



WOMEN'S OUTDOOR TRACK & FIELD RECORD BOOK THROUGH 2016-17 SEASON

Student-Athletes of the Year

| | |
|------|----------------------------------------------|
| 2011 | Emily Zimmerman (UD) |
| 2010 | Ashley Cattran (UD) |
| 2009 | Lamarra Currie (CHA) |
| 2008 | Lamarra Currie (CHA) |
| 2007 | Jane Daniels (CHA) Sharonda Johnson (CHA) |
| 2006 | Cassie Ficken (CHA) |
| 2005 | Heidi Westerling (URI) |
| 2004 | Shea McMillan (DUQ) |
| 2003 | Aderonke Adeniyi (TU) |
| 2002 | Kathleen McCabe (DUQ) |
| 2001 | Gina Bundy (SJU) |
| 2000 | Elena Gomez (LAS) |

Academic All-Conference Teams

| | |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2017 | Caroline Yarbrough (DAV); Leah Frischmann (UD); Sarah Sepanski (UD); Autumn Greba (DUQ); Calerie Palermo (DUQ); Sharon Dorsey (MASON); Miranda DiBiasio (GW); Heather MacLean (UM); Kylie Regan (UR); Taylor McCormick (VCU) |
| 2016 | Jennifer Czerapowicz (URI); Miranda DiBiasio (GW); Sharon Dorsey (MASON); Julia Franzoa (DUQ); Leah Frischmann (UD); Autumn Greba (DUQ); Jennifer Nakamura (MASON); Valerie Palermo (DUQ); Nichelle Scott (VCU); Morgan Szekely (LAS) |
| 2015 | Amanda Denger (MASON); Annika Gomell (SLU); Rachel Hilliard (UM); Sherie Key (DUQ); Mary List (UD); Rebecca Maj (UD); Valerie Palermo (DUQ); Kiara Porter (VCU); Heather Selheimer (MASON); Chelsea VanHook (UD) |
| 2014 | Shannon Abraham (DUQ); Ashley Adams (DUQ); Amanda Denger (MASON); Lizzie Gleason (UD); Sherie Key (DUQ); Hannah Kuenzel (SLU); Jennifer Nakamura (MASON); Haley Pisarcik (DUQ); Kiara Porter (VCU); Allison Walter (SLU) |
| 2013 | Ashley Adams (DUQ); Shannon Abraham (DUQ); Nicole Cherek (DUQ); Katie Clark (BU); Elizabeth Gleason (UD); Jessica Hoefert (SLU); Wendy Hutchinson (LAS); Hannah Kuenzel (SLU); Kiara Porter (VCU); Amber Valimont (DUQ); Allison Walter (SLU) |
| 2012 | Erin Baldinger (UD); Rachel Clark (XU); Brittney Cloudy (SLU); Lizzie Gleason (UD); Elissa Mason (UD); Meghan McGlinchey (LAS); Meaghan McGovern (UR); Marissa Norman (URI); Emily Tyler (XU); Allison Walter (SLU) |
| 2011 | Ashley Adams (DUQ); Maureen Bulgrin (UD); Ashley Cattran (UD); Sara Fraley (SLU); Ananda Fraser (URI); Kerri Gallagher (FOR); Laura McCary (CHA); Lydia Morton (UR); Courtney Siebenaller (UD); Emily Tyler (XU) |
| 2010 | Sarah Allen (UD); Shayne Daugherty (URI); Ananda Fraser (URI); Kerri Gallagher (FOR); Melissa Miller (DUQ); Brigid Moriarty (FOR); Megan Ney (UR); Julie Rechel (UR); Shiyi Zan (UM) |
| 2009 | Kristen Bakanowski (UM); Ashley Cattran (UD); Lamarra Currie (CHA); Shayna Daugherty (URI); Ananda Fraser (URI); Samantha Howard (DUQ); Mary Moloney (SLU); Christa Plummer (LAS); Melissa Salerno (FOR); Nicol Traynor (UR) |
| 2008 | Sarah Allen (UD); Laura Coyer (SJU); Lamarra Currie (CHA); Jesselle Cruz (TU); Christina DeRosa (UM); Carolyn Lipovsky (LAS); Noelle McKenzie (TU); Rachel Papin (LAS); Amy Rhein (SJU); Shiyi Zan (UM) |
| 2007 | Emily Anderson (URI); Emily Beahan (DUQ); Lamarra Currie (CHA); Jenna Daggett (DUQ); Jane Daniels (CHA); Christina DeRosa (UM); Liz Forster (UD); Katherine Guilfoyle (URI); Samantha Howard (DUQ); Sharonda Johnson (CHA); Erin Kelly (SJU); Courtney Klenk (URI); Carolyn Lipovsky (LAS); Lajarsha Moses (CHA); Rachel Papin (LAS); Melissa Stewart (DUQ) |
| 2006 | Emily Anderson (URI); Cassie Ficken (CHA); Sharonda Johnson (CHA); Diana Nordquist (FOR); Rachel Papin (LAS); Kelly Pohlman (UD); Cindy Smith (URI); Andria Smythe (SJU); Melissa Stewart (DUQ); Maureen Zivic (FOR) |
| 2005 | Amanda Dahlberg (UM); Jenna Darcy (LAS); Sarah Fetterman (DUQ); Courtney Klenk (URI); Kristen Micsky (DUQ); Kelly Pohlman (UD); Andria Smythe (SJU); Jennifer Stryko (URI); Heidi Westerling (URI); Maureen Zivic (FOR) |
| 2004 | Alison Belicose (UR); Jaweia Campbell (TU); Rachel Clinton (TU); Mary Crossin (SJU); Pascale Delaunay (URI); Sarah Fetterman (DUQ); Shea McMillan (DUQ); Kelly Pohlman (UD); Diane Schreiber (UR); Melissa Stewart (DUQ) |
| 2003 | Aderonke Adeniyi (TU); Jodi Borges (UD); Alison Buchanan (DUQ); Rachel Clinton (TU); Sarah Conway (SJU); Pascale Delaunay (URI); Shea McMillan (DUQ); Samantha Porter (TU); Erica Prigg (UD); Kara Storage (UD); Tara Storage (UD) |



WOMEN'S OUTDOOR TRACK & FIELD RECORD BOOK THROUGH 2016-17 SEASON

- 2002** Tanya Brown (DUQ); Tara Hutchinson (URI); Mary Korfmacher (SJU); Kathleen McCabe (DUQ); Shea McMillan (DUQ); Heather O'Rourke (FOR); Erica Prigg (UD); Sarah Saunders (DUQ); Bernadette Speer (SJU); Kara Storage (UD); Tara Storage (UD)
- 2001** Gina Bundy (SJU); Christine Kane (SJU); Carole LaPlante (UM); Kathleen McCabe (DUQ); Erin Murphy (FOR); Gabby Quezada (SJU); ToniAnn Razzi (LAS); Erin Silvering (URI); Bernadette Speer (SJU); Jen Wanat (URI)
- 2000** Paula Allan (VT); Liz Bollens (DUQ); Jill Dombrauckas (UD); Elena Gomez (LAS); Anne Granger (DUQ); LynnDee Howell (DUQ); Kathleen McCabe (DUQ); Erin Silvering (URI); Bernadette Speer (SJU); Johanna Stumpf (VT)
- 1999** Meghan Busse (SJU); Kaamilya Davis (UD); Elena Gomez (LAS); Anne Granger (DUQ); Sally Hirsch (UM); Jessica Lincoln (URI); Victoria Robinson (FOR); Tricia Snyder (DUQ); Bernadette Speer (SJU); Nicole Way (UM)
- 1998** Kaamilya Davis (UD); Rebecca Donaghue (UM); Patricia Gohring (URI); Elena Gomez (LAS); Maggie Keane (UD); Karen Labbadia (URI); Amy Martin (SJU); Katie Ollendick (VT); Rachel Ritz (LAS); Trish Snyder (DUQ)
- 1997** Trish Coffin (DUQ); Terri Cook (LAS); Kaamilya Davis (UD); Michelle Fournier (URI); Kelsie Hess (DUQ); Karen Labbadia (URI); Katie Ollendick (VT); Rachel Ritz (LAS); Michelle Smith (VT); Tori Swartz (UD)

*For the 2005-06 & 2006-07 season, only one track & field Academic All-Conference team was selected (records reflected in outdoor record book)

Championship Records

| Event | Record Holder | Year | Record |
|-------------------------|------------------------------|------|----------|
| 100-meter Dash | Lamarra Currie (CHA) | 2009 | :11.44 |
| 200-meter Dash | Lamarra Currie (CHA) | 2009 | :23.46 |
| 400-meter Dash | Shareese Woods (CHA) | 2007 | :52.80 |
| 800-meter Run | Heather MacLean (UM) | 2015 | 2:07.28 |
| 1500-meter Run | Amy Van Alstine (UR) | 2011 | 4:19.38 |
| 3000-meter Run | Theresa Carroll (LAS) | 1998 | 9:48.0 |
| 5000-meter Run | Katie Clark (BU) | 2013 | 16:17.30 |
| 10,000-meter Run | Meghan McGlinchey (LAS) | 2014 | 34:22.38 |
| 100-meter Hurdles | Shavon Briscoe (MASON) | 2014 | :13.40 |
| 400-meter Hurdles | Nicole Cherok (DUQ) | 2013 | :58.62 |
| 3000-meter Steeplechase | Nicol Traynor (UR) | 2012 | 10:04.20 |
| 4x100-meter Relay | Charlotte | 2009 | :44.94 |
| 4x400-meter Relay | George Mason | 2017 | 3:40.15 |
| 4x800-meter Relay | Temple | 2011 | 8:43.10 |
| High Jump | Shayna Daugherty (URI) | 2010 | 5-10.50 |
| Long Jump | Pat Springs (CHA) | 2009 | 20-07.00 |
| Triple Jump | Sharonda Johnson (CHA) | 2007 | 42-5.50 |
| Hammer | Jasmine Jennings (URI) | 2009 | 203-00 |
| Shot Put | Paula Allan (VT) | 1998 | 50-00.50 |
| Discus | Michelle Wallerstedt (MASON) | 2017 | 176-07 |
| Javelin | Kelly McCabe (URI) | 2014 | 158-06 |
| Pole Vault | Mandissa Marshall (MASON) | 2014 | 13-09.25 |
| Heptathlon | Janel Conley (URI) | 2017 | 5,292 |

Year-by-Year Champions

100-meter Dash

| | | |
|------|---------------------------|--------|
| 2017 | Nathaniela Bourdeau (SJU) | :11.89 |
| 2016 | Kia Carson (VCU) | :11.99 |
| 2015 | Qualitra Brown (VCU) | :12.07 |
| 2014 | Jessica Ewing (VCU) | :11.92 |
| 2013 | Dionna Hayes (VCU) | :11.84 |
| 2012 | Joann Blakney (CHA) | :11.82 |
| 2011 | Sirrell Butler (CHA) | :11.77 |
| 2010 | Sirrell Butler (CHA) | :11.70 |
| 2009 | Lamarra Currie (CHA) | :11.44 |
| 2008 | Lamarra Currie (CHA) | :11.55 |
| 2007 | Courtney Patterson (CHA) | :11.51 |
| 2006 | Courtney Patterson (CHA) | :11.72 |
| 2005 | Christina Huff (UM)* | :12.07 |
| 2004 | Andria Smythe (SJU)* | :11.78 |
| 2003 | Aderonke Adeniyi (TU)* | :11.81 |
| 2002 | Aderonke Adeniyi (TU) | :12.20 |
| 2001 | Afia Brown (TU) | :12.13 |
| 2000 | Afia Brown (TU) | :11.93 |
| 1999 | Damali Hay (VT) | :11.85 |
| 1998 | Maquita Moss (UD) | :11.97 |
| 1997 | Tamecko Conway (TU) | :12.41 |

*wind-aided

200-meter Dash

| | | |
|------|----------------------------|--------|
| 2017 | Nathaniela Bourdeau (SJU) | :24.28 |
| 2016 | Kia Carson (VCU) | :24.22 |
| 2015 | Kiara Porter (VCU) | :23.74 |
| 2014 | Kiara Porter (VCU) | :23.89 |
| 2013 | Kiara Porter (VCU) | :23.86 |
| 2012 | Joann Blakney (CHA) | :23.98 |
| 2011 | Taylor Glenn (DUQ) | :24.82 |
| 2010 | Christiana Taylor (TU) | :24.22 |
| 2009 | Lamarra Currie (CHA) | :23.46 |
| 2008 | Lamarra Currie (CHA) | :24.11 |
| 2007 | Shareese Woods (CHA) | :23.69 |
| 2006 | Shareese Woods (CHA) | :23.74 |
| 2005 | Melissa Mastrangelo (LAS)* | :25.30 |
| 2004 | Khaleelah Sneed (UD) | :24.72 |
| 2003 | Aderonke Adeniyi (TU)* | :24.02 |
| 2002 | Samantha Porter (TU) | :24.77 |
| 2001 | Afia Brown (TU) | :24.69 |
| 2000 | Afia Brown (TU) | :24.24 |
| 1999 | Danya Gordon (VT) | :24.10 |
| 1998 | Kaamilya Davis (UD) | :24.33 |
| 1997 | Lakishia Powell (TU) | :24.73 |

*wind-aided

400-meter Dash

| | | |
|------|-------------------------|--------|
| 2017 | Sarah Moore (MASON) | :53.70 |
| 2016 | Jade Gregory (UR) | :54.21 |
| 2015 | Kiara Porter (VCU) | :53.14 |
| 2014 | Kiara Porter (VCU) | :53.55 |
| 2013 | Kiara Porter (VCU) | :53.61 |
| 2012 | T'Sheila Mungo (CHA) | :53.84 |
| 2011 | Cecily Young (CHA) | :55.39 |
| 2010 | Paris Williams (TU) | :54.71 |
| 2009 | Paris Williams (TU) | :55.06 |
| 2008 | Ebonie Cunningham (CHA) | :55.77 |
| 2007 | Shareese Woods (CHA) | :52.80 |
| 2006 | Shareese Woods (CHA) | :53.70 |
| 2005 | Tynisha Gardner (TU) | :56.63 |
| 2004 | Khaleelah Sneed (UD) | :53.82 |
| 2003 | Khaleelah Sneed (UD) | :54.98 |

| | | |
|------|----------------------|--------|
| 2002 | Samantha Porter (TU) | :56.66 |
| 2001 | Samantha Porter (TU) | :56.77 |
| 2000 | Lynette Hopkins (VT) | :55.73 |
| 1999 | Kaamilya Davis (UD) | :54.80 |
| 1998 | Kaamilya Davis (UD) | :54.30 |
| 1997 | Kaamilya Davis (UD) | :56.21 |

800-meter Run

| | | |
|------|-----------------------|---------|
| 2017 | Ashley Lewis (MASON) | 2:07.67 |
| 2016 | Nichelle Scott (VCU) | 2:11.05 |
| 2015 | Heather MacLean (UM) | 2:07.28 |
| 2014 | Heather MacLean (UM) | 2:09.26 |
| 2013 | Elise Farris (DUQ) | 2:09.54 |
| 2012 | Maraya Slatter (CHA) | 2:08.48 |
| 2011 | Victoria Gocht (TU) | 2:08.34 |
| 2010 | Kerri Gallagher (FOR) | 2:09.08 |
| 2009 | Aja Jackson (CHA) | 2:10.03 |
| 2008 | Aja Jackson (CHA) | 2:11.52 |
| 2007 | Aja Jackson (CHA) | 2:12.56 |
| 2006 | Maureen Zivic (FOR) | 2:10.52 |
| 2005 | Nicole Erby (UR) | 2:14.86 |
| 2004 | Thuy Nguyen (SJU) | 2:12.97 |
| 2003 | Sarah Conway (SJU) | 2:12.65 |
| 2002 | Ndid Obichere (LAS) | 2:10.57 |
| 2001 | ToniAnn Razzi (LAS) | 2:09.20 |
| 2000 | Ndidi Obichere (LAS) | 2:11.30 |
| 1999 | Angela Girardin (URI) | 2:11.45 |
| 1998 | Theresa Carroll (LAS) | 2:11.38 |
| 1997 | Theresa Carroll (LAS) | 2:14.15 |

1500-meter Run

| | | |
|------|-------------------------|---------|
| 2017 | Heather MacLean (UM) | 4:23.18 |
| 2016 | Morgan Szekely (LAS) | 4:28.01 |
| 2015 | Morgan Szekely (LAS) | 4:21.79 |
| 2014 | Margo Richardson (SLU) | 4:29.60 |
| 2013 | Katie Clark (BU) | 4:24.74 |
| 2012 | Nicol Traynor (UR) | 4:25.19 |
| 2011 | Amy Van Alstine (UR) | 4:19.38 |
| 2010 | Amanda Goetschius (CHA) | 4:24.35 |
| 2009 | Aja Jackson (CHA) | 4:27.72 |
| 2008 | Aja Jackson (CHA) | 4:37.14 |
| 2007 | Aja Jackson (CHA) | 4:32.82 |
| 2006 | Cassie Ficken (CHA) | 4:32.61 |
| 2005 | Jenna Darcy (LAS) | 4:38.19 |
| 2004 | Jenna Darcy (LAS) | 4:35.18 |
| 2003 | Ruth Chege (UR) | 4:42.36 |
| 2002 | Ruth Chege (UR) | 4:32.16 |
| 2001 | ToniAnn Razzi (LAS) | 4:24.56 |
| 2000 | Christine Kane (SJU) | 4:28.89 |
| 1999 | Christine Kane (SJU) | 4:33.24 |
| 1998 | Theresa Carroll (LAS) | 4:34.65 |
| 1997 | Theresa Carroll (LAS) | 4:37.36 |

3000-meter Run

| | | |
|------|----------------------------|----------|
| 2001 | Christine Kane (SJU) | 9:53.90 |
| 2000 | Christine Kane (SJU) | 9:53.71 |
| 1999 | Christine Kane (SJU) | 10:07.75 |
| 1998 | Theresa Carroll (LAS) | 9:48.0 |
| 1997 | Johanna Grochowlaski (LAS) | 10:16.60 |

5000-meter Run

| | | |
|------|----------------------------|----------|
| 2017 | Caroline Yarbrough (DAV) | 16:53.60 |
| 2016 | Taylor Vernot (UD) | 17:32.15 |
| 2015 | Erin Osment (DAV) | 16:32.86 |
| 2014 | Bethany Sachtleben (MASON) | 16:30.12 |

| | | |
|------|-------------------------|----------|
| 2013 | Katie Clark (BU) | 16:17.30 |
| 2012 | Meghan McGlinchey (LAS) | 16:36.65 |
| 2011 | Amy Van Alstine (UR) | 16:39.56 |
| 2010 | Amanda Goetschius (CHA) | 16:33.29 |
| 2009 | Christa Plummer (LAS) | 16:46.37 |
| 2008 | Rachel Papin (LAS) | 16:27.84 |
| 2007 | Rachel Papin (LAS) | 16:40.21 |
| 2006 | Rachel Papin (LAS) | 16:33.31 |
| 2005 | Jenna Darcy (LAS) | 17:32.87 |
| 2004 | Jenna Darcy (LAS) | 17:46.57 |
| 2003 | Tara Storage (UD) | 17:57.92 |
| 2002 | Kara Storage (UD) | 17:11.11 |
| 2001 | Heidi Westerling (URI) | 17:19.30 |
| 2000 | Tara Storage (UD) | 17:53.59 |
| 1999 | Sarah Hirsch (UM) | 17:22.68 |
| 1998 | Brigid Benner (LAS) | 17:40.66 |
| 1997 | Meghan Busse (SJU) | 17:47.96 |

10,000-meter Run

| | | |
|------|-------------------------|----------|
| 2017 | Miranda DiBiasio (GW) | 34:56.74 |
| 2016 | Miranda DiBiasio (GW) | 35:07.64 |
| 2015 | Erin Osment (DAV) | 34:36.74 |
| 2014 | Meghan McGlinchey (LAS) | 34:22.38 |
| 2013 | Olivia Pratt (BU) | 35:32.20 |
| 2012 | Meghan McGlinchey (LAS) | 34:57.58 |
| 2011 | Amanda Goetschius (CHA) | 34:59.23 |
| 2010 | Brigid Moriarty (FOR) | 35:53.16 |
| 2009 | Christa Plummer (LAS) | 36:13.78 |
| 2008 | Christina DeRosa (UM) | 35:40.68 |
| 2007 | Christina DeRosa (UM) | 36:07.62 |
| 2006 | Cindy Smith (URI) | 36:56.65 |
| 2005 | Heidi Westerling (URI) | 37:23.36 |
| 2004 | Heidi Westerling (URI) | 37:36.53 |
| 2003 | Ruth Chege (UR) | 36:57.99 |
| 2002 | Tara Storage (UD) | 38:18.63 |
| 2001 | Heidi Westerling (URI) | 37:38.67 |
| 2000 | Lizzie Sheptych (UM) | 38:13.80 |
| 1999 | Meghan Busse (SJU) | 37:53.76 |
| 1998 | Elena Gomez (LAS) | 37:47.47 |
| 1997 | Mandy Workman (VT) | 38:10.01 |

100-meter Hurdles

| | | |
|------|-------------------------|--------|
| 2017 | Jada Harris (UM) | :14.20 |
| 2016 | Emily Renna (URI) | :13.83 |
| 2015 | Shavon Briscoe (MASON) | :13.71 |
| 2014 | Shavon Briscoe (MASON) | :13.74 |
| 2013 | Jade Wilson (TU) | :13.78 |
| 2012 | Kalyn Sheehan (URI) | :13.91 |
| 2011 | Kalyn Sheehan (URI) | :13.93 |
| 2010 | Lara-Jane Que (URI) | :14.01 |
| 2009 | Sunita Brathwaite (CHA) | :13.52 |
| 2008 | Sunita Brathwaite (CHA) | :14.41 |
| 2007 | Pat Springs (CHA) | :13.85 |
| 2006 | Jasmine Major (UR) | :14.57 |
| 2005 | Jessica Dunston (TU) | :14.26 |
| 2004 | Rachel Clinton (TU) | :13.97 |
| 2003 | Jessica Dunston (TU) | :13.76 |
| 2002 | Rachel Clinton (TU) | :14.10 |
| 2001 | Nicole Wiley (DUQ) | :14.88 |
| 2000 | Michelle Trefz (URI) | :14.02 |
| 1999 | Michelle Trefz (URI) | :13.77 |
| 1998 | Michelle Trefz (URI) | :13.72 |
| 1997 | Lakishia Powell (TU) | :13.93 |

400-meter Hurdles

| | | |
|------|-----------------------|---------|
| 2017 | Sommer Sharpe (MASON) | :59.31 |
| 2016 | Dannah Hayward (SJU) | 1:00.04 |
| 2015 | Anna Simone (DUQ) | :58.91 |
| 2014 | Anna Simone (DUQ) | :58.95 |
| 2013 | Nicole Cherok (DUQ) | :58.62 |
| 2012 | Nicole Cherok (DUQ) | :59.91 |
| 2011 | Assata Cowart (TU) | :59.74 |
| 2010 | Assata Cowart (TU) | 1:00.35 |
| 2009 | Kalyn Sheehan (URI) | 1:00.64 |
| 2008 | Assata Cowart (TU) | 1:02.42 |
| 2007 | Liz Long (URI) | 1:03.72 |
| 2006 | Elisabeth Budd (UM) | 1:02.95 |
| 2005 | Kristen Micsky (DUQ) | 1:04.01 |
| 2004 | Jessica Dunston (TU) | 1:03.53 |
| 2003 | Jennifer Freeman (UM) | 1:01.93 |
| 2002 | Kathleen McCabe (DUQ) | 1:02.85 |
| 2001 | Jennifer Freemas (UM) | 1:01.31 |
| 2000 | LeBren Martin (UD) | 1:02.88 |
| 1999 | Brandi Smith (VT) | :59.24 |
| 1998 | Brandi Smith (VT) | 1:00.26 |
| 1997 | Silifa Kenku (UM) | 1:22.90 |

3000-meter Steeplechase

| | | |
|------|-------------------------|----------|
| 2017 | Valerie Palermo (DUQ) | 10:24.00 |
| 2016 | Valerie Palermo (DUQ) | 10:28.32 |
| 2015 | Danica Snyder (DUQ) | 10:17.76 |
| 2014 | Nicole Cargill (UD) | 10:22.32 |
| 2013 | Amber Valimont (DUQ) | 10:33.74 |
| 2012 | Nicol Traynor (UR) | 10:04.20 |
| 2011 | Keara Thomas (CHA) | 10:09.50 |
| 2010 | Keara Thomas (CHA) | 10:35.75 |
| 2009 | Keara Thomas (CHA) | 10:43.05 |
| 2008 | Tshehay Dagnachew (CHA) | 10:29.16 |
| 2007 | Jane Daniels (CHA) | 10:44.34 |
| 2006 | Tshehay Dagnachew (CHA) | 10:32.11 |
| 2005 | Amy Ruffolo (DUQ) | 10:33.39 |
| 2004 | Kate Markopoulos (UM) | 11:06.30 |
| 2003 | Jamie Sweeney (URI)* | 11:05.94 |
| 2002 | Amy Taylor (URI) | 10:46.96 |

*hand time converted to electronic time (+.24)

4x100-meter Relay

| | | |
|------|---------------|--------|
| 2017 | VCU | :45.95 |
| 2016 | VCU | :46.67 |
| 2015 | VCU | :45.40 |
| 2014 | VCU | :45.88 |
| 2013 | VCU | :45.78 |
| 2012 | Charlotte | :45.43 |
| 2011 | Charlotte | :45.86 |
| 2010 | Charlotte | :45.73 |
| 2009 | Charlotte | :44.94 |
| 2008 | Charlotte | :45.67 |
| 2007 | Charlotte | :45.11 |
| 2006 | Charlotte | :45.39 |
| 2005 | Rhode Island | :47.45 |
| 2004 | Rhode Island | :46.96 |
| 2003 | Temple | :46.79 |
| 2002 | Temple | :47.24 |
| 2001 | Temple | :47.00 |
| 2000 | Temple | :46.80 |
| 1999 | Massachusetts | :47.56 |
| 1998 | Virginia Tech | :47.11 |
| 1997 | Temple | :48.72 |

4x400-meter Relay

| | | |
|------|---------------|---------|
| 2017 | George Mason | 3:40.15 |
| 2016 | George Mason | 3:44.66 |
| 2015 | VCU | 3:41.07 |
| 2014 | George Mason | 3:40.56 |
| 2013 | VCU | 3:44.09 |
| 2012 | Charlotte | 3:40.69 |
| 2011 | Charlotte | 3:41.01 |
| 2010 | Temple | 3:41.56 |
| 2009 | Charlotte | 3:42.52 |
| 2008 | Charlotte | 3:41.88 |
| 2007 | Charlotte | 3:45.23 |
| 2006 | Charlotte | 3:46.90 |
| 2005 | Rhode Island | 3:49.55 |
| 2004 | Rhode Island | 3:47.06 |
| 2003 | Temple | 3:46.49 |
| 2002 | Temple | 3:50.70 |
| 2001 | Temple | 3:52.06 |
| 2000 | Virginia Tech | 3:48.72 |
| 1999 | Virginia Tech | 3:44.67 |
| 1998 | Virginia Tech | 3:46.85 |
| 1997 | Temple | 3:49.13 |

4x800-meter Relay

| | | |
|------|----------------|---------|
| 2017 | Richmond | 8:52.33 |
| 2016 | Davidson | 8:50.10 |
| 2015 | Richmond | 8:49.19 |
| 2014 | Massachusetts | 9:00.22 |
| 2013 | Richmond | 8:58.08 |
| 2012 | Charlotte | 8:54.94 |
| 2011 | Temple | 8:43.10 |
| 2010 | Temple | 8:48.36 |
| 2009 | Charlotte | 8:53.73 |
| 2008 | La Salle | 9:04.94 |
| 2007 | La Salle | 8:58.35 |
| 2006 | La Salle | 8:54.06 |
| 2005 | Richmond | 9:20.29 |
| 2004 | Saint Joseph's | 9:14.45 |
| 2003 | Saint Joseph's | 9:04.94 |
| 2002 | La Salle | 9:04.68 |
| 2001 | La Salle | 9:07.22 |
| 2000 | Saint Joseph's | 9:10.99 |
| 1999 | Saint Joseph's | 9:15.44 |
| 1998 | Saint Joseph's | 9:03.03 |
| 1997 | La Salle | 9:13.66 |

High Jump

| | | |
|------|------------------------|---------|
| 2017 | Jada Harris (UM) | 5-07.00 |
| 2016 | Talisha Watts (MASON) | 5-08.75 |
| 2015 | Talisha Watts (MASON) | 5-07.00 |
| 2014 | Sherie Key (DUQ) | 5-08.75 |
| 2013 | Shannon Meehan (URI) | 5-05.25 |
| 2012 | Naya Owusu (SLU) | 5-08.00 |
| 2011 | Briaunna Jones (CHA) | 5-05.00 |
| 2010 | Shayna Daugherty (URI) | 5-05.00 |
| 2009 | Shayna Daugherty (URI) | 5-08.75 |
| 2008 | Tylynn Graham (URI) | 5-05.00 |
| 2007 | Kerstin Greene (FOR) | 5-08.75 |
| 2006 | Amy Kremer (UD) | 5-07.00 |
| 2005 | Kerstin Greene (FOR) | 5-07.00 |
| 2004 | Sarah Click (SJU) | 5-05.00 |
| 2003 | Toni McDaniels (URI) | 5-07.00 |
| 2002 | Bernadette Speer (SJU) | 5-06.50 |
| 2001 | Gina Bundy (SJU) | 5-04.50 |
| 2000 | Bernadette Speer (SJU) | 5-06.50 |

| | | |
|------|------------------------|---------|
| 1999 | Bernadette Speer (SJU) | 5-06.50 |
| 1998 | Katie Ollendick (VT) | 5-10.00 |
| 1997 | Katie Ollendick (VT) | 5-10.00 |

Long Jump

| | | |
|------|----------------------------|----------|
| 2017 | Janel Conley (URI) | 20-01.00 |
| 2016 | Carina Peter (VCU) | 19-02.00 |
| 2015 | Janel Francis (UR) | 20-02.25 |
| 2014 | Chantel Richardson (MASON) | 19-00.00 |
| 2013 | Brittney Edwards (DUQ) | 19-06.25 |
| 2012 | Brittney Cloudy (SLU) | 19-08.00 |
| 2011 | Briauna Jones (CHA) | 18-11.25 |
| 2010 | Christina Taylor (TU) | 19-04.25 |
| 2009 | Pat Springs (CHA) | 20-07.00 |
| 2008 | Pat Springs (CHA) | 20-01.50 |
| 2007 | Pat Springs (CHA) | 19-11.00 |
| 2006 | Pat Springs (CHA) | 19-04.25 |
| 2005 | Kristen Micsky (DUQ) | 18-07.00 |
| 2004 | Andria Smythe (SJU)* | 19-04.00 |
| 2003 | Pascale Delaunay (URI) | 19-02.75 |
| 2002 | Maisha Tyler (SJU)* | 18-10.00 |
| 2001 | Maisha Tyler (SJU) | 18-03.25 |
| 2000 | April Byrd (VT) | 20-00.25 |
| 1999 | Shelanda Irish (UM) | 20-02.25 |
| 1998 | Megan Barnes (VT) | 20-00.50 |
| 1997 | Melanie Burgess (VT) | 18-05.25 |

*wind-aided

Triple Jump

| | | |
|------|------------------------|----------|
| 2017 | Taylor McCormick (VCU) | 40-03.75 |
| 2016 | Carina Peter (VCU) | 39-01.00 |
| 2015 | Nhautrey Brown (MASON) | 41-10.00 |
| 2014 | Rebecca Stoye (UM) | 40-05.00 |
| 2013 | Rebecca Stoye (UM) | 42-03.25 |
| 2012 | Brittney Cloudy (SLU) | 41-07.75 |
| 2011 | Steephanie Aguguo (UM) | 41-03.75 |
| 2010 | Brittney Cloudy (SLU) | 40-11-50 |
| 2009 | Ananda Fraser (URI) | 39-07.25 |
| 2008 | Danielle Brown (CHA) | 38-11.50 |
| 2007 | Sharonda Johnson (CHA) | 42-05.50 |
| 2006 | Sharonda Johnson (CHA) | 40-08.75 |
| 2005 | Kristen Micsky (DUQ)* | 38-11.75 |
| 2004 | Pascale Delaunay (URI) | 40-06.25 |
| 2003 | Edith Lewis (TU) | 40-02.75 |
| 2002 | Shea McMillan (DUQ) | 38-09.75 |
| 2001 | Gina Bundy (SJU) | 37-10.75 |
| 2000 | April Byrd (VT) | 41-05.75 |
| 1999 | April Byrd (VT) | 42-02.00 |
| 1998 | April Byrd (VT) | 38-06.25 |
| 1997 | Melissa Ward (UM) | 37-10.50 |

*wind-aided

Hammer

| | | |
|------|-------------------------|--------|
| 2017 | Erin Reese (UD) | 201-04 |
| 2016 | Jenni Rossi (UD) | 178-08 |
| 2015 | Aly Weeman (UD) | 189-02 |
| 2014 | Aly Weeman (UD) | 181-08 |
| 2013 | Genevieve Rybicki (URI) | 175-09 |
| 2012 | Meaghan McGovern (UR) | 187-01 |
| 2011 | Mallory Barnes (UD) | 191-06 |
| 2010 | Mallory Barnes (UD) | 189-07 |
| 2009 | Jasmine Jennings (URI) | 203-00 |
| 2008 | Jasmine Jennings (URI) | 202-01 |
| 2007 | Beth Crocus (UR) | 175-04 |
| 2006 | Beth Crocus (UR) | 171-00 |

| | | |
|------|---------------------------|--------|
| 2005 | Beth Crocus (UR) | 164-07 |
| 2004 | Diane Schreiber (UR) | 167-02 |
| 2003 | Jennifer Iasiello (UM) | 154-02 |
| 2002 | Christina Bizon (UM) | 165-06 |
| 2001 | Heather Johnston (URI) | 154-10 |
| 2000 | Giselle Nicholas (UM) | 148-06 |
| 1999 | Michelle Zengilonski (VT) | 152-03 |
| 1998 | Shana Mitchell (UM) | 165-10 |
| 1997 | Michelle Fournier (URI) | 179-07 |

Shot Put

| | | |
|------|-------------------------|----------|
| 2017 | Jenni Rossi (UD) | 49-04.05 |
| 2016 | Jenni Rossi (UD) | 48-11.00 |
| 2015 | Jenni Rossi (UD) | 46-11.50 |
| 2014 | Jaleesa Williams (VCU) | 48-03.25 |
| 2013 | Hannah Kuenzel (SLU) | 46-01.50 |
| 2012 | Margo Britton (TU) | 47-04.50 |
| 2011 | Mallory Barnes (UD) | 48-02.75 |
| 2010 | Mallory Barnes (UD) | 48-08.25 |
| 2009 | April Phillips (XU) | 47-04.50 |
| 2008 | Sarah Allen (UD) | 46-03.25 |
| 2007 | Kristen Crawford (UR) | 44-08.75 |
| 2006 | Kelly Pohlman (UD) | 47-05.00 |
| 2005 | Kelly Pohlman (UD) | 45-07.00 |
| 2004 | Kelly Pohlman (UD) | 46-02.75 |
| 2003 | Jodi Borges (UD) | 47-11.00 |
| 2002 | Jodi Borges (UD) | 46-06.75 |
| 2001 | Jennifer Flinchum (URI) | 41-10.75 |
| 2000 | Jodi Borges (UD) | 48-01.75 |
| 1999 | Jodi Borges (UD) | 46-06.25 |
| 1998 | Paula Allan (VT) | 50-00.50 |
| 1997 | Paula Allan (VT) | 48-03.25 |

Discus

| | | |
|------|------------------------------|--------|
| 2017 | Michelle Wallerstedt (MASON) | 176-07 |
| 2016 | Jenni Rossi (UD) | 156-07 |
| 2015 | Michelle Wallerstedt (MASON) | 154-08 |
| 2014 | Jaleesa Williams (VCU) | 175-03 |
| 2013 | Jessica Williams (VCU) | 154-01 |
| 2012 | Margo Britton (TU) | 162-03 |
| 2011 | Monica Howard (UR) | 163-07 |
| 2010 | Ashley Adams (DUQ) | 153-02 |
| 2009 | Lisa Wilson (UM) | 155-00 |
| 2008 | Sarah Thornton (URI) | 153-08 |
| 2007 | Sarah Thomas (URI) | 157-04 |
| 2006 | Sarah Thornton (URI) | 155-07 |
| 2005 | Sarah Thornton (URI) | 148-05 |
| 2004 | Kelly Hagner (URI) | 150-02 |
| 2003 | Melissa Stewart (DUQ) | 156-00 |
| 2002 | Jen Flinchum (URI) | 139-02 |
| 2001 | Jennifer Flinchum (URI) | 131-03 |
| 2000 | Jodi Borges (UD) | 152-08 |
| 1999 | Jodi Borges (UD) | 150-03 |
| 1998 | Michelle Smith (VT) | 155-01 |
| 1997 | Michelle Fournier (URI) | 157-10 |

