

## Atlantic 10 Indoor Championships - 2/18/2017 to 2/19/2017

## George Mason Field House

## Fairfax - VA

## Results

## Women 60 M

A10: 7.42 M 2015 Kiara Porter

Facility: 7.02 F 1996 Gwen Torrence

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Latrice Morris	SO VCU	7.64q
2	Alexis Willis	FR VCU	7.66q
3	Mary Allen	SR Richmond	7.68q
3	Taylor Williams	FR George Mason	7.68q
5	Ashley Lucas	JR George Mason	7.69q
5	Nathaniela Bourdeau	SO St. Joseph's	7.69q
7	Juleen Lewis	FR Rhode Island	7.70q
8	Dajae Goulet	FR VCU	7.78q
9	Ariel Mitchell	SO La Salle	7.81
10	Mary Kate Kenny	SO Fordham	7.82
11	Nkeka Pinheiro	JR Fordham	7.85
12	Kristina MacLure	FR Rhode Island	7.92
13	Mone't Gist	SR La Salle	7.93
14	Lindsay Witt	FR UMass	8.00
14	Kelly MacDonnell	FR Rhode Island	8.00
16	Briana Hill	SR George Mason	8.00
17	Katherine Hines	FR Davidson	8.04
18	Diamante Spencer	JR UMass	8.04
19	Alexis Cadden	FR Duquesne	8.09
20	Morgan Towe	FR Richmond	8.11
21	Sarah Sepanski	JR Dayton	8.12
22	Mackenzie Bonk	JR Saint Louis	8.12
23	Jada Harris	FR UMass	8.15
24	Katie Koss	SR St. Joseph's	8.15
25	Rachel Staab	SR Saint Louis	8.17
26	Avery Pacella	SO Saint Louis	8.18

## Women 60 M

A10: 7.42 M 2015 Kiara Porter

Facility: 7.02 F 1996 Gwen Torrence

Name	Yr	School	Finals
<b>Finals</b>			
1	Alexis Willis	FR VCU	7.65 10
2	Latrice Morris	SO VCU	7.65 8
3	Nathaniela Bourdeau	SO St. Joseph's	7.72 6
4	Juleen Lewis	FR Rhode Island	7.72 5
5	Taylor Williams	FR George Mason	7.75 4
6	Ashley Lucas	JR George Mason	7.75 3
7	Dajae Goulet	FR VCU	7.78 2
8	Mary Allen	SR Richmond	7.82 1

## Women 200 M

A10: 24.17 M 2007 Sharese Woods

Facility: 23.20 F 1995 Pauline Davis

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Mary Allen	SR Richmond	24.48q
2	Kayla Smith	FR VCU	24.98q
3	Emilie Cowan	SO UMass	25.08q

4	Latrice Morris	SO VCU	25.13q
5	Caroline Duffy	FR St. Joseph's	25.21q
6	Mary Kate Kenny	SO Fordham	25.25q
7	Caela Williams	SR George Mason	25.30q
8	Taylor Williams	FR George Mason	25.36q
9	Ashley Lucas	JR George Mason	25.37
10	Dajae Goulet	FR VCU	25.42
11	Nkeka Pinheiro	JR Fordham	25.48
12	Nathaniela Bourdeau	SO St. Joseph's	25.51
13	Diamante Spencer	JR UMass	25.61
14	Dyshelle Pemberton	SR Rhode Island	25.75
15	Amber Jenkins	JR La Salle	25.82
16	Lindsay Witt	FR UMass	25.87
17	Kelly MacDonnell	FR Rhode Island	26.02
18	Lindsay Goulet	SO Rhode Island	26.07
19	Morgan Towe	FR Richmond	26.15
20	Karley Hess	FR St. Joseph's	26.77
21	Mackenzie Bonk	JR Saint Louis	27.03
22	Saidah Rahman	FR Davidson	27.41
23	Rachel Staab	SR Saint Louis	27.65

## Women 200 M

A10: 24.17 M 2007 Sharese Woods

Facility: 23.20 F 1995 Pauline Davis

Name	Yr	School	Finals
<b>Finals</b>			
1	Mary Allen	SR Richmond	24.61 10
2	Emilie Cowan	SO UMass	24.78 8
3	Kayla Smith	FR VCU	24.89 6
4	Caela Williams	SR George Mason	25.07 5
5	Mary Kate Kenny	SO Fordham	25.21 4
6	Caroline Duffy	FR St. Joseph's	25.22 3
7	Latrice Morris	SO VCU	25.26 2
8	Taylor Williams	FR George Mason	25.59 1

## Women 400 M

A10: 54.28 M 2015 Kiara Porter

Facility: 51.80 F 1996 Maicel Malone

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Sarah Moore	SO George Mason	54.65q
2	Kayla Smith	FR VCU	55.27q
3	Mary Allen	SR Richmond	55.95q
4	Courtney Foster	SR St. Joseph's	56.60q
5	Bethany Evankovich	FR Duquesne	56.76q
6	Ann Sheehy	SO VCU	57.54q
7	Kelly Liebl	SO St. Joseph's	57.74q
8	Taylor Watkins	SO VCU	57.91q
9	Mikaila Amerantes	SO Rhode Island	58.07
10	Desirae Osley	FR La Salle	1:00.36
11	Tamar Bourdeau	FR St. Joseph's	1:00.58
12	Brittany Preston	FR George Mason	1:01.16
13	Gabby Bowen	FR Richmond	1:01.34
14	Chloe Smith	SO Richmond	1:01.39
15	Tyller Moorer	FR La Salle	1:05.03

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## Women 400 M

A10: 54.28 M 2015 Kiara Porter  
 Facility: 51.80 F 1996 Maicel Malone

Name	Yr	School	Finals
<b>Finals</b>			
1 Kayla Smith	FR	VCU	54.55 10
2 Sarah Moore	SO	George Mason	55.25 8
3 Mary Allen	SR	Richmond	55.84 6
4 Bethany Evankovich	FR	Duquesne	56.56 5
5 Courtney Foster	SR	St. Joseph's	56.73 4
6 Ann Sheehy	SO	VCU	57.18 3
7 Taylor Watkins	SO	VCU	57.43 2
8 Kelly Liebl	SO	St. Joseph's	58.56 1

## Women 500 M

A10: 1:12.95 M 2016 Emilie Cowan  
 Facility: 1:11.34 F 2003 Demertia Washington

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Sharon Dorsey	JR	George Mason	1:13.93q
2 Emilie Cowan	SO	UMass	1:14.10q
3 Ashley Lewis	FR	George Mason	1:14.71q
4 Ashley Greenlee	SO	VCU	1:15.60q
5 Hannah Rohde	SR	Saint Louis	1:15.76q
6 Alena Minitti	SR	St. Joseph's	1:15.80q
7 Maiah Yankello	FR	Duquesne	1:15.95q
8 Dannah Hayward	SR	St. Joseph's	1:16.18q
9 Dyshelle Pemberton	SR	Rhode Island	1:16.26
10 Maria Acosta	FR	Richmond	1:16.42
11 Ann Harlos	SO	Saint Louis	1:16.58
12 Micaela McPadden	SR	Rhode Island	1:17.43
13 Maggie Prysak	SR	Dayton	1:17.91
14 Claire Nieusma	SO	Davidson	1:18.61
15 Georgeann Siller	SR	Fordham	1:19.97
16 Stephanie Toland	JR	St. Joseph's	1:21.13
17 Erika Coleman	JR	VCU	1:22.00
18 Taunysha Bailey	SO	VCU	1:24.67

## Women 500 M

A10: 1:12.95 M 2016 Emilie Cowan  
 Facility: 1:11.34 F 2003 Demertia Washington

Name	Yr	School	Finals
<b>Finals</b>			
1 Emilie Cowan	SO	UMass	1:11.70M 10
2 Sharon Dorsey	JR	George Mason	1:13.24 8
3 Ashley Lewis	FR	George Mason	1:14.53 6
4 Dannah Hayward	SR	St. Joseph's	1:15.04 5
5 Ashley Greenlee	SO	VCU	1:15.38 4
6 Maiah Yankello	FR	Duquesne	1:15.43 3
7 Hannah Rohde	SR	Saint Louis	1:15.69 2
8 Alena Minitti	SR	St. Joseph's	1:16.04 1

