emilie Cowan (UM); Ann Harlos (SLU)
05/01 Heather MacLean (UM)

Field Performer of the Week

03/27 Carly Peters (DAV)
04/03 Lillian Cook (UD)
04/10 Claudine Andre (SJU)
04/17 Jenni Rossi (UD)
04/24 Mariah Collins (UM)
05/01 Jenni Rossi (UD)

Rookie of the Week

03/27 Autumn White (MASON)
04/03 Morgan Bower (SJU)
04/10 Kiana Stallworth (MASON)
04/17 GJaudy Joh Wallace (MASON); Danielle Notarfrancesco (UM)
04/24 Danielle Notarfrancesco (UM)
05/01 Molly Botts (URI)

2017 Performer of the Week

3/28 Michelle Wallerstedt (MASON)
4/04 Erin Reese (UD) Janel Conley (URI)
4/11 Leah Frischmann (UD) Ann Harlos (SLU)
4/18 Jenni Rossi (UD)

Rookie of the Week

Lillian Cook (UD) Carly Peters (DAV)
Dajae Goulet (VCU)
Taylor Williams (MASON)

4/25 Erin Reese (UD) Janel Conley (URI)	Lillian Cook (UD)
5/02 Leah Frischmann (UD) Emilie Cowan (UM)	Juleen Lewis (URI)

2016 Performer of the Week

3/22 Morgan Szekely (LAS)
3/29 Jennie Rossi (UD)
4/05 Amanda Corbosiero (UR)
4/12 Talisha Watts (MASON) Janel Conley (URI)
4/19 Amanda Corbosiero (UR)
4/26 Lindsay Horton (MASON)
5/03 Sommer Sharpe (MASON) Claudine Andre (SJU)

Rookie of the Week

Rachel Forder (MASON) Taylor Vernot (UD) Kia Carson (VCU) Ann Harlos (SLU)
Rachel Forder (MASON) Sarah Moore (MASON) Leah Wolf (URI)

2015 Performer of the Week

3/23 Anna Simone (DUQ)
3/30 Aly Weeman (UD) Dannah Hayward (SJU)
4/06 Bethany Sachtelben (MASON) Aly Weeman (UD)
4/13 Shavon Briscoe (MASON) Jenny DelSignore (DUQ)
4/20 Annika Gomell (SLU)
4/27 Erin Osment (DAV) Michelle Wallerstedt (MASON)

Rookie of the Week

Taylor Sharpe (MASON) Leah Frischmann (UD)
Morgan Szekely (LAS) Taylor Sharpe (MASON) Talisa Watts (MASON) Morgan Szekely (LAS) Bridget Deveau (UM) Erin Reese (UD) Morgan Szekely (LAS)

2014 Performer of the Week

3/24 Naya Owusu (SLU)
3/31 Mandissa Marshall (MASON)
4/07 Meghan McGlinchey (LAS) Jaleesa Williams (VCU)
4/14 Kiara Porter (VCU)
4/21 Nicole Cargill (UD)
4/28 Mandissa Marshall (MASON) Naya Owusu (SLU)

Rookie of the Week

Ariel Briaies (VCU) Nhautrey Brown (MASON) Courtney Foster (SJU)
Lindsay Folsom (URI) De'Nisha Smith (VCU) Brianna Robitaille (URI)

2013 Performer of the Week

3/19 T'Sheila Mungo (CHA)
3/25 Hannah Kuenzel (SLU)
4/01 Jaleesa Williams (VCU)
4/08 Brittney Edwards (DUQ)
4/15 Katrina Wright (CHA)
4/22 Katie Clark (BU) Kiara Porter (VCU)
4/29 Becky Stoyle (UM)

Rookie of the Week

Janel Conley (URI) Mary Allen (UR) Mary Allen (UR) Alvonna Blakney (CHA) Verna Hilare-Lee (VCU) Dannah Hayward (SJU)
Dannah Hayward (SJU)

2012 Performer of the Week

3/26 Ashley Vincent (XU)
4/02 Nicol Traynor (UR)
4/09 Meghan McGlinchey (LAS)
4/16 Joann Blakney (CHA)
4/23 Joann Blakney (CHA)
4/30 Meghan McGlinchey (LAS) Meaghan McGovern (UR)

Rookie of the Week

Juanita Leto (CHA) Tacquaya Tobias (DUQ) Margo Britton (TU) Margo Britton (TU) T'Sheila Mungo (CHA) Margo Britton (TU)

2011 Performer of the Week

3/28 Amy Van Alstine (UR)
4/05 Nicol Traynor (UR)
4/11 Maura Bulgrin (UD)
4/18 Keara Thomas (CHA)
4/25 Karen Roa (UM)
5/02 Crystal Bourque (URI) Courtney Siebenaller (UD)