Javelin

| | | |
|------|-----------------------|--------|
| 2017 | Lillian Cook (UD) | 156-11 |
| 2016 | Julia Franzosa (DUQ) | 150-03 |
| 2015 | Amanda Denger (MASON) | 137-03 |
| 2014 | Kelly McCabe (URI) | 149-04 |
| 2013 | Rachelle Bourque (UM) | 143-01 |
| 2012 | Rachelle Bourque (UM) | 139-08 |
| 2011 | Heather Roush (UR) | 147-04 |
| 2010 | Heather Roush (UR) | 143-02 |

| | | |
|------|-----------------------|--------|
| 2009 | Heather Roush (UR) | 132-06 |
| 2008 | Monica Howard (UR) | 126-00 |
| 2007 | Beth Crocus (UR) | 137-06 |
| 2006 | Beth Crocus (UR) | 139-08 |
| 2005 | Lindsey Smith (UR) | 153-04 |
| 2004 | Beth Crocus (UR) | 139-08 |
| 2003 | Jen Haigh (URI) | 138-00 |
| 2002 | Jen Haigh (URI) | 147-04 |
| 2001 | Rhianna DaCruz (UM) | 139-00 |
| 2000 | Jen Haigh (URI) | 141-10 |
| 1999 | Denise O'Connell (VT) | 151-02 |
| 1998 | Denise O'Connell (VT) | 133-01 |
| 1997 | Jessica Read (VT) | 127-04 |

Pole Vault

| | | |
|------|---------------------------|----------|
| 2017 | Shelby Garnand (MASON) | 12-01.50 |
| 2016 | Lindsay Horton (MASON) | 12-08.00 |
| 2015 | Lindsay Horton (MASON) | 12-05.50 |
| 2014 | Mandissa Marshall (MASON) | 13-09.25 |
| 2013 | Katrina Steinhauer (UD) | 12-02.50 |
| 2012 | Hanna Krizmanic (UD) | 12-02.00 |
| 2011 | Courtney Siebenaller (UD) | 12-07.50 |
| 2010 | Katie Nageotte (UD) | 12-01.50 |
| 2009 | Courtney Siebenaller (UD) | 12-03.50 |
| 2008 | Melissa Gale (TU) | 10-11.75 |
| 2007 | Melissa Gale (TU) | 10-11.75 |
| 2006 | Kristen Bakanowski (UM) | 11-05.75 |
| 2005 | Saraj Fetterman (DUQ) | 11-05.75 |
| 2004 | Sarah Fetterman (DUQ) | 10-10.00 |
| 2003 | Brandy Green (UM) | 12-00.00 |
| 2002 | Brandy Green (UM) | 11-05.75 |
| 2001 | Rhianna DaCruz (UM) | 10-11.75 |
| 2000 | Stephanie Maugham (URI) | 12-05.50 |
| 1999 | Janelle Erskine (URI) | 10-06.00 |
| 1998 | Stephanie Maugham (URI) | 11-01.75 |

Heptathlon

| | | |
|------|------------------------|-------|
| 2017 | Janel Conley (URI) | 5,292 |
| 2016 | Keiko Hector (URI) | 5,080 |
| 2015 | Amanda Denger (MASON) | 5,170 |
| 2014 | Louise PrevotEAU (DUQ) | 5,034 |
| 2013 | Kelsey Crawford (UM) | 4,685 |
| 2012 | Marissa Norman (URI) | 4,850 |
| 2011 | Dominique Best (LAS) | 4,367 |
| 2010 | Shayne Daugherty (URI) | 5,240 |
| 2009 | Shayna Daugherty (URI) | 5,118 |
| 2008 | Devon Dupont (TU) | 4,480 |
| 2007 | Kerstin Greene (FOR) | 5,088 |
| 2006 | Amy Kremer (UD) | 4,243 |
| 2005 | Candace McKinley (UD) | 4,372 |
| 2004 | Candace McKinley (UD) | 4,283 |
| 2003 | Cathleen Campbell (UR) | 4,436 |
| 2002 | Cathleen Campbell (UR) | 4,182 |
| 2001 | Gina Bundy (SJU) | 4,295 |
| 2000 | Melissa Ward (UM) | 4,582 |
| 1999 | Jessica Lincoln (URI) | 4,525 |

italics denotes Conference record

Top 5 Championship Performances

100-meter Dash

| | | |
|------|--------------------------|--------|
| 2009 | Lamarra Currie (CHA) | :11.44 |
| 2007 | Courtney Patterson (CHA) | :11.51 |
| 2006 | Courtney Patterson (CHA) | :11.52 |
| 2007 | Lamarra Currie (CHA) | :11.53 |
| 2008 | Lamarra Currie (CHA) | :11.55 |

200-meter Dash

| | | |
|------|----------------------|------------|
| 2009 | Lamarra Currie (CHA) | :23.46 |
| 2015 | Kiara Porter (VCU) | (P) :23.55 |
| 2007 | Shareese Woods (CHA) | :23.69 |
| 2015 | Kiara Porter (VCU) | :23.74 |
| 2006 | Shareese Woods (CHA) | :23.74 |

400-meter Dash

| | | |
|------|----------------------|------------|
| 2007 | Shareese Woods (CHA) | :52.80 |
| 2007 | Jessica Young (UR) | :52.90 |
| 2015 | Kiara Porter (VCU) | :53.14 |
| 2015 | Kiara Porter (VCU) | (P) :53.47 |
| 2014 | Kiara Porter (VCU) | :53.55 |

800-meter Run

| | | |
|------|----------------------|---------|
| 2015 | Heather MacLean (UM) | 2:07.28 |
| 2017 | Ashley Lewis (MASON) | 2:07.67 |
| 2017 | Nichelle Scott (VCU) | 2:07.78 |
| 2011 | Victoria Gocht (TU) | 2:08.34 |
| 2012 | Maraya Slatter (CHA) | 2:08.48 |

1500-meter Run

| | | |
|------|-------------------------|---------|
| 2011 | Amy Van Alstine (UR) | 4:19.38 |
| 2015 | Morgan Szekely (LAS) | 4:21.79 |
| 2017 | Heathere MacLean (UM) | 4:23.18 |
| 2010 | Amanda Goetschius (CHA) | 4:24.35 |
| 2001 | ToniAnn Razzi (LAS) | 4:24.56 |

3000-meter Run

| | | |
|------|------------------------|----------|
| 1998 | Theresa Carroll (LAS) | 9:48.00 |
| 2000 | Christine Kane (SJU) | 9:53.71 |
| 2001 | Christine Kane (SJU) | 9:53.90 |
| 1998 | Rebecca Donaghue (UM) | 9:55.10 |
| 2001 | Melissa Henderson (UM) | 10:00.71 |

5000-meter Run

| | | |
|------|----------------------------|----------|
| 2013 | Katie Clark (BU) | 16:17.30 |
| 2008 | Rachel Papin (LAS) | 16:27.84 |
| 2014 | Bethany Sachtleben (MASON) | 16:30.12 |
| 2015 | Erin Osment (DAV) | 16:32.86 |
| 2010 | Amanda Goetschius (CHA) | 16:33.29 |

10,000-meter Run

| | | |
|------|----------------------------|----------|
| 2014 | Meghan McGlinchey (LAS) | 34:22.38 |
| 2014 | Bethany Sachtleben (MASON) | 34:27.31 |
| 2014 | Jessica Hoefert (SLU) | 34:36.63 |
| 2015 | Erin Osment (DAV) | 34:36.74 |
| 2015 | Bethany Sachtleben (MASON) | 34:40.83 |

100-meter Hurdles

| | | |
|------|-------------------------|------------|
| 2014 | Shavon Briscoe (MASON) | (P) :13.40 |
| 2009 | Sunita Brathwaite (CHA) | :13.52 |
| 2015 | Shavon Briscoe (MASON) | (P) :13.63 |
| 2015 | Shavon Briscoe (MASON) | :13.71 |
| 1998 | Michelle Trefz (URI) | :13.72 |

400-meter Hurdles

| | | |
|------|-----------------------|------------|
| 2013 | Nicole Cherok (DUQ) | :58.62 |
| 2015 | Anna Simone (DUQ) | :58.91 |
| 2014 | Anna Simone (DUQ) | :58.95 |
| 2013 | LeAnna Morrison (CHA) | (P) :58.99 |
| 2013 | Nicole Cherok (DUQ) | (P) :59.09 |

3000-meter Steeplechase

| | | |
|------|---------------------|----------|
| 2012 | Nicol Traynor (UR) | 10:04.20 |
| 2011 | Keara Thomas (CHA) | 10:09.50 |
| 2011 | Nicol Traynor (UR) | 10:11.20 |
| 2015 | Danica Snyder (DUQ) | 10:17.76 |
| 2014 | Nicole Cargill (UD) | 10:22.32 |

4x100-meter Relay

| | | |
|------|-----------|--------|
| 2009 | Charlotte | :44.94 |
| 2007 | Charlotte | :45.11 |
| 2006 | Charlotte | :45.39 |
| 2012 | Charlotte | :45.43 |
| 2015 | VCU | :45.40 |

4x400-meter Relay

| | | |
|------|--------------|---------|
| 2017 | George Mason | 3:40.15 |
| 2014 | George Mason | 3:40.56 |
| 2012 | Charlotte | 3:40.69 |
| 2011 | Charlotte | 3:41.01 |
| 2015 | VCU | 3:41.07 |

4x800-meter Relay

| | | |
|------|-------------|---------|
| 2011 | Temple | 8:43.10 |
| 2010 | Temple | 8:48.36 |
| 2015 | Richmond | 8:49.19 |
| 2015 | Saint Louis | 8:49.42 |
| 2011 | Saint Louis | 8:49.80 |

High Jump

| | | |
|------|------------------------|---------|
| 1998 | Katie Ollendick (VT) | 5-10.00 |
| 1997 | Katie Ollendick (VT) | 5-10.00 |
| 2016 | Talisha Watts (MASON) | 5-08.75 |
| 2016 | Claudine Andre (SJU) | 5-08.75 |
| 2014 | Sherie Key (DUQ) | 5-08.75 |
| 2014 | Naya Owusu (SLU) | 5-08.75 |
| 2009 | Shayna Daugherty (URI) | 5-08.75 |
| 2007 | Kerstin Greene (FOR) | 5-08.75 |

Long Jump

| | | |
|------|---------------------|----------|
| 2009 | Pat Springs (CHA) | 20-07.00 |
| 2015 | Janel Francis (UR) | 20-02.25 |
| 1999 | Shelanda Irish (UM) | 20-02.25 |
| 2008 | Pat Springs (CHA) | 20-01.50 |
| 2017 | Janel Conley (URI) | 20-01.00 |

Triple Jump

| | | |
|------|------------------------|----------|
| 2007 | Sharonda Johnson (CHA) | 42-05.50 |
| 2013 | Rebecca Stoye (UM) | 42-03.25 |
| 1999 | April Byrd (VT) | 42-02.00 |
| 2015 | Nhautrey Brown (MASON) | 41-10.00 |
| 2012 | Brittney Cloudy (SLU) | 41-07.75 |

Hammer

| | | |
|------|------------------------|--------|
| 2009 | Jasmine Jennings (URI) | 203-00 |
| 2008 | Jasmine Jennings (URI) | 202-01 |
| 2017 | Erin Reese (UD) | 201-04 |
| 2008 | Sarah Thornton (URI) | 198-06 |
| 2011 | Mallory Barns (UD) | 191-06 |

Shot Put

| | | |
|------|------------------------|----------|
| 1998 | Paula Allan (VT) | 50-00.50 |
| 2017 | Jenni Rossi (UD) | 49-04.50 |
| 2016 | Jenni Rossi (UD) | 48-11.00 |
| 2017 | Erin Reese (UD) | 48-07.50 |
| 2014 | Jaleesa Williams (VCU) | 48-03.25 |
| 1997 | Paula Allan (VT) | 48-03.25 |

Discus

| | | |
|------|------------------------------|--------|
| 2017 | Michelle Wallerstedt (MASON) | 176-07 |
| 2014 | Jaleesa Williams (VCU) | 175-03 |
| 2011 | Monica Howard (UR) | 163-07 |
| 2012 | Margo Britton (TU) | 162-03 |
| 2017 | Mercedes Oliver (DUQ) | 161-10 |

Javelin

| | | |
|------|-----------------------|--------|
| 2014 | Kelly McCabe (URI) | 158-06 |
| 2017 | Lillian Cook (UD) | 156-11 |
| 2005 | Lindsey Smith (UR) | 153-04 |
| 2005 | Beth Crocus (UR) | 152-04 |
| 1999 | Denise O'Connell (VT) | 151-02 |

Pole Vault

| | | |
|------|---------------------------|----------|
| 2014 | Mandissa Marshall (MASON) | 13-09.25 |
| 2016 | Lindsay Horton (MASON) | 12-08.00 |
| 2016 | Leah Frischmann (UD) | 12-08.00 |
| 2011 | Courtney Siebenaller (UD) | 12-07.50 |
| 2015 | Lindsay Horton (MASON) | 12-05.50 |
| 2015 | Kaylan Pickford (URI) | 12-05.50 |
| 2000 | Stephanie Maugham (URI) | 12-05.50 |

Heptathlon

| | | |
|------|------------------------|-------|
| 2017 | Janel Conley (URI) | 5,292 |
| 2010 | Shayna Daugherty (URI) | 5,240 |
| 2015 | Amanda Denger (MASON) | 5,170 |
| 2009 | Shayna Daugherty (URI) | 5,118 |
| 2007 | Kerstin Greene (FOR) | 5,088 |

**2017 Championship - May 6-7
University of Massachusetts
Amherst, MA**

| Team Standings | Score |
|-----------------------|--------------|
| 1. George Mason | 118.0 |
| 2. Duquesne | 112.0 |
| 3. Dayton | 105.0 |
| 4. VCU | 97.5 |
| 5. Rhode Island | 93.5 |
| 5. Massachusetts | 93.5 |
| 7. Saint Joseph's | 61.5 |
| 8. Davidson | 58.0 |
| 9. Richmond | 40.0 |
| 10. Saint Louis | 27.0 |
| 11. La Salle | 26.0 |
| 12. George Washington | 17.0 |
| 13. Fordham | 8.0 |

100-meter Dash

| | |
|---------------------------|--------|
| Nathaniela Bourdeau (SJU) | :11.89 |
| Latrice Morris (VCU) | :11.93 |
| Alexis Willis (VCU) | :11.98 |
| Taylor Williams (MASON) | :12.13 |
| Ashley Lucas (MASON) | :12.16 |
| Diamante Spencer (UM) | :12.25 |
| Lindsay Witt (UM) | :12.34 |
| Juleen Lewis (URI) | :12.43 |

200-meter Dash

| | |
|---------------------------|--------|
| Nathaniela Bourdeau (SJU) | :24.28 |
| Mary Allen (UR) | :24.36 |
| Sarah Moore (MASON) | :24.41 |
| Bethany Evankovich (DUQ) | :24.43 |
| Caroline Duffy (SJU) | :24.46 |
| Alexis Willis (VCU) | :24.62 |
| Emilie Cowan (UM) | :24.93 |
| Ashley Lucas (MASON) | :25.12 |

400-meter Dash

| | |
|--------------------------|--------|
| Sarah Moore (MASON) | :53.70 |
| Emilie Cowan (UM) | :54.10 |
| Bethany Evankovich (DUQ) | :54.41 |
| Kristina MacLure (URI) | :55.74 |
| Courtney Foster (SJU) | :55.98 |
| Mary Allen (UR) | :56.24 |
| Tori Long (DAV) | :56.52 |
| Sharon Dorsey (MASON) | :56.53 |

800-meter Run

| | |
|----------------------|---------|
| Ashley Lewis (MASON) | 2:07.67 |
| Nichelle Scott (VCU) | 2:07.78 |
| Hannah Gilliam (DUQ) | 2:08.99 |
| Hannah Rohde (SLU) | 2:10.54 |
| Ifetayo Tyler (LAS) | 2:10.59 |
| Annegret Nehl (DUQ) | 2:11.51 |
| Hannah Rieden (DAV) | 2:12.79 |

1500-meter Run

| | |
|------------------------|---------|
| Heather MacLean (UM) | 4:23.18 |
| Amanda Corbosiero (UR) | 4:25.63 |
| Sarah Sears (DAV) | 4:27.11 |
| Marisa Ruskan (UR) | 4:30.22 |
| Morgan Szekely (LAS) | 4:30.55 |
| Cassidy Weimer (SJU) | 4:31.46 |
| Halley Brown (GW) | 4:34.38 |
| Madison Yerke (GW) | 4:35.35 |

5000-meter Run

| | |
|--------------------------|----------|
| Caroline Yarbrough (DAV) | 16:53.60 |
| Autumn Greba (DUQ) | 16:57.13 |
| Taylor Vernot (UD) | 16:58.39 |
| Shelby Cain (UR) | 17:04.27 |
| Sarah Sears (DAV) | 17:09.10 |
| Ciara Donohue (MASON) | 17:09.45 |
| Macaulay Porter (GW) | 17:10.41 |
| Colleen Carney (UR) | 17:12.70 |

10,000-meter Run

| | |
|--------------------------|----------|
| Miranda DiBiasco (GW) | 34:56.74 |
| Autumn Greba (DUQ) | 35:59.74 |
| Taylor Vernot (UD) | 36:04.66 |
| Caroline Yarbrough (DAV) | 36:18.92 |
| Carolyn Conley (MASON) | 36:33.06 |
| Laurel Sheffield (DAV) | 36:40.06 |
| Kassidy Manning (UD) | 36:49.04 |
| Anna Schmitz (SLU) | 37:17.36 |

100-meter Hurdles

| | |
|------------------------|--------|
| Jada Harris (UM) | :14.20 |
| Victoria Soeder (DUQ) | :14.38 |
| Jordan Hoffman (UD) | :14.44 |
| Deonna Diggs (MASON) | :14.53 |
| Ann Harlos (SLU) | :14.57 |
| Mone't Gist (LAS) | :14.64 |
| Breann Burns (URI) | :14.65 |
| Gabrielle Bennett (UM) | :14.70 |

400-meter Hurdles

| | |
|--------------------------|---------|
| Sommer Sharpe (MASON) | :59.31 |
| Ann Harlos (SLU) | :59.77 |
| Dannah Hayward (SJU) | :59.89 |
| Ann Sheehy (VCU) | 1:00.75 |
| Dysheele Pemberton (URI) | 1:01.29 |
| De'Nisha Smith (VCU) | 1:03.13 |
| Stephanie Toland (SJU) | 1:03.23 |
| Erika Coleman (VCU) | 1:04.51 |

3000-meter Steeplechase

| | |
|-----------------------|----------|
| Valerie Palermo (DUQ) | 10:24.00 |
| Colleen Sands (UM) | 10:42.33 |
| Delaney Savedge (VCU) | 10:54.50 |
| Laurel Fisher (FORD) | 10:55.53 |
| Meg Aller (DUQ) | 11:01.47 |
| Allison Triskett (UD) | 11:03.32 |
| Lesley Fatica (GW) | 11:16.22 |
| Paige Ethier (URI) | 11:16.47 |

4x100-meter Relay

| | |
|----------------|--------|
| VCU | :45.95 |
| George Mason | :46.77 |
| Saint Joseph's | :47.30 |
| Duquesne | :47.50 |
| Massachusetts | :47.58 |
| La Salle | :47.73 |
| Rhode Island | :47.79 |
| Davidson | :48.40 |

4x400-meter Relay

| | |
|----------------|---------|
| George Mason | 3:40.15 |
| Saint Joseph's | 3:43.44 |
| VCU | 3:44.60 |
| Rhode Island | 3:47.48 |
| Duquesne | 3:47.59 |
| Davidson | 3:51.01 |
| Massachusetts | 3:52.05 |

| | |
|-------------|---------|
| Saint Louis | 3:52.38 |
|-------------|---------|

4x800-meter Relay

| | |
|--------------|---------|
| Richmond | 8:52.33 |
| George Mason | 8:54.11 |
| Duquesne | 8:55.31 |
| VCU | 8:56.58 |
| Saint Louis | 9:01.32 |
| Fordham | 9:02.38 |
| Davidson | 9:04.68 |
| La Salle | 9:05.67 |

High Jump

| | |
|-------------------------|---------|
| Jada Harris (UM) | 5-07.00 |
| Shannon Taub (DUQ) | 5-07.00 |
| Samantha Thompson (UM) | 5-07.00 |
| Emely Ramirez (SJU) | 5-05.00 |
| Christina Solomon (VCU) | 5-05.00 |
| Claudine Andre (SJU) | 5-05.00 |
| Maris Seto (DUQ) | 5-05.00 |
| Nicole Bell (DUQ) | 5-03.00 |

Long Jump

| | |
|-----------------------|----------|
| Janel Conley (URI) | 20-01.00 |
| Juleen Lewis (URI) | 19-07.50 |
| Victoria Soeder (DUQ) | 19-05.25 |
| Kaleah Miller (LAS) | 19-02.00 |
| Jessica Bryant (LAS) | 19-01.25 |
| Kohi Banks (VCU) | 19-00.50 |
| Alliyah Stevens (VCU) | 18-06.00 |
| Amber Jackson (LAS) | 18-05.00 |

Triple Jump

| | |
|------------------------|----------|
| Taylor McCormick (VCU) | 40-03.25 |
| Juleen Lewis (URI) | 40-00.00 |
| Jada Woods (DAV) | 39-02.25 |
| Adria Butler (UD) | 38-11.00 |
| Shannon Taub (DUQ) | 38-05.00 |
| Nhautrey Brown (MASON) | 38-05.00 |
| Junei Mosley (MASON) | 38-02.75 |
| Amber Jackson (LAS) | 37-08.50 |

Hammer

| | |
|-------------------------|--------|
| Erin Reese (UD) | 201-04 |
| Mercedes Oliver (DUQ) | 173-08 |
| Jennifer Rossi (UD) | 171-02 |
| Alyssa Ramstetter (UD) | 171-00 |
| Sara Wagner (UM) | 167-02 |
| Grace Janes (URI) | 163-09 |
| Kamaria Gage (SLU) | 158-06 |
| Rachel Fyalkowski (DUQ) | 153-07 |

Shot Put

| | |
|---------------------------|----------|
| Jennifer Rossi (UD) | 49-04.50 |
| Erin Reese (UD) | 48-07.50 |
| Camora Sanders (VCU) | 47-08.50 |
| Makayla McGowan (VCU) | 47-02.25 |
| Kelsey Crawford (UM) | 47-02.25 |
| Kristine Lindow (UD) | 45-05.75 |
| Margaret Riseborough (UM) | 43-08.75 |
| Sophia Fustos (DUQ) | 41-07.75 |

Discus

| | |
|------------------------------|--------|
| Michelle Wallerstedt (MASON) | 176-07 |
| Mercedes Oliver (DUQ) | 161-10 |
| Erin Reese (UD) | 160-01 |
| Jennifer Rosi (UD) | 153-05 |
| Camora Sanders (VCU) | 149-10 |

| | |
|----------------------------|--------|
| Mariah Collins (UM) | 137-03 |
| Rachel Forder (MASON)..... | 136-06 |
| Leah Wolf (URI) | 134-05 |

Javelin

| | |
|-----------------------------|--------|
| Lillian Cook (UD) | 156-11 |
| Kelsey Crawford (UM)..... | 140-02 |
| Carly Peters (DAV) | 139-08 |
| Shelby Garnand (MASON)..... | 136-05 |
| Hannah Madison (URI)..... | 129-07 |
| Lucy Belt (UM)..... | 122-01 |
| Leah Wolf (URI) | 122-01 |
| Sarah Reich (SLU)..... | 121-03 |

Pole Vault

| | |
|-------------------------------|----------|
| Shelby Garnand (MASON)..... | 12-01.50 |
| Karlee Fowler (URI)..... | 12-01.50 |
| Stephanie Hautamaa (DAV)..... | 11-07.75 |
| Leah Frischmann (UD) | 11-07.75 |
| Amber Sekoll (URI) | 10-08.00 |
| Kayla Rorke (UM) | 10-08.00 |
| Tory Edwards (URI)..... | 10-08.00 |
| Ashley Hinton (MASON)..... | 10-02.00 |

Heptathlon

| | |
|----------------------------|-------|
| Janel Conley (URI)..... | 5,292 |
| Hannah Madison (URI)..... | 4,761 |
| Kylie McPherson (URI)..... | 4,617 |
| Sarah Sepanski (UD) | 4,532 |
| Adria Butler (UD)..... | 4,385 |
| Alliyah Stevens (VCU)..... | 4,244 |
| Makayla Binter (DAV) | 4,226 |
| Amanda Baker (SLU)..... | 4,186 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2016 Championship - May 7-8

George Mason University Fairfax, VA

| | |
|-----------------------------|--------------|
| Team Standings | Score |
| 1. VCU | 131.0 |
| 2. George Mason | 126.0 |
| 3. Rhode Island..... | 102.5 |
| 4. Dayton..... | 94.0 |
| 5. Massachusetts | 82.5 |
| 6. Duquesne..... | 75.0 |
| 7. Richmond..... | 69.5 |
| 8. Saint Louis..... | 49.5 |
| 9. Saint Joseph's..... | 49.0 |
| 10. Davidson..... | 44.0 |
| 11. La Salle..... | 21.0 |
| 12. George Washington..... | 11.0 |
| 13. Fordham | 3.0 |

100-meter Dash

| | |
|--------------------------------|--------|
| Kia Carson (VCU)..... | :11.99 |
| Ashley Lucas (MASON) | :12.13 |
| Brianna Robitaille (URI)..... | :12.30 |
| Nathaniela Bourdeau (SJU)..... | :12.32 |
| Caela Williams (MASON) | :12.34 |
| Carina Peter (VCU)..... | :12.35 |
| Jessica Ewing (VCU)..... | :12.41 |
| Diamante Spencer (UM)..... | :12.62 |

200-meter Dash

| | |
|--------------------------------|--------|
| Kia Carson (VCU)..... | :24.22 |
| Nathaniela Bourdeau (SJU)..... | :24.50 |
| Mary Allen (UR) | :24.65 |
| Ashley Lucas (MASON) | :24.66 |
| Mariah Claudio (URI) | :24.71 |
| Jessica Ewing (VCU)..... | :25.05 |
| Verna Hilaire-Lee (VCU)..... | :25.08 |
| Caela Williams (MASON) | :25.41 |

400-meter Dash

| | |
|-----------------------------|--------|
| Jade Gregory (UR) | :54.21 |
| Emilie Cowan (UM)..... | :54.52 |
| Sharon Dorsey (MASON)..... | :54.53 |
| Abby O'Connell (DUQ)..... | :54.58 |
| Courtney Foster (SJU) | :55.03 |
| Sarah Moore (MASON)..... | :55.05 |
| Mariah Claudio (URI) | :55.42 |
| Latrice Morris (VCU)..... | :56.41 |

800-meter Run

| | |
|-----------------------------|---------|
| Nichelle Scott (VCU) | 2:11.05 |
| Hannah Rieden (DAV) | 2:11.39 |
| Elise Moore (SLU) | 2:12.06 |
| Emma Kidd (SLU) | 2:12.57 |
| Annegret Nehl (DUQ)..... | 2:13.65 |
| Elizabeth Stump (VCU)..... | 2:14.81 |
| Brigid Behrens (DAV)..... | 2:15.37 |
| Ashley Greenlee (VCU) | 2:16.58 |

1500-meter Run

| | |
|---------------------------------|---------|
| Morgan Szekely (LAS) | 4:28.01 |
| Amanda Corbosiero (UR)..... | 4:31.32 |
| Sarah Paddon (DAV) | 4:32.75 |
| Taylor Clevinger (UR)..... | 4:35.86 |
| Abbie Marquard (DUQ) | 4:36.72 |
| Cassidy Weimer (SJU) | 4:37.78 |
| Haley Preschutti (UR)..... | 4:38.22 |
| Rebecca Scardelletti (LAS)..... | 4:38.69 |

5000-meter Run

| | |
|--------------------------------|----------|
| Taylor Vernot (UD) | 17:32.15 |
| Marisa Ruskan (UR) | 17:38.43 |
| Caroline Yarbrough (DAV) | 17:40.15 |
| Colleen Sands (UM)..... | 17:48.28 |
| Shelby Cain (UR)..... | 17:55.98 |
| Megan Connell (LAS)..... | 17:56.92 |
| Angela Mignanelli (DUQ)..... | 18:00.74 |
| Autumn Greba (DUQ) | 18:03.20 |

10,000-meter Run

| | |
|--------------------------------|----------|
| Miranda DiBiaso (GW)..... | 35:07.64 |
| Caroline Yarbrough (DAV) | 35:45.70 |
| Elise Marker (SLU) | 36:33.03 |
| Autumn Greba (DUQ) | 36:49.21 |
| Allison Cheeseman (DAV)..... | 37:05.28 |
| Megan Connell (LAS)..... | 37:11.05 |
| Courtney Pfanstiel (SLU) | 37:13.27 |
| Hannah Scipio (DUQ)..... | 37:14.95 |

100-meter Hurdles

| | |
|----------------------------|--------|
| Emily Renna (URI) | :13.83 |
| Ann Harlos (SLU) | :14.21 |
| Jordan Hoffman (UD)..... | :14.22 |
| Janel Conley (URI)..... | :14.24 |
| Victoria Soeder (DUQ)..... | :14.51 |
| Deonna Diggs (MASON) | :14.58 |
| Meghan Patroliia (UM)..... | :14.72 |

| | |
|---------------------------|--------|
| Karen Lobaton (URI) | :14.89 |
|---------------------------|--------|

400-meter Hurdles

| | |
|--------------------------------|---------|
| Dannah Hayward (SJU)..... | 1:00.04 |
| Sommer Sharpe (MASON)..... | 1:00.07 |
| Dyshelle Pemberton (URI) | 1:00.72 |
| Ann Harlos (SLU)..... | 1:01.87 |
| Ann Sheehy (VCU)..... | 1:03.29 |
| Erika Coleman (VCU) | 1:03.59 |
| Paige Yaeger (UD) | 1:04.54 |
| Kylie McPherson (URI)..... | 1:05.08 |

3000-meter Steeplechase

| | |
|---------------------------------|----------|
| Valerie Palermo (DUQ) | 10:28.32 |
| Colleen Sands (UM)..... | 10:36.62 |
| Grace McDonald (UD) | 10:43.13 |
| Jennifer Nakamura (MASON) | 10:52.49 |
| Kelly Bailey (UR)..... | 10:59.74 |
| Julia Jenkins (SJU) | 10:59.80 |
| Olivia Albers (UD) | 11:00.10 |
| Ariana North (GW)..... | 11:04.37 |

4x100-meter Relay

| | |
|---------------------|--------|
| VCU..... | :46.67 |
| Dayton..... | :46.75 |
| Rhode Island | :46.87 |
| George Mason | :47.33 |
| Saint Joseph's..... | :48.40 |
| Duquesne | :48.45 |
| Massachusetts | :48.80 |
| Richmond..... | :49.34 |

4x400-meter Relay

| | |
|---------------------|---------|
| George Mason | 3:44.66 |
| Rhode Island | 3:47.61 |
| Duquesne..... | 3:50.40 |
| Richmond..... | 3:50.93 |
| Saint Louis..... | 3:51.86 |
| Fordham | 4:00.20 |
| Massachusetts | 4:02.38 |
| La Salle | 4:12.72 |

4x800-meter Relay

| | |
|---------------------|---------|
| Davidson..... | 8:50.10 |
| Richmond..... | 8:50.39 |
| Saint Louis..... | 8:51.23 |
| VCU..... | 9:00.52 |
| Massachusetts | 9:04.65 |
| Duquesne..... | 9:05.04 |
| Saint Joseph's..... | 9:09.64 |
| Rhode Island | 9:13.07 |

High Jump

| | |
|------------------------------|---------|
| Talisha Watts (MASON) | 5-08.75 |
| Claudine Andre (SJU) | 5-08.75 |
| Christina Solomon (VCU)..... | 5-07.00 |
| Shannon Taub (DUQ)..... | 5-05.00 |
| Stephanie Urich (SLU) | 5-03.00 |
| Tiffany Jenkins (URI) | 5-03.00 |
| Elaina Hobbs (URI)..... | 5-03.00 |
| Julia Witt (UM)..... | 5-03.00 |

Long Jump

| | |
|-----------------------------|----------|
| Carina Peter (VCU)..... | 19-02.00 |
| Wahnetah Carty (MASON)..... | 18-11.75 |
| Janel Francis (UR)..... | 18-07.75 |
| Janel Conley (URI)..... | 18-03.75 |
| Victoria Soeder (DUQ)..... | 18-03.00 |

| | |
|------------------------------|----------|
| Tatiyanna Sanders (UM) | 18-01.00 |
| Amber Jackson (LAS)..... | 17-08.25 |
| Alliyah Stevens (VCU)..... | 17-07.50 |

Triple Jump

| | |
|----------------------------------|----------|
| Carina Peter (VCU)..... | 39-01.00 |
| Nhautrey Brown (MASON) | 38-11.50 |
| Junei Mosley (MASON) | 38-10.50 |
| Gabriella Benninger (DUQ) | 38-09.75 |
| Adria Butler (UD)..... | 38-06.75 |
| Jennifer Czerapowicz (URI) | 38-05.50 |
| Taylor McCormick (VCU) | 38-04.00 |
| Amber Jackson (LAS)..... | 38-03.50 |

Hammer

| | |
|---------------------------|--------|
| Jenni Rossi (UD)..... | 178-08 |
| Emily Muniz (MASON)..... | 167-07 |
| Sonya Napariu (UD) | 162-04 |
| Jada Roberts (VCU) | 157-03 |
| Aysha Moreino (URI)..... | 151-10 |
| Kelsey Crawford (UM)..... | 150-05 |
| Maggie Dufault (URI)..... | 150-02 |
| Jasmine Jefko (SLU) | 148-04 |

Shot Put

| | |
|--------------------------------|----------|
| Jenni Rossi (UD)..... | 48-11.00 |
| Kelsey Crawford (UM)..... | 47-01.00 |
| Briana Ratchford (VCU)..... | 45-02.50 |
| Camora Sanders (VCU) | 43-09.75 |
| Sonya Napariu (UD) | 42-04.25 |
| Jasmine Jefko (SLU) | 41-05.00 |
| Latasha Williams (VCU)..... | 40-08.75 |
| Margaret Riseborough (UM)..... | 40-03.25 |

Discus

| | |
|-------------------------------|--------|
| Jenni Rossi (UD)..... | 156-07 |
| Denise O'Rourke (VCU)..... | 149-04 |
| Rachel Forder (MASON)..... | 145-06 |
| Camora Sanders (VCU) | 144-03 |
| Ibiyemisi Gbenedor (UM) | 140-09 |
| Emily Muniz (MASON)..... | 137-05 |
| Sarah Fairbanks (SJU) | 133-09 |
| Leah Wolf (URI) | 131-00 |

Javelin

| | |
|------------------------------|--------|
| Julia Franzosa (DUQ) | 150-03 |
| Kelsey Crawford (UM)..... | 146-00 |
| Bridget Deveau (UM)..... | 135-11 |
| Emma Robinson (UM)..... | 135-01 |
| Shelby Garnand (MASON) | 133-08 |
| Leah Wolf (URI) | 125-05 |
| Jenna Anderson (VCU) | 125-01 |
| Jessica Birdsong (UD)..... | 125-01 |

Pole Vault

| | |
|-------------------------------|----------|
| Lindsay Horton (MASON) | 12-08.00 |
| Leah Frischmann (UD) | 12-08.00 |
| Karleigh Manfredi (URI) | 12-02.00 |
| Shelby Garnand (MASON) | 12-02.00 |
| Karlee Fowler (URI)..... | 11-08.00 |
| Sarah Timko (UR)..... | 11-02.25 |
| Sarah Bierly (UM) | 11-02.25 |
| Kayla Rorke (UM) | 11-02.25 |

Heptathlon

| | |
|---------------------------|-------|
| Keiko Hector (URI) | 5,080 |
| Bridget Deveau (UM)..... | 5,048 |
| Sarah Sepanski (UD) | 4,769 |

| | |
|---------------------------------|-------|
| Hannah Madison (URI)..... | 4,549 |
| Michelle Savoie (URI)..... | 4,541 |
| Gabriella Benninger (DUQ) | 4,361 |
| Alliyah Stevens (VCU)..... | 4,356 |
| Adria Butler (UD)..... | 4,270 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

**2015 Championship - May 2-3
George Mason University
Fairfax, VA**

Team Standings Score

| | |
|----------------------------|-------|
| 1. George Mason | 176.0 |
| 2. VCU..... | 136.0 |
| 3. Dayton..... | 92.0 |
| 4. Massachusetts | 76.5 |
| 5. Duquesne..... | 72.0 |
| 5. Richmond..... | 72.0 |
| 7. Rhode Island..... | 62.0 |
| 8. Saint Louis..... | 55.5 |
| 9. Saint Joseph's..... | 35.0 |
| 10. Davidson..... | 31.0 |
| 11. La Salle..... | 27.0 |
| 12. Fordham | 19.0 |
| 13. George Washington..... | 4.0 |

100-meter Dash

| | |
|------------------------------|--------|
| Qualitra Brown (VCU)..... | :12.07 |
| Aneesha Scott (MASON) | :12.17 |
| Ashley Lucas (MASON) | :12.21 |
| Janel Francis (UR)..... | :12.21 |
| Carina Peter (VCU)..... | :12.22 |
| Verna Hilaire-Lee (VCU)..... | :12.24 |
| Mackenzie Bonk (SLU)..... | :12.43 |
| Ashley DeMange (UD) | :12.56 |

200-meter Dash

| | |
|-------------------------------|--------|
| Kiara Porter (VCU)..... | :23.74 |
| Qualitra Brown (VCU)..... | :24.26 |
| Jasmine Robinson (MASON)..... | :24.33 |
| Deborah Fajuyigbe (UR)..... | :24.37 |
| Caela Williams (MASON) | :24.55 |
| Aneesha Scott (MASON) | :24.72 |
| Verna Hilaire-Lee (VCU)..... | :24.95 |
| Hannah Rohde (SLU) | :25.03 |