## Women 800 M

A10: 2:09.06 M 2016 Heather MacLean  
 Facility: 1:59.41 F 1995 Maria Mutola

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Merissa Wright	JR	Fordham	2:12.56Q
2 Nichelle Scott	JR	VCU	2:13.36Q
3 Ifetayo Tyler	JR	La Salle	2:14.22Q
4 Katie McNulty	SO	Rhode Island	2:13.93Q
5 Hannah Rieden	SR	Davidson	2:15.50Q
6 Hannah Gilliam	JR	Duquesne	2:15.62Q
7 Isabella Kuhn	FR	George Mason	2:14.90q
8 Elise Moore	SR	Saint Louis	2:15.78q
9 Emma Kidd	SR	Saint Louis	2:17.63
10 Katherine Kelly	JR	Saint Louis	2:18.16
11 Kiersten Moylan	SR	St. Joseph's	2:19.17
12 Kaia Corthell	FR	Fordham	2:19.42
13 Greta Goetz	FR	George Washington	2:19.98
14 Stephanie Hughes	JR	Richmond	2:21.63
15 Saige Grazia	SO	Rhode Island	2:22.15
16 Michaela Urbach	FR	St. Joseph's	2:27.07
17 Sarah Hipwell	SO	Richmond	2:28.46
18 Sara Rankin	SO	St. Joseph's	2:29.34

## Women 800 M

A10: 2:09.06 M 2016 Heather MacLean  
 Facility: 1:59.41 F 1995 Maria Mutola

Name	Yr	School	Finals
<b>Finals</b>			
1 Nichelle Scott	JR	VCU	2:10.56 10
2 Ifetayo Tyler	JR	La Salle	2:10.88 8
3 Hannah Rieden	SR	Davidson	2:11.91 6
4 Merissa Wright	JR	Fordham	2:13.63 5
5 Hannah Gilliam	JR	Duquesne	2:14.60 4
6 Katie McNulty	SO	Rhode Island	2:14.61 3
7 Elise Moore	SR	Saint Louis	2:14.83 2
8 Isabella Kuhn	FR	George Mason	2:18.24 1

## Women 1000 M

A10: 2:53.20 M 2014 Hailey Pisarcik  
 Facility: 2:43.56 F 1990 Gina Procaccio

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ashley Brown	FR	VCU	2:56.23Q
2 Lotte Black	FR	Rhode Island	2:56.71Q
3 Sarah Regnault	SR	St. Joseph's	2:56.98Q
4 Taylor Pletz	SO	Duquesne	2:56.79Q
5 Claire Brown	FR	Richmond	2:57.03Q
6 Haley Preschutti	JR	Richmond	2:57.26Q
7 Olivia Hummel	FR	Dayton	2:57.87q
8 Sydney Snow	FR	Fordham	2:58.13q
9 Madison Yerke	SO	George Washington	2:58.16
10 Kyla Carte	FR	George Mason	2:58.19
11 Katie MacTurk	FR	Davidson	2:59.86

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## Preliminaries ... (Women 1000 M)

Name	Yr	School	Prelims
12 Kathleen Gardner	JR	VCU	3:00.00
13 Laurel Fisher	SO	Fordham	3:02.49
14 Sophia Mills	SO	Davidson	3:03.52
15 Caitlin Kelly	SO	George Mason	3:03.61
16 Nichole Barger	SO	Rhode Island	3:04.82
17 Olivia Weir	SO	UMass	3:05.26
18 Blake Elwood	SO	Fordham	3:06.51
19 Suzanne Abribat	JR	George Mason	3:06.59
20 Deirdre Martyn	SR	UMass	3:07.06
21 Lauren Anderson	SO	George Washington	3:07.35
22 Lucy Harmon	SO	St. Joseph's	3:07.57
23 Caroline Keegan	JR	St. Joseph's	3:14.18

## Women 1000 M

A10: 2:53.20 M 2014

Hailey Pisarcik

Facility: 2:43.56 F 1990

Gina Procaccio

Name	Yr	School	Finals
<b>Finals</b>			
1 Haley Preschutti	JR	Richmond	2:55.57 10
2 Lotte Black	FR	Rhode Island	2:55.85 8
3 Sarah Regnault	SR	St. Joseph's	2:55.86 6
4 Ashley Brown	FR	VCU	2:56.83 5
5 Taylor Pletz	SO	Duquesne	2:58.33 4
6 Sydney Snow	FR	Fordham	2:59.02 3
7 Olivia Hummel	FR	Dayton	3:00.61 2
8 Claire Brown	FR	Richmond	3:02.37 1

## Women 1 Mile

A10: 4:48.60 M 2011

Kerri Gallagher

Facility: 4:27.10 F 1990

Gina Procaccio

Name	Yr	School	Finals
<b>Finals</b>			
1 Halley Brown	SO	George Washington	4:53.02 10
2 Sarah Sears	JR	Davidson	4:53.55 8
3 Grace McDonald	JR	Dayton	4:56.33 6
4 Cassidy Weimer	JR	St. Joseph's	4:57.56 5
5 Shelby Cain	JR	Richmond	4:59.02 4
6 Ciara Donohue	SO	George Mason	5:00.31 3
7 Emily Bracken	FR	St. Joseph's	5:01.21 2
8 Valerie Palermo	SR	Duquesne	5:01.92 1
9 Marisa Ruskan	SR	Richmond	5:06.09
10 Amanda Corbosiero	JR	Richmond	5:06.73
11 Mary Lavery	SO	UMass	5:07.90
12 Laurel Fisher	SO	Fordham	5:08.44
13 Suzanne Dannheim	FR	George Washington	5:08.50
14 Emily Dyke	SR	VCU	5:08.69
15 Morgan Szekely	SO	La Salle	5:10.69
16 Rachel Valotta	FR	Duquesne	5:11.39
17 Megan Kress	FR	Saint Louis	5:16.67
18 Grace Mancini	FR	La Salle	5:17.76
19 Hannah Pierson	FR	Saint Louis	5:23.83
20 Josephine Jacob-Dolan	SR	Fordham	5:23.91
21 Maggie Morgan	FR	George Mason	5:25.60

22 Blake Elwood SO Fordham 5:31.32

## Women 3000 M

A10: 9:28.43 M 2014

Meghan McGlinchey

Facility: 9:00.30 F 1987

Cindy Bremser

Name	Yr	School	Finals
<b>Finals</b>			
1 Caroline Yarbrough	SO	Davidson	9:52.11 10
2 Autumn Greba	SR	Duquesne	9:53.18 8
3 Colleen Sands	SR	UMass	9:56.92 6
4 Taylor Vernot	SO	Dayton	9:59.68 5
5 Katie Anderson	SO	Saint Louis	10:03.33 4
6 Miranda DiBiasio	JR	George Washington	10:03.87 3
7 Amber Hawkins	SR	George Mason	10:05.86 2
8 Kylie Regan	JR	Richmond	10:06.11 1
9 Khalilah Hamer	FR	George Mason	10:09.13
10 Anna Schmitz	SO	Saint Louis	10:12.48
11 Alyssa Brehler	SO	Rhode Island	10:12.57
12 Carolyn Conley	SO	George Mason	10:13.89
13 Natalie Davis	SO	Saint Louis	10:14.12
14 Susannah Cate	FR	Davidson	10:15.95
15 Angelina Grebe	SO	Fordham	10:16.45
16 Colleen Carney	SO	Richmond	10:17.91
17 Julia Jenkins	SR	St. Joseph's	10:19.33
18 Hayden Bates	SR	Davidson	10:23.09
19 Macaulay Porter	SR	George Washington	10:24.51
20 Paige Ethier	SR	Rhode Island	10:25.31
21 Abigail Taylor	SO	Fordham	10:26.47
22 Kassy Manning	FR	Dayton	10:27.06
23 Lindsey Oremus	SO	St. Joseph's	10:28.66
24 Alison Carson	SO	Duquesne	10:29.72
25 Eryn Mills	SO	Richmond	10:39.78
26 Gabby Vlatts	FR	George Washington	10:41.77
27 Taylor Blow	FR	UMass	10:51.93
28 Brook Hansel	SO	UMass	10:53.68

## Women 5000 M

A10: 16:27.58 M 2014

Meghan McGlinchey

Facility: 16:20.50 F 1992

Janice Brown

Name	Yr	School	Finals
<b>Finals</b>			
1 Miranda DiBiasio	JR	George Washington	16:58.89 10
2 Shelby Cain	JR	Richmond	17:05.52 8
3 Kaitlin Poiesz	SO	La Salle	17:08.71 6
4 Jenny Delsignore	JR	Duquesne	17:09.62 5
5 Caroline Yarbrough	SO	Davidson	17:19.47 4
6 Taylor Vernot	SO	Dayton	17:23.25 3
7 Amber Hawkins	SR	George Mason	17:27.42 2
8 Ave Grosenheider	SO	Richmond	17:36.83 1
9 Angelina Grebe	SO	Fordham	17:43.54
10 Michelle Myland	SO	La Salle	17:44.51
11 Maria Carberry	FR	Duquesne	17:50.26
12 Carolyn Conley	SO	George Mason	17:52.59
13 Laurel Sheffield	JR	Davidson	17:54.83
14 Anna Schmitz	SO	Saint Louis	17:55.81