Rookie of the Week

Anisa Arsenalault (FOR) Britt Reid (UR) Margo Richardson (SLU) Jill Prentice (UR) Briauna Jones (CHA) Hannah Janeczak (URI)
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2010 Performer of the Week

3/22 Mallory Barnes (UD) Sherilyn Groeninger (FOR)

Rookie of the Week

Dana Guglielmo (UR)

3/29 Amanda Goetschius (CHA) Maureen O'Donnell (SJU)
 4/05 Brittney Cloudy (SLU) Dana Guglielmo (UR)
 Kaly Sheehan (URI)
 4/12 Mallory Barnes (UD) Maria Ruiz (CHA)
 Paris Williams (TU)
 4/19 Amanda Goetschius (CHA) Ashley Adams (DUQ)
 4/26 Lisa Wilson (UM) Katie Nageotte (UD)

2009 Performer of the Week

3/23 Amanda Cole (TU)
 3/30 Aja Jackson (CHA)
 Jasmine Jennings (URI)
 4/06 Lamarra Currie (CHA)
 4/13 Amanda Cole (TU)
 Lamarra Currie (CHA)
 4/20 Jasmine Jennings (URI)
 Lisa Wilson (UM)
 4/27 Jasmine Jennings (URI)
 Christa Plummer (LAS)

Rookie of the Week

Caitlin Van Dodewaard (CHA)
 Courtney Siebenaller (UD)
 Courtney Siebenaller (UD)
 Courtney Siebenaller (UD)
 April Phillips (XU)
 Katrina Spratford (UR)
 Courtney Siebenaller (UD)

Lamarra Currie (CHA)

Ananda Fraser (URI)

2008 Performer of the Week

3/17 Johnna Zaccari (UD)
 3/24 Becky Clark (XU)
 Amanda Cole (TU)
 3/31 Tsehay Dagnachew (CHA)
 4/07 Pat Springs (CHA)
 4/14 Courtney Patterson (CHA)
 4/21 Tsehay Dagnachew (CHA)
 4/28 Carlleen Allison (TU)

Rookie of the Week

Johnna Zaccari (UD)
 Assata Cowart (TU)
 Yvonna Hines (CHA)
 Assata Cowart (TU)
 Lindsey Pate (CHA)
 Amanda Goetschius (CHA)
 Arin Whitman (DUQ)

2007 Performer of the Week

3/19 Lamarra Currie (CHA)
 3/26 Jessica Young (UR)
 4/02 Lamarra Currie (CHA)
 Rachel Papin (LAS)
 4/09 Shareese Woods (CHA)
 4/16 Courtney Patterson (CHA)
 Jessica Young (UR)
 4/23 Shareese Woods (CHA)
 4/30 Rachel Papin (LAS)

Rookie of the Week

Heather Roush (UR)
 Kristen Crawford (UR)
 Amy Van Alstine (UR)
 Lisa Wilson (UM)
 Amy Van Alstine (UR)
 Heather Roush (UR)
 Lauren McCormick (UD)

2006 Performer of the Week

3/20 Sharonda Johnson (CHA)
 Courtney Patterson (CHA)
 3/27 Shareese Woods (CHA)
 4/03 Rachel Papin (LAS)
 4/10 Beth Crocus (UR)
 Sharonda Johnson (CHA)
 4/17 Courtney Patterson (CHA)
 Shareese Woods (CHA)
 4/24 Rachel Papin (LAS)
 Shareese Woods (CHA)
 5/01 Beth Crocus (UR)

Rookie of the Week

Lamarra Currie (CHA)
 Jessica Young (UR)
 Jessica Young (UR)
 Jessica Young (UR)
 Pat Springs (CHA)
 Pat Springs (CHA)
 Jordan Veney (UM)
 Jessica Young (UR)

2005 Performer of the Week

3/21 Beth Crocus (UR)
 3/28 Jenna Darcy (LAS)
 4/04 Christina Bizon (URI)
 4/11 Jenna Darcy (LAS)
 Amanda Russell (UR)
 4/18 Heidi Westerling (URI)
 4/25 Kelly Pohlman (UD)
 5/02 Jenna Darcy (LAS)
 Amanda Russell (UR)

Rookie of the Week

Erica Moody (DUQ)
 Erica Moody (DUQ)
 Erica Moody (DUQ)
 Kerstin Greene (FOR)
 Erica Moody (DUQ)
 Kristen Bakanowski (UM)
 Amy Ruffolo (DUQ)
 Sarah Thornton (URI)

2004 Performer of the Week

3/22 Rachel Clinton (TU)
 3/29 Andria Smythe (SJU)

Rookie of the Week

Beth Crocus (UR)
 Rachel Brushett (UR)

Khaleelah Sneed (UD)
4/05 Pascale Delaunay (URI)
4/12 Rachel Clinton (TU)
4/19 Jenna Darcy (LAS)
4/26 Melissa Stewart (DUQ)