400-meter Dash

| | |
|-----------------------------|--------|
| Kiara Porter (VCU)..... | :53.14 |
| Taylor Sharpe (MASON)..... | :53.88 |
| Jade Gregory (UR) | :54.62 |
| Nicole Grasty (VCU) | :55.09 |
| Mariah Claudio (URI) | :55.77 |
| Maya Pedersen (UD)..... | :55.83 |
| Amethyst Polk (VCU)..... | :56.49 |
| Deborah Fajuyigbe (UR)..... | :57.15 |

800-meter Run

| | |
|-----------------------------|---------|
| Heather MacLean (UM)..... | 2:07.28 |
| Emma Kidd (SLU) | 2:09.27 |
| Shannon Dwyer (LAS)..... | 2:10.08 |
| Nichelle Scott (VCU) | 2:11.14 |
| Hannah Rieden (DAV) | 2:12.07 |
| Jamee Holmes (SLU)..... | 2:12.59 |
| Danielle Rowe (FOR)..... | 2:15.69 |
| Cayleigh Solano (LAS) | 2:24.34 |

1500-meter Run

| | |
|----------------------------|---------|
| Morgan Szekely (LAS) | 4:21.79 |
| Taylor Clevinger (UR)..... | 4:25.17 |
| Alyson McGonigle (UR)..... | 4:28.86 |
| Marisa Ruskan (UR) | 4:29.00 |
| Emily Dyke (VCU)..... | 4:31.48 |
| Rachel Hilliard (UM)..... | 4:32.04 |
| Olivia Menden (DAV)..... | 4:33.35 |
| Valerie Palermo (DUQ)..... | 4:34.82 |

5000-meter Run

| | |
|---------------------------------|----------|
| Erin Osment (DAV)..... | 16:32.86 |
| Bethany Sachtleben (MASON)..... | 16:45.73 |
| Annika Gomell (SLU)..... | 16:54.06 |
| Danica Snyder (DUQ) | 16:59.44 |
| Isabel Liebfreid (SLU)..... | 17:14.63 |
| Morgan Szekely (LAS) | 17:18.07 |
| Megan Connell (LAS)..... | 17:20.56 |
| Miranda DiBiasco (GW)..... | 17:30.94 |

10,000-meter Run

| | |
|------------------------------------|----------|
| Erin Osment (DAV) | 34:36.74 |
| Bethany Sachtleben (MASON)..... | 34:40.83 |
| Annika Gomell (SLU)..... | 34:43.23 |
| Isabel Liebfreid (SLU)..... | 34:47.49 |
| Jill Prentice (UR) | 35:49.90 |
| Molly Mickle (LAS)..... | 36:45.86 |
| Jessica Hoefert (SLU) | 37:48.00 |
| Alexandra Purdue-Smithe (UM) | 38:04.12 |

100-meter Hurdles

| | |
|---------------------------------|--------|
| Shavon Briscoe (MASON)..... | :13.71 |
| Alexis Stroman (VCU)..... | :13.94 |
| Anna Simone (DUQ) | :14.15 |
| Emily Renna (URI) | :14.29 |
| Georgia Mason (SJU) | :14.35 |
| Deonna Diggs (MASON) | :14.36 |
| Irielle Little (VCU)..... | :14.56 |
| Chantel Richardson (MASON)..... | :14.86 |

400-meter Hurdles

| | |
|-----------------------------|---------|
| Anna Simone (DUQ) | :58.91 |
| Shavon Briscoe (MASON)..... | 1:00.31 |
| Sommer Sharpe (MASON)..... | 1:00.38 |
| Dannah Hayward (SJU)..... | 1:00.97 |
| Kristen Stuart (FOR) | 1:01.75 |
| Erika Coleman (VCU) | 1:02.52 |
| Paige Yaeger (UD)..... | 1:02.99 |
| Louise PrevotEAU (DUQ)..... | 1:07.13 |

3000-meter Steeplechase

| | |
|----------------------------|----------|
| Danica Snyder (DUQ) | 10:17.76 |
| Valerie Palermo (DUQ)..... | 10:31.35 |
| Brianna Tenvan (FOR)..... | 10:39.55 |
| Colleen Sands (UM)..... | 11:02.05 |
| Olivia Albers (UD)..... | 11:06.83 |
| Ariana North (GW)..... | 11:14.33 |
| Julia Jenkins (SJU) | 11:26.69 |
| Kelly Bailey (UR)..... | 11:29.57 |

4x100-meter Relay

| | |
|--------------------|--------|
| VCU..... | :45.40 |
| George Mason | :45.58 |
| Richmond..... | :47.16 |
| Dayton..... | :47.31 |
| Rhode Island | :47.40 |
| Saint Louis..... | :47.66 |
| Duquesne..... | :48.25 |

Saint Joseph's.....:48.55

4x400-meter Relay

VCU..... 3:41.07
George Mason 3:41.66
Rhode Island 3:43.83
Saint Joseph's..... 3:47.31
Duquesne..... 3:47.46
Richmond..... 3:51.88
Saint Louis..... 3:52.29
Fordham 3:56.44

4x800-meter Relay

Richmond..... 8:49.19
Saint Louis..... 8:49.42
Fordham 8:49.91
Davidson..... 8:50.79
VCU..... 9:02.89
Massachusetts 9:04.63
La Salle..... 9:07.10
George Mason 9:12.49

High Jump

Talisha Watts (MASON) 5-07.00
Claudine Andre (SJU) 5-07.00
Rebecca Maj (UD) 5-05.00
Christina Solomon (VCU)..... 5-05.00
Sherie Key (DUQ) 5-05.00
Amiaya Carey (VCU)..... 5-05.00
Stephanie Uhrich (SLU) 5-03.00
Shavon Briscoe 5-03.00

Long Jump

Janel Francis (UR)..... 20-02.25
Carina Peter (VCU)..... 19-05.50
Ashley Palmer (UM) 19-05.25
Chantel Richardson (MASON) 19-01.50
Sarah Fulgham (VCU) 19-01.25
Claudine Andre (SJU) 18-10.50
Louise PrevotEAU (DUQ)..... 18-09.75
Sherie Key (DUQ) 18-08.50

Triple Jump

Nhautrey Brown (MASON) 41-10.00
Rebecca Stoye (UM)..... 40-03.25
Sherie Key (DUQ) 39-11.25
Courtney Kromko (UM) 39-09.75
Carina Peter (VCU)..... 39-05.00
Ashley Palmer (UM) 38-11.75
Janel Francis (UR)..... 38-04.25
Gabby Becattini (SJU)..... 38-03.50

Hammer

Aly Weeman (UD) 189-02
Erin Reese (UD)..... 175-11
Grace Janes (URI) 171-05
Miranda Nelson (UD) 165-00
Emily Muniz (MASON)..... 163-01
Sara Wagner (UM)..... 144-03
Maggie Dufault (URI)..... 141-02
Alyse DePaola (DUQ)..... 134-03

Shot Put

Jenni Rossi (UD)..... 46-11.50
Erin Reese (UD)..... 44-00.00
Michaela Smith (URI) 42-11.00
Miranda Nelson (UD)..... 42-09.50
Katja Neves (URI)..... 42-08.25

Margaret Riseborough (UM)..... 42-02.00
Sophia Fustos (DUQ) 41-00.50
Michelle Wallerstedt (MASON) 40-00.50

Discus

Michelle Wallerstedt (MASON) 154-08
Denise O'Rourke (VCU)..... 145-08
Erin Reese (UD)..... 138-10
Katja Neves (URI)..... 137-00
Aly Weeman (UD) 127-08
Emily Muniz (MASON)..... 127-01
Michaela Smith (URI)..... 125-00
Jada Roberts (VCU)..... 124-07

Javelin

Amanda Denger (MASON) 137-03
Emma Robinson (UM) 137-02
Shelby Garnand (MASON) 133-04
Julia Franzosa (DUQ) 130-06
Bridget Deveau (UM)..... 125-08
Lucy Belt (UM)..... 118-04
Rachel Erdely (DUQ) 115-09
Alyse DePaola (DUQ)..... 115-02

Pole Vault

Lindsay Horton (MASON) 12-05.50
Kaylan Pickford (URI) 12-05.50
Leah Frischmann (UD) 11-11.75
Ashley DeMange (UD) 11-11.75
Amber Sekoll (URI) 11-05.75
Stephanie Uhrich (SLU) 11-05.75
Karleigh Manfredi (URI) 11-05.75
Sarah Bierly (UM) 11-05.75

Heptathlon

Amanda Denger (MASON) 5,170
Bridget Deveau (UM)..... 4,826
Kayla Charles (SJU)..... 4,562
Hannah Madison (URI)..... 4,420
Katy Garcia (UD)..... 4,279
Amani Harper (VCU)..... 4,236
Julia Witt (UM)..... 4,146
Gabriella Benninger (DUQ) 3,935

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2014 Championship - May 3-4 University of Massachusetts Track Field Complex, Amherst, Mass.

Team Standings Score

1. George Mason 164.0
2. Duquesne..... 137.0
3. VCU 110.0
4. Rhode Island..... 93.5
5. Dayton 86.5
6. Saint Louis..... 76.0
6. Massachusetts 76.0
8. Richmond 48.0
9. La Salle..... 28.0
10. Fordham 23.0
11. Saint Joseph's..... 16.0

100-meter Dash

Jessica Ewing (VCU).....:11.92
Aneasha Scott (MASON):12.02

Brianna Robitaille (URI).....:12.12
Jennifer Christian (URI).....:12.12
Qualitra Brown (VCU).....:12.16
Jasmine Robinson (MASON).....:12.22
Nicole Grasty (VCU):12.27
Briana Hill (MASON).....:12.57

200-meter Dash

Kiara Porter (VCU).....:23.89
Deborah Fajuyigbe (UR).....:24.43
Mary Allen (UR):24.48
Dainna Barron (MASON):24.74
Qualitra Brown (VCU).....:24.74
Aneasha Scott (MASON):24.86
Jessica Ewing (VCU).....:24.90
Hannah Janeczak (URI).....:25.51

400-meter Dash

Kiara Porter (VCU).....:53.55
Dominique Graham (MASON):54.41
Daianna Barron (MASON):55.07
Allison Walter (SLU).....:55.15
Mary Allen (UR):56.72
Abby O'Connell (DUQ).....:56.83
Mariah Claudio (URI):57.12
Deborah Fajuyigbe (UR).....:57.93

800-meter Run

Heather MacLean (UM)..... 2:09.26
Elise Farris (DUQ) 2:09.36
Titi Fagade (FOR)..... 2:10.52
Tori Pisco (LAS) 2:12.65
Hailey Pisarcik (DUQ)..... 2:14.13
Heather Selheimer (MASON)..... 2:15.13
Brianna Krumholz (VCU) 2:15.20
Taylor Clevinger (UR)..... 2:15.74

1500-meter Run

Margo Richardson (SLU)..... 4:29.60
Hailey Pisarcik (DUQ)..... 4:30.55
Elizabeth Barrett (SJU) 4:31.90
Nicole Cargill (UD)..... 4:33.32
Amber Valimont (DUQ) 4:34.13
Mara Lieberman (FOR)..... 4:35.63
Alyson McGonigle (UR)..... 4:38.41
Taylor Hackett (LAS)..... 4:40.01

5000-meter Run

Bethany Sachtleben (MASON) 16:30.12
Meghan McGlinchey (LAS)..... 16:37.14
Annika Gomell (SLU)..... 16:57.45
Alexa Pelletier (URI)..... 16:59.88
Margo Richardson (SLU)..... 17:05.79
Jill Prentice (UR) 17:15.58
Jenny Delsignore (DUQ)..... 17:21.85
Michelle Capozzi (LAS) 17:28.59

10,000-meter Run

Meghan McGlinchey (LAS)..... 34:22.38
Bethany Sachtleben (MASON) 34:27.31
Jessica Hoefert (SLU) 34:36.63
Annika Gomell (SLU)..... 34:48.62
Isabel Liebfried (SLU)..... 35:40.58
Jenna Gigliotti (DUQ)..... 35:58.46
Anisa Arsenault (FOR) 36:32.45
Molly Parsons (UR) 37:14.00

100-meter Hurdles

| | |
|------------------------|--------|
| Shavon Briscoe (MASON) | :13.74 |
| Taylor Wheaton (MASON) | :13.90 |
| Emily Renna (URI) | :14.03 |
| Anna Simone (DUQ) | :14.22 |
| Alexis Stroman (VCU) | :14.27 |
| Kita Alvares (SLU) | :14.51 |
| Kelsey McKenna (UR) | :14.59 |
| Maddi Schmidt (UD) | :14.63 |

400-meter Hurdles

| | |
|------------------------|---------|
| Anna Simone (DUQ) | :58.95 |
| Taylor Wheaton (MASON) | :59.30 |
| Kita Alvares (SLU) | 1:00.32 |
| Shavon Briscoe (MASON) | 1:01.30 |
| De'Nisha Smith (VCU) | 1:02.20 |
| Kristen Stuart (FOR) | 1:02.62 |
| Amber Young (UR) | 1:04.48 |
| Paige Yeager (UD) | 1:05.40 |

3000-meter Steeplechase

| | |
|---------------------------|----------|
| Nicole Cargill (UD) | 10:22.32 |
| Valerie Palermo (DUQ) | 10:26.10 |
| Amber Valimont (DUQ) | 10:32.03 |
| Lizzie Gleason (UD) | 10:36.03 |
| Olivia Albers (UD) | 10:44.48 |
| Danica Snyder (DUQ) | 10:48.84 |
| Jennifer Nakamura (MASON) | 10:52.18 |
| Liz Schinski (UR) | 10:58.58 |

4x100-meter Relay

| | |
|---------------|--------|
| VCU | :45.88 |
| Rhode Island | :46.62 |
| George Mason | :46.64 |
| Richmond | :47.07 |
| Dayton | :47.82 |
| Saint Louis | :48.03 |
| Massachusetts | :48.42 |
| Duquesne | :48.42 |

4x400-meter Relay

| | |
|----------------|---------|
| George Mason | 3:40.56 |
| VCU | 3:45.55 |
| Saint Louis | 3:47.61 |
| Saint Joseph's | 3:49.21 |
| Duquesne | 3:49.42 |
| Richmond | 3:50.46 |
| Rhode Island | 3:53.38 |
| Fordham | 3:55.44 |

4x800-meter Relay

| | |
|----------------|---------|
| Massachusetts | 9:00.22 |
| Fordham | 9:00.23 |
| Duquesne | 9:02.30 |
| Saint Joseph's | 9:04.31 |
| Rhode Island | 9:16.15 |
| La Salle | 9:18.46 |
| George Mason | 9:26.72 |
| Dayton | 9:27.41 |

High Jump

| | |
|-------------------------|---------|
| Sherie Key (DUQ) | 5-08.75 |
| Naya Owusu (SLU) | 5-08.75 |
| Louise PrevotEAU (DUQ) | 5-05.00 |
| Dominque Graham (MASON) | 5-05.00 |
| Katy Garcia (UD) | 5-05.00 |
| Rebecca Maj (UD) | 5-05.00 |
| Sarah Fulgham (VCU) | 5-03.00 |

| | |
|---------------------|---------|
| Megan Simpson (VCU) | 5-03.00 |
|---------------------|---------|

Long Jump

| | |
|----------------------------|----------|
| Chantel Richardson (MASON) | 19-00.00 |
| Taylor Yarshen (DUQ) | 18-11.25 |
| Janel Francis (UR) | 18-08.50 |
| Courtney Kromko (UM) | 18-08.50 |
| De'Nisha Smith (VCU) | 18-03.25 |
| Ashley Palmer (UM) | 18-02.25 |
| Nhautrey Brown (MASON) | 17-11.00 |
| Camille Edwards (UM) | 17-11.00 |

Triple Jump

| | |
|----------------------------|----------|
| Rebecca Stoyke (UM) | 40-05.00 |
| Sherie Key (DUQ) | 39-04.50 |
| Courtney Kromko (UM) | 38-07.00 |
| Lauren Avery (UM) | 38-04.25 |
| Maddi Schmidt (UD) | 37-10.50 |
| Janel Francis (UR) | 37-07.75 |
| Carina Peter (VCU) | 37-06.75 |
| Jennifer Czerapowicz (URI) | 37-01.25 |

Hammer

| | |
|-------------------------|--------|
| Aly Weeman (UD) | 181-08 |
| Jaleesa Williams (VCU) | 173-08 |
| Genevieve Rybicki (URI) | 168-03 |
| Grace Janes (URI) | 160-07 |
| Miranda Nelson (UD) | 157-09 |
| Aysha Moreino (URI) | 154-05 |
| Meredith Oare (MASON) | 153-05 |
| Sara Wagner (UM) | 153-01 |

Shot Put

| | |
|---------------------------|----------|
| Jaleesa Williams (VCU) | 48-03.25 |
| Kelsey Crawford (UM) | 46-04.25 |
| Ashley Adams (DUQ) | 44-08.25 |
| Miranda Nelson (UD) | 42-08.75 |
| Genevieve Rybicki (URI) | 42-07.50 |
| Hannah Kuenzel (SLU) | 42-05.50 |
| Kaylee DeVincent (UM) | 41-04.25 |
| Margaret Riseborough (UM) | 39-10.75 |

Discus

| | |
|------------------------------|--------|
| Jaleesa Williams (VCU) | 175-03 |
| Michelle Wallerstedt (MASON) | 160-00 |
| Ashley Adams (DUQ) | 155-08 |
| Genevieve Rybicki (URI) | 150-05 |
| Hannah Kuenzel (SLU) | 146-08 |
| Chelsea Zahn (DUQ) | 144-01 |
| Emily Muniz (MASON) | 135-11 |
| Aly Weeman (UD) | 129-01 |

Javelin

| | |
|---------------------------|--------|
| Kelly McCabe (URI) | 149-04 |
| Amanda Denger (MASON) | 142-05 |
| Julia Franzosa (DUQ) | 142-05 |
| Kelsey Crawford (UM) | 141-00 |
| Brianna Ratchford (VCU) | 137-04 |
| Emma Robinson (UM) | 134-06 |
| Nicole Delesdernier (SLU) | 124-07 |
| Emily Louis (UM) | 120-10 |

Pole Vault

| | |
|---------------------------|----------|
| Mandissa Marshall (MASON) | 13-09.25 |
| Hanna Krizmanic (UD) | 12-01.50 |
| Kaylan Pickford (URI) | 12-01.50 |
| Ashley DeMange (UD) | 11-07.75 |
| Sarah Gaskell (UD) | 11-01.75 |

| | |
|------------------------|----------|
| Lindsay Horton (MASON) | 11-01.75 |
| Kaitlin Gould (UM) | 10-08.00 |
| Megann Kaiser (MASON) | 10-08.00 |
| Stephanie Uhrich (SLU) | 10-08.00 |

Heptathlon

| | |
|------------------------|-------|
| Louise PrevotEAU (DUQ) | 5,034 |
| Amanda Denger (MASON) | 4,901 |
| Janel Conley (URI) | 4,608 |
| Katy Garcia (UD) | 4,608 |
| Kelly McCabe (URI) | 4,376 |
| Keiko Hector (URI) | 4,334 |
| Katharine Osborne (UM) | 4,274 |
| Rebecca Maj (UD) | 4,265 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2013 Championship - May 4-5 Irwin Belk Track & Field Center, Charlotte, NC

| Team Standings | Score |
|--------------------|-------|
| 1. Charlotte | 120.5 |
| 2. Rhode Island | 98.0 |
| 3. Duquesne | 97.0 |
| 3. VCU | 97.0 |
| 5. Dayton | 88.0 |
| 6. Temple | 68.0 |
| 7. Massachusetts | 67.0 |
| 8. Saint Louis | 64.5 |
| 9. Richmond | 50.0 |
| 10. Butler | 45.0 |
| 11. La Salle | 30.0 |
| 12. Fordham | 13.0 |
| 13. Xavier | 10.0 |
| 13. Saint Joseph's | 10.0 |

100-meter Dash

| | |
|--------------------------|--------|
| Dionna Hayes (VCU) | :11.84 |
| Hannah Janeczak (URI) | :11.97 |
| Isatta Kenneh (TU) | :12.00 |
| Briauna Jones (CHA) | :12.02 |
| Nicole Hudec (BU) | :12.17 |
| Noelle Tazioli (UD) | :12.20 |
| Nicole Grasty (VCU) | :12.23 |
| Jennifer Christian (URI) | :12.36 |

200-meter Dash

| | |
|-----------------------|--------|
| Kiara Porter (VCU) | :24.07 |
| Mary Allen (UR) | :24.45 |
| Hannah Janeczak (URI) | :24.59 |
| Isatta Kenneh (TU) | :24.71 |
| Nicole Grasty (VCU) | :24.76 |
| Jada Henderson (UD) | :24.81 |
| Noelle Tazioli (UD) | :24.83 |
| T'Sheila Mungo (CHA) | :25.27 |

400-meter Dash

| | |
|----------------------|--------|
| Kiara Porter (VCU) | :53.61 |
| T'Sheila Mungo (CHA) | :54.70 |
| Mary Allen (UR) | :54.80 |
| Abby O'Connell (DUQ) | :55.24 |
| Allison Walter (SLU) | :55.43 |
| Jade Gregory (UR) | :55.65 |
| Nicole Ragucci (FOR) | :56.96 |
| Lauren Burke (URI) | :57.28 |

800-meter Run

| | |
|-------------------------|---------|
| Maraya Slatter (CHA) | 2:09.90 |
| Wendy Hutchinson (LAS) | 2:10.14 |
| Alyson McGonigle (UR) | 2:10.17 |
| Elise Farris (DUQ) | 2:10.50 |
| Taylor Carcella (CHA) | 2:11.38 |
| Titi Fagade (FOR) | 2:11.41 |
| Frances Brillante (URI) | 2:12.47 |
| Kaitlyn Love (BU) | 2:15.04 |

1500-meter Run

| | |
|------------------------|---------|
| Katie Clark (BU) | 4:24.74 |
| Margo Richardson (SLU) | 4:28.37 |
| Clare Moretz (UR) | 4:29.70 |
| Maraya Slatter (CHA) | 4:30.92 |
| Amber Valimont (DUQ) | 4:31.51 |
| Hailey Pisarcik (DUQ) | 4:34.44 |
| Anna Pavone (TU) | 4:37.52 |
| Elizabeth Walker (LAS) | 4:38.65 |

5000-meter Run

| | |
|-------------------------|----------|
| Katie Clark (BU) | 16:17.30 |
| Meghan McGlinchey (LAS) | 16:35.96 |
| Margo Richardson (SLU) | 16:55.12 |
| Olivia Pratt (BU) | 17:04.14 |
| Emily Zaccardi (URI) | 17:16.53 |
| Danica Snyder (DUQ) | 17:21.74 |
| Jessica Hoefert (SLU) | 17:22.85 |
| Lauren Fyalka (SLU) | 17:23.00 |

10,000-meter Run

| | |
|------------------------|----------|
| Olivia Pratt (BU) | 35:32.20 |
| Jessica Hoefert (SLU) | 35:35.80 |
| Clare Fischer (XU) | 35:37.31 |
| Hilary Orf (SLU) | 35:58.39 |
| Lauren Fyalka (SLU) | 36:07.64 |
| Michelle Capozzi (LAS) | 36:09.89 |
| Meghan Lutz (LAS) | 36:18.82 |
| Anisa Arsenault (FOR) | 36:24.00 |

100-meter Hurdles

| | |
|-----------------------|-------|
| Juanita Leto (CHA) | 13.93 |
| Alvonna Blakney (CHA) | 13.99 |
| Jade Wilson (TU) | 14.17 |
| LeAnna Morrison (CHA) | 14.26 |
| Emily Renna (URI) | 14.28 |
| Alexis Stroman (VCU) | 14.34 |
| Kita Alvares (SLU) | 14.48 |
| Caroline Warren (URI) | 14.50 |

400-meter Hurdles

| | |
|-----------------------|---------|
| Nicole Cherek (DUQ) | 58.62 |
| LeAnna Morrison (CHA) | 59.58 |
| Kita Alvares (SLU) | 59.51 |
| Anna Simone (DUQ) | 1:00.34 |
| Jade Wilson (TU) | 1:01.24 |
| Tessa West (TU) | 1:01.51 |
| Dannah Hayward (SJU) | 1:01.64 |
| Amber Young (UR) | 1:03.77 |

3000-meter Steeplechase

| | |
|----------------------|----------|
| Amber Valimont (DUQ) | 10:33.74 |
| Nicole Cargill (UD) | 10:35.10 |
| Lizzie Gleason (UD) | 10:35.48 |
| Danica Snyder (DUQ) | 10:38.63 |
| Erin James (SJU) | 10:41.56 |
| Liz Schinski (UR) | 10:48.40 |
| Maria Ruiz (CHA) | 10:49.59 |

| | |
|--------------------|----------|
| Olivia Albers (UD) | 10:59.13 |
|--------------------|----------|

4x100-meter Relay

| | |
|---------------|-------|
| VCU | 45.78 |
| Temple | 46.36 |
| Charlotte | 46.79 |
| Rhode Island | 46.88 |
| Dayton | 47.18 |
| Richmond | 47.43 |
| Massachusetts | 48.10 |
| Butler | 48.25 |

4x400-meter Relay

| | |
|----------------|---------|
| VCU | 3:44.09 |
| Duquesne | 3:44.57 |
| Charlotte | 3:45.66 |
| Saint Louis | 3:46.34 |
| Temple | 3:49.92 |
| Fordham | 3:50.16 |
| Saint Joseph's | 3:51.16 |
| Rhode Island | 3:53.48 |

4x800-meter Relay

| | |
|---------------|---------|
| Richmond | 8:58.08 |
| La Salle | 8:58.57 |
| Rhode Island | 9:00.26 |
| Charlotte | 9:00.91 |
| Fordham | 9:01.47 |
| Duquesne | 9:02.10 |
| Xavier | 9:05.14 |
| Massachusetts | 9:12.29 |

High Jump

| | |
|------------------------|---------|
| Shannon Meehan (URI) | 5-05.25 |
| Ellie Grandi (UD) | 5-05.25 |
| Paige Rittelman (DUQ) | 5-05.25 |
| Katy Garcia (UD) | 5-05.25 |
| Rebecca Maj (UD) | 5-05.25 |
| Brittney Simmons (CHA) | 5-03.25 |
| Brianna Hunt (SJU) | 5-03.25 |
| Naya Owusu (SLU) | 5-03.25 |
| Lauren Gulley (CHA) | 5-03.25 |
| Jamila Janneh (TU) | 5-03.25 |

Long Jump

| | |
|-------------------------|----------|
| Brittney Edwards (DUQ) | 19-06.25 |
| Katherine Finnegan (UM) | 19-01.25 |
| Kiersten LaRoche (TU) | 19-00.00 |
| Courtney Kromko (UM) | 18-10.75 |
| Tacquaya Tobias (DUQ) | 18-06.00 |
| Niamani Aduma (VCU) | 18-05.25 |
| Ashley Palmer (UM) | 18-05.25 |
| Carina Peter (VCU) | 18-04.25 |

Triple Jump

| | |
|----------------------------|----------|
| Rebecca Stoye (UM) | 42-03.25 |
| Brittney Edwards (DUQ) | 40-09.75 |
| Briauna Jones (CHA) | 39-01.00 |
| Jennifer Czerapowicz (URI) | 38-11.50 |
| Nicole Hudec (BU) | 38-04.25 |
| Maddi Schmidt (UD) | 38-03.50 |
| Chaneka Perry (VCU) | 38-03.50 |
| Carina Peter (VCU) | 37-09.50 |

Hammer

| | |
|-------------------------|--------|
| Genevieve Rybicki (URI) | 175-09 |
| Katrina Wright (CHA) | 171-06 |
| Emily Moorehead (URI) | 169-11 |

| | |
|--------------------------|--------|
| Renee Otte (UD) | 167-02 |
| Jaleesa Williams (VCU) | 164-00 |
| Miranda Nelson (UD) | 161-08 |
| Toby Jo Klauenberg (CHA) | 161-03 |
| Hannah Kuenzel (SLU) | 154-01 |

Shot Put

| | |
|--------------------------|----------|
| Hannah Kuenzel (SLU) | 46-01.50 |
| Margo Britton (TU) | 46-00.00 |
| Nalis Mbianda (UM) | 45-07.00 |
| Miranda Nelson (UD) | 44-06.75 |
| Toby Jo Klauenberg (CHA) | 44-04.25 |
| Jaleesa Williams (VCU) | 43-04.25 |
| Kelsey Crawford (UM) | 43-03.75 |
| Adi Taraska (XU) | 42-07.00 |

Discus

| | |
|--------------------------|--------|
| Jessica Williams (VCU) | 154-01 |
| Margo Britton (TU) | 153-04 |
| Jaleesa Williams (VCU) | 152-07 |
| Christine Borchers (UD) | 150-07 |
| Katrina Wright (CHA) | 149-02 |
| Ashley Adams (DUQ) | 148-02 |
| Toby Jo Klauenberg (CHA) | 140-10 |
| Mercedes Oliver (XU) | 132-09 |

Javelin

| | |
|--------------------------|--------|
| Rachelle Bourque (UM) | 143-01 |
| Kelly McCabe (URI) | 142-07 |
| Brianna Ratchford (VCU) | 132-05 |
| Julia Franzosa (DUQ) | 132-03 |
| Aubrey Dowding (CHA) | 123-01 |
| Renee Otte (UD) | 121-04 |
| Emily Louis (UM) | 117-08 |
| Nicole Delesdenier (SLU) | 114-06 |

Pole Vault

| | |
|------------------------------|----------|
| Katrina Steinhauer (UD) | 12-02.50 |
| Hanna Krizmanic (UD) | 11-08.50 |
| Lexi-Taylor Harrington (URI) | 10-08.75 |
| Sarah Bierly (UM) | 10-08.75 |
| Rachel Busch (UM) | 10-08.75 |
| Grace Gibson (UR) | 10-08.75 |
| Justine Dutton (VCU) | 10-08.75 |
| Jana Eatman (CHA) | 10-08.75 |
| Stephanie Urich (SLU) | 10-08.75 |

Heptathlon

| | |
|-----------------------|-------|
| Dominique Best (LAS) | 4,367 |
| Amanda Collins (DUQ) | 4,046 |
| Caroline Warren (URI) | 4,025 |
| Meghan Hart (UR) | 3,986 |
| Erin Baldinger (UD) | 3,978 |
| Mallory Dugger (SLU) | 3,939 |
| Hilary Lang (UD) | 3,889 |
| Ann O'Toole (UR) | 3,866 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2012 Championship - May 5-6 University of Massachusetts Track Field Complex, Amherst, Mass.

| | |
|-----------------------|--------------|
| Team Standings | Score |
| 1. Charlotte | 167.6 |
| 2. Temple | 108.0 |

| | | |
|-----|---------------------|-------|
| 3. | Rhode Island..... | 107.0 |
| 4. | Dayton..... | 104.3 |
| 5. | Duquesne..... | 86.0 |
| 6. | Saint Louis..... | 77.0 |
| 7. | Richmond..... | 50.5 |
| 8. | Massachusetts..... | 45.5 |
| 9. | Xavier..... | 39.0 |
| 10. | Fordham..... | 32.5 |
| 11. | La Salle..... | 25.0 |
| 12. | Saint Joseph's..... | 15.6 |

100-meter Dash

| | |
|-------------------------------|--------|
| Joann Blakney (CHA)..... | :11.82 |
| Jennifer Christian (URI)..... | :12.02 |
| Sirrell Butler (CHA)..... | :12.15 |
| LaTrese Barker (CHA)..... | :12.16 |
| Isatta Kenneh (TU)..... | :12.20 |
| Hannah Janeczak (URI)..... | :12.21 |
| Andrea Butler (TU)..... | :12.32 |
| Noelle Tazioli (UD)..... | :12.36 |

200-meter Dash

| | |
|-------------------------------|--------|
| Joann Blakney (CHA)..... | :23.98 |
| T'Sheila Mungo (CHA)..... | :24.33 |
| Isatta Kenneh (TU)..... | :24.51 |
| Ambrosia Iwugo (TU)..... | :24.63 |
| Noelle Tazioli (UD)..... | :24.65 |
| Hannah Kaneczak (URI)..... | :24.68 |
| Jennifer Christian (URI)..... | :24.70 |
| Sirrell Butler (CHA)..... | :24.74 |

400-meter Dash

| | |
|----------------------------|--------|
| T'Sheila Mungo (CHA)..... | :53.84 |
| Ambrosia Iwugo (TU)..... | :54.67 |
| Rachel Weber (UD)..... | :55.00 |
| Shannon Abraham (DUQ)..... | :55.02 |
| Jaleah Wilder (CHA)..... | :55.42 |
| Titi Fagade (FOR)..... | :55.68 |
| Sheina Roberts (TU)..... | :56.09 |
| Allison Walter (SLU)..... | :56.26 |

800-meter Run

| | |
|------------------------------|---------|
| Maraya Slatter (CHA)..... | 2:08.48 |
| Rachel Clark (XU)..... | 2:10.15 |
| Tonney Smith (TU)..... | 2:10.47 |
| Frances Brillante (URI)..... | 2:11.46 |
| Kelly Connolly (FOR)..... | 2:11.88 |
| Jenna Romano (SLU)..... | 2:12.10 |
| Kelsey Rose (SJU)..... | 2:13.81 |
| Shelby Haitz (DUQ)..... | 2:15.75 |

1500-meter Run

| | |
|-----------------------------|---------|
| Nicol Traynor (UR)..... | 4:25.19 |
| Margo Richardson (SLU)..... | 4:26.97 |
| Rachel Clark (XU)..... | 4:27.44 |
| Amber Valimont (DUQ)..... | 4:28.66 |
| Hilary Orf (SLU)..... | 4:30.71 |
| Alli Mannon (UR)..... | 4:30.91 |
| Caylin Howell (XU)..... | 4:31.77 |
| Hayley Madsen (URI)..... | 4:32.03 |

5000-meter Run

| | |
|------------------------------|----------|
| Meghan McGlinchey (LAS)..... | 16:36.65 |
| Hilary Orf (SLU)..... | 16:45.04 |
| Karen Roa (UM)..... | 16:50.80 |
| Elissa Mason (UD)..... | 16:58.97 |
| Amber Valimont (DUQ)..... | 17:02.58 |
| Amanda Goetschius (CHA)..... | 17:04.44 |

| | |
|-----------------------------|----------|
| Margo Richardson (SLU)..... | 17:08.24 |
| Meg Ecker (DUQ)..... | 17:11.47 |

10,000-meter Run

| | |
|------------------------------|----------|
| Meghan McGlinchey (LAS)..... | 34:57.58 |
| Elissa Mason (UD)..... | 35:36.43 |
| Abby Fischer (XU)..... | 35:50.18 |
| Meg Ecker (DUQ)..... | 35:57.90 |
| Anisa Arsenault (FOR)..... | 35:59.40 |
| Clare Fischer (XU)..... | 36:04.60 |
| Laura McCary (CHA)..... | 36:41.24 |
| Meghan Lutz (LAS)..... | 36:51.46 |

100-meter Hurdles

| | |
|-------------------------------|--------|
| Kalyn Sheehan (URI)..... | :13.91 |
| Emily Tyler (XU)..... | :14.08 |
| Juanita Leto (CHA)..... | :14.17 |
| LeAnna Morrison (CHA)..... | :14.31 |
| Jade Wilson (TU)..... | :14.32 |
| Kita Alvares (SLU)..... | :14.61 |
| Maddi Schmidt (UD)..... | :14.69 |
| Stefani Zabilowicz (SJU)..... | :14.75 |

400-meter Hurdles

| | |
|----------------------------|---------|
| Nicole Cherok (DUQ)..... | :59.91 |
| LeAnna Morrison (CHA)..... | :59.98 |
| Jade Wilson (TU)..... | 1:00.37 |
| Cecily Young (CHA)..... | 1:00.50 |
| Kalyn Sheehan (URI)..... | 1:01.23 |
| Kita Alvares (SLU)..... | 1:01.62 |
| Tessa West (TU)..... | 1:01.63 |
| Kristen Stuart (FOR)..... | 1:02.33 |

3000-meter Steeplechase

| | |
|----------------------------|----------|
| Nicol Traynor (UR)..... | 10:04.20 |
| Karen Roa (UM)..... | 10:26.19 |
| Ashley Vincent (XU)..... | 10:32.41 |
| Lizzie Gleason (UD)..... | 10:39.85 |
| Lindsey Cummings (UD)..... | 10:40.90 |
| Erin James (SJU)..... | 10:44.68 |
| Maria Ruiz (CHA)..... | 10:49.07 |
| Danica Snyder (DUQ)..... | 10:52.96 |

4x100-meter Relay

| | |
|---------------------|--------|
| Charlotte..... | :45.43 |
| Rhode Island..... | :45.61 |
| Temple..... | :46.47 |
| Duquesne..... | :46.92 |
| Dayton..... | :47.01 |
| Saint Louis..... | :48.06 |
| Massachusetts..... | :48.30 |
| Fordham..... | :48.60 |
| Saint Joseph's..... | :48.76 |
| La Salle..... | :50.12 |

4x400-meter Relay

| | |
|---------------------|---------|
| Charlotte..... | 3:40.69 |
| Temple..... | 3:42.30 |
| Fordham..... | 3:43.53 |
| Duquesne..... | 3:44.40 |
| Dayton..... | 3:46.17 |
| Rhode Island..... | 3:47.58 |
| Saint Louis..... | 3:48.06 |
| Massachusetts..... | 3:52.14 |
| Saint Joseph's..... | 3:54.15 |
| Xavier..... | 3:55.02 |