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## Results

## Finals ... (Women 5000 M)

Name	Yr	School	Finals
15 Paige Ethier	SR	Rhode Island	18:06.52
16 Caroline Turner	SR	Davidson	18:07.93
17 Delaney Savedge	FR	VCU	18:12.06
18 Jordan Angers	SO	Richmond	18:20.10
19 Olivia Boyer	SR	La Salle	18:23.54
20 Ariana North	SR	George Washington	18:27.34
21 Lauren Smeltzer	SO	Duquesne	18:37.87
22 Camille Bertholon	FR	Rhode Island	18:42.63
23 Christine Davis	SR	UMass	18:43.22
24 Kelley Magill	JR	Rhode Island	18:43.73
25 June Chiango	SR	St. Joseph's	18:47.57
26 Britton Gagliardi	SO	St. Joseph's	18:54.85
--- Abigail Taylor	SO	Fordham	DNF
--- Alexandra Fiesel	SR	St. Joseph's	DNF

## Women 60 M Hurdles

A10: 8.44 M 2015 Shavon Briscoe

Facility: 7.81 F 1989 Jackie Joyner-Kersey

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Deonna Diggs	JR	George Mason	8.67q
2 Chantel Richardson	JR	George Mason	8.70q
3 De'Nisha Smith	JR	VCU	8.71q
4 Jada Harris	FR	UMass	8.73q
5 Mone't Gist	SR	La Salle	8.79q
6 Victoria Soeder	JR	Duquesne	8.83q
7 Khoi Banks	FR	VCU	8.97q
8 Ann Harlos	SO	Saint Louis	9.00q
9 Shelby Francis	FR	La Salle	9.10
10 Gabrielle Bennett	SO	UMass	9.10
11 Brittany Preston	FR	George Mason	9.11
12 Alyssa Zukowski	SO	Duquesne	9.18
13 Gabby Curtis	FR	Rhode Island	9.23
14 Daijona Revell	SO	VCU	9.28
15 Bridget McNierney	SO	St. Joseph's	9.28
16 Breann Burns	JR	Rhode Island	9.32
--- Stephanie Toland	JR	St. Joseph's	DNF

## Women 60 M Hurdles

A10: 8.44 M 2015 Shavon Briscoe

Facility: 7.81 F 1989 Jackie Joyner-Kersey

Name	Yr	School	Finals
<b>Finals</b>			
1 De'Nisha Smith	JR	VCU	8.64 10
2 Jada Harris	FR	UMass	8.72 8
3 Mone't Gist	SR	La Salle	8.76 6
4 Deonna Diggs	JR	George Mason	8.79 5
5 Chantel Richardson	JR	George Mason	8.80 4
6 Ann Harlos	SO	Saint Louis	8.97 3
7 Khoi Banks	FR	VCU	8.98 2
8 Victoria Soeder	JR	Duquesne	9.05 1

## Women 4x400 M Relay

A10: 3:45.40 M 2014 George Mason

C Williams, D Barron, T Wheaton, D Graham

Facility: 3:36.80 F 1995 Seton Hall

Team	Relay	Finals
<b>Finals</b>		
1 George Mason		3:44.74M 10
2 Rhode Island		3:48.48 8
3 VCU		3:48.71 6
4 Duquesne		3:51.53 5
5 St. Joseph's		3:52.16 4
6 UMass		3:55.04 3
7 Fordham		3:55.74 2
8 Davidson		3:56.00 1
9 La Salle		3:57.88
10 Richmond		4:00.05
11 Saint Louis		4:01.41
12 Dayton		4:06.71

## Women 4x800 M Relay

A10: 9:02.58 M 2015 Fordham

M Higgins, K Stuart, D Rowe, T Fagade

Facility: 8:36.80 F 1986 Villanova

Team	Relay	Finals
<b>Finals</b>		
1 VCU		9:05.83 10
2 George Mason		9:05.99 8
3 Saint Louis		9:08.08 6
4 Richmond		9:09.62 5
5 Davidson		9:11.57 4
6 Duquesne		9:14.45 3
7 Fordham		9:14.88 2
8 UMass		9:20.49 1
9 Dayton		9:20.83
10 Rhode Island		9:20.98
11 St. Joseph's		9:45.60

## Women Distance Medley

A10: 11:35.23 M 2014 Duquesne

H Pisarcik, S Abraham, E Farris, A Valimont

Facility: 11:09.86 F 1999 Reebok Enclave

Team	Relay	Finals
<b>Finals</b>		
1 Richmond		11:42.64 10
2 La Salle		11:45.82 8
3 Davidson		11:46.52 6
4 George Mason		11:58.20 5
5 Duquesne		12:01.91 4
6 UMass		12:10.30 3
7 VCU		12:11.44 2
8 George Washington		12:19.37 1
9 Saint Louis		12:20.33
10 Fordham		12:25.50
11 Rhode Island		12:35.83

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## Fairfax - VA

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## Finals ... (Women Distance Medley)

Team	Relay	Finals
12 St. Joseph's		12:41.41
--- Dayton		DNF

## Women High Jump

Progression: 1.50 - 1.55 - 1.60 - 1.65 - 1.70 - 1.73 + 3cm

A10: 6-00 M 1998 Katie Ollendick

Facility: 1.96m F 1989 Louis Ritter

Name	Yr	School	Finals
<b>Finals</b>			
1 Samantha Thompson	FR	UMass	1.70m 10
2 Claudine Andre	JR	St. Joseph's	1.70m 8
3 Christina Solomon	SR	VCU	1.65m 5.5
3 Emely Ramirez	SR	St. Joseph's	1.65m 5.5
5 Julia Witt	JR	UMass	1.65m 4
6 Shannon Taub	SO	Duquesne	1.65m 3
7 Elaina Hobbs	SO	Rhode Island	1.65m 2
8 Maris Seto	FR	Duquesne	1.60m 0.3
8 Elizabeth Wayne	FR	Duquesne	1.60m 0.3
8 Amiaya Carey	JR	VCU	1.60m 0.3
11 Jamie Rachek	FR	Dayton	1.60m
12 Jada Harris	FR	UMass	1.60m
13 Marie Harla	SO	Dayton	1.55m
14 Tiffany Jenkins	JR	Rhode Island	1.55m
15 Carleisha Forteau	SO	Rhode Island	1.50m

## Women Pole Vault

Progression: 2.90 - 3.05 - 3.20 - 3.35 - 3.50 - 3.65 + 10cm

A10: 3.95m M 2009 Courtney Siebenaller

Facility: 4.25m F 2016 Melissa Gergel

Name	Yr	School	Finals
<b>Finals</b>			
1 Shelby Garnand	JR	George Mason	3.75m 10
2 Tory Edwards	FR	Rhode Island	3.50m 8
3 Karlee Fowler	JR	Rhode Island	3.35m 5.5
3 Sarah Timko	SR	Richmond	3.35m 5.5
5 Ashley Hinton	SR	George Mason	3.35m 4
6 Stephanie Hautamaa	JR	Davidson	3.35m 3
7 Kelsey Barnes	SO	UMass	3.35m 2
8 Kayla Rorke	SO	UMass	3.20m 1
9 Amber Sekoll	SR	Rhode Island	3.20m
--- Leah Frischmann	JR	Dayton	NH
--- Emily Jones	FR	Dayton	NH

## Women Long Jump

A10: 20-04.50 M 1995 Patience Itanyi

Facility: 6.54m F 1995 Diane Guthrie-Gresham

Name	Yr	School	Finals
<b>Finals</b>			
1 Juleen Lewis	FR	Rhode Island	5.80m 10
2 Chantel Richardson	JR	George Mason	5.78m 8
3 Victoria Soeder	JR	Duquesne	5.72m 6
4 Khoi Banks	FR	VCU	5.59m 5
5 Jessica Bryant	FR	La Salle	5.59m 4

6 Aghina Marshall	SO	Duquesne	5.54m 3
7 Kristina MacLure	FR	Rhode Island	5.46m 2
8 Kaleah Miller	SO	La Salle	5.46m 1
9 Nhautrey Brown	JR	George Mason	5.43m
10 Briana Hill	SR	George Mason	5.25m
11 Jada Woods	FR	Davidson	5.23m
12 De'Nisha Smith	JR	VCU	5.21m
13 Bridget McNierney	SO	St. Joseph's	5.09m
14 Janelle Cheatham	FR	VCU	5.00m
15 Gabriella Gavalas	FR	Fordham	4.98m
16 Kamri Henderson	SO	UMass	4.91m
17 Claudine Andre	JR	St. Joseph's	4.89m
18 Ashley Arroyo	FR	UMass	4.87m
--- Alexis Cadden	FR	Duquesne	FOUL