Ashley Smith (DUQ)
Lindsey Smith (UR)
Lindsey Smith (UR)
Lindsey Smith (UR)

2003 Performer of the Week

3/17 Ashley Bell (UR)
3/24 Jessica Dunston (TU)
3/31 Ruth Chege (UR)
4/07 Marci Hepler (DUQ)
Edith Lewis (TU)
4/14 Ruth Chege (UR)
Khaleelah Sneed (UD)
4/21 Kristin Micsky (DUQ)
Khaleelah Sneed (UD)
4/28 Ruth Chege (UR)

Rookie of the Week

None
Kristen Coon (URI)
Lindsay Vieira (URI)
Andria Smythe (SJU)

Andria Smythe (SJU)

Liz Long (URI)

Melissa Stewart (DUQ)
Destiny Woodbury (URI)

2002 Performer of the Week

3/18 Jodi Borges (UD)
Kara Storage (UD)
3/25 Diane Schreiber (UR)
4/01 Jodi Borges (UD)
Ndidi Obichere (LAS)
4/08 Erica DaCosta (DUQ)
Brandy Green (UM)
4/15 Amy Taylor (URI)
Maisha Tyler (SJU)
4/22 Chante Soares (UM)
4/29 Jennifer Haigh (URI)
Kara Storage (UD)

Rookie of the Week

Karen Setty (UD)

None
Jessica Dunston (TU)

Aftan Delaney (UD)

Marcie Hepler (DUQ)

Jessica Dunston (TU)
Toni McDaniels (URI)

2001 Performer of the Week

3/19 LeBren Martin (UD)
3/26 Naomi Beverly (TU)
4/03 ToriAnn Razzi (LAS)
4/10 Rhianna DaCruz (UM)
4/17 Afia Brown (TU)
Gina Bundy (SJU)
4/24 Naomi Beverly (TU)
5/01 Gina Bundy (SJU)
La Salle Relay Team
5/08 Gina Bundy (SJU)
ToniAnn Razzi (LAS)

Rookie of the Week

Khaleelah Sneed (UD)
Shea McMillan (DUQ)
Sarah Como (DUQ)
Heidi Westerling (URI)
Shea McMillan (DUQ)

Maisha Tyler (SJU)
Heidi Westerling (URI)

Heidi Westerling (URI)

2000 Performer of the Week

3/19 Jodi Borges (UD)
3/26 Tracy Sipka (FOR)
4/02 Jodi Borges (UD)
4/09 April Byrd (VT)
4/16 Michelle Trefz (URI)
4/23 Paula Allan (VT)
4/30 Stephanie Maugham (URI)

Rookie of the Week

Tara Storage (UD)
Tara Storage (UD)
LeBren Martin (UD)
LeBren Martin (UD)
LeBren Martin (UD)
Kelly Fisher (VT)
Tara Storage (UD)

1999 Performer of the Week

3/22 Kaamilya Davis (UD)
3/29 Kaamilya Davis (UD)
Brandi Smith (VT)
4/05 Kaamilya Davis (UD)
4/12 April Byrd (VT)
4/19 Jennifer Cook (VT)
4/26 Kaamilya Davis (UD)

Rookie of the Week

Jodi Borges (UD)
Erin Silvering (URI)

Aoife Hearne (URI)
Damali Hay (VT)
Aoife Hearne (URI)
Jodi Borges (UD)

NCAA Postseason History

Years In Which Team Scored

Team (Years)	Best Finish
Charlotte (2: 2006-07)	58th (2006)
Fordham (1: 1993)	29th (1993)
Massachusetts (2: 1982-95).....	42nd (1995)
Rhode Island (1: 2009)	70th (2009)
Saint Joseph's (2: 1990-91)	23rd (1991)
Temple (3: 1986-87-88).....	23rd (1988)
VCU (2: 2014-2015)	t-59th (2014)

All-Time Team Results

1982

Massachusetts* t-49th place - 2 pts

1986

Temple* 44th place - 4 pts

1987

Temple* t-39th place - 5 pts

1988

Temple* 23rd place - 10.33 pts

1990

Saint Joseph's* t-25th place - 8 pts

1991

Saint Joseph's* t-23rd place - 10 pts

1993

Fordham t-29th place - 6 pts

1995

Massachusetts* t-42nd place - 4 pts

2006

Charlotte* t-58th place - 3 pts

2007

Charlotte* t-59th place - 3 pts

2009

Rhode Island* t-70th place - 1 pt

2014

VCU* t-59th place - 1 pt

2015

VCU* t-68th place - 1 pt

All-Time Individual Champions

Triple Jump

1991 - Donna Crumety, Saint Joseph's..... 44-00.00 (13.41w)

NOTE: The Atlantic 10 Conference did not recognize women's outdoor track & field as a league-sponsored sport until 1997 academic year; NCAA postseason history reflects all-time information on current members of the A-10.

* denotes member of the Atlantic 10 Conference that year of competition