4x800-meter Relay

| | |
|---------------------|---------|
| Temple..... | 8:43.10 |
| Saint Louis..... | 8:49.80 |
| Dayton..... | 8:50.09 |
| Massachusetts..... | 8:54.72 |
| Rhode Island..... | 8:55.51 |
| Saint Joseph's..... | 8:55.90 |
| Duquesne..... | 8:56.92 |
| Richmond..... | 9:01.63 |
| Xavier..... | 9:10.47 |
| Fordham..... | 9:12.48 |

High Jump

| | |
|-----------------------------|---------|
| Naya Owusu (SLU)..... | 5-08.00 |
| Sherie Key (DUQ)..... | 5-06.00 |
| Hannah Boyce (SJU)..... | 5-06.00 |
| Courtney Newman (FOR)..... | 5-06.00 |
| Shannon Meehan (URI)..... | 5-06.00 |
| Kacie Sledge (CHA)..... | 5-04.25 |
| Juliana Lawniczak (UD)..... | 5-02.25 |
| Brittney Simmons (CHA)..... | 5-02.25 |
| Brianna Hunt (SJU)..... | 5-02.25 |
| Katy Garcia (UD)..... | 5-02.25 |
| Ellie Grandi (UD)..... | 5-02.25 |

Long Jump

| | |
|-----------------------------|----------|
| Brittney Cloudy (SLU)..... | 19-08.00 |
| Briauna Jones (CHA)..... | 19-04.25 |
| Kiersten LaRoche (TU)..... | 19-04.25 |
| Jessica Morgan (CHA)..... | 18-07.75 |
| Hilary Lang (UD)..... | 18-07.00 |
| Brittney Edwards (DUQ)..... | 18-06.00 |
| Tacquaya Tobias (DUQ)..... | 18-04.25 |
| Elisabeth Warren (FOR)..... | 18-04.25 |

Triple Jump

| | |
|-----------------------------|----------|
| Brittney Cloudy (SLU)..... | 41-07.75 |
| Briauna Jones (CHA)..... | 40-06.00 |
| Rebecca Stoye (UM)..... | 39-09.25 |
| Brittney Edwards (DUQ)..... | 39-08.75 |
| Maddi Schmidt (UD)..... | 38-05.50 |
| Jessica Morgan (CHA)..... | 37-11.50 |
| Kim Ezeama (URI)..... | 37-08.75 |
| Sherie Key (DUQ)..... | 37-04.00 |

Hammer

| | |
|------------------------------|--------|
| Meaghan McGovern (UR)..... | 187-01 |
| Aly Weeman (UD)..... | 179-07 |
| Genevieve Rybicki (URI)..... | 170-07 |
| Emily Morrehead (URI)..... | 164-10 |
| Alanna Owens (TU)..... | 160-09 |
| Renee Otte (UD)..... | 156-00 |
| Arin Whitman (DUQ)..... | 154-09 |
| Samm Hortsman (UD)..... | 147-03 |

Shot Put

| | |
|-------------------------------|----------|
| Margo Britton (TU)..... | 47-04.50 |
| Alanna Owens (TU)..... | 46-05.50 |
| Genevieve Rybicki (URI)..... | 45-09.75 |
| Toby Jo Klauenberg (CHA)..... | 45-01.75 |
| Nalis Mbianda (UM)..... | 44-08.25 |
| Hannah Kuenzel (SLU)..... | 44-07.00 |
| Arin Whitman (DUQ)..... | 43-03.25 |
| Chelsea Zahn (DUQ)..... | 42-08.75 |

Discus

| | |
|---------------------------|--------|
| Margo Britton (TU)..... | 162-03 |
| Katrina Wright (CHA)..... | 157-06 |

| | |
|-------------------------------|--------|
| Chelsea Zahn (DUQ)..... | 150-09 |
| Genevieve Rybicki (URI)..... | 145-08 |
| Christine Borchers (UD)..... | 145-06 |
| Hannah Kuenzel (SLU)..... | 140-03 |
| Toby Jo Klauenberg (CHA)..... | 135-09 |
| Arin Whitman (DUQ)..... | 130-09 |

Javelin

| | |
|----------------------------|--------|
| Rachelle Bourque (UM)..... | 139-08 |
| Blair Hassell (FOR)..... | 138-05 |
| Kelly McCabe (URI)..... | 134-03 |
| Melanie Overall (UR)..... | 123-05 |
| Mindy Haulman (DUQ)..... | 115-00 |
| Nicole Belhumer (URI)..... | 110-10 |
| Jennifer Simao (UM)..... | 109-07 |
| Erin Baldinger (UD)..... | 108-06 |

Pole Vault

| | |
|-----------------------------------|----------|
| Hannah Krizmanic (UD)..... | 12-02.00 |
| Ashley DeMange (UD)..... | 12-02.00 |
| Kaylan Pickford (URI)..... | 11-08.00 |
| Grace Gibson (UR)..... | 11-02.25 |
| Katrina Steinhauser (UD)..... | 11-02.25 |
| Katelyn Cass (DUQ)..... | 11-02.25 |
| Christine Silvar (UM)..... | 10-08.25 |
| Lexi-Taylor Harrington (URI)..... | 10-08.25 |

Heptathlon

| | |
|----------------------------|-------|
| Marissa Norman (URI)..... | 4,850 |
| Kiersten laRoche (TU)..... | 4,703 |
| Hilary Lang (UD)..... | 4,532 |
| Keiko Hector (URI)..... | 4,426 |
| Mallory Dugger (SLU)..... | 4,396 |
| Erin Baldinger (UD)..... | 4,309 |
| Katy Garcia (UD)..... | 4,286 |
| Brianna Alvarez (TU)..... | 4,278 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2011 Championship - May 7-8 Irwin Belk Track & Field Center, Charlotte, NC

| Team Standings | Score |
|------------------------|-------|
| 1. Charlotte..... | 169.5 |
| 2. Dayton..... | 133.0 |
| 3. Richmond..... | 99.5 |
| 4. Duquesne..... | 93.5 |
| Rhode Island..... | 93.5 |
| 6. Temple..... | 75.0 |
| 7. Saint Louis..... | 59.5 |
| 8. Massachusetts..... | 48.0 |
| 9. Saint Joseph's..... | 32.5 |
| 10. Fordham..... | 25.0 |
| 11. La Salle..... | 17.0 |
| 12. Xavier..... | 12.0 |

100-meter Dash

| | |
|-------------------------------|--------|
| Sirrell Butler (CHA)..... | :11.77 |
| Jennifer Christian (URI)..... | :11.80 |
| LaTrese Barker (CHA)..... | :11.97 |
| Hannah Janeczak (URI)..... | :12.06 |
| Katie Nageotte (UD)..... | :12.09 |
| Cassie Grandstaff (UD)..... | :12.27 |
| Chelsea Jubrey (URI)..... | :12.27 |
| Crystal Hercules (TU)..... | :12.32 |

200-meter Dash

| | |
|------------------------------|--------|
| Taylor Glenn (DUQ)..... | :24.82 |
| Ambrosia Iwugo (TU)..... | :24.85 |
| Sirrell Butler (CHA)..... | :24.95 |
| Hannah Janeczak (URI)..... | :25.06 |
| Ebonie Cunningham (CHA)..... | :25.07 |
| Jada Henderson (UD)..... | :25.14 |
| Tiffany Alexander (SLU)..... | :25.19 |
| Paris Williams (TU)..... | :25.19 |

400-meter Dash

| | |
|------------------------------|--------|
| Cecily Young (CHA)..... | :55.39 |
| Rachel Weber (UD)..... | :55.40 |
| Ebonie Cunningham (CHA)..... | :55.55 |
| Taylor Glenn (DUQ)..... | :55.73 |
| Shannon Abraham (DUQ)..... | :56.06 |
| Tiffany Alexander (SLU)..... | :56.09 |
| Paris Williams (TU)..... | :56.44 |
| Allison Walter (SLU)..... | :56.63 |

800-meter Run

| | |
|-----------------------------|---------|
| Victoria Gocht (TU)..... | 2:08.34 |
| Gina Perno (UM)..... | 2:10.29 |
| Tashima Stephens (TU)..... | 2:10.66 |
| Rachel Clark (XU)..... | 2:11.17 |
| Caitlin McCarthy (SLU)..... | 2:12.05 |
| Maddie O'Quinn (SLU)..... | 2:12.24 |
| Elise Farris (DUQ)..... | 2:12.43 |
| Kelsey Rose (SJU)..... | 2:12.45 |

1500-meter Run

| | |
|-----------------------------|---------|
| Amy Van Alstine (UR)..... | 4:19.38 |
| Kerri Gallagher (FOR)..... | 4:25.32 |
| Maureen Bulgrin (UD)..... | 4:28.25 |
| Keara Thomas (CHA)..... | 4:28.31 |
| Hilary Orf (SLU)..... | 4:28.41 |
| Liz Coorey (UD)..... | 4:29.40 |
| Amber Valimont (DUQ)..... | 4:29.89 |
| Margo Richardson (SLU)..... | 4:30.57 |

5000-meter Run

| | |
|------------------------------|----------|
| Amy Van Alstine (UR)..... | 16:39.56 |
| Nicol Traynor (UR)..... | 16:41.87 |
| Amanda Goetschius (CHA)..... | 16:42.82 |
| Maureen Bulgrin (UD)..... | 17:06.34 |
| Liz Coorey (UD)..... | 17:08.97 |
| Hilary Orf (SLU)..... | 17:14.91 |
| Amber Valimont (DUQ)..... | 17:17.45 |
| Emily Zimmerman (UD)..... | 17:25.68 |

10,000-meter Run

| | |
|-------------------------------|----------|
| Amanda Goetschius (CHA)..... | 34:59.23 |
| Emily Zimmerman (UD)..... | 35:30.32 |
| Julie Rechel (UR)..... | 35:31.55 |
| Jessica DiCicco (SJU)..... | 35:42.56 |
| Meghan Lutz (LAS)..... | 35:56.41 |
| Elissa Mason (UD)..... | 35:59.51 |
| Beth Kelly (UR)..... | 36:38.29 |
| Katherine Holloway (CHA)..... | 36:44.23 |

100-meter Hurdles

| | |
|-------------------------------|--------|
| Kalyn Sheehan (URI)..... | :13.93 |
| Shanice Jones (CHA)..... | :14.41 |
| Emily Tyler (XU)..... | :14.44 |
| Stefani Zabilowicz (SJU)..... | :14.52 |
| Assata Cowart (TU)..... | :14.63 |
| Tacara Morrissey (CHA)..... | :14.65 |
| Lara-Jane Que (URI)..... | :14.82 |

| | |
|-------------------------|--------|
| Maddi Schmidt (UD)..... | :14.89 |
|-------------------------|--------|

400-meter Hurdles

| | |
|----------------------------|---------|
| Assata Cowart (TU)..... | :59.74 |
| Kalyn Sheehan (URI)..... | :59.83 |
| Cecily Young (CHA)..... | 1:00.71 |
| Tessa West (TU)..... | 1:02.09 |
| Kita Alvares (SLU)..... | 1:02.13 |
| Nicole Cheroch (DUQ)..... | 1:02.44 |
| Shanice Jones (CHA)..... | 1:03.33 |
| Michelle Jenssen (UM)..... | 1:05.91 |

3000-meter Steeplechase

| | |
|------------------------------|----------|
| Keara Thomas (CHA)..... | 10:09.50 |
| Nicol Traynor (UR)..... | 10:11.20 |
| Caitrin Demchko (URI)..... | 10:30.42 |
| Maureen O'Donnell (SJU)..... | 10:32.58 |
| Karen Roa (UM)..... | 10:35.43 |
| Jennifer Ennis (UR)..... | 10:42.10 |
| Maria Ruiz (CHA)..... | 10:59.88 |
| Lindsey Cummings (UD)..... | 11:00.75 |

4x100-meter Relay

| | |
|---------------------|--------|
| Charlotte..... | :45.86 |
| Rhode Island..... | :46.49 |
| Temple..... | :46.96 |
| Dayton..... | :47.10 |
| Duquesne..... | :47.41 |
| Saint Joseph's..... | :47.94 |
| Fordham..... | :48.03 |
| Saint Louis..... | :48.24 |
| Xavier..... | :48.67 |
| La Salle..... | DNF |

4x400-meter Relay

| | |
|---------------------|---------|
| Charlotte..... | 3:41.01 |
| Temple..... | 3:41.74 |
| Saint Louis..... | 3:46.87 |
| Rhode Island..... | 3:47.80 |
| Fordham..... | 3:47.81 |
| Duquesne..... | 3:48.43 |
| Saint Joseph's..... | 3:54.07 |
| Dayton..... | 3:55.55 |
| Massachusetts..... | 3:56.31 |
| La Salle..... | 3:56.60 |
| Xavier..... | 3:59.61 |

4x800-meter Relay

| | |
|---------------------|---------|
| Temple..... | 8:43.10 |
| Saint Louis..... | 8:49.80 |
| Dayton..... | 8:50.09 |
| Massachusetts..... | 8:54.72 |
| Rhode Island..... | 8:55.51 |
| Saint Joseph's..... | 8:55.90 |
| Duquesne..... | 8:56.92 |
| Richmond..... | 9:01.63 |
| Xavier..... | 9:10.47 |
| Fordham..... | 9:12.48 |
| La Salle..... | 9:18.20 |

High Jump

| | |
|----------------------------|---------|
| Briauna Jones (CHA)..... | 5-05.00 |
| Sherie Key (DUQ)..... | 5-05.00 |
| Courtney Newman (FOR)..... | 5-05.00 |
| Hannah Boyce (SJU)..... | 5-03.00 |
| Rebecca Banker (UM)..... | 5-03.00 |
| Alexis Louder (CHA)..... | 5-01.00 |
| Shannon Meehan (URi)..... | 5-01.00 |

| | |
|-------------------------|---------|
| Naya Owusu (SLU)..... | 5-01.00 |
| Brittani Reid (UD)..... | 5-01.00 |

Long Jump

| | |
|------------------------------|----------|
| Briauna Jones (CHA)..... | 18-11.25 |
| Jessica Morgan (CHA)..... | 18-09.25 |
| Brittney Cloudy (SLU)..... | 18-05.75 |
| X'auntasia Johnson (UR)..... | 18-03.25 |
| Brittney Edwards (DUQ)..... | 18-02.50 |
| Dominque Best (LAS)..... | 18-01.00 |
| Sierra Larsuel (DUQ)..... | 18-00.25 |
| Ananda Fraser (URI)..... | 17-06.75 |

Triple Jump

| | |
|------------------------------|----------|
| Stephanie Aguguo (UM)..... | 41-03.75 |
| Briauna Jones (CHA)..... | 40-06.75 |
| Brittney Cloudy (SLU)..... | 40-05.00 |
| Ananda Fraser (URI)..... | 39-09.75 |
| Nohjay Nimpson (SJU)..... | 39-09.25 |
| X'auntasia Johnson (UR)..... | 39-07.75 |
| Brittney Edwards (DUQ)..... | 39-03.00 |
| Sierra Alvarez (TU)..... | 38-07.00 |

Hammer

| | |
|----------------------------|--------|
| Mallory Barnes (UD)..... | 191-06 |
| Meaghan McGovern (UR)..... | 183-03 |
| Crystal Bourque (URI)..... | 177-01 |
| Chelsey McLean (CHA)..... | 175-03 |
| Kerry Allen (UD)..... | 172-03 |
| Emily Moorehead (URI)..... | 158-04 |
| Arin Whitman (DUQ)..... | 156-03 |
| Monica Howard (UR)..... | 154-00 |

Shot Put

| | |
|---------------------------|----------|
| Mallory Barnes (UD)..... | 48-02.75 |
| Johnna Zaccari (UD)..... | 46-05.50 |
| Ashley Adams (DUQ)..... | 46-05.50 |
| Nalis Mbianda (UM)..... | 44-05.50 |
| Alanna Owens (TU)..... | 44-00.75 |
| Hannah Kuenzel (SLU)..... | 43-01.00 |
| Korrey Willis (DUQ)..... | 42-09.50 |
| Arin Whitman (DUQ)..... | 42-04.00 |

Discus

| | |
|------------------------------|--------|
| Monica Howard (UR)..... | 163-07 |
| Ashley Adams (DUQ)..... | 154-04 |
| Heather Roush (UR)..... | 151-01 |
| Lindsey Pate (CHA)..... | 144-04 |
| Mallory Barnes (UD)..... | 142-06 |
| Katrina Wright (CHA)..... | 140-04 |
| Christine Borchers (UD)..... | 136-00 |
| Sabrina Johnson (XU)..... | 134-02 |

Javelin

| | |
|----------------------------|--------|
| Heather Roush (UR)..... | 147-04 |
| Rachelle Bourque (UM)..... | 139-04 |
| Mindy Haulman (DUQ)..... | 127-00 |
| Blair Hassell (FOR)..... | 127-00 |
| Lindsey Pate (CHA)..... | 121-02 |
| Leanne Stover (URI)..... | 119-03 |
| Renee Otte (UD)..... | 117-06 |
| Laura Barnhardt (DUQ)..... | 115-11 |

Pole Vault

| | |
|--------------------------------|----------|
| Courtney Siebenaller (UD)..... | 12-07.50 |
| Pembroke Strickland (UD)..... | 11-07.75 |
| Katelyn Cass (DUQ)..... | 11-01.75 |
| Katrina Steinhauser (UD)..... | 11-01.75 |

| | |
|-----------------------------------|----------|
| Kaylan Pickford (URI)..... | 11-01.75 |
| Christine Silvar (UM)..... | 11-01.75 |
| Grace Gibson (UR)..... | 11-01.75 |
| Lexi-Taylor Harrington (URI)..... | 10-08.00 |

Heptathlon

| | |
|----------------------------|-------|
| Dominque Best (LAS)..... | 4,367 |
| Amanda Collins (DUQ)..... | 4,046 |
| Caroline Warren (URI)..... | 4,025 |
| Meghan Hart (UR)..... | 3,986 |
| Erin Baldinger (UD)..... | 3,978 |
| Mallory Dugger (SLU)..... | 3,939 |
| Hilary Lang (UD)..... | 3,889 |
| Ann O'Toole (UR)..... | 3,866 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2010 Championship - May 1-2 University of Massachusetts Track Field Complex, Amherst, Mass.

Team Standings Score

| | |
|-------------------------|-------|
| 1. Temple..... | 143.5 |
| 2. Dayton..... | 138 |
| 3. Charlotte..... | 137 |
| 4. Rhode Island..... | 122 |
| 5. Richmond..... | 78.75 |
| 6. Massachusetts..... | 65 |
| 7. Duquesne..... | 50.25 |
| 8. Fordham..... | 33 |
| 9. Saint Louis..... | 29 |
| 10. La Salle..... | 22 |
| 11. Xavier..... | 20.75 |
| 12. Saint Joseph's..... | 18.75 |

100-meter Dash

| | |
|-----------------------------|--------|
| Sirrell Butler (CHA)..... | :11.70 |
| Chalonda Silver (CHA)..... | :11.89 |
| Christiana Taylor (TU)..... | :12.06 |
| Lauren McCormick (UD)..... | :12.11 |
| Chelsea Jubrey (URI)..... | :12.16 |
| Jalessa Graham (LAS)..... | :12.34 |
| Lauren O'Brien (UD)..... | :12.40 |
| Tiffanie Downing (CHA)..... | :12.42 |

200-meter Dash

| | |
|------------------------------|--------|
| Christiana Taylor (TU)..... | :24.22 |
| Ebonie Cunningham (CHA)..... | :24.45 |
| Melissa Miller (DUQ)..... | :24.52 |
| Sirrell butler (CHA)..... | :24.71 |
| Chalonda Silver (CHA)..... | :24.74 |
| Chelsea Jubrey (URI)..... | :24.85 |
| Paris Williams (TU)..... | :24.85 |
| Jada Henderson (UD)..... | :25.02 |

400-meter Dash

| | |
|------------------------------|--------|
| Paris Williams (TU)..... | :54.71 |
| Melissa Miller (DUQ)..... | :54.90 |
| Ebonie Cunningham (CHA)..... | :55.63 |
| Shadaya Bennett (TU)..... | :56.15 |
| Kortnie Coleman (CHA)..... | :56.37 |
| Ashley Brown (CHA)..... | :56.48 |
| Tiffany Alexander (SLU)..... | :56.60 |
| Najla Singleton (URI)..... | :56.70 |

800-meter Run

| | |
|----------------------------|---------|
| Kerri Gallagher (FOR)..... | 2:09.08 |
| Victoria Gocht (TU)..... | 2:10.47 |
| Ashley Cattran (UD)..... | 2:10.81 |
| Tashima Stephens (TU)..... | 2:12.40 |
| Gina Perno (UM)..... | 2:13.36 |
| Tonney Smith (TU)..... | 2:14.05 |
| Rachel Clark (XU)..... | 2:14.12 |
| Hayley Madsen (URI)..... | 2:14.35 |

1,500-meter Run

| | |
|------------------------------|---------|
| Amanda Goetschius (CHA)..... | 4:24.35 |
| Ashley Cattran (UD)..... | 4:26.60 |
| Liz Coorey (UD)..... | 4:31.54 |
| Wendy Hutchinson (LAS)..... | 4:33.27 |
| Courtney Baldwin (UM)..... | 4:33.58 |
| Elizabeth Fisk (UM)..... | 4:34.53 |
| Caylin Howell (XU)..... | 4:35.83 |
| Dana Guglielmo (UR)..... | 4:38.15 |

5,000-meter Run

| | |
|------------------------------|----------|
| Amanda Goetschius (CHA)..... | 16:33.29 |
| Amy VanAlstine (UR)..... | 17:13.57 |
| Katie Kelly (DUQ)..... | 17:26.24 |
| Elissa Mason (UD)..... | 17:34.75 |
| Keara Thomas (CHA)..... | 17:38.71 |
| Maureen Bulgrin (UD)..... | 17:38.73 |
| Liz Coorey (UD)..... | 17:39.38 |
| Jessica DiCicco (SJU)..... | 17:47.59 |

10,000-meter Run

| | |
|------------------------------|----------|
| Brigid Moriarty (FOR)..... | 35:53.16 |
| Julie Rechel (UR)..... | 36:00.17 |
| Maureen Bulgrin (UD)..... | 36:21.20 |
| Meghan Lutz (LAS)..... | 36:26.59 |
| Erin Lunny (UR)..... | 36:59.37 |
| Jessica DiCicco (SJU)..... | 37:05.22 |
| Aimee Chegwiddden (SJU)..... | 37:11.06 |
| Shiyi Zan (UM)..... | 37:20.21 |

100-meter Hurdles

| | |
|-------------------------------|--------|
| Lara-Jane Que (URI)..... | :14.01 |
| Brittney McRae (TU)..... | :14.02 |
| Kalie Kirk (SLU)..... | :14.15 |
| Kalyn Sheehan (URI)..... | :14.40 |
| Christiana Taylor (TU)..... | :14.41 |
| Tacara Morrissey (CHA)..... | :14.44 |
| Lanaire Lindo (CHA)..... | :14.50 |
| Stefani Zabilowicz (SJU)..... | :14.61 |

400-meter Hurdles

| | |
|-------------------------------|---------|
| Assata Cowart (TU)..... | 1:00.35 |
| Kalyn Sheehan (URI)..... | 1:01.40 |
| Jade Wilson (TU)..... | 1:01.57 |
| Sunita Brathwaite (CHA)..... | 1:01.81 |
| Kalie Kirk (SLU)..... | 1:02.22 |
| Shanice Jones (CHA)..... | 1:03.42 |
| Cecily Young (CHA)..... | 1:03.69 |
| Brittany Bakanowski (UM)..... | 1:03.74 |

3000-meter Steeplechase

| | |
|-------------------------------|----------|
| Keara Thomas (CHA)..... | 10:35.75 |
| Dana Guglielmo (UR)..... | 10:36.11 |
| Katie Kelly (DUQ)..... | 10:44.27 |
| Caitlin Thomas (XU)..... | 10:45.49 |
| Karen Roa (UM)..... | 10:50.10 |
| Samantha Gallagher (LAS)..... | 11:00.54 |
| Caitrin Demchko (UR)..... | 11:04.63 |
| Meghan Van Houten (DUQ)..... | 11:11.66 |

4x100-meter Relay

| | |
|--------------------|-------|
| Charlotte..... | 45.73 |
| Temple..... | 47.05 |
| Dayton..... | 47.17 |
| Rhode Island..... | 47.34 |
| Xavier..... | 47.66 |
| Saint Louis..... | 47.70 |
| Duquesne..... | 47.98 |
| Massachusetts..... | 48.38 |

4x400-meter Relay

| | |
|---------------------|---------|
| Temple..... | 3:41.56 |
| Charlotte..... | 3:43.67 |
| Rhode Island..... | 3:49.12 |
| Fordham..... | 3:50.64 |
| Dayton..... | 3:51.91 |
| Saint Joseph's..... | 3:52.06 |
| Massachusetts..... | 3:52.79 |
| Saint Louis..... | 3:54.84 |

4x800-meter Relay

| | |
|---------------------|---------|
| Temple..... | 8:48.36 |
| Rhode Island..... | 8:53.74 |
| La Salle..... | 8:54.37 |
| Fordham..... | 9:04.61 |
| Massachusetts..... | 9:08.28 |
| Xavier..... | 9:16.02 |
| Saint Joseph's..... | 9:17.14 |
| Richmond..... | 9:17.56 |

High Jump

| | |
|------------------------------|---------|
| Shayna Daugherty (URI)..... | 5-05.00 |
| Tiffany Maske (UD)..... | 5-03.00 |
| Danielle Brown (CHA)..... | 5-03.00 |
| Shannon Meehan (URI)..... | 5-03.00 |
| Rebecca Banjer (UM)..... | 5-03.00 |
| Shaniece Stonewall (TU)..... | 5-03.00 |
| Hannah Boyce (SJU)..... | 5-01.00 |
| Megan Ney (UR)..... | 5-01.00 |
| Micayla McGinn (XU)..... | 5-01.00 |
| Sara Cappel (DUQ)..... | 5-01.00 |

Long Jump

| | |
|------------------------------|----------|
| Christina Taylor (TU)..... | 19-04.75 |
| Megan Ney (UR)..... | 18-10.50 |
| Brittney McRae (TU)..... | 18-06.00 |
| Ananda Fraser (URI)..... | 18-05.00 |
| Ida Okkonen (UM)..... | 18-04.25 |
| Brittney Cloudy (SLU)..... | 18-03.75 |
| Katherine Finnegan (UM)..... | 17-10.25 |
| Amanda Caporelli (UR)..... | 17-10.25 |

Triple Jump

| | |
|-------------------------------|----------|
| Brittney Cloudy (SLU)..... | 40-11.50 |
| Ananda Fraser (URI)..... | 40-07.75 |
| Megan Ney (UR)..... | 39-01.25 |
| Danielle Brown (CHA)..... | 39-00.25 |
| Nohjay Nimpson (SJU)..... | 38-07.00 |
| Christina Taylor (TU)..... | 38-02.75 |
| X' auntasia Johnson (UR)..... | 38-01.50 |
| Stephanie Aguguo (UM)..... | 37-08.75 |

Hammer

| | |
|----------------------------|--------|
| Mallory Barnes (UD)..... | 189-07 |
| Crystal Bourque (URI)..... | 182-03 |
| Meaghan McGovern (UR)..... | 178-07 |
| Kerry Allen (UD)..... | 178-02 |
| Tayla Sawtelle (URI)..... | 175-01 |
| Chelsey McLean (CHA)..... | 162-02 |

| | |
|---------------------------|--------|
| Molly McCarty (UD)..... | 161-10 |
| Sharona Bailey (CHA)..... | 151-02 |

Shot Put

| | |
|------------------------------|----------|
| Mallory Barnes (UD)..... | 48-08.25 |
| Johnna Zaccari (UD)..... | 46-08.00 |
| Sarah Allen (UD)..... | 45-11.75 |
| Lisa Wilson (UM)..... | 45-05.00 |
| Alanna Owens (TU)..... | 44-04.75 |
| Ashley Adams (DUQ)..... | 43-10.75 |
| Genevieve Rybicki (URI)..... | 43-01.00 |
| Shana Caballes (CHA)..... | 42-09.50 |

Discus

| | |
|-----------------------------|--------|
| Ashley Adams (DUQ)..... | 153-02 |
| Lisa Wilson (UM)..... | 151-04 |
| Heather Roush (UR)..... | 149-06 |
| Monica Howard (UR)..... | 148-04 |
| Sabrina Johnson (XU)..... | 148-02 |
| Lindsey Pate (CHA)..... | 141-02 |
| Mallory Barnes (UD)..... | 138-03 |
| Christine Borches (UD)..... | 133-10 |

Javelin

| | |
|----------------------------|--------|
| Heather Roush (UR)..... | 143-02 |
| Rachelle Bourque (UM)..... | 139-08 |
| Kelly McCabe (URI)..... | 131-10 |
| Emma Steinmetz (UD)..... | 131.00 |
| Stefanie Danehy (UM)..... | 129-05 |
| Blair Hassell (FOR)..... | 129-03 |
| Nohjay Nimpson (SJU)..... | 126-05 |
| Lindsey Pate (CHA)..... | 124-01 |

Pole Vault

| | |
|--------------------------------|----------|
| Katie Nageotte (UD)..... | 12-01.50 |
| Melissa Gale (TU)..... | 12-01.50 |
| Katelyn Cass (DUQ)..... | 11-07.75 |
| Nicole Pompei (UM)..... | 11-07.75 |
| Courtney Siebenaller (UD)..... | 11-07.75 |
| Pembroke Strickland (UD)..... | 11-07.75 |
| Daniela Siciliano (DUQ)..... | 11-01.75 |
| Stephanie Gregory (URI)..... | 10-08.00 |

Heptathlon

| | |
|------------------------------|-------|
| Shayna Daugherty (URI)..... | 5,240 |
| Kelly McCabe (URI)..... | 4,696 |
| Emily Krizmanic (UD)..... | 4,408 |
| Emma Steinmetz (UD)..... | 4,348 |
| Shaniece Stonewall (TU)..... | 3,995 |
| Molly McGrath (UR)..... | 3,974 |
| Caroline Warren (URI)..... | 3,914 |
| Meghan Hart (UR)..... | 3,738 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2009 Championship - May 2-3, Irwin Belk Track & Field Center, Charlotte, NC

Team Standings Score

| | |
|-----------------------|-------|
| 1. Charlotte..... | 174.0 |
| 2. Dayton..... | 116.5 |
| 3. Rhode Island..... | 109.5 |
| 4. Temple..... | 88.0 |
| 5. Richmond..... | 84.5 |
| 6. Massachusetts..... | 57.0 |

| | |
|------------------------|------|
| 7. Duquesne..... | 55.5 |
| 8. Saint Joseph's..... | 46.0 |
| 9. Fordham..... | 43.0 |
| 10. La Salle..... | 41.0 |
| 11. Xavier..... | 27.0 |
| 12. Saint Louis..... | 16.0 |

100-meter Dash

| | |
|----------------------------|-------|
| Lamarra Currie (CHA)..... | 11.44 |
| Pat Springs (CHA)..... | 11.82 |
| Sirrell Butler (CHA)..... | 11.87 |
| Lauren McCormick (UD)..... | 12.23 |
| Ashley Robinson (URI)..... | 12.25 |
| Brittany Thomas (UD)..... | 12.45 |
| Jalessa Graham (LAS)..... | 12.52 |
| Kyla Jones (LAS)..... | 12.53 |

200-meter Dash

| | |
|----------------------------|-------|
| Lamarra Currie (CHA)..... | 23.46 |
| Nicole McMullen (SJU)..... | 24.23 |
| Melissa Miller (DUQ)..... | 24.46 |
| Chalonda Silver (CHA)..... | 24.73 |
| Holly Heinricher (UM)..... | 24.76 |
| Carleen Allison (TU)..... | 24.80 |
| Ashley Robinson (URI)..... | 24.90 |
| Paris Williams (TU)..... | 24.90 |

400-meter Dash

| | |
|------------------------------|-------|
| Paris Williams (TU)..... | 55.06 |
| Melissa Miller (DUQ)..... | 55.49 |
| Ebonie Cunningham (CHA)..... | 55.68 |
| Kortnie Coleman (CHA)..... | 56.03 |
| Olivia Brown (CHA)..... | 56.17 |
| Rachel Weber (UD)..... | 56.73 |
| Najla Singleton (URI)..... | 56.75 |
| Carleen Allison (TU)..... | 56.93 |

800-meter Run

| | |
|----------------------------|---------|
| Aja Jackson (CHA)..... | 2:10.03 |
| Melissa Salerno (FOR)..... | 2:11.09 |
| Meaghan Hobson (LAS)..... | 2:11.43 |
| Kerri Gallagher (FOR)..... | 2:12.05 |
| Ashley Cattran (UD)..... | 2:13.77 |
| Tashima Stephens (TU)..... | 2:14.19 |
| Kelly Johnson (UD)..... | 2:14.33 |
| Maddie O'Quinn (SLU)..... | 2:14.64 |

1,500-meter Run

| | |
|-----------------------------|---------|
| Aja Jackson (CHA)..... | 4:27.72 |
| Melissa Salerno (FOR)..... | 4:27.85 |
| Nicol Traynor (UR)..... | 4:28.79 |
| Ashley Cattran (UD)..... | 4:30.30 |
| Becky Clark (XU)..... | 4:31.38 |
| Samantha Howard (DUQ)..... | 4:35.08 |
| Elizabeth Coorey (UD)..... | 4:37.13 |
| Caitlin Storbeck (LAS)..... | 4:39.26 |

5,000-meter Run

| | |
|----------------------------|----------|
| Christa Plummer (LAS)..... | 16:46.37 |
| Nicol Traynor (UR)..... | 16:58.58 |
| Maureen Bulgrin (UD)..... | 17:02.69 |
| Samantha Howard (DUQ)..... | 17:21.79 |
| Becky Clark (XU)..... | 17:46.65 |
| Sara Cimino (DUQ)..... | 17:51.94 |
| Katie Kelly (DUQ)..... | 18:01.09 |

10,000-meter Run

| | |
|----------------------------|----------|
| Christa Plummer (LAS)..... | 36:13.78 |
|----------------------------|----------|

| | |
|-----------------------------|----------|
| Katrina Spratford (UR)..... | 36:45.51 |
| Jessica DiCicco (SJU)..... | 37:19.21 |
| Liana Blue (CHA)..... | 37:25.73 |
| Brigid Moriarity (FOR)..... | 37:36.50 |
| Julie Rechel (UR)..... | 37:43.26 |
| Mary Moloney (SLU)..... | 37:48.17 |
| Erin Lunny (UR)..... | 38:40.78 |

100-meter Hurdles

| | |
|------------------------------|-------|
| Sunita Brathwaite (CHA)..... | 13.52 |
| Pat Springs (CHA)..... | 14.16 |
| Lanaire Lindo (CHA)..... | 14.19 |
| Brittany Clybourn (TU)..... | 14.28 |
| Lara-Jane Que (URI)..... | 14.34 |
| Tylynn Graham (URI)..... | 14.44 |
| Brittney McRae (TU)..... | 14.45 |
| Andrea Cornell (UD)..... | 14.51 |

400-meter Hurdles

| | |
|-------------------------------|---------|
| Kalyn Sheehan (URI)..... | 1:00.64 |
| Assata Cowart (TU)..... | 1:00.68 |
| Kristin Andrews (SJU)..... | 1:03.13 |
| Kristen Pierce (SJU)..... | 1:03.19 |
| Brittany Bakanowski (UM)..... | 1:04.03 |
| Shanice Jones (CHA)..... | 1:04.12 |
| Cecily Young (CHA)..... | 1:05.34 |
| Emily Tyler (XU)..... | 1:05.80 |

3,000-meter Steeplechase

| | |
|-------------------------------|----------|
| Keara Thomas (CHA)..... | 10:43.05 |
| Caitlin Thomas (XU)..... | 10:51.73 |
| Ellen Nienhaus (UD)..... | 10:55.80 |
| Katie Kelly (DUQ)..... | 11:00.18 |
| Jenn Ennis (UR)..... | 11:00.56 |
| Samantha Gallagher (LAS)..... | 11:03.11 |
| Karen Roa (UM)..... | 11:03.57 |
| Kristin Mitchell (CHA)..... | 11:15.53 |

4x100-meter Relay

| | |
|---------------------|-------|
| Charlotte..... | 44.94 |
| Dayton..... | 47.35 |
| Richmond..... | 47.53 |
| Temple..... | 47.83 |
| Saint Joseph's..... | 47.85 |
| Rhode Island..... | 47.92 |
| La Salle..... | 48.52 |
| Duquesne..... | 48.97 |

4x400-meter Relay

| | |
|---------------------|---------|
| Charlotte..... | 3:42.52 |
| Temple..... | 3:42.87 |
| Rhode Island..... | 3:46.83 |
| Saint Joseph's..... | 3:52.58 |
| Massachusetts..... | 3:53.12 |
| Duquesne..... | 3:53.14 |
| Fordham..... | 3:54.66 |
| La Salle..... | 3:54.98 |

4x800-meter Relay

| | |
|---------------------|---------|
| Charlotte..... | 8:53.73 |
| Dayton..... | 8:55.04 |
| Fordham..... | 8:55.72 |
| La Salle..... | 8:57.44 |
| Saint Louis..... | 8:59.26 |
| Temple..... | 9:02.92 |
| Duquesne..... | 9:03.13 |
| Saint Joseph's..... | 9:04.62 |

High Jump

| | |
|------------------------------|---------|
| Shayna Daugherty (URI)..... | 5-08.75 |
| Tylynn Graham (URI)..... | 5-07.00 |
| Tiffany Maske (UD)..... | 5-05.00 |
| Natalie Miller (SJU)..... | 5-05.00 |
| Jackie Chiodo (URI)..... | 5-03.00 |
| Amy Kremer (UD)..... | 5-03.00 |
| Lauryn Fougerousse (UD)..... | 5-03.00 |
| Megan Ney (UR)..... | 5-03.00 |