## Women Triple Jump

A10: 40-09 M 2007 Kerstin Greene

Facility: 13.95m F 2001 Trecia Smith

Name	Yr	School	Finals
<b>Finals</b>			
1 Taylor McCormick	JR	VCU	12.31m 10
2 Juleen Lewis	FR	Rhode Island	12.14m 8
3 Jada Woods	FR	Davidson	11.94m 6
4 Shannon Taub	SO	Duquesne	11.84m 5
5 Junei Mosley	SR	George Mason	11.65m 4
6 Adria Butler	SR	Dayton	11.40m 3
7 Rebecca O'Donnell	JR	Rhode Island	11.22m 2
8 Maris Seto	FR	Duquesne	11.19m 1
9 Jessica Bryant	FR	La Salle	11.05m
10 Marian Osafo	FR	VCU	10.95m
11 Kaleah Miller	SO	La Salle	10.93m
12 Gabriella Gavalas	FR	Fordham	10.87m
13 Ashley Arroyo	FR	UMass	10.71m
14 Jasmine Lackey	JR	VCU	10.70m
15 Emily Olson	SO	George Mason	10.55m
16 Liz Montague	JR	Richmond	10.53m
--- Nhautrey Brown	JR	George Mason	FOUL

## Women Shot Put

A10: 50-07.50 M 2000 Jodi Borges

Facility: 19.44m F 1999 Tress Thompson

Name	Yr	School	Finals
<b>Finals</b>			
1 Erin Reese	SO	Dayton	15.27m 10
2 Jenni Rossi	JR	Dayton	14.60m 8
3 Kelsey Crawford	SR	UMass	14.52m 6
4 Camora Sanders	SO	VCU	14.31m 5
5 Kris Lindow	FR	Dayton	14.11m 4
6 Michelle Wallerstedt	SR	George Mason	13.67m 3
7 Mercedes Oliver	SR	Duquesne	13.53m 2
8 Makayla McGowan	FR	VCU	12.95m 1
9 Sophia Fustos	JR	Duquesne	12.78m
10 Jasmine Jefko	JR	Saint Louis	12.77m
11 Sara Wagner	SR	UMass	12.32m
12 Margaret Riseborough	SR	UMass	12.28m

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## Finals ... (Women Shot Put)

Name	Yr	School	Finals
13 Latasha Williams	JR	VCU	11.76m
14 Sarah Reich	SO	Saint Louis	11.63m
15 Grace Greene	FR	George Mason	10.40m
16 Zinnie Tabb-Reed	FR	George Mason	10.04m

## Women Weight

A10: 68-02.25 M 2011

Mallory Barnes

Facility: 19.93m F 1999

Tamika Powell

Name	Yr	School	Finals
<b>Finals</b>			
1 Erin Reese	SO	Dayton	18.91m 10
2 Jenni Rossi	JR	Dayton	18.38m 8
3 Mercedes Oliver	SR	Duquesne	17.90m 6
4 Ashleigh Banks	JR	VCU	16.38m 5
5 Kelsey Crawford	SR	UMass	15.42m 4
6 Jasmine Jefko	JR	Saint Louis	15.37m 3
7 Alyssa Ramstetter	SO	Dayton	15.28m 2
8 Camora Sanders	SO	VCU	15.14m 1
9 Margaret Riseborough	SR	UMass	14.92m
10 Sara Wagner	SR	UMass	14.64m
11 Megan Gahart	SO	Saint Louis	14.64m
12 Manuela Vadis	SR	Rhode Island	14.51m
13 Michelle Wallerstedt	SR	George Mason	14.34m
14 Leah Wolf	SO	Rhode Island	14.04m
15 Kamaria Gage	SR	Saint Louis	13.85m
16 Sophia Fustos	JR	Duquesne	13.83m
17 Alyse DePaola	SR	Duquesne	13.77m
18 Grace Greene	FR	George Mason	12.90m
19 Latasha Williams	JR	VCU	12.75m
20 Isabel Guide	SO	George Mason	12.59m

## Pentathlon: #5 Women 800 M Pentathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannah Madison	SR	Rhode Island	2:25.51 750
2 Kylie McPherson	JR	Rhode Island	2:26.59 736
3 Sydney Sopchak	SO	Rhode Island	2:26.70 735
4 Lynne Eisenberg	SR	George Mason	2:27.73 722
5 Amanda Baker	FR	Saint Louis	2:28.90 707
6 Julia Witt	JR	UMass	2:31.12 679
7 Gabrielle Schreib	FR	Fordham	2:31.47 675
8 Danielle Maynard	FR	George Mason	2:31.51 674
9 Kylie Farrell	JR	Fordham	2:32.32 664
10 Sakia Konin	SO	VCU	2:33.57 649
11 Sarah Sepanski	JR	Dayton	2:33.59 649
12 Gabriella Benninger	JR	Duquesne	2:34.84 633
13 Adria Butler	SR	Dayton	2:39.88 574
14 Alina Kwiatkowski	FR	Fordham	2:42.48 545
15 Makayla Binter	FR	Davidson	2:43.31 535
16 Gabrielle Bennett	SO	UMass	2:57.57 388

## Pentathlon: #1 Women 60 M Hurdles Pentathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Sarah Sepanski	JR	Dayton	9.04 902
2 Gabrielle Bennett	SO	UMass	9.06 897
3 Sakia Konin	SO	VCU	9.27 854
4 Kylie McPherson	JR	Rhode Island	9.36 836
5 Hannah Madison	SR	Rhode Island	9.40 828
6 Gabrielle Schreib	FR	Fordham	9.44 820
7 Julia Witt	JR	UMass	9.61 787
8 Kylie Farrell	JR	Fordham	9.63 783
9 Gabriella Benninger	JR	Duquesne	9.67 775
10 Adria Butler	SR	Dayton	9.68 773
11 Lynne Eisenberg	SR	George Mason	9.82 746
12 Danielle Maynard	FR	George Mason	9.87 737
13 Amanda Baker	FR	Saint Louis	9.89 733
14 Makayla Binter	FR	Davidson	10.33 652
15 Sydney Sopchak	SO	Rhode Island	10.41 637
16 Alina Kwiatkowski	FR	Fordham	10.54 614
--- Charlotte Robison	SO	UMass	DQ

## Pentathlon: #2 Women High Jump Pentathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Julia Witt	JR	UMass	1.64m 783
2 Gabrielle Bennett	SO	UMass	1.61m 747
3 Hannah Madison	SR	Rhode Island	1.58m 712
3 Danielle Maynard	FR	George Mason	1.58m 712
3 Makayla Binter	FR	Davidson	1.58m 712
6 Kylie McPherson	JR	Rhode Island	1.55m 678
7 Adria Butler	SR	Dayton	1.52m 644
7 Kylie Farrell	JR	Fordham	1.52m 644
9 Gabriella Benninger	JR	Duquesne	1.49m 610
10 Sakia Konin	SO	VCU	1.46m 577
11 Gabrielle Schreib	FR	Fordham	1.40m 512
11 Lynne Eisenberg	SR	George Mason	1.40m 512
13 Sydney Sopchak	SO	Rhode Island	1.37m 481
13 Alina Kwiatkowski	FR	Fordham	1.37m 481
13 Sarah Sepanski	JR	Dayton	1.37m 481
16 Amanda Baker	FR	Saint Louis	1.34m 449

## Pentathlon: #4 Women Long Jump Pentathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Sarah Sepanski	JR	Dayton	5.50m 700
2 Danielle Maynard	FR	George Mason	5.19m 612
3 Adria Butler	SR	Dayton	5.12m 592
4 Hannah Madison	SR	Rhode Island	5.11m 589
5 Sakia Konin	SO	VCU	5.10m 587
6 Makayla Binter	FR	Davidson	5.04m 570
7 Kylie McPherson	JR	Rhode Island	5.01m 562
8 Kylie Farrell	JR	Fordham	4.97m 551
9 Gabriella Benninger	JR	Duquesne	4.92m 538
10 Gabrielle Bennett	SO	UMass	4.91m 535

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## Finals ... (Pentathlon: #4 Women Long Jump Pentathlon)

Name	Yr	School	Finals
11 Julia Witt	JR	UMass	4.87m 524
12 Lynne Eisenberg	SR	George Mason	4.82m 511
13 Gabrielle Schreib	FR	Fordham	4.79m 503
14 Sydney Sopchak	SO	Rhode Island	4.66m 469
15 Alina Kwiatkowski	FR	Fordham	4.61m 456
16 Amanda Baker	FR	Saint Louis	4.42m 408