Long Jump

| | |
|-----------------------------|----------|
| Pat Springs (CHA)..... | 20-07.00 |
| Brittney McRae (TU)..... | 19-04.25 |
| Sierra Larsuel (DUQ)..... | 18-07.00 |
| Brittany Clybourn (TU)..... | 18-04.50 |
| Megan Ney (UR)..... | 18-02.25 |
| Ida Okkonen (UM)..... | 18-01.00 |
| Nicole McMullen (SJU)..... | 17-09.50 |
| Brittney Cloudy (SLU)..... | 17-07.00 |

Triple Jump

| | |
|-----------------------------|----------|
| Ananda Fraser (URI)..... | 39-07.25 |
| Brittney Cloudy (SLU)..... | 39-05.00 |
| Megan Ney (UR)..... | 39-05.00 |
| Xauntasia Johnson (UR)..... | 39-03.25 |
| Danielle Brown (CHA)..... | 39-03.25 |
| Stephanie Aguguo (UM)..... | 39-02.25 |
| Sequoia McBall (TU)..... | 38-10.25 |
| Nohjay Nimpson (SJU)..... | 37-06.00 |

Hammer

| | |
|-----------------------------|--------|
| Jasmine Jennings (URI)..... | 203-00 |
| Amanda Cole (TU)..... | 179-03 |
| Mallory Barnes (UD)..... | 175-10 |
| Meaghan McGovern (UR)..... | 171-08 |
| Crystal Bourque (URI)..... | 171-05 |
| Lisa Wilson (UM)..... | 170-10 |
| Molly McCarty (UD)..... | 168-09 |
| Monica Howard (UR)..... | 164-08 |

Shot Put

| | |
|-----------------------------|----------|
| April Phillips (XU)..... | 47-04.50 |
| Lisa Wilson (UM)..... | 44-08.75 |
| Jasmine Jennings (URI)..... | 44-08.00 |
| Sarah Allen (UD)..... | 43-09.25 |
| Mallory Barnes (UD)..... | 43-08.50 |
| Johnna Zaccari (UD)..... | 43-08.00 |
| Amanda Cole (TU)..... | 42-09.50 |
| Sommer Cloinger (URI)..... | 41-03.75 |

Discus

| | |
|-----------------------------|--------|
| Lisa Wilson (UM)..... | 155-00 |
| Heather Roush (UR)..... | 152-08 |
| Monica Howard (UR)..... | 150-08 |
| Lindsey Pate (CHA)..... | 149-03 |
| Jasmine Jennings (URI)..... | 145-10 |
| Emily Overmyer (UD)..... | 140-04 |
| Sharonda Bailey (CHA)..... | 138-04 |
| Arin Whitman (DUQ)..... | 136-03 |

Javelin

| | |
|---------------------------|--------|
| Heather Roush (UR)..... | 132-06 |
| Sydney Schwab (DUQ)..... | 131-02 |
| Leanne Stover (URI)..... | 121-00 |
| Blair Hassell (FOR)..... | 119-11 |
| Emily Krizmanic (UD)..... | 118-08 |
| Nohjay Nimpson (SJU)..... | 117-08 |
| Monica Howard (UR)..... | 115-02 |

| | |
|----------------------------|--------|
| Crystal Bourque (URI)..... | 115-00 |
|----------------------------|--------|

Pole Vault

| | |
|--------------------------------|----------|
| Courtney Siebenaller (UD)..... | 12-03.50 |
| Kristen Bakanowski (UM)..... | 11-11.75 |
| Molly Chapin (UM)..... | 10-11.75 |
| Melissa Gale (TU)..... | 10-11.75 |
| Daniela Siciliano (DUQ)..... | 10-11.75 |
| Katie Devault (UD)..... | 10-11.75 |
| Stephanie Gregory (URI)..... | 10-11.75 |
| Megan Boivin (CHA)..... | 10-06.00 |

Heptathlon

| | |
|-----------------------------|-------|
| Shayna Daugherty (URI)..... | 5,118 |
| Devon Dupont (TU)..... | 5,043 |
| Emily Krizmanic (UD)..... | 4,511 |
| Jeana Fletcher (FOR)..... | 4,295 |
| Emma Steinmetz (UD)..... | 4,103 |
| Sara Fox (CHA)..... | 4,050 |
| Jackie Imhoff (UM)..... | 3,904 |
| Shanice Stonewall (TU)..... | 3,862 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2008 Championship - May 3-4 Irwin Belk Track & Field Center, Charlotte, NC

Team Standings Score

| | |
|------------------------|-------|
| 1. Charlotte..... | 193.0 |
| 2. Dayton..... | 107.5 |
| 3. Rhode Island..... | 106.5 |
| 4. Temple..... | 102.0 |
| 5. Richmond..... | 67.0 |
| 6. Massachusetts..... | 60.0 |
| 7. La Salle..... | 55.0 |
| 8. Saint Joseph's..... | 40.0 |
| 9. Duquesne..... | 28.5 |
| 10. Saint Louis..... | 22.5 |
| 11. Fordham..... | 21.0 |
| 12. Saint Louis..... | 15.0 |

100-meter Dash

| | |
|-------------------------------|-------|
| Lamarra Currie (CHA)..... | 11.55 |
| Courtney Patterson (CHA)..... | 11.68 |
| LaJarsha Moses (CHA)..... | 11.84 |
| Lauen McCormick (UD)..... | 12.02 |
| Alisha Tatham (UM)..... | 12.15 |
| Jordan Teuber (SJU)..... | 12.22 |
| Brittany Thomas (UD)..... | 12.31 |
| Caitlin Hurley (URI)..... | 12.41 |

200-meter Dash

| | |
|-------------------------------|-------|
| Lamarra Currie (CHA)..... | 24.11 |
| Jordan Teuber (SJU)..... | 24.75 |
| Courtney Patterson (CHA)..... | 24.87 |
| LaJarsha Moses (CHA)..... | 24.95 |
| Carleen Allison (TU)..... | 24.99 |
| Cheryl Anscombe (TU)..... | 25.31 |
| Melissa Miller (DUQ)..... | 25.48 |
| Nicole McMullen (SJU)..... | 25.55 |

400-meter Dash

| | |
|------------------------------|-------|
| Ebonie Cunningham (CHA)..... | 55.77 |
| Yvonna Hines (CHA)..... | 55.91 |
| Carleen Allison (TU)..... | 55.96 |

| | |
|-----------------------------|--------|
| Cheryl Anscombe (TU) | :56.45 |
| Kortnie Coleman (CHA) | :56.75 |
| Meaghan Hobson (LAS) | :56.80 |
| Paris Williams (TU) | :56.97 |
| Caitlin McGrath (SJU) | :57.61 |

800-meter Run

| | |
|------------------------------|---------|
| Aja Jackson (CHA) | 2:11.52 |
| Kolleen McCauley (URI) | 2:13.07 |
| Maddie O'Quinn (SLU) | 2:13.82 |
| Tara Markey (UR) | 2:14.15 |
| Tashima Stephens (TU) | 2:15.86 |
| Gina Perno (UM) | 2:15.89 |
| Jackie Ross (CHA) | 2:16.43 |
| Kathy Parker (DUQ) | 2:16.58 |

1500-meter Run

| | |
|------------------------------|---------|
| Aja Jackson (CHA) | 4:37.14 |
| Amy Van Alstine (UR) | 4:38.25 |
| Carolyn Lipovsky (LAS) | 4:39.85 |
| Melissa Salerno (FOR) | 4:40.52 |
| Laura Coyer (SLU) | 4:40.92 |
| Becky Clark (XU) | 4:41.74 |
| Elizabeth Coorey (UD) | 4:42.96 |

5000-meter Run

| | |
|-------------------------------|----------|
| Rachel Papin (LAS) | 16:27.84 |
| Tsehaye Dagnachew (CHA) | 16:39.54 |
| Nicol Traynor (UR) | 16:42.96 |
| Christina DeRosa (UM) | 16:45.08 |
| Christa Plummer (LAS) | 16:56.97 |
| Julie Rechel (UR) | 17:12.57 |
| Shiyi Zan (UM) | 17:21.39 |
| Amanda Goetschius (CHA) | 17:25.15 |

10,000-meter Run

| | |
|--------------------------------|----------|
| Christina DeRosa (UM) | 35:40.68 |
| Christina Schneider (XU) | 36:47.28 |
| Kristina Kubula (LAS) | 36:58.63 |
| Kylee Schuler (UR) | 37:02.70 |
| Brigid Moriarity (FOR) | 37:12.93 |
| Amanda Brown (XU) | 37:29.53 |
| Mary Najarian (URI) | 37:36.20 |
| Liana Blue (CHA) | 37:37.12 |

100-meter Hurdles

| | |
|-------------------------------|--------|
| Sunita Brathwaite (CHA) | :14.41 |
| PatSprings (CHA) | :14.64 |
| Brittney McRae (TU) | :15.13 |
| Tylynn Graham (URI) | :15.25 |
| Andrea Cornell (UD) | :15.30 |
| Tiffany Alexander (SLU) | :15.64 |
| Selena Haggins (TU) | :15.67 |
| Marissa White (UR) | :15.93 |

400-meter Hurdles

| | |
|------------------------------|---------|
| Assata Cowart (TU) | 1:02.42 |
| Kristen Pierce (SJU) | 1:04.05 |
| Catherine Groene (FOR) | 1:04.36 |
| Kristin Andrews (SJU) | 1:04.44 |
| Jasselle Cruz (TU) | 1:05.25 |
| Shanice Jones (CHA) | 1:05.31 |
| Selene Haggins (TU) | 1:05.90 |
| Amanda Collins (DUQ) | 1:05.91 |

3000-meter Steeplechase

| | |
|-------------------------------|----------|
| Tsehaye Dagnachew (CHA) | 10:29.16 |
| Christa Plummer (LAS) | 10:45.83 |

| | |
|-----------------------------|----------|
| Katie Kelly (DUQ) | 10:56.26 |
| Eluzabeth Mayer (LAS) | 11:10.19 |
| Anne Oltman (UD) | 11:15.73 |
| Erin McAuley (CHA) | 11:18.73 |
| Ellen Nienhaus (UD) | 11:20.60 |
| Caitlin Thomas (XU) | 11:22.70 |

4x100-meter Relay

| | |
|----------------------|--------|
| Charlotte | :45.67 |
| Temple | :47.24 |
| Massachusetts | :47.54 |
| Saint Joseph's | :47.61 |
| Dayton | :47.77 |
| Richmond | :48.39 |
| La Salle | :48.60 |
| Rhode Island | :48.70 |

4x400-meter Relay

| | |
|----------------------|---------|
| Charlotte | 3:41.88 |
| Saint Joseph's | 3:47.45 |
| Temple | 3:47.93 |
| Duquesne | 3:50.53 |
| Rhode Island | 3:52.36 |
| Dayton | 3:52.40 |
| La Salle | 3:54.01 |
| Richmond | 3:57.52 |

4x800-meter Relay

| | |
|-------------------|---------|
| La Salle | 9:04.94 |
| Saint Louis | 9:06.28 |
| Richmond | 9:06.92 |
| Charlotte | 9:08.86 |
| Temple | 9:11.30 |
| Dayton | 9:12.10 |
| Fordham | 9:17.69 |
| Xavier | 9:23.60 |

High Jump

| | |
|------------------------------|---------|
| Tylynn Graham (URI) | 5-05.00 |
| Megan Sweeney (UD) | 5-05.00 |
| Shayna Daugherty (URI) | 5-05.00 |
| Tiffany Maske (UD) | 5-03.00 |
| Megan Nay (UR) | 5-03.00 |
| Natalie Miller (SJU) | 5-01.00 |
| Jackie Chiodo (URI) | 5-01.00 |
| Kristin Beckman (URI) | 5-01.00 |

Long Jump

| | |
|-----------------------------|----------|
| Pat Springs (CHA) | 20-01.50 |
| Megan Nay (UR) | 18-10.75 |
| Danielle Brown (CHA) | 18-03.25 |
| Nicole McMullen (SJU) | 17-09.50 |
| Devon Dupont (TU) | 17-09.00 |
| Sierra Larsuel (DUQ) | 17-08.75 |
| Andrea Funk (UD) | 17-06.75 |
| Ayana Wyse (CHA) | 17-04.00 |

Triple Jump

| | |
|-------------------------------|----------|
| Danielle Brown (CHA) | 38-11.50 |
| X'auntasia Johnson (UR) | 38-06.75 |
| Kimberlyn Hill (TU) | 38-01.50 |
| Sequoia McBall (TU) | 37-09.25 |
| Catherine Groene (FOR) | 37-06.00 |
| Andrea Funk (UD) | 36-11.75 |
| Tylynn Graham (URI) | 36-11.00 |
| Nohjay Nimpson (SJU) | 36-09.75 |

Hammer

| | |
|------------------------------|--------|
| Jasmine Jennings (URI) | 202-01 |
| Sarah Thornton (URI) | 198-06 |
| Amanda Cole (TU) | 175-03 |
| Crystal Bourque (URI) | 166-06 |
| Mallory Barnes (UD) | 156-06 |
| Lisa Wilson (UM) | 155-09 |
| Ashley Wiley (CHA) | 150-00 |
| Kerry Allen (UD) | 147-01 |

Shot Put

| | |
|------------------------------|----------|
| Sarah Allen (UD) | 46-03.25 |
| Johnna Zaccari (UD) | 45-07.25 |
| Jasmine Jennings (URI) | 44-01.50 |
| Katie Kostiew (URI) | 41-09.75 |
| Sarah Thornton (URI) | 40-11.75 |
| Mallory Barnes (UD) | 40-09.75 |
| Lisa Wilson (UM) | 40-06.75 |
| Corinne Free (DUQ) | 40-05.00 |

Discus

| | |
|-----------------------------|--------|
| Sarah Thornton (URI) | 153-08 |
| Lisa Wilson (UM) | 148-07 |
| Lindsey Pate (CHA) | 139-07 |
| Emily Overmyer (UD) | 137-02 |
| Molly McCarty (UD) | 128-08 |
| Corinne Free (DUQ) | 128-05 |
| Sharonda Bailey (CHA) | 127-05 |
| Amanda Cole (TU) | 121-04 |

Javelin

| | |
|--------------------------------|--------|
| Monica Howard (UR) | 126-00 |
| Jessica Pagano (URI) | 125-10 |
| Sydney Schwab (DUQ) | 125-07 |
| Kristina Landau (UM) | 120-08 |
| Leanne Stover (URI) | 118-06 |
| Brittany Canfield (UM) | 114-11 |
| Crystal Bourque (URI) | 112-00 |
| Giavonna Finocchio (LAS) | 109-10 |

Pole Vault

| | |
|--------------------------------|----------|
| Melissa Gale (TU) | 10-11.75 |
| Pembroke Strickland (UD) | 10-06.00 |
| Molly Chapin (UM) | 10-06.00 |
| Daniela Siciliano (DUQ) | 10-06.00 |
| Katie DeVault (UD) | 10-06.00 |
| Melissa Walls (UD) | 10-00.00 |
| Jenelle Denehy (UM) | 10-00.00 |
| Mackenzie Mullinax (CHA) | 10-00.00 |
| Linzy Alvernez (LAS) | 10-00.00 |

Heptathlon

| | |
|------------------------------|-------|
| Devon Dupont (TU) | 4,480 |
| Amy Kremer (UD) | 4,117 |
| Emma Steinmetz (UD) | 4,073 |
| Sara Fox (CHA) | 3,840 |
| Ajoke Ogundolani (URI) | 3,840 |
| Shayna Daugherty (URI) | 3,798 |
| Emily Krizmanic (UD) | 3,692 |
| Jaclyn Imhoff (UM) | 3,384 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2007 Championship - May 5-6
Irwin Belk Track & Field Center,
Charlotte, NC

| Team Standings | Score |
|-----------------------|--------------|
| 1. Charlotte | 195.0 |
| 2. Richmond | 121.5 |
| 3. Rhode Island | 121.0 |
| 4. Fordham | 72.0 |
| 5. La Salle | 68.0 |
| 6. Temple | 62.0 |
| 7. Dayton | 49.5 |
| 8. Saint Joseph's | 48.25 |
| 9. Duquesne | 46.5 |
| 10. Massachusetts | 46.0 |
| 11. Xavier | 22.0 |
| 12. Saint Louis | 6.0 |

100-meter Dash

| | |
|--------------------------|--------|
| Courtney Patterson (CHA) | :11.51 |
| Lamarra Currie (CHA) | :11.53 |
| LaJarsha Moses (CHA) | :11.60 |
| Kathy Young (URI) | :12.05 |
| Jasmine Major (UR) | :12.05 |
| Lauren McCormick (UD) | :12.09 |
| Jordan Teuber (SJU) | :12.15 |
| Monique Hawkins (UR) | :12.19 |

200-meter Dash

| | |
|--------------------------|--------|
| Shareese Woods (CHA) | :23.69 |
| Jessica Young (UR) | :24.15 |
| Courtney Patterson (CHA) | :24.71 |
| Lamarra Currie (CHA) | :24.91 |
| Destiny Woodbury (URI) | :25.39 |
| Kathy Young (URI) | :25.60 |
| Caitlin Hurley (URI) | :25.72 |
| Jordan Teuber (SJU) | :25.76 |

400-meter Dash

| | |
|------------------------|--------|
| Shareese Woods (CHA) | :52.80 |
| Jessica Young (UR) | :52.90 |
| Angel Moore (CHA) | :56.05 |
| Carlleen Allison (TU) | :56.42 |
| Tina Horne (CHA) | :56.80 |
| Destiny Woodbury (URI) | :57.10 |
| Meaghan Hobson (LAS) | :57.19 |
| Caitlin McGrath (SJU) | :57.30 |

800-meter Run

| | |
|--------------------------|---------|
| Aja Jackson (CHA) | 2:12.56 |
| Erin Kelly (SJU) | 2:14.05 |
| Carolyn Lipovsky (LAS) | 2:14.48 |
| Tara Markey (UR) | 2:14.97 |
| Adriana Boyle (DUQ) | 2:15.15 |
| Jennifer Surabian (LAS) | 2:15.47 |
| Shanice DePass (TU) | 2:15.77 |
| Brigitte Schutzman (SLU) | 2:17.93 |

1500-meter Run

| | |
|------------------------|---------|
| Aja Jackson (CHA) | 4:32.82 |
| Carolyn Lipovsky (LAS) | 4:34.99 |
| Melissa Salerno (FOR) | 4:42.29 |
| Amy Van Alstine (UR) | 4:43.31 |
| Alyssa Mankin (UR) | 4:46.14 |
| Christa Plummer (LAS) | 4:46.48 |
| Samantha Howard (DUQ) | 4:51.16 |
| Caitlin Shagena (XU) | 4:52.02 |

5000-meter Run

| | |
|-----------------------|----------|
| Rachel Papin (LAS) | 16:40.21 |
| Jane Daniels (CHA) | 17:13.16 |
| Christina DeRosa (UM) | 17:16.46 |
| Becky Clark (XU) | 17:30.12 |
| Amy Van Alstine (UR) | 17:46.92 |
| Kylee Schuler (UR) | 17:51.49 |
| Suzie McHenry (SJU) | 17:52.14 |
| Sara Cimino (DUQ) | 17:56.77 |

10,000-meter Run

| | |
|--------------------------|----------|
| Christina DeRosa (UM) | 36:07.62 |
| Danielle Schopf (LAS) | 36:21.06 |
| Jacqueline Prevete (FOR) | 36:37.44 |
| Mary Moloney (SLU) | 37:05.46 |
| Amanda Brown (XU) | 37:16.70 |
| Kelly Sraj (XU) | 37:48.30 |
| Jenna Daggett (DUQ) | 37:50.41 |
| Amelia Slagle (CHA) | 37:57.51 |

100-meter Hurdles

| | |
|-----------------------|--------|
| Pat Springs (CHA) | :13.85 |
| Brittney McRae (TU) | :14.31 |
| Mary Serdakowski (UM) | :14.46 |
| Jasmine Major (UR) | :14.50 |
| TyLynn Graham (URI) | :14.58 |
| Andrea Cornell (UD) | :14.84 |
| Valarie Ramirez (SJU) | :15.00 |
| Kerstin Greene (FOR) | :17.76 |

400-meter Hurdles

| | |
|------------------------|---------|
| Liz Long (URI) | 1:03.72 |
| Mary Serdakowski (UM) | 1:04.09 |
| Tashae Croxton (TU) | 1:04.22 |
| Catherine Groene (FOR) | 1:05.23 |
| Kristen Pierce (SJU) | 1:05.89 |
| Cara Hessels (URI) | 1:06.21 |
| Jasselle Cruz (TU) | 1:06.49 |
| Ruth Brown (LAS) | 1:07.68 |

3000-meter Steeplechase

| | |
|-----------------------|----------|
| Jane Daniels (CHA) | 10:44.34 |
| Brianne Scott (DUQ) | 10:50.00 |
| Kate Dobransky (LAS) | 11:13.13 |
| Kathy Guilfoyle (URI) | 11:19.67 |
| Taryn Trapp (UM) | 11:29.69 |
| Sydney Hubbard (UD) | 11:31.04 |
| Katie Kelly (DUQ) | 11:33.45 |
| Kelsey Flaherty (XU) | 11:34.35 |

4x100-meter Relay

| | |
|----------------|--------|
| Charlotte | :45.11 |
| Richmond | :46.14 |
| Rhode Island | :46.55 |
| Saint Joseph's | :47.33 |
| Dayton | :47.69 |
| La Salle | :48.38 |
| Duquesne | :48.78 |
| Fordham | :50.91 |

4x400-meter Relay

| | |
|----------------|---------|
| Charlotte | 3:45.23 |
| Saint Joseph's | 3:49.30 |
| Richmond | 3:50.14 |
| Rhode Island | 3:51.15 |
| Temple | 3:51.40 |
| Duquesne | 3:54.22 |
| Dayton | 3:57.32 |
| Fordham | 4:00.41 |

4x800-meter Relay

| | |
|----------------|---------|
| La Salle | 8:58.35 |
| Xavier | 9:07.77 |
| Saint Joseph's | 9:10.53 |
| Fordham | 9:11.05 |
| Temple | 9:11.56 |
| Richmond | 9:15.29 |
| Duquesne | 9:15.63 |
| Dayton | 9:16.34 |

High Jump

| | |
|------------------------|---------|
| Kerstin Greene (FOR) | 5-08.75 |
| Amy Kemmer (UD) | 5-07.00 |
| Sharonda Johnson (CHA) | 5-05.00 |
| TyLynn Graham (URI) | 5-05.00 |
| Andrea Funk (UD) | 5-03.00 |
| Lauren Slack (SJU) | 5-01.00 |
| Jackie Chiodo (URI) | 5-01.00 |
| Erin Vanderhoof (SJU) | 5-01.00 |

Long Jump

| | |
|------------------------|----------|
| Pat Springs (CHA) | 19-11.00 |
| Sharonda Johnson (CHA) | 18-08.75 |
| Kerstin Greene (FOR) | 18-01.75 |
| Nicole McMullen (SJU) | 17-11.00 |
| Jasmine Major (UR) | 17-08.50 |
| Ayana Wyse (CHA) | 17-07.25 |
| Brittney McRae (TU) | 17-04.25 |
| Candace McKinley (UD) | 17-01.50 |

Triple Jump

| | |
|------------------------|----------|
| Sharonda Johnson (CHA) | 42-05.50 |
| Kerstin Greene (FOR) | 39-11.25 |
| Danielle Brown (CHA) | 39-07.25 |
| Lindsey Clayborn (CHA) | 39-02.50 |
| Kim Hill (TU) | 38-05.00 |
| TyLynn Graham (URI) | 37-05.00 |
| Jasmine Major (UR) | 37-02.50 |
| Karyn Geoghan (URI) | 37-00.25 |

Hammer

| | |
|-----------------------|--------|
| Beth Crocus (UR) | 175-04 |
| Sarah Thornton (URI) | 173-00 |
| Katie Kostiew (URI) | 164-09 |
| Amanda Cole (TU) | 164-02 |
| Melissa Stewart (DUQ) | 146-05 |
| Ashley Wiley (CHA) | 143-10 |
| Leigh Waterbury (FOR) | 135-05 |
| Molly McCarty (UD) | 130-02 |

Shot Put

| | |
|-----------------------|----------|
| Kristen Crawford (UR) | 44-08.75 |
| Melissa Stewart (DUQ) | 44-06.00 |
| Katie Kostiew (URI) | 43-04.50 |
| Sarah Thornton (URI) | 40-06.00 |
| Ashley Wiley (CHA) | 40-02.25 |
| Beth Crocus (UR) | 39-01.25 |
| Heather Roush (UR) | 38-11.75 |
| Candace McKinley (UD) | 38-09.75 |

Discus

| | |
|-------------------------|--------|
| Sarah Thornton (URI) | 157-04 |
| Heather Roush (UR) | 144-06 |
| Lindsey Kingsland (FOR) | 134-02 |
| Melissa Stewart (DUQ) | 132-11 |
| Lisa Wilson (UM) | 127-03 |
| Katie Kostiew (URI) | 124-06 |
| Amanda Cole (TU) | 123-00 |
| Ashley Wiley (CHA) | 116-02 |

Javelin

| | |
|------------------------|--------|
| Beth Crocus (UR) | 137-06 |
| Heather Roush (UR) | 128-09 |
| Kristin Calamita (URI) | 127-04 |
| Jessica Pagano (URI) | 125-08 |
| Candace McKinley (UD) | 124-07 |
| Dana Hoffman (URI) | 115-11 |
| Lisette Delgado (LAS) | 109-01 |
| Valarie Hahn (DUQ) | 100-06 |

Pole Vault

| | |
|--------------------------|----------|
| Melissa Gale (TU) | 10-11.75 |
| Molly Chapin (UM) | 10-06.00 |
| Stephanie Gregory (URI) | 10-00.00 |
| Daniela Siciliano (DUQ) | 10-00.00 |
| Katie DeVault (UD) | 10-00.00 |
| Miranda Porcenaluk (CHA) | 10-00.00 |
| Lisette Delgado (LAS) | 10-00.00 |
| Shannon Garzoni (CHA) | 9-06.25 |

Heptathlon

| | |
|--------------------------|-------|
| Amy Kremer (UD) | 4,243 |
| Devon Dupont (TU) | 4,134 |
| Ashley Creel (UM) | 3,707 |
| Candace McKinley (UD) | 3,575 |
| Candice Drinkwater (FOR) | 3,474 |
| Monica Rewiako (FOR) | 3,465 |
| Jeanne Fletcher (FOR) | 3,267 |
| Elizabeth Biehl (UM) | 3,044 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2006 Championship - May 6-7 Irwin Belk Track & Field Center, Charlotte, NC

| Team Standings | Score |
|--------------------|-------|
| 1. Charlotte | 210.0 |
| 2. Richmond | 112.0 |
| 3. Rhode Island | 97.25 |
| 4. Dayton | 90.5 |
| 5. Duquesne | 88.0 |
| 6. Fordham | 72.0 |
| 7. La Salle | 70.0 |
| 8. Massachusetts | 50.25 |
| 9. Temple | 38.5 |
| 10. Saint Joseph's | 24.5 |
| 11. Xavier | 5.0 |

100-meter Dash

| | |
|--------------------------|-------|
| Courtney Patterson (CHA) | 11.72 |
| Lamarra Currie (CHA) | 11.92 |
| Pat Springs (CHA) | 12.19 |
| Stacia Harold (UD) | 12.24 |
| Jasmine Major (UR) | 12.36 |
| Ashley Robinson (URI) | 12.61 |
| Cheryl Anscombe (TU) | 12.67 |
| Khabria Hundley (URI) | 13.02 |

200-meter Dash

| | |
|--------------------------|-------|
| Shareese Woods (CHA) | 23.74 |
| Jessica Young (UR) | 23.98 |
| Courtney Patterson (CHA) | 24.47 |
| Lamarra Currie (CHA) | 25.25 |
| Stacia Harold (UD) | 25.34 |
| Ashley Robinson (URI) | 25.79 |

| | |
|---------------------|-------|
| Jordan Teuber (SJU) | 25.86 |
| Jasmine Major (UR) | 25.87 |

400-meter Dash

| | |
|----------------------|-------|
| Shareese Woods (CHA) | 53.70 |
| Jessica Young (UR) | 54.21 |
| Angel Moore (CHA) | 56.53 |
| Tynisha Gardner (TU) | 56.71 |
| Tina Horne (CHA) | 57.04 |
| Erica Moody (DUQ) | 57.53 |
| Kathy Parker (DUQ) | 57.99 |
| Jen Mariani (URI) | 58.19 |

800-meter Run

| | |
|------------------------|---------|
| Maureen Zivic (FOR) | 2:10.52 |
| Danielle Eaton (UR) | 2:12.56 |
| Carolyn Lipovsky (LAS) | 2:12.82 |
| Liz Smith (CHA) | 2:14.21 |
| Adriana Boyle (DUQ) | 2:14.76 |
| Tara Gerlach (DUQ) | 2:15.04 |
| Rebecca Powell (SJU) | 2:15.48 |
| Shanice DePass (TU) | 2:16.94 |

1500-meter Run

| | |
|------------------------|---------|
| Cassie Ficken (CHA) | 4:32.61 |
| Rachel Papin (LAS) | 4:35.67 |
| Samantha Howard (DUQ) | 4:36.94 |
| Elizabeth Geiger (LAS) | 4:38.87 |
| Aja Jackson (CHA) | 4:42.26 |
| Diana Morse (UR) | 4:42.58 |
| Danielle Schopf (LAS) | 4:43.85 |
| Liz Smith (CHA) | 4:46.45 |

5000-meter Run

| | |
|--------------------------|----------|
| Rachel Papin (LAS) | 16:33.31 |
| Cassie Ficken (CHA) | 16:49.23 |
| Tshehaye Dagnachew (CHA) | 16:51.91 |
| Christa Plummer (LAS) | 16:58.21 |
| Samantha Howard (DUQ) | 17:28.50 |
| Danielle Schopf (LAS) | 17:33.03 |
| Brianne Scott (DUQ) | 17:35.34 |
| Christina DeRosa (UM) | 17:38.02 |

10,000-meter Run

| | |
|--------------------------|----------|
| Cindy Smith (URI) | 36:56.65 |
| Christina DeRosa (UM) | 37:24.87 |
| Jacqueline Prevete (FOR) | 37:49.82 |
| Amanda Brown (XU) | 38:43.50 |
| Amelia Slagle (CHA) | 39:08.42 |
| Mary Clare Parrott (LAS) | 39:14.93 |
| Dianne Striebel (UD) | 39:19.79 |
| Mary Bertram (UR) | 39:34.53 |

100-meter Hurdles

| | |
|-------------------------|-------|
| Jasmine Major (UR) | 14.57 |
| Andrea Cornell (UD) | 14.63 |
| Kimberly McIntosh (LAS) | 14.80 |
| Kerstin Greene (FOR) | 14.85 |
| Pat Springs (CHA) | 14.91 |
| Valerie Ramirez (SJU) | 15.41 |
| TyLynn Graham (URI) | 15.61 |
| Diana Nordquist (FOR) | 15.80 |

400-meter Hurdles

| | |
|-----------------------|---------|
| Elisabeth Budd (UM) | 1:02.95 |
| Diana Nordquist (FOR) | 1:03.16 |
| Lauren Fike (SJU) | 1:03.97 |
| Amy Thesing (UR) | 1:04.28 |

| | |
|----------------------|---------|
| Kristen Jones (TU) | 1:06.08 |
| Ashley Smith (DUQ) | 1:07.25 |
| Michele Lauer (URI) | 1:07.68 |
| Jessica Schulte (UD) | 1:07.71 |

3000-meter Steeplechase

| | |
|--------------------------|----------|
| Tshehaye Dagnachew (CHA) | 10:32.11 |
| Amy Ruffolo (DUQ) | 10:46.21 |
| Nicole Kurtain (UR) | 10:52.05 |
| Brianne Scott (DUQ) | 11:11.09 |
| Jamie Sweeney (URI) | 11:11.34 |
| Kathy Guilfoyle (URI) | 11:21.15 |
| Andrea Newton (URI) | 11:36.67 |
| Anne Oltman (UD) | 11:38.24 |

4x100-meter Relay

| | |
|----------------|-------|
| Charlotte | 45.39 |
| Richmond | 47.88 |
| Rhode Island | 48.37 |
| Saint Joseph's | 48.95 |
| Dayton | 48.98 |
| Temple | 49.19 |
| Duquesne | 49.40 |
| Massachusetts | 50.01 |

4x400-meter Relay

| | |
|----------------|---------|
| Charlotte | 3:46.90 |
| Richmond | 3:49.97 |
| Dayton | 3:56.24 |
| Fordham | 3:56.91 |
| Duquesne | 3:57.16 |
| Temple | 3:58.91 |
| Saint Joseph's | 4:01.72 |
| La Salle | 4:02.69 |

4x800-meter Relay

| | |
|----------------|---------|
| La Salle | 8:54.06 |
| Fordham | 9:03.26 |
| Charlotte | 9:15.82 |
| Duquesne | 9:12.18 |
| Rhode Island | 9:16.74 |
| Richmond | 9:20.91 |
| Saint Joseph's | 9:26.92 |
| Dayton | 9:31.38 |

High Jump

| | |
|------------------------|---------|
| Amy Kremer (UD) | 5-07.00 |
| Kristen Micsky (DUQ) | 5-07.00 |
| Sharonda Johnson (CHA) | 5-07.00 |
| Jelaine Sellers (CHA) | 5-05.00 |
| Kerstin Greene (FOR) | 5-05.00 |
| Megan Sweeney (UD) | 5-03.00 |
| Shavaun Christian (TU) | 5-03.00 |
| Jackie Chiodo (URI) | 5-03.00 |
| Natalie Miller (SJU) | 5-03.00 |
| Lauren Stack (SJU) | 5-03.00 |
| Ashley Creel (UM) | 5-03.00 |
| TyLynn Graham (URI) | 5-03.00 |

Long Jump

| | |
|-------------------------|----------|
| Pat Springs (CHA) | 19-04.25 |
| Kerstin Greene (FOR) | 19-00.00 |
| Sharonda Johnson (CHA) | 18-10.00 |
| Tayasha Gass-Gray (CHA) | 18-09.75 |
| Kristen Micsky (DUQ) | 17-09.00 |
| Kimberly McIntosh (LAS) | 17-05.50 |
| Devon Dupont (TU) | 17-04.00 |
| TyLynn Graham (URI)* | 16-06.50 |

*wind-aided

Triple Jump

| | |
|-----------------------------|----------|
| Sharonda Johnson (CHA)..... | 40-08.75 |
| Kerstin Greene (FOR)..... | 38-09.00 |
| Lindsey Clayborn (CHA)..... | 38-04.75 |
| Kristen Micsky (DUQ)..... | 37-10-50 |
| Tempess Stark (CHA)..... | 36-10.50 |
| Marissa Callahan (UM)..... | 36-04.25 |
| Lauren Slack (SJU)..... | 34-07.75 |
| Tara Hentgen (UD)..... | 33-10.00 |

Hammer

| | |
|----------------------------|--------|
| Beth Crocus (UR)..... | 171-00 |
| Sarah Thornton (URI)..... | 170-09 |
| Kelly Pohlman (UD)..... | 158-09 |
| Lindsey Smith (UR)..... | 157-04 |
| Jordan Veney (UM)..... | 148-04 |
| Katie Kostiew (URI)..... | 146-07 |
| Melissa Stewart (DUQ)..... | 142-11 |
| Ashley Wiley (CHA)..... | 134-07 |

Shot Put

| | |
|----------------------------|----------|
| Kelly Pohlman (UD)..... | 47-05.00 |
| Lady Comfort (TU)..... | 43-05.75 |
| Jordan Veney (UM)..... | 42-08.25 |
| Katie Kostiew (URI)..... | 42-05.50 |
| Melissa Stewart (DUQ)..... | 40-05.00 |
| Lindsey Smith (UR)..... | 37-09.25 |
| Sarah Thornton (URI)..... | 37-07.25 |
| Beth Crocus (UR)..... | 35-11.25 |

Discus

| | |
|----------------------------|--------|
| Sarah Thornton (URI)..... | 155-07 |
| Melissa Stewart (DUQ)..... | 144-10 |
| Kelly Pohlman (UD)..... | 132-04 |
| Connie Fleming (UD)..... | 132-01 |
| Katie Kostiew (URI)..... | 130-06 |
| Jessica Lehmann (URI)..... | 119-02 |
| Lindsey Smith (UR)..... | 116-03 |
| Ashley Wiley (CHA)..... | 102-10 |

Javelin

| | |
|-----------------------------|--------|
| Beth Crocus (UR)..... | 139-08 |
| Lindsey Smith (UR)..... | 132-11 |
| Jessica Pagano (URI)..... | 130-08 |
| Dana Hoffman (URI)..... | 125-04 |
| Ashley Wiley (CHA)..... | 121-09 |
| Candace McKinley (UD)..... | 121-03 |
| Lissette Delgado (LAS)..... | 119-10 |
| Kristin Calamita (URI)..... | 117-10 |

Pole Vault

| | |
|------------------------------|----------|
| Kristen Bakanowski (UM)..... | 11-05.75 |
| Karina Murray (CHA)..... | 10-11.75 |
| Allison McCartney (DUQ)..... | 10-11.75 |
| Jackie Fontaine (URI)..... | 10-06.00 |
| Bevin Farthing (DUQ)..... | 10-00.00 |
| Caitlyn Densing (URI)..... | 9-06.25 |
| Linzy Alvernaz (LAS)..... | 9-06.25 |
| Sarah Morrison (CHA)..... | 9-06.25 |