## Pentathlon: #3 Women Shot Put Pentathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Sarah Sepanski	JR	Dayton	12.19m 674
2 Adria Butler	SR	Dayton	10.85m 585
3 Julia Witt	JR	UMass	9.87m 521
4 Gabriella Benninger	JR	Duquesne	9.68m 509
5 Amanda Baker	FR	Saint Louis	9.51m 497
6 Hannah Madison	SR	Rhode Island	9.21m 478
7 Gabrielle Schreib	FR	Fordham	9.20m 477
8 Makayla Binter	FR	Davidson	8.97m 462
9 Lynne Eisenberg	SR	George Mason	8.90m 458
10 Sakia Konin	SO	VCU	8.77m 449
11 Gabrielle Bennett	SO	UMass	8.58m 437
12 Kylie McPherson	JR	Rhode Island	8.51m 432
13 Sydney Sopchak	SO	Rhode Island	8.14m 408
14 Alina Kwiatkowski	FR	Fordham	8.09m 405
15 Danielle Maynard	FR	George Mason	7.85m 390
16 Kylie Farrell	JR	Fordham	6.58m 308

## Women Pentathlon

<b>A10: 3811 M 2010 Shayna Daugherty</b>			
<b>Facility: 4347 F 1994 Diane Guthrie-Grisham</b>			
Name	Yr	School	Finals
<b>Finals</b>			
1 Sarah Sepanski	JR	Dayton	3406 10
2 Hannah Madison	SR	Rhode Island	3357 8
3 Julia Witt	JR	UMass	3294 6
4 Kylie McPherson	JR	Rhode Island	3244 5
5 Adria Butler	SR	Dayton	3168 4
6 Danielle Maynard	FR	George Mason	3125 3
7 Sakia Konin	SO	VCU	3116 2
8 Gabriella Benninger	JR	Duquesne	3065 1
9 Gabrielle Bennett	SO	UMass	3004
10 Gabrielle Schreib	FR	Fordham	2987
11 Kylie Farrell	JR	Fordham	2950
12 Lynne Eisenberg	SR	George Mason	2949
13 Makayla Binter	FR	Davidson	2931
14 Amanda Baker	FR	Saint Louis	2794
15 Sydney Sopchak	SO	Rhode Island	2730
16 Alina Kwiatkowski	FR	Fordham	2501

## Men 60 M

<b>A10: 6.85 M Khyran Shank (CHAR) / B. Fre</b>			
<b>Facility: 6.53 F 1997 Michael Green</b>			
Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ayodeji Raymond	SR	George Mason	M 6.83q
2 Nigel Hill	JR	Rhode Island	M 6.84q
3 Kareem Payne	JR	VCU	6.88q
4 Jamik Alexander	SO	VCU	6.90q
5 Bernard Freeman	SR	George Mason	6.95q
6 Bernard Andoh	SO	George Mason	6.95q
7 Justin Guerre	JR	La Salle	6.98q
8 Richard Webber	FR	Fordham	7.08q
9 DeAngelo Berry	SR	Rhode Island	7.12
10 Nigel Riley	JR	Rhode Island	7.13
11 Justin West	SO	VCU	7.26
12 David Bryant	FR	St. Joseph's	7.30
13 Cory Adelson	SR	UMass	7.31
14 Michael Hunter	SO	UMass	7.32
15 Ira Clark	FR	George Washingto	7.49

## Men 60 M

<b>A10: 6.85 M Khyran Shank (CHAR) / B. Fre</b>			
<b>Facility: 6.53 F 1997 Michael Green</b>			
Name	Yr	School	Finals
<b>Finals</b>			
1 Ayodeji Raymond	SR	George Mason	6.82M 10
2 Kareem Payne	JR	VCU	6.85M 8
3 Bernard Freeman	SR	George Mason	6.89 6
4 Bernard Andoh	SO	George Mason	6.89 5
5 Justin Guerre	JR	La Salle	6.92 4
6 Nigel Hill	JR	Rhode Island	6.98 3
7 Jamik Alexander	SO	VCU	7.04 2
8 Richard Webber	FR	Fordham	7.05 1

## Men 200 M

<b>A10: 21.19 M 1995 Richard Wagner</b>			
<b>Facility: 21.25 F 1995 Roshan Griffin</b>			
Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Bernard Freeman	SR	George Mason	21.80q
2 Jamik Alexander	SO	VCU	22.05q
3 Junias Agyei	SO	George Mason	22.17q
4 Nigel Hill	JR	Rhode Island	22.20q
5 Ayodeji Raymond	SR	George Mason	22.23q
6 Jacob Hostetler	JR	Davidson	22.30q
7 Kareem Payne	JR	VCU	22.33q
8 Justin Guerre	JR	La Salle	22.38q
9 Richard Webber	FR	Fordham	22.39
10 Jared Benn	SO	Fordham	22.43
11 Justin West	SO	VCU	22.45
12 George Williams	FR	Davidson	22.63
13 Joseph Carter	SO	Rhode Island	22.65
14 David Bryant	FR	St. Joseph's	23.29

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## Preliminaries ... (Men 200 M)

Name	Yr	School	Prelims
15 DeAngelo Berry	SR	Rhode Island	23.34
16 Cory Adelson	SR	UMass	23.39
17 Aaron Lemma	FR	St. Joseph's	23.70
18 Michael Hunter	SO	UMass	23.73
19 Ira Clark	FR	George Washington	24.19
20 Alec Arena	SO	St. Joseph's	24.33

## Men 200 M

A10: 21.19 M 1995 Richard Wagner

Facility: 21.25 F 1995 Roshaan Griffin

Name	Yr	School	Finals
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## Finals

1 Bernard Freeman	SR	George Mason	21.64	10
2 Nigel Hill	JR	Rhode Island	21.96	8
3 Jamik Alexander	SO	VCU	22.00	6
4 Junias Agyei	SO	George Mason	22.02	5
5 Jacob Hostetler	JR	Davidson	22.14	4
6 Ayodeji Raymond	SR	George Mason	22.15	3
7 Kareem Payne	JR	VCU	22.43	2
8 Justin Guerre	JR	La Salle	22.54	1

## Men 400 M

A10: 47.50 M 1999 Jeremy Collins

Facility: 45.23 F 1996 Michael Johnson

Name	Yr	School	Prelims
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## Preliminaries

1 Maxwell Dickens	FR	Rhode Island	49.04q
2 Devon Thompson	JR	VCU	49.19q
3 Xavier King Jr	JR	George Mason	49.29q
4 Kornelius Klah	SO	George Mason	49.35q
5 Jacob Hostetler	JR	Davidson	49.52q
6 Evander Pierre	SO	George Mason	49.55q
7 George Williams	FR	Davidson	49.64q
8 Bigal Harrison	JR	VCU	49.70q
9 Jaleel Felton	JR	Rhode Island	49.79
10 Nicholas Buckingham	JR	VCU	49.85
11 Eddison Gulama	SR	St. Joseph's	50.10
12 Adam Franklin	SO	Rhode Island	50.30
13 Justin Moscoe	FR	St. Joseph's	50.59
14 Will Moore	SO	Saint Louis	50.68
15 Kevin Barry	SR	St. Joseph's	51.18
16 Jakob Coombes	FR	George Washington	52.51
17 Evan Garry	FR	George Washington	52.96
18 Griffin Bilicic	FR	Fordham	53.24

## Men 400 M

A10: 47.50 M 1999 Jeremy Collins

Facility: 45.23 F 1996 Michael Johnson

Name	Yr	School	Finals
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## Finals

1 Evander Pierre	SO	George Mason	47.81	10
2 Bigal Harrison	JR	VCU	48.77	8
3 Xavier King Jr	JR	George Mason	48.88	6

4 Jacob Hostetler	JR	Davidson	49.01	5
5 George Williams	FR	Davidson	49.21	4
6 Kornelius Klah	SO	George Mason	49.27	3
7 Maxwell Dickens	FR	Rhode Island	49.31	2
8 Devon Thompson	JR	VCU	49.47	1

## Men 500 M

A10: 1:02.72 M 2000 Dustin Kuzma

Facility: 1:01.19 F 1987 Ian Morris

Name	Yr	School	Prelims
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## Preliminaries

1 Griffin McCurren	SR	Saint Louis	1:04.23q
2 Tyler Benson	FR	George Mason	1:04.36q
3 Rico Gomez	SO	George Mason	1:04.88q
4 Garrett Nickelson	FR	Davidson	1:05.46q
5 Jared Gray	SR	Rhode Island	1:05.47q
6 Marlon Montague	JR	Rhode Island	1:05.47q
7 Josh Freivogel	JR	Saint Louis	1:05.47q
8 Jared Benn	SO	Fordham	1:05.77q
9 Barren McCoy	JR	St. Joseph's	1:05.90
10 Torey Doaty	SR	St. Joseph's	1:06.06
11 Lozie Goolsby	SO	VCU	1:06.12
12 Kenny Evely	JR	St. Joseph's	1:06.25
13 Zayd Abdul-Ali	SO	VCU	1:06.35
14 Jordan May	SR	George Mason	1:06.54
15 Kyle Clinkingbeard	SR	Saint Louis	1:06.89
16 Isaiah Akil	SO	La Salle	1:07.21
17 Michael Hagan	JR	La Salle	1:08.15
18 Sawyer Bilton	SO	George Washington	1:08.39
19 ED Delavergne	FR	George Washington	1:08.57
20 Kahlil Shepard	JR	VCU	1:08.73
21 Frank Delavergne	FR	George Washington	1:10.73
22 Michael Campbell	JR	Fordham	1:11.23

## Men 500 M

A10: 1:02.72 M 2000 Dustin Kuzma

Facility: 1:01.19 F 1987 Ian Morris

Name	Yr	School	Finals
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## Finals

1 Rico Gomez	SO	George Mason	1:03.47	10
2 Tyler Benson	FR	George Mason	1:03.65	8
3 Griffin McCurren	SR	Saint Louis	1:03.72	6
4 Jared Benn	SO	Fordham	1:04.66	5
5 Garrett Nickelson	FR	Davidson	1:05.62	4
6 Jared Gray	SR	Rhode Island	1:06.30	3
7 Marlon Montague	JR	Rhode Island	1:06.97	2
8 Josh Freivogel	JR	Saint Louis	1:08.09	1

## Men 800 M

A10: 1:52.86 M 2010 Brian Schmidt

Facility: 1:47.24 F 1996 Brandon Rock

Name	Yr	School	Prelims
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## Preliminaries

1 Louis Santelli	JR	Fordham	1:54.71Q
2 Steve Thompson	JR	St. Joseph's	1:54.76Q

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## Preliminaries ... (Men 800 M)

Name	Yr	School	Prelims
3 Chris Sanders	JR	La Salle	1:55.02Q
4 Tannock Blair	SO	Saint Louis	1:55.12Q
5 Blaine Lacey	SO	George Mason	1:55.03q
6 Griffin Cobb	FR	Rhode Island	1:56.04q
7 Dan Ferraiolo	JR	St. Joseph's	1:56.21q
8 Michael Petersen	FR	Fordham	1:56.53q
9 Ryan Noonan	JR	Saint Louis	1:57.13
10 Nicholas Santos	FR	UMass	1:57.81
11 Troy Stegman	FR	Rhode Island	1:59.17
12 Anthony Hawthorne	FR	La Salle	1:59.49
13 Brandon Ossont	SR	St. Joseph's	2:00.89
14 Joseph DiPalma	JR	Rhode Island	2:00.94

## Men 800 M

A10: 1:52.86 M 2010 Brian Schmidt  
 Facility: 1:47.24 F 1996 Brandon Rock

Name	Yr	School	Finals
1 Steve Thompson	JR	St. Joseph's	1:53.18 10
2 Louis Santelli	JR	Fordham	1:53.40 8
3 Michael Petersen	FR	Fordham	1:53.41 6
4 Blaine Lacey	SO	George Mason	1:55.10 5
5 Griffin Cobb	FR	Rhode Island	1:56.91 4
6 Tannock Blair	SO	Saint Louis	1:57.71 3
7 Chris Sanders	JR	La Salle	2:15.45 2
8 Dan Ferraiolo	JR	St. Joseph's	2:54.07 1

## Men 1000 M

A10: 2:26.42 M 2003 Pat Nash  
 Facility: 2:19.96 F 1993 Steve Holman

Name	Yr	School	Prelims
1 Nathan Schulte	JR	George Mason	2:29.17Q
2 Alexander McGrainer	SR	Rhode Island	2:29.49Q
3 Brian Gendron	JR	UMass	2:29.34Q
4 Dylan Eddinger	SO	St. Joseph's	2:29.99Q
5 Jack Magee	SR	St. Joseph's	2:30.20q
6 Sam Coppola	FR	Rhode Island	2:30.85q
7 Colton Nettleton	SO	Saint Louis	2:31.01q
8 Brendan Robertson	SR	La Salle	2:31.03q
9 Calvin Wood	SR	VCU	2:31.46
10 Adam Selsman	JR	UMass	2:32.61
11 Colin Cannon	FR	George Mason	2:32.78
12 Patrick Dineen	SO	Fordham	2:33.16
13 Marcus Hatchett	SR	George Mason	2:33.75
14 David Ozarowski	SR	La Salle	2:34.52
15 Joshua Clark	FR	St. Joseph's	2:35.61
16 Sean Phillips	SO	Fordham	2:38.02

## Men 1000 M

A10: 2:26.42 M 2003 Pat Nash  
 Facility: 2:19.96 F 1993 Steve Holman

Name	Yr	School	Finals
1 Alexander McGrainer	SR	Rhode Island	2:31.15 10
2 Nathan Schulte	JR	George Mason	2:31.55 8
3 Colton Nettleton	SO	Saint Louis	2:31.65 6
4 Jack Magee	SR	St. Joseph's	2:31.67 5
5 Brian Gendron	JR	UMass	2:31.90 4
6 Dylan Eddinger	SO	St. Joseph's	2:33.65 3
7 Brendan Robertson	SR	La Salle	2:36.11 2
8 Sam Coppola	FR	Rhode Island	2:36.90 1

## Men 1 Mile

A10: 4:09.30 M 2007 Sean Quigley  
 Facility: 3:54.41 F 1992 Nouredine Morceli

Name	Yr	School	Finals
1 Brian Cook	JR	Fordham	4:09.11M 10
2 Will Brewster	SR	Davidson	4:10.21 8
3 David Garton	JR	St. Joseph's	4:11.87 6
4 Cory Thomas	SR	UMass	4:11.96 5
5 Stephen Lewandowski	SR	La Salle	4:12.58 4
6 Logan Miller	JR	George Mason	4:13.12 3
7 Brent Coulter	SR	George Mason	4:15.23 2
8 Zachary Michon	FR	St. Joseph's	4:15.41 1
9 Ryan Depinto	JR	George Washington	4:16.35
10 John Mogen	SR	Davidson	4:16.57
11 Sean Conlin	SO	Saint Louis	4:17.27
12 Colin Wills	FR	George Washington	4:18.34
13 Paolo Tavares	SR	UMass	4:19.27
14 Tim Slack	SO	Rhode Island	4:20.46
15 Nikolas O'Brien	JR	Fordham	4:23.45
16 Ramsay Ritchie	JR	Davidson	4:25.02
17 Hunter Jutras	FR	George Mason	4:25.62
18 Chris Shaffer	JR	George Washington	4:26.11
19 Collin Crilly	JR	St. Joseph's	4:27.89
20 Carrick Fortna	FR	Rhode Island	4:29.53
21 Abdullah Kaba	SO	Rhode Island	4:32.85

## Men 3000 M

A10: 8:18.27 M 2011 Andrew Benford  
 Facility: 7:45.34 F 1995 Bob Kennedy

Name	Yr	School	Finals
1 Thomas Slattery	JR	Fordham	8:27.82 10
2 Manuel de Backer	SO	Saint Louis	8:28.20 8
3 Hiob Gebisso	SR	Saint Louis	8:29.13 6
4 Will Brewster	SR	Davidson	8:29.16 5
5 Fran Ferruzzi	JR	La Salle	8:29.76 4
6 Morgan Marlow	SR	UMass	8:30.47 3
7 Bradley Heuer	JR	La Salle	8:33.71 2
8 Ryan Kutch	FR	Fordham	8:34.04 1

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## Finals ... (Men 3000 M)

Name	Yr	School	Finals
9 Carter Day	JR	George Washington	8:37.16
10 Dan Savage	SR	St. Joseph's	8:39.12
11 Charles Arnold	JR	George Washington	8:41.03
12 John Mogen	SR	Davidson	8:41.42
13 Trent Lancaster	JR	George Mason	8:45.35
14 Eric Waterman	JR	UMass	8:45.60
15 Sam Thomas	FR	Davidson	8:46.72
16 Grayson Morgan	JR	George Mason	8:47.85
17 Matt Prest	SO	Saint Louis	8:53.56
18 Tommy Higley	SO	St. Joseph's	8:55.47
19 Jordan Pantalone	SR	George Washington	9:00.30
20 Jake Duckworth	SR	Fordham	9:01.98
21 Andrew Gorsuch	JR	La Salle	9:02.90
22 John Podles	SO	St. Joseph's	9:10.83
--- Paolo Tavares	SR	UMass	DNF