Heptathlon

| | |
|-------------------------------|-------|
| Amy Kremer (UD)..... | 4,243 |
| Devon Dupont (TU)..... | 4,134 |
| Ashley Creel (UM)..... | 3,707 |
| Candace McKinley (UD)..... | 3,575 |
| Candice Drinkwater (FOR)..... | 3,474 |
| Monica Rewiako (FOR)..... | 3,465 |
| Jeana Fletcher (FOR)..... | 3,267 |

| | |
|---------------------------|-------|
| Elizabeth Biehl (UM)..... | 3,044 |
|---------------------------|-------|

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2005 Championship - May 7-8 Sports Backer Stadium, Richmond, VA

Team Standings Score

| | |
|------------------------|-------|
| 1. Rhode Island..... | 150.0 |
| 2. Duquesne..... | 135.0 |
| 3. La Salle..... | 116.0 |
| 4. Richmond..... | 103.0 |
| 5. Temple..... | 85.5 |
| 6. Fordham..... | 82.0 |
| 7. Massachusetts..... | 76.5 |
| 8. Dayton..... | 73.0 |
| 9. Saint Joseph's..... | 33.0 |
| 10. Xavier..... | 3.0 |

100-meter Dash*

| | |
|--------------------------------|--------|
| Christina Huff (UM)..... | :12.07 |
| Melissa Mastrangelo (LAS)..... | :12.07 |
| Aftan Delaney (UD)..... | :12.20 |
| Rachel Oakes (URI)..... | :12.24 |
| Cheryl Anscombe (TU)..... | :12.27 |
| Stacia Harold (UD)..... | :12.34 |
| Caitlin Hurley (URI)..... | :12.77 |
| *wind-aided | |

200-meter Dash*

| | |
|--------------------------------|--------|
| Melissa Mastrangelo (LAS)..... | :25.30 |
| Rachel Oakes (URI)..... | :25.39 |
| Destiny Woodbury (URI)..... | :25.43 |
| Jessica Starace (TU)..... | :25.69 |
| Aftan Delaney (UD)..... | :25.98 |
| Kerstin Greene (FOR)..... | :26.00 |
| Amber Price (URI)..... | :26.03 |
| Christina Huff (UM)..... | :26.04 |
| *wind-aided | |

400-meter Dash

| | |
|--------------------------------|--------|
| Tynisha Gardner (TU)..... | :56.63 |
| Melissa Mastrangelo (LAS)..... | :56.81 |
| Destiny Woodbury (URI)..... | :57.00 |
| Erica Moody (DUQ)..... | :57.04 |
| Maureen Zivic (FOR)..... | :57.22 |
| Amber Price (URI)..... | :57.80 |
| Elena Resovich (DUQ)..... | :58.07 |
| Shanice DePass (TU)..... | :58.79 |

800-meter Run

| | |
|-----------------------------|---------|
| Nicole Erby (UR)..... | 2:14.86 |
| Tara Gerlach (DUQ)..... | 2:15.04 |
| Carolyn Lipovsky (LAS)..... | 2:15.75 |
| Rebecca Powell (SJU)..... | 2:17.44 |
| Thuy Nguyen (SJU)..... | 2:17.70 |
| Danica Dupuy (FOR)..... | 2:17.89 |
| Danielle Eaton (UR)..... | 2:18.83 |
| Janet Pailles (URI)..... | 2:19.98 |

1500-meter Run

| | |
|-----------------------------|---------|
| Jenna Darcy (LAS)..... | 4:38.19 |
| Amy Ruffolo (DUQ)..... | 4:39.32 |
| Samantha Howard (DUQ)..... | 4:41.71 |
| Elizabeth Geiger (LAS)..... | 4:42.58 |

| | |
|---------------------------|---------|
| Emily Anderson (URI)..... | 4:43.99 |
| Kristen Dolan (FOR)..... | 4:46.56 |
| Nicole Kurtain (UR)..... | 4:47.57 |
| Nicole O'Dea (LAS)..... | 4:48.82 |

5000-meter Run

| | |
|-----------------------------|----------|
| Jenna Darcy (LAS)..... | 17:32.87 |
| Heidi Westerling (URI)..... | 17:36.39 |
| Amanda Russell (UR)..... | 17:49.00 |
| Danielle Schopf (LAS)..... | 17:51.67 |
| Suzie McHenry (SJU)..... | 17:52.11 |
| Samantha Howard (DUQ)..... | 18:08.94 |
| Christina DeRosa (UM)..... | 18:14.72 |
| Cuisle Kierans (UM)..... | 18:50.02 |

10,000-meter Run

| | |
|-----------------------------|----------|
| Heidi Westerling (URI)..... | 37:23.36 |
| Amanda Russell (UR)..... | 37:40.50 |
| Lindsay Vieira (URI)..... | 38:17.01 |
| Courtney Klenk (URI)..... | 38:25.27 |
| Karen Proulx (LAS)..... | 38:26.45 |
| Amanda Brown (XU)..... | 38:27.15 |
| Amy Tucker (DUQ)..... | 38:49.80 |
| Jenna Downey (UR)..... | 39:24.59 |

100-meter Hurdles

| | |
|-----------------------------|--------|
| Jessica Dunston (TU)..... | :14.26 |
| Kerstin Greene (FOR)..... | :14.57 |
| Jennifer Strysko (URI)..... | :14.62 |
| Pharyn Wynn (LAS)..... | :14.91 |
| Marissa Callahan (UM)..... | :15.69 |
| Valerie Ramirez (SJU)..... | :15.87 |
| Kaitlyn Wallace (FOR)..... | :15.98 |
| Diana Nordquist (FOR)..... | :16.47 |

400-meter Hurdles

| | |
|-----------------------------|---------|
| Kristen Micsky (DUQ)..... | 1:04.01 |
| Diana Nordquist (FOR)..... | 1:04.04 |
| Jennifer Strysko (URI)..... | 1:04.88 |
| Elisabeth Budd (UM)..... | 1:04.99 |
| Shana Don (LAS)..... | 1:05.98 |
| Amy Thesing (UR)..... | 1:06.46 |
| Joanne Petrarca (URI)..... | 1:08.13 |
| Ashley Smith (DUQ)..... | 1:08.49 |

3000-meter Steeplechase

| | |
|----------------------------|----------|
| Amy Ruffolo (DUQ)..... | 10:33.39 |
| Nicole Kurtain (UR)..... | 11:10.99 |
| Erin Geiger (LAS)..... | 11:16.17 |
| Jamie Sweeney (URI)..... | 11:29.10 |
| Erin O'Donnell (SJU)..... | 11:35.07 |
| Alexis Anzelone (UM)..... | 11:45.53 |
| Kate Szymaszek (DUQ)..... | 11:53.11 |
| Kathy Guilfoyle (URI)..... | 12:02.47 |

4x100-meter Relay

| | |
|--------------------|--------|
| Rhode Island..... | :47.45 |
| La Salle..... | :47.94 |
| Temple..... | :48.06 |
| Massachusetts..... | :48.53 |
| Dayton..... | :48.77 |
| Duquesne..... | :50.22 |
| Richmond..... | :51.24 |
| Fordham..... | :52.96 |

4x400-meter Relay

| | |
|-------------------|---------|
| Rhode Island..... | 3:49.55 |
| Temple..... | 3:50.86 |

| | |
|--------------------|---------|
| Duquesne..... | 3:56.70 |
| Massachusetts..... | 4:02.24 |
| Fordham..... | 4:03.59 |
| La Salle..... | 4:08.37 |
| Dayton..... | 4:16.56 |
| Richmond..... | 4:27.01 |

4x800-meter Relay

| | |
|---------------------|---------|
| Richmond..... | 9:20.92 |
| Fordham..... | 9:21.57 |
| Rhode Island..... | 9:23.07 |
| Temple..... | 9:30.61 |
| La Salle..... | 9:31.20 |
| Duquesne..... | 9:38.69 |
| Saint Joseph's..... | 9:44.08 |
| Massachusetts..... | 9:48.91 |

High Jump

| | |
|-----------------------------|---------|
| Kerstin Greene (FOR)..... | 5-07.00 |
| Kristen Micsky (DUQ)..... | 5-05.00 |
| Katelyn O'Toole (UM)..... | 5-05.00 |
| Ashley Creel (UM)..... | 5-03.00 |
| Megan Sweeney (UD)..... | 5-03.00 |
| Erin Davis (TU)..... | 5-01.00 |
| Monica Rewiako (FOR)..... | 5-01.00 |
| Shavaun Christian (TU)..... | 5-01.00 |

Long Jump

| | |
|----------------------------|----------|
| Kristen Micsky (DUQ)..... | 18-07.00 |
| Andria Smythe (SJU)..... | 18-05.75 |
| Farren Benson (TU)..... | 18-05.00 |
| Kerstin Greene (FOR)..... | 17-11.50 |
| Kehnesha Oldacre (TU)..... | 17-04.25 |
| Troyanah Evans (UM)..... | 17-01.50 |
| Candace McKinley (UD)..... | 16-10.00 |
| Judy Wong (TU)..... | 16-09.25 |

Triple Jump*

| | |
|------------------------------|----------|
| Kristen Micsky (DUQ)..... | 38-11.75 |
| Farren Benson (TU)..... | 37-06.75 |
| Jillian Faulks (TU)..... | 35-08.50 |
| Marissa Callahan (UM)..... | 35-05.00 |
| Tara Hentgen (UD)..... | 34-07.00 |
| Noelle McKenzie (TU)..... | 34-05.50 |
| Kaityn Wallace (FOR)..... | 33-05.75 |
| Jennifer Thompson (DUQ)..... | 32-06.25 |

*wind-aided

Hammer

| | |
|------------------------------|--------|
| Beth Crocus (UR)..... | 164-07 |
| Christina Bizon (URI)..... | 158-00 |
| Kelly Pohlman (UD)..... | 152-09 |
| Jennifer Iasiello (UM)..... | 151-06 |
| Irina King (LAS)..... | 142-07 |
| Lindsey Smith (UR)..... | 141-11 |
| Catherine Wolhrab (LAS)..... | 135-01 |
| Kristen Hinz (URI)..... | 134-04 |

Shot Put

| | |
|-------------------------------|----------|
| Kelly Pohlman (UD)..... | 45-07.00 |
| Lindsey Smith (UR)..... | 42-01.25 |
| Erin Finucane (LAS)..... | 41-11.25 |
| Amanda Haeg (DUQ)..... | 37-02.25 |
| Connie Fleming (UD)..... | 36-04.00 |
| Arianna Washington (FOR)..... | 35-07.25 |
| Leslie Gleue (UR)..... | 35-07.25 |
| Sarah Thornton (URI)..... | 35-06.00 |

Discus

| | |
|---------------------------|--------|
| Sarah Thornton (URI)..... | 148-05 |
| Kelly Pohlman (UD)..... | 139-10 |
| Connie Fleming (UD)..... | 135-04 |
| Leslie Gleue (UR)..... | 134-06 |
| Amanda Haeg (DUQ)..... | 132-06 |
| Diana Lucek (URI)..... | 121-10 |
| Lindsey Smith (UR)..... | 113-11 |
| Jessica Sico (URI)..... | 113-02 |

Javelin

| | |
|-----------------------------|--------|
| Lindsey Smith (UR)..... | 153-04 |
| Beth Crocus (UR)..... | 152-04 |
| Caitlin Cielo (DUQ)..... | 130-10 |
| Dana Hoffman (URI)..... | 128-03 |
| Kristen Calamita (URI)..... | 123-10 |
| Lynn Puzzo (SJU)..... | 116-02 |
| Valrie Hahn (DUQ)..... | 104-11 |
| Judy Wong (TU)..... | 100-03 |

Pole Vault

| | |
|------------------------------|----------|
| Sarah Fetterman (DUQ)..... | 11-05.75 |
| Allison McCartney (DUQ)..... | 10-11.75 |
| Kristen Bakanowski (UM)..... | 10-11.75 |
| Caitlyn Densing (URI)..... | 10-06.00 |
| Colleen Donnelly (LAS)..... | 10-06.00 |
| Bevin Farthing (DUQ)..... | 10-06.00 |
| Linzy Alvernaz (LAS)..... | 8-06.25 |
| Leigh Waterbury (FOR)..... | 8-06.25 |
| Sophie Browne (UM)..... | 8-06.25 |

Heptathlon

| | |
|-------------------------------|-------|
| Candace McKinley (UD)..... | 4,372 |
| Candice Drinkwater (FOR)..... | 4,178 |
| Monica Rewiako (FOR)..... | 4,013 |
| Ashley Creel (UM)..... | 3,849 |
| Jillian Faulks (TU)..... | 3,567 |
| Amanda Griffin (UM)..... | 3,491 |
| Katie Ryan (UR)..... | 3,389 |
| Sara Leymeister (LAS)..... | 3,362 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2004 Championship - May 1-2

Sports Backer Stadium, Richmond, VA

Team Standings Score

| | |
|------------------------|-------|
| 1. Rhode Island..... | 187.5 |
| 2. Richmond..... | 144.5 |
| 3. Massachusetts..... | 106.5 |
| 4. Duquesne..... | 98.5 |
| 5. Saint Joseph's..... | 96.0 |
| 6. La Salle..... | 70.5 |
| 7. Dayton..... | 62.0 |
| 8. Temple..... | 60.5 |
| 9. Fordham..... | 29.0 |

100-meter Dash*

| | |
|--------------------------------|--------|
| Andria Smythe (SJU)..... | :11.78 |
| Christina Huff (UM)..... | :11.81 |
| Rachel Oakes (URI)..... | :11.95 |
| Melissa Mastrangelo (LAS)..... | :12.03 |
| Aftan Delaney (UD)..... | :12.17 |
| Ashley Bell (UR)..... | :12.22 |
| Shea McMillan (DUQ)..... | :12.46 |

| | |
|---------------------------|--------|
| Jaweia Campbell (TU)..... | :12.47 |
|---------------------------|--------|

*wind-aided

200-meter Dash

| | |
|-----------------------------|--------|
| Khaleelah Sneed (UD)..... | :24.72 |
| Rachel Oakes (URI)..... | :25.23 |
| Christina Huff (UM)..... | :25.33 |
| Stephanie Irvin (FOR)..... | :26.08 |
| Destiny Woodbury (URI)..... | :26.18 |
| Andria Smythe (SJU)..... | :26.19 |
| Theresa Martins (URI)..... | :26.20 |
| Aftan Delaney (UD)..... | :26.30 |

400-meter Dash

| | |
|-----------------------------|--------|
| Khaleelah Sneed (UD)..... | :53.82 |
| Amber Price (URI)..... | :56.30 |
| Destiny Woodbury (URI)..... | :56.41 |
| Julie Lentz (SJU)..... | :56.84 |
| Colleen Ladden (SJU)..... | :56.88 |
| Stephanie Irvin (FOR)..... | :57.39 |
| Amanda Guthridge (SJU)..... | :58.28 |
| Rachell Johnson (TU)..... | :58.54 |

800-meter Run

| | |
|--------------------------------|---------|
| Thuy Nguyen (SJU)..... | 2:12.97 |
| Colleen Jones (URI)..... | 2:13.09 |
| Margaret Betencourt (LAS)..... | 2:13.99 |
| Danielle Eaton (UR)..... | 2:16.66 |
| Rebecca Powell (SJU)..... | 2:16.85 |
| Anita Brooks (LAS)..... | 2:19.25 |
| Ruby Amanze (TU)..... | 2:19.30 |
| Alison Buchanan (DUQ)..... | 2:19.30 |

1500-meter Run

| | |
|----------------------------|---------|
| Jenna Darcy (LAS)..... | 4:35.18 |
| Sheila Klick (LAS)..... | 4:39.79 |
| Tara Gerlach (DUQ)..... | 4:44.11 |
| Kate Markopoulos (UM)..... | 4:44.84 |
| Michelle Flynn (DUQ)..... | 4:46.27 |
| Caitlin Smyth (UR)..... | 4:46.49 |
| Carrie Hucko (DUQ)..... | 4:48.53 |
| Krsiten Dolan (FOR)..... | 4:49.65 |

5000-meter Run

| | |
|-----------------------------|----------|
| Jenna Darcy (LAS)..... | 17:46.57 |
| Lyndsey Webber (UR)..... | 18:01.26 |
| Rachel Papin (LAS)..... | 18:05.61 |
| Courtney Klenck (URI)..... | 18:18.90 |
| Nicole Kurtain (UR)..... | 18:28.87 |
| Colleen Flanagan (SJU)..... | 18:35.58 |
| Jenna Downey (UR)..... | 18:36.53 |
| Suzie McHenry (SJU)..... | 18:38.24 |

10,000-meter Run

| | |
|-----------------------------|----------|
| Heidi Westerling (URI)..... | 37:36.53 |
| Lindsay Vieira (URI)..... | 38:04.93 |
| Carrie Hucko (DUQ)..... | 38:28.50 |
| Alison Belicose (UR)..... | 38:36.45 |
| Amy Manwaring (SJU)..... | 39:33.36 |
| Emily Ward (UR)..... | 40:02.99 |
| Karen Proulx (LAS)..... | 40:18.54 |
| Danielle Schopf (LAS)..... | 40:32.69 |

100-meter Hurdles

| | |
|---------------------------|--------|
| Rachel Clinton (TU)..... | :13.97 |
| Jessica Dunston (TU)..... | :14.05 |
| Jaweia Campbell (TU)..... | :14.30 |
| Jen Stryko (URI)..... | :14.43 |

| | |
|------------------------------|--------|
| Pascale Delaunay (URI) | :14.78 |
| Pharyn Wynn (LAS) | :15.13 |
| Ashley Bell (UR) | :15.17 |
| Nicole Wiley (DUQ)..... | :19.54 |

400-meter Hurdles

| | |
|----------------------------|---------|
| Jessica Dunston (TU) | 1:03.53 |
| Elisabeth Budd (UM)..... | 1:04.00 |
| Shannon Jackson (UM)..... | 1:04.30 |
| Aisha Raheem (TU) | 1:05.10 |
| Amy Thesing (UR) | 1:06.13 |
| Tynisha Gardner (TU) | 1:06.19 |
| Joanne Petrarca (URI)..... | 1:06.21 |
| Shana Don (LAS) | 1:06.94 |

3000-meter Steeplechase

| | |
|-----------------------------|----------|
| Kate Markopoulos (UM) | 11:06.30 |
| Alexis Anzelone (UM) | 11:22.67 |
| Toni Salucci (URI) | 11:27.08 |
| Kathy Guilfoyle (URI)..... | 11:31.62 |
| Caitlin Smyth (UR) | 11:33.09 |
| Jamie Sweeney (URI)..... | 11:39.98 |
| Kate Dobransky (LAS) | 11:44.58 |
| Brianne Scott (DUQ) | 11:58.94 |

4x100-meter Relay

| | |
|---------------------|--------|
| Rhode Island | :46.96 |
| Saint Joseph's..... | :47.42 |
| Dayton..... | :48.61 |
| Temple..... | :48.65 |
| Massachusetts | :48.78 |
| Duquesne..... | :49.25 |
| La Salle | :49.25 |
| Fordham | :50.14 |
| Richmond..... | :50.49 |

4x400-meter Relay

| | |
|---------------------|---------|
| Rhode Island | 3:47.06 |
| Saint Joseph's..... | 3:51.98 |
| Fordham | 3:53.64 |
| Massachusetts | 3:55.18 |
| La Salle | 3:55.51 |
| Duquesne..... | 4:01.45 |
| Temple..... | 4:01.95 |
| Richmond..... | 4:17.85 |

4x800-meter Relay

| | |
|---------------------|----------|
| Saint Joseph's..... | 9:14.45 |
| Richmond..... | 9:17.58 |
| Duquesne..... | 9:18.31 |
| Fordham | 9:20.20 |
| Temple..... | 9:21.66 |
| La Salle | 9:25.19 |
| Massachusetts | 9:44.28 |
| Rhode Island | 9:47.65 |
| Richmond..... | 10:49.59 |

High Jump

| | |
|-----------------------------|---------|
| Sarah Click (SJU)..... | 5-05.00 |
| Rachel Brushett (UR)..... | 5-05.00 |
| Liz Pugsley (URI)..... | 5-03.00 |
| Courtney Henschke (UR)..... | 5-03.00 |
| Erin Davis (TU) | 5-01.00 |
| Crystal Therrien (UM) | 4-11.00 |
| Ashley Creel (UM) | 4-11.00 |
| Keri Durcia (DUQ) | 4-11.00 |
| Katelyn O'Toole (UM) | 4-11.00 |

Long Jump

| | |
|-------------------------------|----------|
| Andria Smythe (SJU)*..... | 19-4 |
| Pascale Delaunay (URI)* | 19-3.25 |
| Shea McMillan (DUQ)* | 18-6 |
| Ashley Bell (UR) | 18-4.25 |
| Chante Soares (UM)* | 17-10.25 |
| Nicole Wiley (DUQ)*..... | 17-8 |
| Erin Blaustein (SJU)* | 17-4.25 |
| Liz Pugsley (URI)..... | 17-2.75 |
| *wind-aided | |

Triple Jump

| | |
|-------------------------------|---------|
| Pascale Delaunay (URI)..... | 40-6.25 |
| Shea McMillan (DUQ)* | 39-0.25 |
| Keri Durica (DUQ)* | 38-3.25 |
| Ashley Bell (UR)* | 37-3.75 |
| Chante Soares (UM)* | 35-2 |
| Rachel Brushett (UR)*..... | 35-0.5 |
| Brittany Nuttall (FOR)* | 34-4 |
| Jen Thompson (DUQ)*..... | 33-3.75 |
| *wind-aided | |

Hammer

| | |
|-----------------------------|--------|
| Diane Schreiber (UR) | 167-02 |
| Jennifer lasiello (UM)..... | 157-01 |
| Christina Bizon (URI)..... | 157-01 |
| Kelly Hagner (URI) | 155-11 |
| Beth Crocus (UR) | 150-07 |
| Kristen Hinz (URI)..... | 150-01 |
| Sara Johnson (UM) | 149-06 |
| Irina King (LAS) | 148-01 |

Shot Put

| | |
|-----------------------------|----------|
| Kelly Pohlman (UD)..... | 46-02.75 |
| Diane Schreiber (UR) | 44-08.25 |
| Kelly Hagner (URI) | 40-08.75 |
| Lindsey Smith (UR)..... | 40-04.25 |
| Candace McKinley (UD)..... | 38-06.75 |
| Erin Finucane (LAS) | 38-02.25 |
| Merissa Oliveira (UM) | 37-09.25 |
| Melissa Stewart (DUQ)..... | 37-03.25 |

Discus

| | |
|-----------------------------|--------|
| Kelly Hagner (URI) | 150-02 |
| Melissa Stewart (DUQ)..... | 142-01 |
| Diane Schreiber (UR) | 136-03 |
| Leslie Gleue (UR) | 135-06 |
| Amanda Haeg (DUQ) | 127-05 |
| Kelly Pohlman (UD)..... | 125-02 |
| Diana Lucek (URI)..... | 121-01 |
| Merissa Oliveira (UM) | 119-07 |

Javelin

| | |
|----------------------------|--------|
| Beth Crocus (UR) | 139-08 |
| Lindsey Smith (UR)..... | 135-09 |
| Erica DaCosta (DUQ)..... | 129-11 |
| Dana Hoffman (URI)..... | 128-10 |
| Nikki Sample (URI)..... | 123-07 |
| Billieann Kelly (UM)..... | 121-01 |
| Lynn Puzzo (SJU)..... | 120-11 |
| Diane Schreiber (UR) | 116-01 |

Pole Vault

| | |
|----------------------------|----------|
| Sarah Fetterman (DUQ)..... | 10-10.00 |
| Holly Stettner (URI) | 10-04.00 |
| Cathy McLane (UR)..... | 9-10.00 |
| Emily Baker (DUQ)..... | 9-04.25 |
| Jaclyn Walters (DUQ)..... | 9-04.25 |

| | |
|-----------------------------|---------|
| Becky Roberts (URI) | 7-10.50 |
| Colleen Donnelly (LAS)..... | NH |

Heptathlon

| | |
|-------------------------------|-------|
| Candace McKinley (UD)..... | 4,283 |
| Crystal Therrien (UM) | 4,100 |
| Nastaran Shams (UM)..... | 3,860 |
| Candace Drinkwater (FOR)..... | 3,748 |
| Sally Saurenheimer (UD) | 3,707 |
| Heather Patch (UR)..... | 3,531 |
| Ashley Creel (UM) | 3,489 |
| Monica Rewiako (FOR)..... | 3,312 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2003 Championship - May 3-4 Sports Backer Stadium, Richmond, VA

| Team Standings | Score |
|------------------------|-------|
| 1. Rhode Island..... | 207.5 |
| 2. Richmond..... | 136.5 |
| 3. Temple..... | 114.0 |
| 4. Duquesne..... | 97.0 |
| 5. Massachusetts | 96.0 |
| 6. Dayton..... | 88.0 |
| 7. Saint Joseph's..... | 64.0 |
| 8. La Salle..... | 39.0 |
| 9. Fordham | 16.0 |

100-meter Dash*

| | |
|-----------------------------|--------|
| Aderonke Adeniyi (TU) | :11.81 |
| Andria Smythe (SJU)..... | :11.99 |
| Christina Huff (UM) | :12.02 |
| Erica Prigg (UD) | :12.02 |
| Aftan Delaney (UD)..... | :12.23 |
| Rachel Oakes (URI) | :12.29 |
| Naomi Beverly (TU)..... | :12.33 |
| Stacia Harold (UD)..... | :12.42 |
| *wind-aided | |

200-meter Dash*

| | |
|-----------------------------|--------|
| Aderonke Adeniyi (TU) | :24.02 |
| Khaleelah Sneed (UD) | :24.30 |
| Samantha Porter (TU) | :24.37 |
| Rachel Oakes (URI) | :24.69 |
| Christina Huff (UM) | :24.71 |
| Julee Wilson (UR) | :24.81 |
| Andria Smythe (SJU)..... | :25.03 |
| Erica Prigg (UD) | :25.19 |
| *wind-aided | |

400-meter Dash

| | |
|-----------------------------|--------|
| Khaleelah Sneed (UD)..... | :54.98 |
| Samantha Porter (TU) | :55.62 |
| Julee Wilson (UR) | :56.52 |
| Marirose Roach (TU) | :57.10 |
| Colleen Ladden (SJU) | :57.21 |
| Elisabeth Budd (UM)..... | :57.29 |
| Destiny Woodbury (URI)..... | :57.74 |
| Tiffany Duncan (TU)..... | :57.85 |

800-meter Run

| | |
|---------------------------|---------|
| Sarah Conway (SJU)..... | 2:12.65 |
| Thuy Nguyen (SJU)..... | 2:14.07 |
| Colleen Jones (URI) | 2:14.56 |
| Danielle Eaton (UR) | 2:15.96 |

| | |
|----------------------------|---------|
| Elizabeth Bennet (UD)..... | 2:16.03 |
| Alison Buchanan (DUQ)..... | 2:16.79 |
| Kristen Ford (UM)..... | 2:16.90 |
| Grace White (FOR)..... | 2:16.94 |

1500-meter Run

| | |
|---------------------------|---------|
| Ruth Chege (UR)..... | 4:42.36 |
| Emily Anderson (URI)..... | 4:44.60 |
| Kara Storage (UD)..... | 4:45.77 |
| Carrie Hucko (DUQ)..... | 4:47.05 |
| Jamie Sweeney (URI)..... | 4:47.56 |
| Kristen Coon (URI)..... | 4:47.94 |
| Bridget Keenan (UR)..... | 4:48.08 |
| Lauren Manero (UR)..... | 4:49.73 |

5000-meter Run

| | |
|-----------------------------|----------|
| Tara Storage (UD)..... | 17:57.92 |
| Leyna Williams (LAS)..... | 18:05.60 |
| Heidi Westerling (URI)..... | 18:08.85 |
| Kristen Coon (URI)..... | 18:10.05 |
| Anne Rettig (UR)..... | 18:12.11 |
| Nicole Kurtain (UR)..... | 18:15.87 |
| Carrie Hucko (DUQ)..... | 18:28.64 |
| Cindy Smith (URI)..... | 18:38.50 |

10,000-meter Run

| | |
|-----------------------------|----------|
| Ruth Chege (UR)..... | 36:57.99 |
| Tara Storage (UD)..... | 37:00.74 |
| Heidi Westerling (URI)..... | 37:10.10 |
| Courtney Klenk (URI)..... | 37:25.16 |
| Amy Manwaring (SJU)..... | 37:35.67 |
| Alison Belicose (UR)..... | 37:36.16 |
| Lyndsey Webber (UR)..... | 37:48.77 |
| Julie McGee (UM)..... | 38:10.14 |

100-meter Hurdles

| | |
|-----------------------------|-------|
| Jessica Dunston (TU)..... | 13.76 |
| Rachel Clinton (TU)..... | 13.77 |
| Nicole Wiley (DUQ)..... | 14.42 |
| Pharyn Wynn (LAS)..... | 14.66 |
| Jen Strysko (URI)..... | 14.79 |
| Brandy Green (UM)..... | 14.86 |
| Shannon Jackson (UM)..... | 14.99 |
| Pascale Delaunay (URI)..... | 15.18 |

400-meter Hurdles

| | |
|-----------------------------|---------|
| Jennifer Freeman (UM)..... | 1:01.93 |
| Jessica Dunston (TU)..... | 1:03.54 |
| Natalie Popowicz (URI)..... | 1:03.91 |
| Aisha Raheem (TU)..... | 1:04.41 |
| Pharyn Wynn (LAS)..... | 1:04.79 |
| Joanne Petrarca (URI)..... | 1:05.13 |
| Amy Thesing (UR)..... | 1:05.52 |
| Kristin Mikita (UM)..... | 1:05.91 |

3000-meter Steeplechase

| | |
|--------------------------------|----------|
| Jamie Sweeney (URI)*..... | 11:05.94 |
| Katie Sloan (UR)*..... | 11:10.44 |
| Margaret McDermott (FOR)*..... | 11:13.34 |
| Alexis Anzelone (UM)*..... | 11:16.64 |
| Sherry Sikora (UR)*..... | 11:28.14 |
| Megan Williams (URI)..... | 11:38.25 |
| Michelle Bilicki (LAS)..... | 11:48.26 |
| Erin O'Donnell (SJU)..... | 11:55.29 |

*hand time converted to electronic time (+.24)

4x100-meter Relay

| | |
|-------------|--------|
| Temple..... | :46.79 |
|-------------|--------|

| | |
|---------------------|--------|
| Dayton..... | :47.82 |
| Massachusetts..... | :48.75 |
| Richmond..... | :48.82 |
| Rhode Island..... | :48.85 |
| Saint Joseph's..... | :49.07 |
| La Salle..... | :49.18 |
| Duquesne..... | :49.73 |
| Fordham..... | :51.72 |

4x400-meter Relay

| | |
|---------------------|---------|
| Temple..... | 3:46.49 |
| Rhode Island..... | 3:51.53 |
| Massachusetts..... | 3:53.30 |
| Richmond..... | 3:54.55 |
| Fordham..... | 3:54.56 |
| Saint Joseph's..... | 3:58.92 |
| La Salle..... | 4:03.25 |
| Duquesne..... | 4:07.12 |

4x800-meter Relay

| | |
|---------------------|---------|
| Saint Joseph's..... | 9:04.94 |
| Richmond..... | 9:12.74 |
| Duquesne..... | 9:18.59 |
| Fordham..... | 9:20.56 |
| Temple..... | 9:22.99 |
| Rhode Island..... | 9:27.27 |
| Dayton..... | 9:27.46 |
| Massachusetts..... | 9:36.07 |

High Jump

| | |
|-----------------------------|---------|
| Toni McDaniels (URI)..... | 5-07.00 |
| Kristen Micsky (DUQ)..... | 5-05.00 |
| Liz Pugsley (URI)..... | 5-03.00 |
| Katie Ryan (UR)..... | 5-03.00 |
| Sarah Click (SJU)..... | 5-03.00 |
| Cathleen Campbell (UR)..... | 5-03.00 |
| Pascale Delaunay (URI)..... | 5-03.00 |
| Ashley Creel (UM)..... | 5-03.00 |
| Keri Durica (DUQ)..... | 5-03.00 |

Long Jump

| | |
|-----------------------------|----------|
| Pascale Delaunay (URI)..... | 19-02.75 |
| Julee Wilson (UR)..... | 19-01.25 |
| Edith Lewis (TU)..... | 18-11.25 |
| Kristen Micsky (DUQ)..... | 18-05.75 |
| Andria Smythe (SJU)..... | 18-00.25 |
| Patty Coonelly (LAS)..... | 17-11.75 |
| Ashley Bell (UR)..... | 17-09.75 |
| Erin Blaustein (SJU)..... | 17-06.75 |

Triple Jump

| | |
|------------------------------|----------|
| Edith Lewis (TU)*..... | 40-02.75 |
| Pascale Delaunay (URI)*..... | 39-09.75 |
| Shea McMillan (DUQ)*..... | 38-03.50 |
| Ashley Bell (UR)*..... | 38-02.25 |
| Kristen Micsky (DUQ)*..... | 37-11.50 |
| Keri Durica (DUQ)*..... | 37-05.25 |
| Chante Soares (UM)..... | 36-04.75 |
| Jillian Faulks (TU)*..... | 34-09.50 |

*wind-aided

Hammer

| | |
|-----------------------------|--------|
| Jennifer Iasiello (UM)..... | 154-02 |
| Irina King (LAS)..... | 153-10 |
| Kelly Hagner (URI)..... | 149-07 |
| Christina Bizon (URI)..... | 148-05 |
| Diane Schreiber (UR)..... | 147-07 |
| Kristen Hinz (URI)..... | 147-04 |

| | |
|------------------------|--------|
| Sara Johnson (UM)..... | 141-01 |
| Kari Butt (UR)..... | 135-05 |

Shot Put

| | |
|-----------------------------|----------|
| Jodi Borges (UD)..... | 47-11.00 |
| Marcie Hepler (DUQ)..... | 43-03.00 |
| Rachel Shrewsbury (UR)..... | 43-01.75 |
| Diane Schreiber (UR)..... | 42-05.50 |
| Jen Flinchum (URI)..... | 41-07.75 |
| Kelly Pohlman (UD)..... | 41-02.50 |
| Kelly Hagner (URI)..... | 39-09.75 |
| Melissa Stewart (DUQ)..... | 39-04.50 |

Discus

| | |
|----------------------------|--------|
| Melissa Stewart (DUQ)..... | 156-00 |
| Jen Flinchum (URI)..... | 153-01 |
| Kelly Hagner (URI)..... | 145-09 |
| Jodi Borges (UD)..... | 141-08 |
| Diana Lucek (URI)..... | 130-08 |
| Lena Harris (DUQ)..... | 129-05 |
| Irina King (LAS)..... | 126-06 |
| Diane Schreiber (UR)..... | 120-10 |

Javelin

| | |
|---------------------------|--------|
| Jen Haigh (URI)..... | 138-00 |
| Erica DaCosta (DUQ)..... | 133-02 |
| Billieann Kelly (UM)..... | 131-00 |
| Nikki Sample (URI)..... | 121-02 |
| Caitlin Cielo (DUQ)..... | 121-00 |
| Paola Montoya (UD)..... | 116-06 |
| Diane Schreiber (UR)..... | 114-08 |
| Lynn Puzzo (SJU)..... | 109-06 |

Pole Vault

| | |
|----------------------------|----------|
| Brandy Green (UM)..... | 12-00.00 |
| Caitlyn Densing (URI)..... | 11-00.25 |
| Katie Waters (URI)..... | 10-06.25 |
| Sarah Fetterman (DUQ)..... | 10-06.25 |
| Emily Baker (DUQ)..... | 10-00.50 |
| Holly Stettner (URI)..... | 9-06.50 |
| Cathy McLane (UR)..... | 9-06.50 |
| Erin Clapp (UR)..... | 9-06.50 |

Heptathlon

| | |
|------------------------------|-------|
| Cathleen Campbell (UR)..... | 4,436 |
| Liz Long (URI)..... | 4,364 |
| Crystal Therrien (UM)..... | 4,287 |
| Nastaran Shams (UM)..... | 3,951 |
| Ashley Creel (UM)..... | 3,769 |
| Christina Bennett (DUQ)..... | 3,594 |
| Colleen Donnelly (LAS)..... | 3,547 |
| Jennifer Messner (LAS)..... | 3,380 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2002 Championship - May 4-5 Sports Backer Stadium, Richmond, VA

Team Standings Score

| | |
|-----------------------|-------|
| 1. Rhode Island..... | 135.5 |
| 2. Massachusetts..... | 118.0 |
| 3. Duquesne..... | 115.5 |
| 4. Temple..... | 114.0 |
| 5. Richmond..... | 112.0 |
| 6. La Salle..... | 85.0 |

| | | |
|----|----------------|------|
| 7. | Dayton | 78.0 |
| 8. | Saint Joseph's | 72.0 |
| | Fordham | 27.0 |

100-meter Dash

| | |
|------------------------|--------|
| Aderonke Adeniyi (TU) | :12.20 |
| Christina Huff (UM) | :12.22 |
| Erica Prigg (UD) | :12.23 |
| Brooke Gilliford (SJU) | :12.25 |
| Rachel Oakes (URI) | :12.32 |
| Aftan Delaney (UD) | :12.42 |
| Julee Wilson (UR) | :12.55 |
| Jennifer Coles (UR) | :12.89 |