## Men 5000 M

A10: 13:52.66 M 2008

Sean Quigley

Facility: 13:22.56 F 1989

Said Aoutia

Name	Yr	School	Finals
1 Will Brewster	SR	Davidson	14:48.87 10
2 John Mogen	SR	Davidson	14:51.08 8
3 Jimmy Daniels	SR	St. Joseph's	14:53.51 6
4 Manuel de Backer	SO	Saint Louis	14:55.02 5
5 Thomas Slattery	JR	Fordham	14:57.64 4
6 Grayson Morgan	JR	George Mason	14:59.88 3
7 Bradley Heuer	JR	La Salle	15:04.70 2
8 Dylan Titon	JR	La Salle	15:05.05 1
9 Dylan Carmack	SO	Davidson	15:10.30
10 Luke Sharkey	JR	George Mason	15:11.71
11 Matt Prest	SO	Saint Louis	15:19.52
12 David Dorsey	JR	St. Joseph's	15:24.29
13 Anthony Morelli	JR	St. Joseph's	15:27.91
14 Bryce Catlett	FR	VCU	15:29.72
15 Dustin Jutras	JR	George Mason	15:30.67
16 Seamus Roddy	SR	George Washington	5:31.56
17 Chris Berry	JR	La Salle	15:32.54
18 Noah Duell	JR	George Washington	5:33.48
19 Aaron Dugan	FR	Saint Louis	15:34.89
20 Andy Weber	SO	George Washington	5:39.76
21 Jake Duckworth	SR	Fordham	15:45.86
22 Jackson Southard	FR	UMass	15:53.02

## Men 60 M Hurdles

A10: 7.95 M 2013

Cordell Livingston

Facility: 7.44 F 1995

Allen Johnson

Name	Yr	School	Prelims
1 John Stallworth	JR	Rhode Island	8.17q
2 John Seals	JR	George Mason	8.21q
3 Kornelius Klah	SO	George Mason	8.25q
4 Jake DeGrace	SO	UMass	8.30q

5 Ian Davis	FR	VCU	8.31q
6 Hunter Gray	FR	UMass	8.37q
7 Adam Franklin	SO	Rhode Island	8.41q
8 Sean Caveney	SO	Davidson	8.47q
9 Ache Hall	FR	La Salle	8.66
10 Maxwell Dickens	FR	Rhode Island	8.68

## Men 60 M Hurdles

A10: 7.95 M 2013

Cordell Livingston

Facility: 7.44 F 1995

Allen Johnson

Name	Yr	School	Finals
1 John Seals	JR	George Mason	8.17 10
2 Ian Davis	FR	VCU	8.22 8
3 John Stallworth	JR	Rhode Island	8.22 6
4 Kornelius Klah	SO	George Mason	8.24 5
5 Jake DeGrace	SO	UMass	8.35 4
6 Adam Franklin	SO	Rhode Island	8.39 3
7 Hunter Gray	FR	UMass	8.44 2
8 Sean Caveney	SO	Davidson	8.51 1

## Men 4x400 M Relay

A10: 3:14.85 M 1998

Temple

Facility: 3:08.03 F 1995

Baylor

Team	Relay	Finals
1 George Mason		3:15.74 10
2 St. Joseph's		3:17.23 8
3 Davidson		3:17.78 6
4 Saint Louis		3:23.07 5
5 La Salle		3:23.57 4
6 UMass		3:24.14 3
7 Fordham		3:24.66 2
--- Rhode Island		DNF
--- VCU		DQ

## Men 4x800 M Relay

A10: 7:38.31 M 2012

Fordham

Facility: 7:20.77 F 1983

George Mason

Team	Relay	Finals
1 Fordham		7:38.91 10
2 La Salle		7:39.52 8
3 St. Joseph's		7:40.58 6
4 UMass		7:48.39 5
5 George Mason		7:49.11 4
6 Saint Louis		7:49.40 3
7 VCU		7:49.98 2
8 Davidson		8:04.40 1
9 Rhode Island		8:06.20

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## Men Distance Medley

A10: 9:57.64 M 2014 St. Joseph's

Q Davis, T Dougherty, B Deckert, L Mohn

Facility: 9:38.17 F 1999 Stanford

Team	Relay	Finals
<b>Finals</b>		
1	George Mason	10:02.40 10
2	St. Joseph's	10:05.00 8
3	La Salle	10:06.09 6
4	UMass	10:08.22 5
5	George Washington	10:08.63 4
6	Saint Louis	10:15.96 3
7	Rhode Island	10:19.69 2
8	Davidson	10:23.10 1
9	Fordham	10:24.30
10	VCU	10:31.11

## Men High Jump

Progression: 1.84 - 1.89 - 1.94 - 1.99 - 2.04 - 2.09 - 2.13+3cm

A10: 2.18m M 1996 Barry Cantrell

Facility: 2.31m F 1995

Name	Yr	School	Finals
<b>Finals</b>			
1	John Seals	JR George Mason	2.04m 10
2	Jacob Reilly	JR Rhode Island	1.99m 8
3	Michael Reader	SR Saint Louis	1.99m 6
4	Cole Acoven	SO UMass	1.94m 5
5	Benjamin Murphy	SO UMass	1.94m 3.5
5	Eric Wicks	FR Rhode Island	1.94m 3.5
7	Ethan Erusha	FR Saint Louis	1.94m 2
8	Bobby Jansen	SO Saint Louis	1.94m 1
9	Alec Arena	SO St. Joseph's	1.89m
10	Andrew Byrne	FR Fordham	1.84m
---	Jordan Bryan	JR La Salle	NH

## Men Pole Vault

Prog: 4.05-4.20-4.35-4.50-4.65-4.80-4.91-5.02-5.13+8cm

A10: 5.20m M 1993 Jeff Core

Facility: 5.85m F 1999 Jeff Hartwig

Name	Yr	School	Finals
<b>Finals</b>			
1	Ryan Wilkes	SO Rhode Island	4.91m 10
2	Ondrej Honka	SR Rhode Island	4.80m 8
3	Logan Besougloff	SR George Mason	4.80m 6
4	Robert Yu	SR George Mason	4.65m 5
5	Mason Lord	FR UMass	4.50m 4
6	Drew Nealey	FR Rhode Island	4.35m 3
7	James Davis	FR Davidson	4.35m 1.5
7	Ryan Riviere	JR Fordham	4.35m 1.5
9	Jonathan Collins	SO UMass	4.35m
---	Mark Miller	FR George Mason	NH

## Men Long Jump

A10: 7.44m M 2013 Cordell Livingston

Facility: 7.92m F 2002 Allen Simms

Name	Yr	School	Finals
<b>Finals</b>			
1	Casey Burley	JR Rhode Island	7.36m 10
2	Raeshawn Bishop	JR George Mason	7.19m 8
3	Jimi Tele	SR George Mason	7.09m 6
4	Jacob Moran	JR Rhode Island	7.05m 5
5	Junias Agyei	SO George Mason	6.95m 4
6	Nigel Riley	JR Rhode Island	6.89m 3
7	Racheed Davis	SR VCU	6.76m 2
8	Jordan Bryan	JR La Salle	6.56m 1
9	Zakiyy Williams	SO La Salle	6.52m
10	Deion Arneaud	SR UMass	6.41m
11	Bashir Idris	FR VCU	6.27m
12	Roger Botock	JR VCU	5.99m

## Men Triple Jump

A10: 15.84m M 1993 Tommie Campbell

Facility: 16.80m F 2001 Allen Simms

Name	Yr	School	Finals
<b>Finals</b>			
1	Raeshawn Bishop	JR George Mason	15.03m 10
2	Jimi Tele	SR George Mason	14.95m 8
3	Casey Burley	JR Rhode Island	14.77m 6
4	Abdul-Lateef Orulebaja	SO Rhode Island	14.17m 5
5	Nigel Riley	JR Rhode Island	14.04m 4
6	Racheed Davis	SR VCU	13.89m 3
7	Zakiyy Williams	SO La Salle	13.84m 2
8	Deion Arneaud	SR UMass	13.68m 1
9	Ache Hall	FR La Salle	13.37m
10	Warren Charleston	SO UMass	13.08m
---	John Lim	SO VCU	FOUL