200-meter Dash

| | |
|------------------------|--------|
| Samantha Porter (TU) | :24.77 |
| Aderonke Adeniyi (TU) | :24.93 |
| Rachel Oakes (URI) | :25.00 |
| Courtney Harring (UD) | :25.05 |
| Brooke Gilliford (SJU) | :25.36 |
| Christina Huff (UM) | :25.53 |
| Julee Wilson (UR) | :25.59 |
| Aftan Delaney (UD) | :25.78 |

400-meter Dash

| | |
|-----------------------|--------|
| Samantha Porter (TU) | :56.66 |
| Mary Korfmacher (SJU) | :57.24 |
| Stephanie Irvin (FOR) | :57.53 |
| Anita Brooks (LAS) | :58.34 |
| Courtney West (URI) | :58.43 |
| Khaleelah Sneed (UD) | :58.66 |
| Farren Benson (TU) | :58.79 |
| Kyanna Stallings (UM) | :58.98 |

800-meter Run

| | |
|------------------------|---------|
| Ndidi Obichere (LAS) | 2:10.57 |
| Sarah Saunders (DUQ) | 2:15.54 |
| Kristen Jenco (LAS) | 2:15.75 |
| Ruby Amanze (TU) | 2:16.35 |
| Sarah Conway (SJU) | 2:16.84 |
| Grace White (FOR) | 2:17.17 |
| Tara Hutchinson (URI) | 2:17.69 |
| Elisabeth Bennett (UD) | 2:17.99 |

1500-meter Run

| | |
|------------------------|---------|
| Ruth Chege (UR) | 4:32.16 |
| Sheila Klick (LAS) | 4:33.01 |
| Carrie Hucko (DUQ) | 4:41.11 |
| Jenna Darcy (LAS) | 4:44.25 |
| Amy Taylor (URI) | 4:46.15 |
| Bridget Keenan (UR) | 4:47.63 |
| Colleen Flanagan (SJU) | 4:49.63 |
| Sarah Bright (SJU) | 4:54.67 |

5000-meter Run

| | |
|----------------------|----------|
| Kara Storage (UD) | 17:11.11 |
| Tara Storage (UD) | 17:20.23 |
| Ruth Chege (UR) | 17:27.17 |
| Tanya Brown (DUQ) | 17:34.93 |
| Lyndsey Webber (UR) | 17:39.51 |
| Denise Fergus (SJU) | 17:53.49 |
| Sarah Taylor (UR) | 17:56.30 |
| Leyna Williams (LAS) | 18:00.22 |

10,000-meter Run

| | |
|----------------------|----------|
| Tara Storage (UD) | 38:18.63 |
| Kara Storage (UD) | 38:19.91 |
| Erin Silvering (URI) | 38:26.62 |

| | |
|----------------------|----------|
| Anne Rettig (UR) | 38:35.80 |
| Amy Manwaring (SJU) | 38:36.66 |
| Leyna Williams (LAS) | 38:43.65 |
| Lyndsey Webber (UR) | 38:48.33 |
| Karen Webber (SJU) | 39:32.55 |

100-meter Hurdles

| | |
|-----------------------|--------|
| Rachel Clinton (TU) | :14.10 |
| Jessica Dunston (TU) | :14.29 |
| Nicole Wiley (DUQ) | :14.60 |
| Shannon Jackson (UM) | :14.71 |
| Jaweia Campbell (TU) | :14.72 |
| Ashley Bell (UR) | :14.82 |
| Brandy Green (UM) | :15.01 |
| Crystal Therrien (UM) | :15.85 |

400-meter Hurdles

| | |
|------------------------|---------|
| Kathleen McCabe (DUQ) | 1:02.85 |
| Shannon Jackson (UM) | 1:03.70 |
| Jennifer Freemas (UM) | 1:03.83 |
| Jessica Dunston (TU) | 1:04.05 |
| Natalie Popowicz (URI) | 1:04.32 |
| Pharyn Wynn (LAS) | 1:04.44 |
| Joanne Petrarca (URI) | 1:05.81 |
| Cathleen Campbell (UR) | 1:06.44 |

3000-meter Steeplechase

| | |
|--------------------------|----------|
| Amy Taylor (URI) | 10:46.96 |
| Solomiya Login (LAS) | 10:48.41 |
| Tanya Brown (DUQ) | 10:50.42 |
| Katie Sloan (UR) | 11:22.40 |
| Margaret McDermott (FOR) | 11:35.79 |
| Anna Polanski (FOR) | 11:41.10 |
| Megan O'Shea (URI) | 11:44.41 |
| Sherry Sikora (UR) | 11:45.75 |

4x100-meter Relay

| | |
|----------------|--------|
| Temple | :47.24 |
| Richmond | :47.97 |
| Saint Joseph's | :48.17 |
| Datyon | :48.38 |
| Rhode Island | :48.59 |
| Duquesne | :49.82 |
| La Salle | :51.42 |

4x400-meter Relay

| | |
|----------------|---------|
| Temple | 3:50.70 |
| Saint Joseph's | 3:51.59 |
| La Salle | 3:52.32 |
| Rhode Island | 3:53.86 |
| Fordham | 3:53.94 |
| Massachusetts | 3:55.22 |
| Duquesne | 4:00.64 |
| Richmond | 4:00.17 |

4x800-meter Relay

| | |
|----------------|---------|
| La Salle | 9:04.68 |
| Duquesne | 9:14.48 |
| Rhode Island | 9:16.72 |
| Massachusetts | 9:20.90 |
| Richmond | 9:28.22 |
| Fordham | 9:30.05 |
| Temple | 9:34.64 |
| Saint Joseph's | 9:40.11 |

High Jump

| | |
|------------------------|---------|
| Bernadette Speer (SJU) | 5-06.50 |
| Toni McDaniels (URI) | 5-04.50 |

| | |
|------------------------|---------|
| Liz Pugsley (URI) | 5-04.50 |
| Kristen Micsky (DUQ) | 5-04.50 |
| Cathleen Campbell (UR) | 5-02.50 |
| Kerin Sulock (FOR) | 5-00.50 |
| Courtney Henschke (UR) | 5-00.50 |
| Leah Stoddard (URI) | 5-00.50 |

Long Jump

| | |
|----------------------|----------|
| Maisha Tyler (SJU)* | 18-10.00 |
| Chante Soares (UM) | 17-11.75 |
| Shea McMillan (DUQ) | 17-11.00 |
| Ashley Holiday (TU) | 17-09.50 |
| Kristen Micsky (DUQ) | 17-08.25 |
| Edith Lewis (TU) | 17-08.00 |
| Patt Coonelly (LAS) | 17-03.50 |
| Corinne Mathews (UM) | 16-08.75 |

*wind-aided

Triple Jump

| | |
|--------------------------|----------|
| Shea McMillan (DUQ) | 38-09.75 |
| Edith Lewis (TU) | 38-01.50 |
| Kristen Micsky (DUQ) | 38-00.75 |
| Ashley Bell (UR) | 37-09.25 |
| Ashley Holiday (TU) | 37-04.00 |
| Marissa Callahan (UM) | 37-02.25 |
| Michelle Pellitier (LAS) | 36-05.50 |
| Crystal Paris (DUQ) | 36-01.25 |

Hammer

| | |
|-------------------------|--------|
| Christina Bizon (UM) | 165-06 |
| Diane Schreiber (UR) | 148-01 |
| Neille-Ann Giffune (UM) | 147-11 |
| Jennifer Iasiello (UM) | 147-03 |
| Kelly Hagner (URI) | 146-06 |
| Irina King (LAS) | 140-07 |
| Marcie Hepler (DUQ) | 135-08 |
| Kristen Hinz (URI) | 132-04 |

Shot Put

| | |
|------------------------|----------|
| Jodi Borges (UD) | 46-06.75 |
| Rachel Shrewsbury (UR) | 44-07.50 |
| Marcie Hepler (DUQ) | 43-05.25 |
| Diane Schreiber (UR) | 41-05.75 |
| Erin Finucane (LAS) | 40-02.25 |
| Irina King (LAS) | 39-08.00 |
| Lena Harris (DUQ) | 38-05.50 |
| Kelly Hagner (URI) | 38-05.00 |

Discus

| | |
|------------------------|--------|
| Jen Flinchum (URI) | 139-02 |
| Kelly Hagner (URI) | 136-01 |
| Lena Harris (DUQ) | 135-02 |
| Jodi Borges (UD) | 134-09 |
| Rachel Shrewsbury (UR) | 130-05 |
| Diana Lucek (URI) | 121-09 |
| Marcie Hepler (DUQ) | 120-06 |
| Diane Schreiber (UR) | 118-01 |

Javelin

| | |
|-------------------------|--------|
| Jen Haigh (URI) | 147-04 |
| Rhianna DaCruz (UM) | 138-08 |
| Erica DaCosta (DUQ) | 137-08 |
| Neille-Ann Giffune (UM) | 126-10 |
| Diane Schreiber (UR) | 123-01 |
| Paola Montoya (UD) | 108-09 |
| Nikki Sample (URI) | 108-07 |
| Caitlin Cavagnaro (LAS) | 106-02 |

Pole Vault

| | |
|--------------------------|----------|
| Brandy Green (UM) | 11-05.75 |
| Rhianna DaCruz (UM) | 10-11.75 |
| Katie Waters (URI) | 10-00.00 |
| Becky Roberts (URI) | 9-06.25 |
| Sarah Fetterman (DUQ) | 9-06.25 |
| Patrice LeTourneau (URI) | 9-06.25 |
| Heather O'Rourke (FOR) | 8-06.25 |
| Cortney Henschke (UR) | 8-00.50 |

Heptathlon

| | |
|------------------------|-------|
| Cathleen Campbell (UR) | 4,182 |
| Crystal Therrier (UM) | 4,148 |
| Pascale Delauney (URI) | 3,934 |
| Emily Horton (SJU) | 3,742 |
| Nastaran Shams (UM) | 3,719 |
| Colleen Donnelly (LAS) | 3,424 |
| Leah Stoddard (URI) | 3,397 |
| Jennell Hoak (DUQ) | 3,241 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2001 Championship - May 5-6

Troy Stadium, Troy, OH

Team Standings Score

| | |
|-------------------|-------|
| 1. Massachusetts | 191.0 |
| 2. Rhode Island | 168.0 |
| 3. Saint Joseph's | 143.0 |
| 4. La Salle | 102.0 |
| 5. Temple | 92.0 |
| 6. Duquesne | 70.0 |
| 7. Dayton | 58.0 |
| 8. Fordham | 24.0 |

100-meter Dash

| | |
|------------------------|--------|
| Afia Brown (TU) | :12.13 |
| Naomi Beverly (TU) | :12.34 |
| Erica Prigg (UD) | :12.69 |
| Brooke Gilliford (SJU) | :12.71 |
| Maisha Tyler (SJU) | :12.76 |
| Courtney West (URI) | :12.76 |
| Kimberly Houston (UD) | :12.94 |
| Marirose Roach (TU) | :12.98 |

200-meter Dash

| | |
|------------------------|--------|
| Afia Brown (TU) | :24.69 |
| Naomi Beverly (TU) | :25.29 |
| Jessica Jennings (TU) | :25.45 |
| LeBren Martin (UD) | :25.83 |
| Maisha Tyler (SJU) | :26.11 |
| Brooke Gilliford (SJU) | :26.17 |
| Courtney West (URI) | :26.20 |
| Courtney Harring (UD) | :26.45 |

400-meter Dash

| | |
|-------------------------|---------|
| Samantha Porter (TU) | :56.77 |
| Courtney Harring (UD) | :57.03 |
| Anita Brooks (LAS) | :57.13 |
| Mary Korfmacher (SJU) | :58.05 |
| Erin Petrella (URI) | :59.17 |
| Kasha Benson-Craig (TU) | :59.32 |
| Stephanie Irvin (FOR) | :59.51 |
| Kelly Martin (URI) | 1:00.05 |

800-meter Run

| | |
|----------------------|---------|
| ToniAnn Razzi (LAS) | 2:09.20 |
| Ndidi Obichere (LAS) | 2:11.05 |
| Christine Kane (SJU) | 2:13.70 |
| Colleen Jones (URI) | 2:14.35 |
| Gabby Quezada (SJU) | 2:14.75 |
| Rudy Amanze (TU) | 2:15.13 |
| Kristin Jenco (LAS) | 2:15.30 |
| Sarah Conway (SJU) | 2:15.86 |

1500-meter Run

| | |
|------------------------|---------|
| ToniAnn Razzi (SJU) | 4:24.56 |
| Christine Kane (SJU) | 4:28.86 |
| Megan McCormick (UM) | 4:36.16 |
| Gabby Quezada (SJU) | 4:36.73 |
| Jenna Darcy (LAS) | 4:38.25 |
| Melissa Henderson (UM) | 4:38.47 |
| Kara Storage (UD) | 4:40.36 |
| Solamiya Login (LAS) | 4:41.82 |

3000-meter Run

| | |
|------------------------|----------|
| Christine Kane (SJU) | 9:53.90 |
| Melissa Henderson (UM) | 10:00.71 |
| Erin Silvering (URI) | 10:07.49 |
| Tara Storage (UD) | 10:14.33 |
| Kara Storage (UD) | 10:16.99 |
| Sharon Tillotson (UM) | 10:19.06 |
| Denise Fergus (SJU) | 10:22.91 |
| Solamiya Login (LAS) | 10:25.63 |

5000-meter Run

| | |
|------------------------|----------|
| Heidi Westerling (URI) | 17:19.30 |
| Erin Silvering (URI) | 17:43.06 |
| Tara Storage (UD) | 18:13.22 |
| Leyna Williams (LAS) | 18:15.19 |
| Denise Fergus (SJU) | 18:19.31 |
| Kathy Heabel (LAS) | 18:20.61 |
| Sharon Tillotson (UM) | 18:31.60 |
| Tanya Brown (DUQ) | 18:43.55 |

10,000-meter Run

| | |
|--------------------------|----------|
| Heidi Westerling (URI) | 37:38.67 |
| Kathy Heabel (LAS) | 38:23.59 |
| Molly Ketschek (UM) | 38:33.75 |
| Melissa MacPherson (LAS) | 39:33.78 |
| Karen Weber (SJU) | 39:41.80 |
| Amy Griffin (FOR) | 40:03.70 |
| Sara Saba (UM) | 40:37.53 |
| Julie McGee (UM) | 41:16.79 |

100-meter Hurdles

| | |
|------------------------|--------|
| Nicole Wiley (DUQ) | :14.88 |
| LeBren Martin (UD) | :14.89 |
| Chrystal Murphy (UM) | :15.24 |
| Shannon Jackson (UM) | :15.32 |
| Jaweia Ca,bell (TU) | :15.41 |
| Kathleen McCabe (DUQ) | :15.43 |
| Brandy Green (UM) | :16.04 |
| Heather O'Rourke (FOR) | :16.29 |

400-meter Hurdles

| | |
|------------------------|---------|
| Jennifer Freemas (UM) | 1:01.31 |
| LeBren Martin (UD) | 1:03.83 |
| Erin Hankard (UM) | 1:03.90 |
| Kathleen McCabe (DUQ) | 1:04.61 |
| Caitlin Sullivan (URI) | 1:06.60 |
| Erin Blaustein (SJU) | 1:06.96 |
| Emily Horton (SJU) | 1:07.45 |

| | |
|--------------------------|---------|
| Elizabeth Rowinski (URI) | 1:07.97 |
|--------------------------|---------|

4x100-meter Relay

| | |
|----------------|--------|
| Temple | :47.00 |
| Massachusetts | :49.18 |
| Saint Joseph's | :49.28 |
| Rhode Island | :49.59 |
| Fordham | :50.27 |
| La Salle | :52.66 |
| Duquesne | DQ |

4x400-meter Relay

| | |
|----------------|---------|
| Temple | 3:52.06 |
| Rhode Island | 3:56.32 |
| La Salle | 3:56.91 |
| Saint Joseph's | 3:57.07 |
| Massachusetts | 3:58.28 |
| Fordham | 3:58.61 |
| Duquesne | 4:16.46 |

4x800-meter Relay

| | |
|----------------|----------|
| La Salle | 9:07.72 |
| Saint Joseph's | 9:13.83 |
| Massachusetts | 9:21.51 |
| Rhode Island | 9:38.08 |
| Fordham | 10:03.41 |
| Duquesne | 10:19.17 |
| Temple | DQ |

High Jump

| | |
|------------------------|---------|
| Gina Bundy (SJU) | 5-04.50 |
| Bernadette Speer (SJU) | 5-04.50 |
| Sarah Click (SJU) | 5-02.50 |
| Melissa Ward (UM) | 5-00.50 |
| Patty Coonelly (LAS) | 5-00.50 |
| Kerin Sullock (FOR) | 5-00.50 |
| Rebecca Flohr (UM) | 4-10.50 |

Long Jump

| | |
|----------------------|----------|
| Maisha Tyler (SJU) | 18-03.25 |
| Patty Coonelly (LAS) | 17-10.25 |
| Melissa Ward (UM) | 17-06.25 |
| Shea McMillan (DUQ) | 17-05.25 |
| Nicole Wiley (DUQ) | 16-08.75 |
| Crystal Paris (DUQ) | 16-05.75 |
| Edith Lewis (TU) | 16-01.75 |
| Kerin Sullock (FOR) | 16-00.50 |

Triple Jump

| | |
|------------------------|----------|
| Gina Bundy (SJU) | 37-10.75 |
| Melissa Ward (UM) | 37-00.25 |
| Shea McMillan (DUQ) | 36-09.00 |
| Patty Coonelly (LAS) | 36-08.50 |
| Crystal Paris (DUQ) | 36-00.75 |
| Amanda Soto (UD) | 35-10.00 |
| Pascale Delauney (URI) | 34-06.25 |
| Heather O'Rourke (FOR) | 34-03.50 |

Hammer

| | |
|-------------------------|--------|
| Heather Johnston (URI) | 154-10 |
| Jennifer Wanat (URI) | 148-07 |
| Shannon Hamilton (UM) | 135-07 |
| Jennalee Williams (URI) | 135-07 |
| Neille-Ann Giffune (UM) | 130-05 |
| Caitlin Cavagnaro (LAS) | 107-06 |
| Carole LaPlante (UM) | 103-02 |

Shot Put

| | |
|-----------------------------|----------|
| Jen Flinchum (URI) | 41-10.75 |
| Carole LaPlante (UM)..... | 39-11.25 |
| Lena Harris (DUQ)..... | 38-11.50 |
| Shannon Hamilton (UM) | 38-03.25 |
| Rashida Stamps (TU) | 37-06.00 |
| Kelly Hagner (URI)..... | 37-03.75 |
| Enewan Adjah (TU) | 36-01.50 |
| Kemba Gray (UM) | 34-02.75 |

Discus

| | |
|-----------------------------|--------|
| Jen Flinchum (URI) | 131-03 |
| Kelly Hagner (URI) | 129-06 |
| Carole LaPlante (UM)..... | 128-05 |
| Lena Harris (DUQ)..... | 122 02 |
| Shannon Hamilton (UM) | 114-08 |
| Kristen Bates (UM)..... | 114-01 |
| Jennifer Wanat (URI) | 108 08 |
| Lindsay Miller (DUQ) | 94-08 |

Javelin

| | |
|------------------------------|--------|
| Rhianna DaCruz (UM)..... | 139-00 |
| Erica DaCosta (DUQ)..... | 129-03 |
| Jennifer Haigh (URI)..... | 129-00 |
| Neille-Ann Giffune (UM)..... | 128-07 |
| Sharyn Harrison (UM)..... | 123 08 |
| Jennifer Wanat (URI) | 113 03 |
| Stacey Sample (URI)..... | 103-06 |
| Marirose Roach (TU) | 85-09 |

Pole Vault

| | |
|-------------------------------|----------|
| Rhianna DaCruz (UM)..... | 10-11.75 |
| Brandy Green (UM) | 10-11.75 |
| Katie Waters (URI) | 10-00.00 |
| Patrice LeTourneau (URI)..... | 8-06.25 |
| Becky Roberts (URI) | 8-06.25 |
| Amber Catale (DUQ) | 8 06.25 |
| Heather O'Rourke (FOR)..... | 8-00.50 |

Heptathlon

| | |
|------------------------------|-------|
| Gina Bundy (SJU) | 4,295 |
| Melissa Ward (UM)..... | 4,130 |
| Pascale Delauney (URI) | 3,438 |
| Nastaran Shams (UM)..... | 3,243 |
| Tara Charest (URI) | 3,162 |
| Jessica Pikul (UM) | 2,994 |
| Leah Stoddard (URI)..... | 2,953 |
| Jennell Hoak (DUQ) | 2,630 |

Top finisher in each event named Atlantic 10 All-Conference first-team; Second-place finisher in each event named Atlantic 10 All-Conference second-team.

2000 Championship - May 6-7

Virginia Tech

| | |
|-----------------------------|--------------|
| Team Standings | Score |
| 1. Virginia Tech | 194.0 |
| 2. Rhode Island..... | 157.0 |
| 3. Massachusetts | 119.0 |
| 4. Temple..... | 88.0 |
| 5. Saint Joseph's..... | 77.0 |
| 6. La Salle..... | 76.0 |
| 7. Dayton..... | 71.0 |
| 8. Duquesne..... | 52.0 |
| 9. Fordham | 18.0 |

100-meter Dash

| | |
|-----------------------------|--------|
| Afia Brown (TU) | :11.93 |
| Damali Hay (VY) | :11.93 |
| Erica Prigg (UD) | :12.19 |
| Monique Vanloo (VT) | :12.20 |
| Aoife Hearne (URI) | :12.31 |
| Kimberly Houston (UD) | :12.41 |
| Naomi Beverly (TU)..... | :12.45 |
| Courtney West (URI) | :12.47 |

200-meter Dash

| | |
|-----------------------------|--------|
| Afia Brown (TU) | :24.24 |
| Damali Hay (VT) | :24.68 |
| Monique Vanloo (VT) | :25.09 |
| Lynette Hopkins (VT) | :25.33 |
| Teresa Covert (TU) | :25.48 |
| Kimberly Houston (UD) | :25.51 |
| Jessica McHale (LAS) | :25.66 |
| LynnDee Howell (DUQ) | :25.68 |

400-meter Dash

| | |
|----------------------------|--------|
| Lynette Hopkins (VT) | :55.73 |
| Anita Brooks (LAS)..... | :55.19 |
| Joy Nsbuga (VT)..... | :57.30 |
| LynnDee Howell (DUQ) | :57.59 |
| Mary Korfmacher (SJU)..... | :58.29 |
| Erin Petrella (URI) | :58.51 |
| Kasha Craig (TU)..... | :58.84 |
| Chanel Dale (TU)..... | :59.06 |

800-meter Run

| | |
|----------------------------|---------|
| Ndidi Obichere (LAS)..... | 2:11.30 |
| Cas Sadosky (VT) | 2:11.89 |
| Gabby Quesada (SJU)..... | 2:12.35 |
| Amy Taylor (URI)..... | 2:12.78 |
| Chelsea Alverson (VT)..... | 2:13.22 |
| Adjoa Taylor (DUQ)..... | 2:14.17 |
| Liz Bollens (DUQ) | 2:14.92 |
| Kristen Jenko (LAS) | 2:15.93 |

1500-meter Run

| | |
|-----------------------------|---------|
| Christine Kane (SJU) | 4:28.89 |
| Amy Taylor (URI)..... | 4:36.37 |
| Chelsea Alverson (VT)..... | 4:37.39 |
| Kristin Cisowski (UM)..... | 4:37.72 |
| Tracy Sipka (FOR)..... | 4:41.06 |
| Stacey Vidt (VT)..... | 4:43.22 |
| Solomiya Login (LAS) | 4:44.01 |
| Melissa Henderson (UM)..... | 4:47.58 |

3000-meter Run

| | |
|-----------------------------|----------|
| Christine Kane (SJU) | 9:53.71 |
| Tara Storage (UD)..... | 10:06.64 |
| Kristin Cisowski (UM)..... | 10:06.76 |
| Stacey Vidt (VT)..... | 10:09.61 |
| Erin Silvering (URI)..... | 10:16.41 |
| Tracy Sipka (FOR) | 10:21.20 |
| Kara Storage (UD)..... | 10:23.31 |
| Sharon Tillotson (UM) | 10:25.10 |

5000-meter Run

| | |
|-----------------------------|----------|
| Tara Storage (UD)..... | 17:53.59 |
| Liz Sweeney (SJU)..... | 18:07.20 |
| Elena Gomez (LAS) | 18:13.85 |
| Sharon Tillotson (UM) | 18:20.14 |
| Erin Silvering (URI)..... | 18:22.30 |
| Johanna Stumpf (VT) | 18:23.47 |
| Emily Selvidio (URI)..... | 18:31.05 |

| | |
|---------------------------|----------|
| Denise Fergus (SJU) | 18:35.88 |
|---------------------------|----------|

10,000-meter Run

| | |
|------------------------------|----------|
| Lizzie Sheptych (UM)..... | 38:13.80 |
| Kathy Heable (LAS) | 38:34.57 |
| Kim Milbourn (VT)..... | 38:58.58 |
| Emily Selvidio (URI) | 39:30.71 |
| Leah McBride (VT)..... | 40:26.55 |
| Christina Juva (FOR)..... | 41:43.98 |
| Taryn McGouldrick (SJU)..... | 42:04.04 |
| Monica Elmore (UM)..... | 42:27.28 |

100-meter Hurdles

| | |
|----------------------------|--------|
| Michelle Trefz (URI) | :14.02 |
| Jennifer Cook (VT) | :14.13 |
| Teresa Covert (TU) | :14.27 |
| LeBren Martin (UD) | :14.37 |
| Crystal Murphy (UM) | :14.76 |
| Kathleen McCabe (DUQ)..... | :14.80 |
| Ivy Allshouse (UD) | :15.58 |
| Tara DiLuca (FOR) | :15.67 |

400-meter Hurdles

| | |
|---------------------------------|---------|
| LeBren Martin (UD) | 1:02.88 |
| Natalie Popowicz (URI) | 1:03.83 |
| Kathleen McCabe (DUQ)..... | 1:04.88 |
| Jen Freemas (UM) | 1:07.20 |
| Stacey Schultz (LAS) | 1:08.95 |
| Chanel Dale (TU) | 1:09.91 |
| Stephanie Stoegbauer (VT) | 1:10.93 |
| Mary Daniels (LAS) | 1:12.46 |

4x100-meter Relay

| | |
|---------------------|--------|
| Temple..... | :46.80 |
| Virginia Tech | :47.19 |
| Duquesne..... | :49.60 |
| Massachusetts | :49.83 |
| La Salle | :51.05 |
| Fordham | :52.80 |
| Rhode Island | DQ |

4x400-meter Relay

| | |
|---------------------|---------|
| Virginia Tech | 3:48.72 |
| La Salle | 3:49.58 |
| Temple..... | 3:53.56 |
| Rhode Island | 3:55.50 |
| Duquesne..... | 3:59.30 |
| Saint Joseph's..... | 4:01.82 |
| Massachusetts | 4:09.28 |
| Fordham | 4:24.12 |

4x800-meter Relay

| | |
|---------------------|----------|
| Saint Joseph's..... | 9:10.99 |
| La Salle | 9:18.31 |
| Virginia Tech | 9:21.08 |
| Duquesne..... | 9:23.49 |
| Rhode Island | 9:33.85 |
| Fordham | 9:35.83 |
| Massachusetts | 9:36.48 |
| Temple..... | 10:28.09 |

High Jump

| | |
|-----------------------------|---------|
| Bernadette Speer (SJU)..... | 5-06.50 |
| Emily Taylor (DUQ) | 5-06.50 |
| Liz Pugsley (URI)..... | 5-02.50 |
| Gina Bundy (SJU) | 5-02.50 |
| Kelly Ann Burns (LAS)..... | 5-00.50 |
| Ursula Mooror (TU)..... | 4-10.50 |

| | |
|------------------------------|---------|
| Stephanie Maugham (URI)..... | 4-10.50 |
| Lindsey Hurley (DUQ) | 4-06.75 |

Long Jump

| | |
|---------------------------------|----------|
| April Byrd (VT) | 20-00.50 |
| Melissa Ward (UM)..... | 18-02.25 |
| Jen Aubin (URI)..... | 17-08.25 |
| Patty Coonelly (LAS)* | 17-07.00 |
| Dionna Miller (TU)..... | 17-07.00 |
| Teresa Covert (TU)..... | 17-07.00 |
| Edith Lewis (TU) | 16-10.75 |
| Michelle Pellitier (LAS)* | 16-06.50 |

*wind-aided

Triple Jump

| | |
|----------------------------|----------|
| April Byrd (VT) | 41-05.75 |
| Gina Bundy (SJU) | 40-03.25 |
| Jen Aubin (URI)..... | 39-00.50 |
| Patty Coonelly (LAS) | 36-06.75 |
| Edith Lewis (TU) | 36-05.50 |
| Dionna Miller (TU)..... | 35-06.00 |
| Denise Helm (VT) | 34-10.50 |
| Emily Taylor (DUQ) | 34-04.75 |

Hammer

| | |
|------------------------------|--------|
| Giselle Nicholas (UM) | 148-06 |
| Paula Allan (VT)..... | 148-04 |
| Heather Johnston (URI) | 147-11 |
| Jen Wanat (URI)..... | 141-09 |
| Cheryl Stinson (VT)..... | 138-03 |
| Melanie Crumbia (TU)..... | 127-10 |
| Chantal Ambroise (URI)..... | 126-10 |
| Christy Herman (VT)..... | 126-04 |

Shot Put

| | |
|-----------------------------|----------|
| Jodi Borges (UD) | 48-01.75 |
| Paula Allan (VT)..... | 47-01.75 |
| Alison Tostevin (UM)..... | 41-06.00 |
| Maggie Curry (UM)..... | 41-02.25 |
| Jen Flinchum (URI) | 40-11.50 |
| Chantal Ambroise (URI)..... | 40-07.75 |
| Carole LaPlante (UM)..... | 40-01.50 |
| Kelly Gray (UD)..... | 37-10.50 |

Discus

| | |
|-----------------------------|--------|
| Jodi Borges (UD) | 152-08 |
| Christy Herman (VT)..... | 144-11 |
| Jen Flinchum (URI)..... | 143-10 |
| Maggie Curry (UM)..... | 141-09 |
| Paula Allan (VT)..... | 141-00 |
| Alison Tostevin (UM)..... | 128-00 |
| Chantal Ambroise (URI)..... | 118-06 |
| Kelly Gray (UD)..... | 116-10 |

Javelin

| | |
|---------------------------|--------|
| Jen Haigh (URI)..... | 141-10 |
| Christy Herman (VT)..... | 135-08 |
| Cheryl Stinson (VT) | 127-01 |
| Marirose Roach (TU)..... | 125-03 |
| Sharyn Harrison (UM)..... | 123-00 |
| Neille Giffune (UM) | 118-00 |
| Amy Stilphen (UM)..... | 112-07 |
| Jen Wanat (URI) | 108-11 |

Pole Vault

| | |
|------------------------------|----------|
| Stephanie Maugham (URI)..... | 12-05.50 |
| Rhianna Dacruz (UM) | 10-11.75 |
| Janelle Erskine (URI)..... | 10-11.75 |

| | |
|------------------------------|----------|
| Katherine Gormley (TU) | 10-00.00 |
| Kelly Fisher (VT) | 9-06.25 |
| Leah Stoddard (URI)..... | 9-00.25 |
| Jen Feder (DUQ)..... | 8-00.50 |
| Elaine Applegate (DUQ)..... | 7-00.50 |

Heptathlon

| | |
|----------------------------|-------|
| Melissa Ward (UM)..... | 4,582 |
| Janelle Erskine (URI)..... | 3,946 |
| Johanna Lelke (UM) | 3,892 |
| Katie Waters (URI) | 3,650 |
| Jennell Hoak (DUQ) | 3,178 |
| Tara Charest (URI) | 3,140 |

Top finisher in each event named Atlantic 10 All-Conference first-team.

1999 Championship - May 1-2

Virginia Tech

Team Standings Score

| | |
|------------------------|-------|
| 1. Massachusetts | 208.0 |
| 2. Virginia Tech..... | 206.0 |
| 3. Rhode Island..... | 132.5 |
| 4. Saint Joseph's..... | 85.5 |
| 5. Dayton..... | 84.5 |
| 6. La Salle..... | 50.5 |
| 7. Duquesne..... | 33.0 |
| 8. Temple..... | 29.0 |
| 9. Fordham | 25.0 |

100-meter Dash

| | |
|-------------------------|--------|
| Damali Hay (VT) | :11.85 |
| Aoife Hearne (URI)..... | :11.97 |
| Marquita Moss (UD)..... | :12.08 |
| Abby Rubino (UM)..... | :12.12 |
| Jennifer Cook (VT)..... | :12.23 |
| Keisha Ricks (VT)..... | :12.37 |
| Afia Brown (TU) | :12.39 |

200-meter Dash

| | |
|----------------------------|--------|
| Danya Gordon (VT)..... | :24.10 |
| Damali Hay (VT) | :24.40 |
| Michelle Trefz (URI) | :24.73 |
| Rosemarie Bryan (UM)..... | :25.07 |
| Aoife Hearne (URI)..... | :25.19 |
| Abby Rubino (UM)..... | :25.26 |
| Marquita Moss (UD)..... | :25.37 |
| Keisha Ricks (VT) | :25.50 |

400-meter Dash

| | |
|------------------------------|--------|
| Kaamilya Davis (UD) | :54.80 |
| Danya Gordon (VT)..... | :55.18 |
| Benita Chandler (TU)..... | :55.51 |
| Lynette Hopkins (VT)..... | :56.45 |
| Cortney Boccardi (FOR) | :57.74 |
| Toniann Razzi (LAS)..... | :57.80 |
| Shelanda Irish (UM)..... | :58.44 |
| Chanel Dale (TU)..... | :58.45 |

800-meter Run

| | |
|-----------------------------|---------|
| Angela Girardin (URI) | 2:11.45 |
| Kelly Martin (URI) | 2:13.18 |
| Nicole Way (UM)..... | 2:14.03 |
| Gabby Quesada (SJU)..... | 2:14.43 |
| Liz Bollens (DUQ)..... | 2:15.03 |
| Kimberlea Gibbs (VT)..... | 2:15.80 |
| Chelsea Alverson (VT)..... | 2:16.28 |
| Karla Klosterman (UD) | 2:16.89 |

1500-meter Run

| | |
|---------------------------------|---------|
| Christine Kane (SJU) | 4:33.24 |
| Nicole Way (UM)..... | 4:36.30 |
| Johanna Grochowalski (LAS)..... | 4:40.36 |
| Liz Reeser (SJU)..... | 4:40.38 |
| Tracy Sipka (FOR)..... | 4:45.02 |
| Chelsea Alverson (VT)..... | 4:48.20 |
| Kelly Cassidy (LAS) | 4:49.18 |
| Katie McCormack (LAS) | 4:49.60 |

3000-meter Run

| | |
|---------------------------------|----------|
| Christine Kane (SJU) | 10:07.75 |
| Sarah Hirsch (UM) | 10:13.47 |
| Johanna Grochowalski (LAS)..... | 10:22.06 |
| Kristin Cisowski (UM)..... | 10:22.68 |
| Johanna Stumpf (VT)..... | 10:25.09 |
| Melissa Henderson (UM)..... | 10:29.32 |
| Denise Fergus (SJU) | 10:29.72 |
| Victoria Robinson (FOR) | 10:48.69 |

5000-meter Run

| | |
|--------------------------------|----------|
| Sarah Hirsch (UM)..... | 17:22.68 |
| Johanna Stumpf (VT)..... | 17:59.67 |
| Jen Rafferty (SJU)..... | 18:13.44 |
| Melissa Rittenhouse (UD) | 18:22.47 |
| Kristin Cisowski (UM)..... | 18:28.37 |
| Jessica McGarty (URI) | 18:30.01 |
| Elena Gomez (LAS) | 18:44.14 |
| Katie Connell (DUQ)..... | 19:10.07 |

10,000-meter Run

| | |
|--------------------------------|----------|
| Meghan Busse (SJU) | 37:53.76 |
| Elena Gomez (LAS) | 38:02.51 |
| Melissa Rittenhouse (UD) | 38:07.15 |
| Elizabeth Sheptyak (UM)..... | 38:35.39 |
| Sharon Tillotson (UM) | 39:26.11 |
| Tracy Meagher (UM) | 39:48.40 |
| Megan Carroll (LAS)..... | 39:56.22 |
| Katie Connell (DUQ)..... | 40:01.65 |

100-meter Hurdles

| | |
|----------------------------|--------|
| Michelle Trefz (URI) | :13.77 |
| Rosemarie Bryan (UM) | :13.79 |
| Brandi Smith (VT) | :13.89 |
| Jennifer Cook (VT)..... | :14.03 |
| Crystal Murphy (UM) | :14.61 |
| Teresa Covert (TU)..... | :14.83 |
| Christina Curry (UD)..... | :14.87 |
| Kathleen McCabe (DUQ)..... | :15.27 |

400-meter Hurdles

| | |
|----------------------------|---------|
| Brandi Smith (VT) | :59.24 |
| Danielle Hobson (VT)..... | 1:02.66 |
| Christina Curry (UD)..... | 1:05.03 |
| Kaylene House (UD)..... | 1:07.63 |
| Kathleen McCabe (DUQ)..... | 1:07.66 |
| Amy Taylor (URI)..... | 1:08.14 |
| Erin Hankard (UM)..... | 1:08.31 |
| Jennell Hoak (DUQ) | 1:09.10 |

4x100-meter Relay

| | |
|---------------------|--------|
| Massachusetts | :47.56 |
| Virginia Tech | :47.72 |
| Rhode Island | :48.59 |
| Temple..... | :49.04 |
| Dayton..... | :50.06 |
| Duquesne..... | :51.18 |
| Fordham | :54.28 |

La Salle:54.66

4x400-meter Relay

Virginia Tech 3:44.67
Rhode Island 3:48.95
Massachusetts 3:51.44
Temple..... 3:51.60
Saint Joseph's..... 4:01.38
Fordham 4:07.67
Duquesne..... 4:14.22
La Salle 4:19.05

4x800-meter Relay

Saint Joseph's..... 9:15.44
La Salle 9:18.20
Virginia Tech 9:23.66
Fordham 9:27.75
Duquesne..... 9:32.20
Massachusetts 9:37.79
Rhode Island 9:40.24

High Jump

Bernadette Speer (SJU)..... 5-06.50
Andrea Comeau (UM) 5-04.50
Jill Dombrauckas (UD) 5-02.50
Kellyann Burns (LAS) 5-02.50
Gina Bundy (SJU) 5-02.50
Amy Taylor (URI) 5-02.50
Danielle Hobson (VT)..... 5-00.50
Marisa Galloway (FOR)..... 4-10.50

Long Jump

Shelanda Irish (UM)..... 20-02.25
April Byrd (VT) 19-09.75
Abby Rubino (UM)..... 18-05.75
Melanie Bell (UM) 17-08.75
Teresa Covert (TU)..... 17-08.25
Rhonda Underwood (TU) 17-06.25
Gina Bundy (SJU) 17-05.50
Christina Curry (UD)..... 17-04.25

Triple Jump

April Byrd (VT) 42-02.00
Gina Bundy (SJU) 40-01.25
Rosemarie Bryan (UM) 38-03.50
Heather O'Rourke (FOR)..... 35-11.25
Denise Helm (VT) 35-05.25
Jill Dombrauckas (UD) 35-02.00
Erin Hankard (UM) 34-11.00
Tiffany Chaplin (UM)..... 34-07.75

Hammer

Michelle Zengilonski (VT)..... 152-03
Giselle Nicholas (UM) 146-01
Sara Kersten (VT) 144-03
Angela Levens (URI)..... 141-04
Heather Johnston (URI) 136-03
Jen Wanat (URI) 133-11
Ronny Martin (VT)..... 126-01
Shannon Hamilton (UM) 119-10

Shot Put

Jodi Borges (UD) 46-06.25
January Williams (VT)..... 45-08.00
Dana Hall (URI)..... 44-00.00
Carole LaPlante (UM)..... 40-08.75
Angela Levens (URI)..... 40-04.25
Chantel Ambroise (URI) 39-10.50
Alison Tostevin (UM)..... 39-05.75

Ronny Martin (VT)..... 37-03.00

Discus

Jodi Borges (UD) 150-03
Sara Kersten (VT) 125-05
January Williams (VT)..... 122-10
Chantel Ambroise (URI)..... 122-06
Alison Tostevin (UM)..... 121-04
Angela Levens (URI)..... 116-10
Carole LaPlante (UM)..... 112-09
Michelle Zengilonski (VT)..... 108-07

Javelin

Denise O'Connell (VT) 151-02
Courtney Stephenson, (UD)..... 129-05
Sharyn Harrison (UM)..... 125-11
Neille Giffune (UM) 119-10
Rhianna Dacruz (UM) 113-05
Dana Hall (URI)..... 112-07
Mary Lardie (URI) 106-07
Carrie Flickinger (DUQ)..... 104-02

Pole Vault

Janelle Erskine (URI)..... 10-06.00
Rhianna Dacruz (UM) 10-00.00
Heather Palmer (UM)..... 9-06.25
Johanna Lelke (UM) 9-00.25
Michelle Zengilonski (VT)..... 8-00.50
Jen Feder (DUQ) 8-00.50
Thea Vansickle (VT)..... 6-06.75

Heptathlon

Jessica Lincoln (URI)..... 4,525
Emily Durkota (DUQ)..... 4,065
Melissa Ward (UM)..... 3,937
Heather Tyrell (LAS) 3,864
Johanna Lelke (UM) 3,596
Janelle Erskine (URI)..... 3,399
Thea VanSickle (VT) 2,957

Top finisher in each event named Atlantic 10 All-Conference first-team.

1998 Championship - May 2-3

Virginia Tech

Team Standings Score

1. Virginia Tech 252.0
2. Massachusetts 151.0
3. La Salle..... 104.5
4. Rhode Island..... 103.75
5. Dayton 76.0
6. Duquesne..... 46.0
7. Saint Joseph's..... 45.0
8. Temple..... 20.75
9. Fordham 14.0

100-meter Dash

Marquita Moss (UD):11.97
Shelanda Irish (UM).....:12.15
Jennifer Cook (VT).....:12.29
Afia Brown (TU):12.31
Kaisha Ricks (VT):12.31
Raqueil Shelton (UM):12.32
April Byrd (VT):12.55
Rachel Ritz (LAS):12.71

200-meter Dash

Kaamilya Davis (UD):24.33
Marquita Moss (UD).....:25.07

Danya Gordon (VT).....:25.15
Afia Brown (TU):25.41
Shelanda Irish (UM).....:25.57
Kirsten Kraas (LAS):25.91
Jennifer Cook (VT).....:25.94
Rachel Ritz (LAS):25.97

400-meter Dash

Kaamilya Davis (UD):54.30
Katie Ollendick (VT).....:56.06
Danya Gordon (VT).....:56.31
Benita Chandler (TU).....:56.68
Angela Girardin (URI):57.32
Rachel Ritz (LAS):57.49
Cortney Boccardi (FOR):57.53
Andrea Comeau (UM):57.80

800-meter Run

Theresa Carroll (LAS) 2:11.38
Nicole Koslosky (SJU) 2:12.12
Lauren Molyneau (SJU) 2:12.73
Gabby Quezada (SJU) 2:13.83
Adjoa Turner (DUQ) 2:15.03
Jill Netzer (VT)..... 2:15.16
Kimberlea Gibbs (VT)..... 2:15.31
Rebecca Donaghue (UM)..... 2:15.83

1500-meter Run

Theresa Carroll (LAS) 4:34.65
Brigid Benner (LAS)..... 4:36.47
Nicole Way (UM)..... 4:37.04
Christina Kane (SJU) 4:38.49
Tracy Sipka (FOR) 4:40.00
Katie Talarico (DUQ)..... 4:44.04
Katie McCormick (LAS) 4:46.25
Jill Netzer (VT)..... 4:49.01

3000-meter Run

Theresa Carroll (LAS) 9:48.0
Rebecca Donaghue (UM)..... 9:55.1
Katie Talarico (DUQ)..... 10:02.1
Christy Martin (UM) 10:11.4
Heather Whitmore (URI)..... 10:14.5
Sarah Hirsch (UM)..... 10:15.6
Jenna James (SJU) 10:17.6
Stephanie Ingersoll (VT) 10:23.7

5000-meter Run

Brigid Benner (LAS) 17:40.66
Johanna Stumpf (VT) 17:55.89
Heather Whitmore (URI)..... 17:57.46
Sarah Hirsch (UM)..... 17:57.75
Jessica McGarty (URI) 18:07.03
Meghan Busse (SJU) 18:11.61
Elena Gomez (LAS) 18:17.82
Maggie Keane (UD)..... 18:26.54

10,000-meter Run

Elena Gomez (LAS) 37:47.47
Melissa Rittenhouse (UD) 38:06.86
Katie Brown (LAS) 38:58.89
Karen Labbadia (URI)..... 39:26.12
Maureen Murphy (DUQ) 39:38.46
Taryn McGouldrick (SJU)..... 39:59.10
Beth Baker (DUQ)..... 40:06.32
Cheri Rose (VT)..... 40:11.91

100-meter Hurdles

| | |
|-------------------------------|-------|
| Michelle Trefz (URI) | 13.72 |
| Katie Ollendick (VT) | 13.96 |
| Jennifer Cook (VT) | 14.19 |
| Melanie Burgess (VT) | 14.20 |
| Anya Forrest (UM) | 14.22 |
| Crystal Murphy (UM) | 14.38 |
| Stephanie Maugham (URI) | 14.59 |
| Rosemarie Bryan (UM) | DNF |

400-meter Hurdles

| | |
|----------------------------|---------|
| Brandi Smith (VT) | 1:00.26 |
| Silifa Kenku (UM) | 1:01.71 |
| Amy Taylor (URI) | 1:02.71 |
| Michelle Trefz (URI) | 1:04.65 |
| Cristina Curry (UD) | 1:05.16 |
| Lindsey Bailey (VT) | 1:06.78 |
| Renee Vogel (LAS) | 1:07.93 |
| Toniann Razzi (LAS) | 1:09.75 |

4x100-meter Relay

| | |
|---------------------|--------|
| Virginia Tech | :47.11 |
| Massachusetts | :47.32 |
| Rhode Island | :47.69 |
| Temple | :48.19 |
| La Salle | :49.40 |
| Duquesne | :49.85 |
| Fordham | :53.48 |

4x400-meter Relay

| | |
|----------------------|---------|
| Virginia Tech | 3:46.85 |
| Massachusetts | 3:47.71 |
| Rhode Island | 3:49.84 |
| Dayton | 3:52.22 |
| La Salle | 3:52.50 |
| Saint Joseph's | 3:57.35 |
| Fordham | 4:04.70 |
| Duquesne | 4:06.56 |

4x800-meter Relay

| | |
|----------------------|----------|
| Saint Joseph's | 9:03.03 |
| Duquesne | 9:13.00 |
| Virginia Tech | 9:14.74 |
| Massachusetts | 9:21.06 |
| La Salle | 9:25.78 |
| Fordham | 9:35.40 |
| Rhode Island | 10:20.22 |

High Jump

| | |
|-------------------------------|---------|
| Katie Ollendick (VT) | 5-10.00 |
| Jill Dombrauckas (UD) | 5-04.50 |
| Andrea Comeau (UM) | 5-04.50 |
| Megan Barnes (VT) | 5-02.50 |
| Emily Durkota (DUQ) | 5-02.50 |
| Jessica Lincoln (URI) | 5-00.50 |
| Stephanie Maugham (URI) | 4-10.50 |
| Heather Tyrell (LAS) | 4-10.50 |
| Rhonda Underwood (TU) | 4-10.50 |
| Kelly Anne Burns (LAS) | 4-10.50 |

Long Jump

| | |
|----------------------------|----------|
| Megan Barnes (VT) | 20-00.50 |
| Brandi Smith (VT) | 19-09.00 |
| April Byrd (VT) | 19-05.25 |
| Shelanda Irish (UM) | 19-01.25 |
| Rosemarie Bryan (UM) | 18-07.00 |
| Melanie Bell (UM) | 18-03.25 |
| Heather Tyrell (LAS) | 17-08.75 |
| Cristina Curry (UD) | 17-04.75 |

Triple Jump

| | |
|------------------------------|----------|
| April Byrd (VT) | 38-06.25 |
| Melanie Burgess (VT) | 38-02.75 |
| Cicely Mitchell (UD) | 37-06.75 |
| Jill Dombrauckas (UD) | 35-11.25 |
| Emily Durkota (DUQ) | 35-03.00 |
| Denise Helm (VT) | 34-07.00 |
| Jessica Lincoln (URI) | 34-06.75 |
| Heather O'Rourke (FOR) | 34-02.00 |

Hammer

| | |
|---------------------------------|--------|
| Shana Mitchell (UM) | 165-10 |
| Michelle Smith (VT) | 153-04 |
| Michelle Zengilowski (VT) | 151-08 |
| Sara Kersten (VT) | 138-06 |
| Shannon Hamilton (UM) | 128-10 |
| Giselle Nicholas (UM) | 127-04 |
| Angela Levens (URI) | 122-04 |
| Jen Wanat (URI) | 116-02 |

Shot Put

| | |
|------------------------------|----------|
| Paula Allan (VT) | 50-00.50 |
| Michelle Smith (VT) | 44-00.50 |
| Alison Tostevin (UM) | 41-07.75 |
| Carole LaPlante (UM) | 39-03.75 |
| Katie Ollendick (VT) | 38-04.75 |
| Angela Levens (URI) | 37-06.00 |
| Giselle Nicholas (UM) | 35-06.50 |
| Michelle Molesky (LAS) | 29-06.00 |

Discus

| | |
|-----------------------------|--------|
| Michelle Smith (VT) | 155-01 |
| Shana Mitchell (UM) | 147-11 |
| Paula Allan (VT) | 141-08 |
| Sara Kersten (VT) | 133-10 |
| Alison Tostevin (UM) | 128-11 |
| Carole LaPlante (UM) | 113-06 |
| Angela Levens (URI) | 102-08 |
| Mardanna Barger (DUQ) | 94-07 |

Javelin

| | |
|-------------------------------|--------|
| Denise O'Connell (VT) | 133-01 |
| Sharyn Harrison (UM) | 127-03 |
| Mary Lardie (URI) | 124-05 |
| Jen Wanat (URI) | 119-10 |
| Lisa Precourt (LAS) | 111-00 |
| Michelle Smith (VT) | 110-11 |
| Carrie Flickinger (DUQ) | 110-04 |
| Jocelyn Tracey (URI) | 104-09 |

Pole Vault

| | |
|---------------------------------|----------|
| Stephanie Maugham (URI) | 11-01.75 |
| Janelle Erskine (URI) | 9-08.00 |
| Michelle Zengilowski (VT) | 8-02.50 |
| Lisa Precourt (LAS) | 7-08.50 |
| Emily Durkota (DUQ) | 7-02.50 |
| Thea VanSickle (VT) | 7-02.50 |

Top finisher in each event named Atlantic 10 All-Conference first-team.

1997 Championship - May 3-4

La Salle University

| | |
|-----------------------------|--------------|
| Team Standings | Score |
| 1. Virginia Tech | 181 |
| 2. Massachusetts | 98 |
| 3. Rhode Island | 87 |
| 4. La Salle | 85 |

| | |
|----------------------|----|
| 5. Temple | 70 |
| 6. Dayton | 27 |
| 7. Fordham | 25 |
| Saint Joseph's | 25 |
| 9. Duquesne | 22 |

100-meter Dash

| | |
|----------------------------|--------|
| Tamecko Conway (TU) | :12.41 |
| Shelanda Irish (UM) | :12.48 |
| Marquita Moss (UD) | :12.51 |
| Jennifer Cook (VT) | :12.63 |
| Melanie Burgess (VT) | :12.75 |
| Raqueil Shelton (UM) | :12.76 |
| Melanie Bell (UM) | :12.78 |
| Rashida Dodson (VT) | DQ |

200-meter Dash

| | |
|----------------------------|--------|
| Lakishia Powell (TU) | :24.73 |
| Kaamilya Davis (UD) | :24.76 |
| Jennifer Cook (VT) | :25.01 |
| Danya Gordon (VT) | :25.21 |
| Tamecko Conway (TU) | :25.23 |
| Nickeya Martin (TU) | :25.50 |
| Shelanda Irish (UM) | :25.52 |
| Andrea Comeau (UM) | :25.81 |

400-meter Dash

| | |
|------------------------------|--------|
| Kaamilya Davis (UD) | :56.21 |
| Danya Gordon (VT) | :56.55 |
| Benita Chandler (TU) | :57.75 |
| Cortney Boccardi (FOR) | :58.26 |
| Michelle Cooper (UM) | :58.49 |
| Jennifer Foster (TU) | :58.50 |
| Alisha Lawson (TU) | :58.59 |
| Eugenia Franklin (VT) | :59.50 |

800-meter Run

| | |
|-----------------------------|---------|
| Theresa Carroll (LAS) | 2:14.15 |
| Rachel Ritz (LAS) | 2:14.20 |
| Nikki Hunt (VT) | 2:15.48 |
| Julie Reeser (VT) | 2:16.32 |
| Nicole Way (UM) | 2:17.75 |
| Nicole Koslosky (SJU) | 2:17.91 |
| Angela Girardin (URI) | 2:18.44 |
| Lisa Flood (UM) | 2:18.68 |

1500-meter Run

| | |
|----------------------------------|---------|
| Theresa Carroll (LAS) | 4:37.36 |
| Johanna Grochowalski (LAS) | 4:41.58 |
| Katey Favret (FOR) | 4:45.10 |
| Jill Netzer (VT) | 4:45.97 |
| Liz Reeser (SJU) | 4:46.26 |
| Patty Gohring (URI) | 4:47.10 |
| Tracy Sipka (FOR) | 4:47.96 |
| Christy Martin (UM) | 4:52.55 |

3000-meter Run

| | |
|----------------------------------|----------|
| Johanna Grochowalski (LAS) | 10:16.60 |
| Jen Rafferty (SJU) | 10:22.05 |
| Victoria Robinson (FOR) | 10:29.69 |
| Sally Hirsch (UM) | 10:29.88 |
| Johanna Stumpf (VT) | 10:35.34 |
| Maggie Keane (UD) | 10:37.29 |
| Kim O'Donnell (SJU) | 10:47.77 |
| Rebecca Pereira (URI) | 10:55.72 |

5000-meter Run

| | |
|--------------------------|----------|
| Meghan Busse (SJU) | 17:47.96 |
|--------------------------|----------|

| | |
|------------------------------|----------|
| Brigid Benner (LAS)..... | 17:59.87 |
| Jenna Bartolomeo (DUQ) | 18:04.38 |
| JenniferConner (VT) | 18:15.06 |
| Karen Labbadia (URI)..... | 18:15.82 |
| Maggie Keane (UD)..... | 18:17.26 |
| Tracy Meagher (UM)..... | 18:26.67 |
| Taryn McGouldrick (SJU)..... | 18:29.35 |

10,000-meter Run

| | |
|--------------------------------|----------|
| Mandy Workman (VT)..... | 38:10.01 |
| Terri Cook (LAS) | 38:20.82 |
| Karen Labbadia (URI)..... | 38:52.78 |
| Jenna Bartolomeo (DUQ) | 39:14.93 |
| Trish Coffin (DUQ)..... | 39:55.70 |
| Melissa Rittenhouse (UD) | 40:07.89 |
| Liz Sheptyck (UM)..... | 42:21.24 |

100-meter Hurdles

| | |
|------------------------------|--------|
| Lakishia Powell (TU)..... | :14.40 |
| Melanie Burgess (VT) | :14.84 |
| Andrea Comeau (UM) | :14.91 |
| Katie Ollendick (VT)..... | :15.02 |
| Michelle Trefz (URI) | :15.03 |
| Jennifer Cook (VT)..... | :15.04 |
| Stephanie Maugham (URI)..... | :15.54 |
| Rhonda Underwood (TU)..... | :15.84 |

400-meter Hurdles

| | |
|----------------------------|---------|
| Silifa Kenku (UM)..... | 1:02.90 |
| Katie Ollendick (VT)..... | 1:03.96 |
| Lanin Reviere (TU)..... | 1:04.85 |
| Kristine King (VT)..... | 1:05.64 |
| Rhonda Underwood (TU)..... | 1:06.05 |
| Michelle Trefz (URI) | 1:07.07 |
| Renee Vogel (LAS) | 1:07.10 |
| Dianne Sykes (UM) | 1:10.12 |

4x100-meter Relay

| | |
|---------------------|--------|
| Temple..... | :48.72 |
| Rhode Island | :49.14 |
| Virginia Tech | :50.22 |
| La Salle | :50.77 |
| Duquesne..... | :51.36 |
| Fordham | :53.25 |
| Massachusetts | DQ |

4x400-meter Relay

| | |
|---------------------|---------|
| Temple..... | 3:49.13 |
| Massachusetts | 3:50.13 |
| Virginia Tech | 3:55.33 |
| Rhode Island | 3:56.97 |
| Saint Joseph's..... | 3:57.92 |
| La Salle | 4:07.07 |
| Dayton..... | 4:08.39 |
| Duquesne..... | 4:10.13 |

4x800-meter Relay

| | |
|---------------------|----------|
| La Salle | 9:13.66 |
| Fordham | 9:25.67 |
| Duquesne..... | 9:26.70 |
| Virginia Tech | 9:34.46 |
| Saint Joseph's..... | 9:36.21 |
| Massachusetts | 9:37.88 |
| Rhode Island | 10:08.36 |

High Jump

| | |
|----------------------------|---------|
| Katie Ollendick (VT)..... | 5-10.00 |
| Bridgette Miller (VT)..... | 5-08.00 |

| | |
|------------------------------|---------|
| Andrea Comeau (UM) | 5-08.00 |
| Melissa Ward (UM)..... | 5-02.25 |
| Heather Tyrrell (LAS)..... | 5-00.25 |
| Stephanie Maugham (URI)..... | 5-00.25 |
| Wypkjen Osinga (VT) | 5-00.25 |
| Jessica Lincoln (URI)..... | 4-10.25 |

Long Jump

| | |
|----------------------------|----------|
| Melanie Burgess (VT) | 18-05.25 |
| Melanie Bell (UM) | 18-04.75 |
| Darien Dudek (URI) | 17-11.25 |
| Shelanda Irish (UM)..... | 17-09.00 |
| Rhonda Underwood (TU)..... | 16-10.75 |
| Jessica Lincoln (URI)..... | 16-06.75 |
| Leslie Mitchell (VT)..... | 16-04.00 |
| Heather Tyrrell (LAS)..... | 15-11.25 |

Triple Jump

| | |
|--------------------------------|----------|
| Melissa Ward (UM)..... | 37-10.50 |
| Leslie Mitchell (VT)..... | 37-02.25 |
| Melanie Burgess (VT) | 37-01.75 |
| Dana Coppola (URI) | 34-11.00 |
| Sarah Eiler (DUQ) | 33-08.75 |
| Jessica Lincoln (URI)..... | 33-08.00 |
| Bridgette Miller (VT)..... | 33-05.75 |
| Stephanie McMullen (SJU) | 32-08.50 |

Hammer

| | |
|--------------------------------|--------|
| Michelle Fournier (URI)..... | 179-07 |
| Shana Mitchell (UM) | 153-02 |
| Michelle Smith (VT) | 153-01 |
| Stephanie Townson (UM) | 150-09 |
| Amy Hafler (URI)..... | 141-06 |
| Michelle Zengoliwski (VT)..... | 132-07 |
| Sara Kersten (VT) | 129-00 |
| Erica Faginski (UM)..... | 123-03 |

Shot Put

| | |
|------------------------------|----------|
| Paula Allan (VT)..... | 48-03.25 |
| Michelle Fournier (URI)..... | 46-09.50 |
| Michelle Smith (VT) | 44-05.25 |
| Sherri Pierce (URI)..... | 40-11.50 |
| Jessica Read (VT) | 40-06.75 |
| Amy Hafler (URI)..... | 39-10.00 |
| Stephanie Townson (UM) | 39-05.25 |
| Tori Swartz (UD) | 37-06.75 |

Discus

| | |
|------------------------------|--------|
| Michelle Fournier (URI)..... | 157-10 |
| Michelle Smith (VT) | 152-09 |
| Stephanie Townson (UM) | 133-05 |
| Shana Mitchell (UM) | 133-02 |
| Sherri Pierce (URI)..... | 131-10 |
| Amy Hafler (URI)..... | 127-07 |
| Sara Kersten (VT) | 123-03 |
| Tori Swartz (UD) | 115-07 |

Javelin

| | |
|----------------------------|--------|
| Jessica Read (VT) | 127-04 |
| Mary Lardie (URI) | 116-06 |
| Lisa Precourt (LAS) | 112-04 |
| Jocelyn Tracey (URI) | 104-02 |
| Heather Polgar (UM)..... | 96-09 |
| Michelle Smith (VT) | 96-08 |
| Jessica Lincoln (URI)..... | 95-00 |
| Tara Teahan (DUQ)..... | 85-09 |

Top finisher in each event named Atlantic 10 All-Conference first-team.

Weekly Award Winners

2017 Performer of the Week

3/28 Michelle Wallerstedt (MASON)
4/04 Erin Reese (UD)
Janel Conley (URI)
4/11 Leah Frischmann (UD)
Ann Harlos (SLU)
4/18 Jenni Rossi (UD)
4/25 Erin Reese (UD)
Janel Conley (URI)
5/02 Leah Frischmann (UD)
Emilie Cowan (UM)

2016 Performer of the Week

3/22 Morgan Szekely (LAS)
3/29 Jennie Rossi (UD)
4/05 Amanda Corbosiero (UR)
4/12 Talisha Watts (MASON)
Janel Conley (URI)
4/19 Amanda Corbosiero (UR)
4/26 Lindsay Horton (MASON)
5/03 Sommer Sharpe (MASON)
Claudine Andre (SJU)

2015 Performer of the Week

3/23 Anna Simone (DUQ)
3/30 Aly Weeman (UD)
Dannah Hayward (SJU)
4/06 Bethany Sachtelben (MASON)
Aly Weeman (UD)
4/13 Shavon Briscoe (MASON)
Jenny DelSignore (DUQ)
4/20 Annika Gomell (SLU)
4/27 Erin Osment (DAV)
Michelle Wallerstedt (MASON)

2014 Performer of the Week

3/24 Naya Owusu (SLU)
3/31 Mandissa Marshall (MASON)
4/07 Meghan McGlinchey (LAS)
Jaleesa Williams (VCU)
4/14 Kiara Porter (VCU)
4/21 Nicole Cargill (UD)
4/28 Mandissa Marshall (MASON)
Naya Owusu (SLU)

2013 Performer of the Week

3/19 T'Sheila Mungo (CHA)
3/25 Hannah Kuenzel (SLU)
4/01 Jaleesa Williams (VCU)
4/08 Brittney Edwards (DUQ)
4/15 Katrina Wright (CHA)
4/22 Katie Clark (BU)
Kiara Porter (VCU)
4/29 Becky Stoyale (UM)

2012 Performer of the Week

3/26 Ashley Vincent (XU)
4/02 Nicol Traynor (UR)
4/09 Meghan McGlinchey (LAS)
4/16 Joann Blakney (CHA)
4/23 Joann Blakney (CHA)
4/30 Meghan McGlinchey (LAS)
Meaghan McGovern (UR)

2011 Performer of the Week

3/28 Amy Van Alstine (UR)
4/05 Nicol Traynor (UR)

Rookie of the Week

Lillian Cook (UD)
Carly Peters (DAV)
Dajae Goulet (VCU)
Taylor Williams (MASON)
Lillian Cook (UD)
Juleen Lewis (URI)

Rookie of the Week

Rachel Forder (MASON)
Taylor Vernet (UD)
Kia Carson (VCU)
Ann Harlos (SLU)

Rachel Forder (MASON)
Sarah Moore (MASON)
Leah Wolf (URI)

Rookie of the Week

Taylor Sharpe (MASON)
Leah Frischmann (UD)

Morgan Szekely (LAS)
Taylor Sharpe (MASON)

Talisa Watts (MASON)
Morgan Szekely (LAS)
Bridget Deveau (UM)
Erin Reese (UD)
Morgan Szekely (LAS)

Rookie of the Week

Ariel Brialess (VCU)
Nhautrey Brown (MASON)
Courtney Foster (SJU)

Lindsay Folsom (URI)
De'Nisha Smith (VCU)
Brianna Robitaille (URI)

Rookie of the Week

Janel Conley (URI)
Mary Allen (UR)
Mary Allen (UR)
Alvonna Blakney (CHA)
Verna Hilaré-Lee (VCU)
Dannah Hayward (SJU)
Dannah Hayward (SJU)

Rookie of the Week

Juanita Leto (CHA)
Tacquaya Tobias (DUQ)
Margo Britton (TU)
Margo Britton (TU)
T'Sheila Mungo (CHA)
Margo Britton (TU)

Rookie of the Week

Anisa Arsenault (FOR)
Britt Reid (UD)

4/11 Maura Bulgrin (UD)
4/18 Keara Thomas (CHA)
4/25 Karen Roa (UM)
5/02 Crystal Bourque (URI)
Courtney Siebenaller (UD)

2010 Performer of the Week

3/22 Mallory Barnes (UD)
Sherilyn Groeninger (FOR)
3/29 Amanda Goetschius (CHA)
4/05 Brittney Cloudy (SLU)
Kalyn Sheehan (URI)
4/12 Mallory Barnes (UD)
Paris Williams (TU)
4/19 Amanda Goetschius (CHA)
4/26 Lisa Wilson (UM)

2009 Performer of the Week

3/23 Amanda Cole (TU)
Lamarra Currie (CHA)
3/30 Aja Jackson (CHA)
Jasmine Jennings (URI)
4/06 Lamarra Currie (CHA)
4/13 Amanda Cole (TU)
Lamarra Currie (CHA)
4/20 Jasmine Jennings (URI)
Lisa Wilson (UM)
4/27 Jasmine Jennings (URI)
Christa Plummer (LAS)

2008 Performer of the Week

3/17 Johnna Zaccari (UD)
3/24 Becky Clark (XU)
Amanda Cole (TU)
3/31 Tsehaye Dagnachew (CHA)
4/07 Pat Springs (CHA)
4/14 Courtney Patterson (CHA)
4/21 Tsehaye Dagnachew (CHA)
4/28 Carlleen Allison (TU)

2007 Performer of the Week

3/19 Lamarra Currie (CHA)
3/26 Jessica Young (UR)
4/02 Lamarra Currie (CHA)
Rachel Papin (LAS)
4/09 Shareese Woods (CHA)
4/16 Courtney Patterson (CHA)
Jessica Young (UR)
4/23 Shareese Woods (CHA)
4/30 Rachel Papin (LAS)

2006 Performer of the Week

3/20 Sharonda Johnson (CHA)
Courtney Patterson (CHA)
3/27 Shareese Woods (CHA)
4/03 Rachel Papin (LAS)
4/10 Beth Crocus (UR)
Sharonda Johnson (CHA)
4/17 Courtney Patterson (CHA)
Shareese Woods (CHA)
4/24 Rachel Papin (LAS)
Shareese Woods (CHA)
5/01 Beth Crocus (UR)

2005 Performer of the Week

3/21 Beth Crocus (UR)
3/28 Jenna Darcy (LAS)
4/04 Christina Bizon (URI)

Margo Richardson (SLU)
Jill Prentice (UR)
Briauna Jones (CHA)
Hannah Janeczak (URI)

Rookie of the Week

Dana Guglielmo (UR)
Maureen O'Donnell (SJU)
Dana Guglielmo (UR)
Maria Ruiz (CHA)

Ashley Adams (DUQ)
Katie Nageotte (UD)

Rookie of the Week

Caitlin Van Dodewaard (CHA)
Ananda Fraser (URI)
Courtney Siebenaller (UD)

Courtney Siebenaller (UD)
Courtney Siebenaller (UD)

April Phillips (XU)
Katrina Spratford (UR)
Courtney Siebenaller (UD)

Rookie of the Week

Johnna Zaccari (UD)
Assata Cowart (TU)
Yvonna Hines (CHA)
Assata Cowart (TU)
Lindsey Pate (CHA)
Amanda Goetschius (CHA)
Arin Whitman (DUQ)

Rookie of the Week

Heather Roush (UR)
Kristen Crawford (UR)
Amy Van Alstine (UR)
Lisa Wilson (UM)
Amy Van Alstine (UR)
Heather Roush (UR)
Lauren McCormick (UD)

Rookie of the Week

Lamarra Currie (CHA)
Jessica Young (UR)
Jessica Young (UR)
Jessica Young (UR)
Pat Springs (CHA)
Pat Springs (CHA)
Jordan Veney (UM)
Jessica Young (UR)

Rookie of the Week

Erica Moody (DUQ)
Erica Moody (DUQ)
Erica Moody (DUQ)

| | |
|-----------------------------|-------------------------|
| 4/11 Jenna Darcy (LAS) | Kerstin Greene (FOR) |
| Amanda Russell (UR) | |
| 4/18 Heidi Westerling (URI) | Erica Moody (DUQ) |
| 4/25 Kelly Pohlman (UD) | Kristen Bakanowski (UM) |
| 5/02 Jenna Darcy (LAS) | Amy Ruffolo (DUQ) |
| Amanda Russell (UR) | Sarah Thornton (URI) |

2004 Performer of the Week

3/22 Rachel Clinton (TU)
 3/29 Andria Smythe (SJU)
 Khaleelah Sneed (UD)
 4/05 Pascale Delaunay (URI)
 4/12 Rachel Clinton (TU)
 4/19 Jenna Darcy (LAS)
 4/26 Melissa Stewart (DUQ)

Rookie of the Week

Beth Crocus (UR)
 Rachel Brushett (UR)
 Ashley Smith (DUQ)
 Lindsey Smith (UR)
 Lindsey Smith (UR)
 Lindsey Smith (UR)

2003 Performer of the Week

3/17 Ashley Bell (UR)
 3/24 Jessica Dunston (TU)
 3/31 Ruth Chege (UR)
 4/07 Marci Hepler (DUQ)
 Edith Lewis (TU)
 4/14 Ruth Chege (UR)
 Khaleelah Sneed (UD)
 4/21 Kristin Micsky (DUQ)
 Khaleelah Sneed (UD)
 4/28 Ruth Chege (UR)

Rookie of the Week

None
 Kristen Coon (URI)
 Lindsay Vieira (URI)
 Andria Smythe (SJU)
 Andria Smythe (SJU)
 Liz Long (URI)
 Melissa Stewart (DUQ)
 Destiny Woodbury (URI)

2002 Performer of the Week

3/18 Jodi Borges (UD)
 Kara Storage (UD)
 3/25 Diane Schreiber (UR)
 4/01 Jodi Borges (UD)
 Ndidi Obichere (LAS)
 4/08 Erica DaCosta (DUQ)
 Brandy Green (UM)
 4/15 Amy Taylor (URI)
 Maisha Tyler (SJU)
 4/22 Chante Soares (UM)
 4/29 Jennifer Haigh (URI)
 Kara Storage (UD)

Rookie of the Week

Karen Setty (UD)
 None
 Jessica Dunston (TU)
 Aftan Delaney (UD)
 Marcie Hepler (DUQ)
 Jessica Dunston (TU)
 Toni McDaniels (URI)

2001 Performer of the Week

3/19 LeBren Martin (UD)
 3/26 Naomi Beverly (TU)
 4/03 ToriAnn Razzi (LAS)
 4/10 Rhianna DaCruz (UM)
 4/17 Afa Brown (TU)
 Gina Bundy (SJU)
 4/24 Naomi Beverly (TU)
 5/01 Gina Bundy (SJU)
 La Salle Relay Team
 5/08 Gina Bundy (SJU)
 ToniAnn Razzi (LAS)

Rookie of the Week

Khaleelah Sneed (UD)
 Shea McMillan (DUQ)
 Sarah Como (DUQ)
 Heidi Westerling (URI)
 Shea McMillan (DUQ)
 Maisha Tyler (SJU)
 Heidi Westerling (URI)
 Heidi Westerling (URI)

2000 Performer of the Week

3/19 Jodi Borges (UD)
 3/26 Tracy Sipka (FOR)
 4/02 Jodi Borges (UD)
 4/09 April Byrd (VT)
 4/16 Michelle Trefz (URI)
 4/23 Paula Allan (VT)
 4/30 Stephanie Maugham (URI)

Rookie of the Week

Tara Storage (UD)
 Tara Storage (UD)
 LeBren Martin (UD)
 LeBren Martin (UD)
 LeBren Martin (UD)
 Kelly Fisher (VT)
 Tara Storage (UD)

1999 Performer of the Week

3/22 Kaamilya Davis (UD)
 3/29 Kaamilya Davis (UD)
 Brandi Smith (VT)

Rookie of the Week

Jodi Borges (UD)
 Erin Silvering (URI)

| | |
|--------------------------|--------------------|
| 4/05 Kaamilya Davis (UD) | Aoife Hearne (URI) |
| 4/12 April Byrd (VT) | Damali Hay (VT) |
| 4/19 Jennifer Cook (VT) | Aoife Hearne (URI) |
| 4/26 Kaamilya Davis (UD) | Jodi Borges (UD) |

NCAA Postseason History
Years In Which Team Scored

| Team (Years) | Best Finish |
|-----------------------------------|--------------------|
| Charlotte (2: 2006-07) | 58th (2006) |
| Fordham (1: 1993) | 29th (1993) |
| Massachusetts (2: 1982-95)..... | 42nd (1995) |
| Rhode Island (1: 2009) | 70th (2009) |
| Saint Joseph's (2: 1990-91) | 23rd (1991) |
| Temple (3: 1986-87-88)..... | 23rd (1988) |
| VCU (2: 2014-2015) | t-59th (2014) |

All-Time Team Results

| | |
|-----------------------|------------------------|
| 1982 | |
| Massachusetts* | t-49th place - 2 pts |
| 1986 | |
| Temple* | 44th place - 4 pts |
| 1987 | |
| Temple* | t-39th place - 5 pts |
| 1988 | |
| Temple* | 23rd place - 10.33 pts |
| 1990 | |
| Saint Joseph's* | t-25th place - 8 pts |
| 1991 | |
| Saint Joseph's* | t-23rd place - 10 pts |
| 1993 | |
| Fordham | t-29th place - 6 pts |
| 1995 | |
| Massachusetts* | t-42nd place - 4 pts |
| 2006 | |
| Charlotte* | t-58th place - 3 pts |
| 2007 | |
| Charlotte* | t-59th place - 3 pts |
| 2009 | |
| Rhode Island* | t-70th place - 1 pt |
| 2014 | |
| VCU* | t-59th place - 1 pt |
| 2015 | |
| VCU* | t-68th place - 1 pt |

All-Time Individual Champions

Triple Jump
 1991 - Donna Crumety, Saint Joseph's..... 44-00.00 (13.41w)

NOTE: The Atlantic 10 Conference did not recognize women's outdoor track & field as a league-sponsored sport until 1997 academic year; NCAA postseason history reflects all-time information on current members of the A-10.

* denotes member of the Atlantic 10 Conference that year of competition