## Men Shot Put

A10: 18.55m M 2013 Jake Deaton

Facility: 20.23m F 2000 Andy Bloom

Name	Yr	School	Finals
<b>Finals</b>			
1	Darrik Muroski	JR Rhode Island	15.46m 10
2	Shawn Scornaienchi	JR VCU	15.08m 8
3	Evan Burton	JR UMass	14.80m 6
4	Brady Logan	SO Davidson	14.68m 5
5	Nicholas White	FR Rhode Island	14.65m 4
6	Jared Lewis	JR George Mason	13.80m 3
7	Pat Hodge	JR George Mason	13.77m 2
8	Adam Bonfilio	JR UMass	13.14m 1
9	Brett Kowalczyk	SO Saint Louis	13.04m
10	Jacob Moran	JR Rhode Island	12.48m
11	William Sarraf	SO George Mason	11.40m

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## Men Weight

A10: 19.88m M 2015

Brandon Ruffin

Facility: 21.11m F 1999

Adam Connolly

Name	Yr	School	Finals
<b>Finals</b>			
1 Brandon Amo	JR	Rhode Island	18.41m 10
2 Alex Briggs	SR	Rhode Island	17.15m 8
3 Thomas Vadis	SO	Rhode Island	16.84m 6
4 Evan Burton	JR	UMass	16.37m 5
5 Tom Malloy	SO	Saint Louis	14.92m 4
6 Brett Kowalczyk	SO	Saint Louis	14.55m 3
7 Jared Lewis	JR	George Mason	14.24m 2
8 William Sarraf	SO	George Mason	12.93m 1
9 Pat Hodge	JR	George Mason	12.82m

## Heptathlon: #1 Men 60 M Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	7.13 837
2 Hunter Gray	FR	UMass	7.24 799
3 Jaryn Blackshear-Bryant	SO	Saint Louis	7.25 796
4 Jacob Moran	JR	Rhode Island	7.36 759
5 Jonathan Collins	SO	UMass	7.41 742
6 Ondrej Honka	SR	Rhode Island	7.52 706
7 James Davis	FR	Davidson	7.59 684
8 Josh Grant	FR	George Mason	7.62 675
9 Jordan Marshall	SR	Davidson	7.63 671
10 Adam Bonfilio	JR	UMass	7.65 665
11 Stephen Halphen	FR	VCU	7.76 631
12 Drew Nealey	FR	Rhode Island	7.86 601
13 Ryan Riviere	JR	Fordham	7.91 586

## Heptathlon: #7 Men 1000 M Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Josh Grant	FR	George Mason	2:46.13 807
2 Ondrej Honka	SR	Rhode Island	2:48.33 783
3 Hunter Gray	FR	UMass	2:51.39 751
4 John Seals	JR	George Mason	2:52.25 742
5 James Davis	FR	Davidson	2:54.05 724
6 Jonathan Collins	SO	UMass	3:07.34 594
7 Jaryn Blackshear-Bryant	SO	Saint Louis	3:13.23 540
8 Adam Bonfilio	JR	UMass	3:15.00 525
9 Jordan Marshall	SR	Davidson	3:15.15 523
10 Ryan Riviere	JR	Fordham	3:21.09 472
11 Stephen Halphen	FR	VCU	3:26.52 428

## Heptathlon: #5 Men 60 M Hurdles Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	8.23 925
2 Hunter Gray	FR	UMass	8.61 834
3 Jonathan Collins	SO	UMass	9.01 744
4 James Davis	FR	Davidson	9.04 737

5 Jordan Marshall	SR	Davidson	9.22 698
6 Jaryn Blackshear-Bryant	SO	Saint Louis	9.28 685
7 Ryan Riviere	JR	Fordham	9.57 625
8 Ondrej Honka	SR	Rhode Island	9.58 623
9 Josh Grant	FR	George Mason	9.82 576
10 Adam Bonfilio	JR	UMass	10.00 541
11 Stephen Halphen	FR	VCU	10.17 509
--- Jacob Moran	JR	Rhode Island	DNF

## Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	2.13m 925
2 Drew Nealey	FR	Rhode Island	1.92m 731
2 Jonathan Collins	SO	UMass	1.92m 731
4 Adam Bonfilio	JR	UMass	1.86m 679
4 Ondrej Honka	SR	Rhode Island	1.86m 679
6 Jaryn Blackshear-Bryant	SO	Saint Louis	1.80m 627
7 Jacob Moran	JR	Rhode Island	1.77m 602
8 Hunter Gray	FR	UMass	1.74m 577
8 Ryan Riviere	JR	Fordham	1.74m 577
10 James Davis	FR	Davidson	1.68m 528
10 Jordan Marshall	SR	Davidson	1.68m 528
12 Stephen Halphen	FR	VCU	1.65m 504
12 Josh Grant	FR	George Mason	1.65m 504

## Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	4.95m 895
1 Ondrej Honka	SR	Rhode Island	4.95m 895
3 Josh Grant	FR	George Mason	4.55m 775
4 James Davis	FR	Davidson	4.15m 659
4 Ryan Riviere	JR	Fordham	4.15m 659
6 Jonathan Collins	SO	UMass	4.05m 631
7 Stephen Halphen	FR	VCU	3.85m 576
8 Jordan Marshall	SR	Davidson	3.75m 549
8 Jaryn Blackshear-Bryant	SO	Saint Louis	3.75m 549
10 Hunter Gray	FR	UMass	3.65m 522
11 Adam Bonfilio	JR	UMass	3.35m 444

## Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	7.11m 840
2 Jacob Moran	JR	Rhode Island	6.85m 778
3 Jonathan Collins	SO	UMass	6.47m 691
4 Jaryn Blackshear-Bryant	SO	Saint Louis	6.42m 679
5 Hunter Gray	FR	UMass	6.32m 657
6 Ondrej Honka	SR	Rhode Island	6.13m 615
7 Josh Grant	FR	George Mason	6.05m 597
8 Jordan Marshall	SR	Davidson	5.84m 552
9 James Davis	FR	Davidson	5.75m 533
10 Drew Nealey	FR	Rhode Island	5.74m 531
11 Adam Bonfilio	JR	UMass	5.61m 504

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**Finals ... (Heptathlon: #2 Men Long Jump Heptathlon)**

Name	Yr	School	Finals
12 Ryan Riviere	JR	Fordham	5.53m 487
13 Stephen Halphen	FR	VCU	5.40m 461

**Heptathlon: #3 Men Shot Put Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Adam Bonfilio	JR	UMass	13.38m 690
2 Jacob Moran	JR	Rhode Island	12.55m 640
3 John Seals	JR	George Mason	11.99m 606
4 Jonathan Collins	SO	UMass	11.94m 603
5 Jaryn Blackshear-Bryant	SO	Saint Louis	11.54m 579
6 Ondrej Honka	SR	Rhode Island	11.11m 553
7 Drew Nealey	FR	Rhode Island	10.76m 531
8 Jordan Marshall	SR	Davidson	9.82m 475
9 Ryan Riviere	JR	Fordham	9.35m 447
10 James Davis	FR	Davidson	9.07m 430
11 Hunter Gray	FR	UMass	9.05m 429
12 Josh Grant	FR	George Mason	8.39m 389
13 Stephen Halphen	FR	VCU	7.80m 354

**Men - Team Rankings - 20 Events Scored**

1) George Mason	214
2) Rhode Island	155.5
3) UMass	68.5
4) Saint Louis	66
5) Davidson	65.5
6) Fordham	58.5
7) St. Joseph's	54
8) VCU	50
9) La Salle	43
10) George Washington	4

**Men Heptathlon**

A10: 5276 M 2012 Jake Wainwright

Facility: 5152 F 2016 John Seals

Name	Yr	School	Finals
<b>Finals</b>			
1 John Seals	JR	George Mason	5770M 10
2 Ondrej Honka	SR	Rhode Island	4854 8
3 Jonathan Collins	SO	UMass	4736 6
4 Hunter Gray	FR	UMass	4569 5
5 Jaryn Blackshear-Bryant	SO	Saint Louis	4455 4
6 Josh Grant	FR	George Mason	4323 3
7 James Davis	FR	Davidson	4295 2
8 Adam Bonfilio	JR	UMass	4048 1
9 Jordan Marshall	SR	Davidson	3996
10 Ryan Riviere	JR	Fordham	3853
11 Stephen Halphen	FR	VCU	3463

**Women - Team Rankings - 20 Events Scored**

1) VCU	126.833
2) George Mason	107
3) Dayton	75
4) Rhode Island	74.5
5) UMass	72
6) Duquesne	70.6666
7) Richmond	62.5
8) St. Joseph's	50.5
9) Davidson	48
10) La Salle	33
11) George Washington	24
12) Saint Louis	20
13) Fordham	16